The Sunny Weekly

6th Sept 2021



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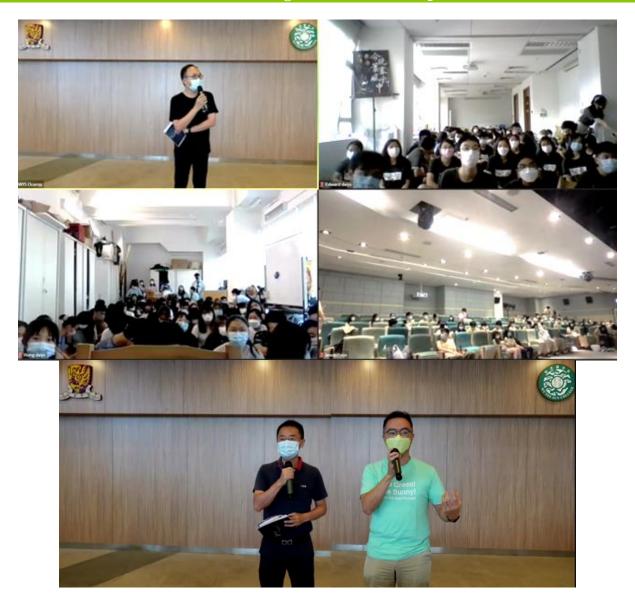
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Sunny Review

1. The College Orientation Camp 2021



With the theme of "Rising Clouds" 「雲起」, the College Orientation Camp was successfully held on 30th August 2021 (Monday) and 31st August 2021 (Tuesday) on the College campus. About 200 freshmen were divided into groups together with our student leaders to experience the College life. Due to the pandemic, the Opening Ceremony was conducted via zoom. We were honoured to have Professor Ming-kay Poon (潘銘基教授), Dean of Students, Professor Kong-pang Pun (潘江鵬教授), Convenor of the Working Group for Student Orientation Camp and Dr. Lancelot W.H. Mui (梅維浩博士), Associate Dean of General Education to be the Guest of Honour to greet our freshmen and welcome them to join the College family!

The freshmen were separated into three big groups namely "Azure" (御風), "Sundiance" (曙暉) and "Salacia" (溯川) to interact with each other and take part in different games like ice-breaking games and CU Hunt. We believe that they would continue to have more chances to get to know their friends and College even after the Orientation Camp. Once again, we wish all freshmen a fruitful University life ahead!



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2. Hostel Check-in 2021/22



Warm welcome to all hostel residents of 2021/22!

Professor Ming-kay Poon (潘銘基教授), our College Dean of Students, our Resident Tutors and Homiyees (宜中人), the Executive Committee of the Resident Association (宿生會) this year, greeted the new residents on 4th – 5th Sep at the College Gallery for hostel check-in. We dedicate to fostering hostel spirit and making the hostel the perfect second home for every resident.

College Green Team (書院綠色小組) has also set up a booth for distributing second-hand items collected at the previous hostel check-out. Let's go green starting from the first day of hostel residence!

Like, follow and share

Resident Association: Facebook Fan Page and Instagram

Green Team: Facebook Fan Page and Instagram







College Activities

1. Fitness Room User Introductory Course 2021-22 健身室使用者課程 2021-22



The full Sea-view Fitness Room is open for use. In accordance with the University's guidelines, only those who can present valid CUHK Fitness Room User Cards can use Fitness Rooms on University campus.

Students/ members who are not CUHK Fitness Room User Card holders may attend a Fitness Room User Introductory Course organized by the College with details as follows:

Date: Tuesday, 28th Sep **Time:** 7:00 - 9:00pm **Venue:** College Gym

Quota: 15 (first come, first served) **Instructor:** Mr. John CHAN

Application:

https://qrgo.page.link/oG7Pf

Application Deadline: 21st Sep

*Year 1 students may obtain the CUHK Fitness Room User Card from PE lessons.

Enquiries:

Ms. Elsus Yeung (<u>elsusyeung@cuhk.edu.hk</u> / 3943 3934)

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2. Fitness Consultation Sessions 健身訓練諮詢

Ever have doubts about all sorts of training techniques and effects? Ask our personal trainers at College Gymnasium!

Date (Every Tue):

Sep 14, 21 Nov 2, 30

Time: 7:00-9:00pm

Date (Every Tue):

Oct 5, 12, 19 Nov 9, 16, 23 Time: 7:00-8:00pm

Venue: College Gymnasium **Instructor:** Mr. John Chan

No prior applications required! Kick-start your workout plan now!

Enquiries:

Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk/ 3943 3942)

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3. Yoga Class 2021/22 Term 1



Stretch your body • Increase your flexibility • Improve your mobility

Date: Sep 20, 27, Oct 4, 11, 25,

Nov 1 (Mondays)

Time: Class A - 7pm to 8pm

Class B - 8pm to 9pm

Venue: W112-114 Quota: 12 (per class)

Instructor: Ms. Mayan Chan

PE Marks: 4 (upon completion of at least 5 lessons)

Fee: \$250 (\$200 will be refunded upon completing at least 5 lessons)

[College member - \$150]

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13637261

Interested students please fill in the webform AND submit deposit to Dean of Students' Office on or before 5:00pm, Sep 14 (first-come-first-served. Time of deposit payment will be the determinant)

Enquiries:

Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk / 3943 3934)

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課程概要:「學習中文的價值和意義」、「【中文世界】的轉變」、「中文學習的範疇」、「經、史、子、集概論」、「中文學術論文的擬題方向、設題及寫作」不同課題。透過不同情境,分享學習中文的方法,並反思學習中文過程中面對的情況,進而探討語言在現今社會的轉變和價值。課程同時會由淺入深,分析公開試中文與大學中文領域研究不同之處,從而談及學術論文等專業知識。

導師: 林溢欣先生

導師簡介: 中大中文系哲學碩士畢業。《藝文青》創辦人、報紙專欄作家,同時出版不同散文集、文言專書、高中教 材。學術論文見於《國文天地》、《中國文化研究所學報》、《雲漢學刊》、《古籍整理研究學刊》、《九州學林》 等。

日期: 10月5日、12日、26日及11月2日、9日、16日(逢星期二,共六堂)

時間: 晚上 6:30 至 8:00

地點: 伍宜孫書院 UG/F 演藝廳

語言:廣東話

按金: \$200 (出席最少 4 堂可獲退回全部按金)

更多詳情: https://www.wys.cuhk.edu.hk/?p=17670

報名: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13637955

截止日期: 9月28日

*名額有限,先到先得。報名次序以遞交按金先後次序為準。請將按金交至書院院務室。

查詢:胡佩德小姐 (phoebewu@cuhk.edu.hk / 3943 3988)

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College Announcements

1. Campus Arrangement in Term 1, 2021/22

We are most delighted to welcome our Sunnies back to campus. We would like to take this opportunity to update you the use of campus facilities, in order to safeguard the health and well-being for every College member. Your support is the key to maintain a healthy community for living and learning together.

College Prevention and Control Measures against COVID-19

- 1. Please measure body temperature at the counter at College Gallery and sanitize hands upon entering into College building. If body temperature is above 37.5 °C, s/he will not be allowed to enter into College.
- 2. If students have taken a COVID-19 test, please stay at home until the test result is available.
- 3. Please be reminded that <u>NO VISITORS</u> (including WYS non-residents) will be allowed to enter the hostel floors. Students cannot bring in unauthorized persons or allow them to follow behind you to enter into the College. Unauthorized persons or illegal residents will jeopardize the accuracy of contact tracing. In order to protect your own health, violations will result in disciplinary actions.

College Facilities

- 1. WYS non-residents can access College until 10:30pm daily (tap CU Link for access after 9:00pm). Only residents can access College building after 10:30pm
- 2. The opening hours and maximum capacity of College facilities can be referred at https://www.wys.cuhk.edu.hk/about-us/campus/.
- 3. **College Gymnasium**: Only authorized users can use the gym with a maximum of 15 users using the gym in the same session. Each user can use the gym for 1 hour daily. All users must complete registration, body temperature measurement and hand sanitizing, upon presenting users' CU Link/ Guest Card in exchange for an access card, prior to accessing the gym. Masks must be worn (including the time of doing exercises) and at least 1.5m social distancing must be maintained at all times. Users must also observe the current regulations of using the gym as well.

A detailed guideline will be sent to authorized users separately. First-time users should bring their valid (i) CU Link Card and (ii) CUHK Fitness Room User Certificate to College Office (G03) for registration.

4. **Reservation of College Facilities:** Only recognized College student organizations are eligible to reserve College facilities [except for Piano Rooms (Room 106 & 107) and Discussion Rooms in Learning Commons (Room 102A and Room 103A) which will be opened for individual students]. Student organizations may contact the responsible College staff to book facilities for their planning of activities until the resumption of College online booking system.

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2. Vaccination and Testing Arrangement for Hostel Accommodation 2021/22 – Registration for Serial Test 1 and Serial Test 2

Students who are <u>NOT</u> fully vaccinated by upcoming Serial Tests are required to register for Serial Test 1 (14 – 15 Sep) AND Serial Test 2 (28 – 29 Sep)*

Online Reservation: https://webapp.itsc.cuhk.edu.hk/ras/restricted/eventlist?id=6

Reservation Period: Immediate - 7 September 2021

Serial Test(s) Open for Reservation: Serial Test 1 (14 – 15 Sep) and Serial Test 2 (28 – 29 Sep)

Testing Time: 11:00 – 15:00; 19:30-21:30

Testing Venue: Registration @ W112 | Testing Area @ W112 - W114 | Result-waiting Area @ W116

Online Booking: Please register for Serial Test 1 (14 – 15 Sep) AND Serial Test 2 (28 – 29 Sep) before 7 Sep 2021*.

No. of Testing Timeslots: Only register **ONE** timeslot per **each Serial Test**

Duration of Each Testing Timeslot: 30 mins

Testing Procedures: **Self-test** using testing kit <u>purchased via College</u> and conducting at venues designated by College <u>under virtual supervision</u> by hostel staff according to Testing Schedule. To ensure the accuracy, the process will be video-recorded but will be destroyed after that academic term.

*For students who WILL BE fully vaccinated, please be reminded to upload updated vaccination record to designated OneDrive URL for our verification. If you have already done so, you do not need to submit it again. Students who will become fully vaccinated after Entry Test *NO NEED to register for Serial Test Students who will become fully vaccinated after Serial Test 1 (14-15 Sep) but before Serial Test 2 (28-29 Sep) *reserve testing timeslot for Serial Test 1 (14-15 Sep) only.

Important Remarks:

- 1. By "fully vaccinated", it means <u>all</u> suggested dosage of recognized COVID-19 Vaccines has been administered in accordance with the relevant guidelines of a COVID-19 vaccination course for <u>at least 14</u> <u>days</u> (For example, if your last dose of vaccination is taken on 22 August, you are considered as fully-vaccinated on 5 Sen)
- 2. Please read through the Quick Guide AND instructions of using testing kit **BEFORE Serial Test**
- 3. Please prepare CU Link for registration and tender exact amount of HK\$60 cash for purchasing the testing kit
- 4. Once the timeslot is reserved, no changes can be made. In case you encounter exceptionally special circumstance, please email polly@cuhk.edu.hk with justifications and provide relevant proof for further review
- 5. Incompliance of the testing arrangement (e.g. missing the test) will result in disciplinary actions, including cancellation of hostel residence

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3. Wu Yee Sun College Student Canteen Resumes Catering Services 伍宜孫書院學生飯堂恢復餐飲服務

Wu Yee Sun College Student Canteen will resume catering services from 1st Sept 2021, the opening hours are as follows:

Student Canteen	營業時間 Opening Hours			
From 6/9 (Mon to Sat)	8:15am - 8:45pm (Last order at 8:30pm)			
	Closed on Sundays and Public Holidays			

To comply with the government's requirement, students are reminded to scan the venue QR code or register relevant information before entering the catering outlets to comply with the government's requirement.

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4. Dorsett Admission Scholarship for Hospitality and Real Estate Freshman 2021/22

<u>Online application</u> for Dorsett Admission Scholarship for Hospitality and Real Estate Freshman 2021/22 now opens. Award amount is HK\$40,000.





Dorsett Admission Scholarship for Hospitality and Real Estate Freshman

帝盛入學獎學金



Please visit College website for more information about admission scholarships 請參閱書院網頁了解更多詳情: www.wys.cuhk.edu.hk/scholarships.php Enquiries 查詢 Ms Karen Yiu | 3943 3936 | karenyiu@cuhk.edu.hk



Eligibility:

College outstanding freshman studying in Hospitality and Real Estate Programme based on academic performance and participation in extra-curricular activities.

This scholarship is eligible for students who placed Wu Yee Sun College as their 1st College Preference and is open to all local and non-local freshmen.

Online Application Deadline: 19th September 2021 (Sunday)

Enquiries:

Ms Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

5. Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman

Online application for Francis Wong Hok Bun Memorial Scholarship for Distinguished Freshman now opens. Award amount is HK\$25,000 – HK\$50,000 per recipient.

Eligibility:

Local freshmen of respective faculty with Level 5** in 2 subjects or above in HKDSE and proven leadership in social services or shown talents in creativity or innovation.



This scholarship is eligible for students who placed Wu Yee Sun College as their 1st College Preference and is open to local freshmen admitted via JUPAS stream.

Online Application Deadline: 19th September 2021 (Sunday)

Enquiries:

Ms. Karen Yiu (karenyiu@cuhk.edu.hk / 3943 3936)

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6. Rance Lee Award 李沛良獎勵計劃 - Application



Creativity and Sunny Living are two of the College's core values. If you're the health-conscious and green living supporter, grab this chance to promote your creative idea!

Rance Lee Award aims at encouraging the integration of creativity and Sunny living in the following 3 areas:

- -Rance Lee Award for creativity in promoting health and wellbeing
- -Rance Lee award for creativity in promoting lifetime sports -Rance Lee award for creativity in promoting green life
- Unloach your croativity and culmit your application with one

Unleash your creativity and submit your application with one page executive summary on or before 11 October, 2021. Tell us your ideas in proposal format and make a better life together!

Check out the website and click "Rance Lee Award" for further details: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?scheme=rance-lee-award

創意與陽光生活是書院兩大重要元素。如果你關注身心健康,支持綠色生活,就請找緊機會,發揮創意! 今個學年新推出的李沛良獎勵計劃,旨在推廣以下三大範疇的創意陽光生活,包括:

- 健康身心
- 終身運動
- 綠色生活

請即發揮創意,於 10 月 11 日或以前提交申請,並連同 1 頁 A4 的報告摘要說明你的想法! 期待你別出心裁的意念,令生活更美好!

請瀏覽書院網頁(https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/?lang=zh&scheme=rance-lee-award),以獲取更多詳情。

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7. College Team Tryout 2021-22 Term 1 書院院隊選拔 (2021-22 上學期)



不論你是運動愛好者或是專業運動員,都不要錯過伍宜孫書院院隊選拔的時間!書院現正招募**羽毛球、乒乓球、網球、游泳、划艇及田徑院隊隊員**,快來發揮你的運動天賦!

If you are a professional sports player or are simply keen on doing sports, do not miss the College Team try-outs. The College is now recruiting athletes for the **badminton**, **table tennis**, **tennis**, **swimming**, **rowing and athletic team**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Men's & Women's Badminton	Sept 17, 2021 (Fri)	6:00-8:00p.m.	Yeung Ming Biu Indoor Sports Centre	Mr. Nelson Lam 3943 3987 nelsonlam@cuhk.edu.hk
Men's & Women's Table Tennis	Sept 21, 2021 (Tue)	7:00-9:00p.m.	Shaw College Table Tennis Room	Mr. Ono Lee 3943 3986 onolee@cuhk.edu.hk
Men's & Women's Tennis	Sept 13, 2021 (Mon)	8:00-10:00p.m.	Tennis Court No. 6, 7 & C.C. court	Mr. Ono Lee 3943 3986 onolee@cuhk.edu.hk
	Sept 8, 2021 (Wed)	6:00 - 8:00 p.m.	Swimming Pool	Mr. Nelson Lam

Men's & Women's Swimming	Sept 10, 2021 (Fri)	6:00 - 8:00 p.m.		3943 3987 nelsonlam@cuhk.edu.hk
Men's Rowing	Oct 18, 2021 (Mon) Oct 22, 2021 (Fri)	6:30 - 9:00 p.m.	Grand Stand, HCF	Mr. Ono Lee 3943 3986 onolee@cuhk.edu.hk
Women's Rowing	Oct 12, 2021 (Tue) Oct 13, 2021 (Wed)	6:30 - 9:00 p.m.	Grand Stand, HCF	Mr. Ono Lee 3943 3986 onolee@cuhk.edu.hk
Men's & Women's Athletic	Please contact Mr. Ono Lee to arrange tryouts according to Track & Field Events before 30/09/2021			Mr. Ono Lee 3943 3986 onolee@cuhk.edu.hk

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8. Open Recruitment for WYS International Team Member & Exchange Buddy



Welcome back to the College! We are pleased to let you know that there are more than 30 incoming exchange students joining us this semester.

Want to meet friends from different regions? Interested in understanding different cultures? Join the College International Team! The team are required to organize 1-2 activities per semester to foster interaction between local and international students.

If you are keen on interacting with students from regions that are different from yours, come join the International team or become exchange buddy. Register <u>HERE</u> by **19**th **Sept 2021**. All local and international students are most welcome to be a team member!

Enquiries:

Miss Rachel Poon (3943 3942/ <u>rachelpoon@cuhk.edu.hk</u>) Miss Kiki Chan (3934 3935/ <u>kikiwkchan@cuhk.edu.hk</u>)

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9. "Meet the Dean" Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email sammykwan@cuhk.edu.hk for arrangement.]

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Enquiries:

Ms. Sammy Kwan (<u>sammykwan@cuhk.edu.hk</u> / 3943 9775) Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767) Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

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10. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email sammykwan@cuhk.edu.hk for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at 3943 7208 for help.

3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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11. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

- --- Photography / Video-production
- --- Art & Design (e.g. posters or infographics)
- --- Simultaneous Interpretation
- --- Master of Ceremonies
- --- Audio & Video Control
- --- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838

Enquiries:

Ms. Sammy Kwan (sammykwan@cuhk.edu.hk) / 3943 9775)

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12. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the <u>application form</u>, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

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College Funding & Awards Schemes

. Self-Motivation Fund for Health and Well-being Activities



Self-Motivation Fund for Health and Well-being Activities encourages students to participate in various kinds of health and well-being activities in order to strengthen your **physical health** and **mental wellness**.

Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities <u>organized by organization(s)</u> <u>other than the College.</u>

There are two categories of activities you can apply:

(i) Health and Well-being Activities

Examples:

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

<u>Funding amount</u>: Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower)

(ii) Qualification Courses for Health and Well-being Instructors

Examples:

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

Funding amount: Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look at the **guidelines** and the **reflection template** to start your healthy life now!!!

Application: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283

Enquiries:

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

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2. Self-Motivation Fund for Sports Activities



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports** activities and **qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".

Funding Amount:

<u>Sports Activities:</u> Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower) <u>Qualification courses for sports coach:</u> Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look on the <u>guidelines</u> and <u>report template</u>, and challenge yourself with different activities. **Application:** https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283

Enquiries:

Ms. Elsus Yeung (elsusyeung@cuhk.edu.hk / 3943 3934)

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3. Self-Motivation Fund for Green Activities



Self-Motivation Fund for Green Activities encourages students to participate in various kinds of green activities and qualification courses for instructors of green activities that promote sustainability and environmental consciousness.

Funding Amount:

<u>Green Activities:</u> Maximum \$1500 or Up to 60% of application fee and course fee (whichever is lower) <u>Qualification courses for instructors of green activities:</u> Maximum \$3000 or Up to 60% of course fee (whichever is lower)

Take a look on the <u>guidelines</u> and <u>reflection template</u>, and challenge yourself with different activities. **Application:** https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13636283

Enquiries:

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 39433937)

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4. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/

Enquiries:

Miss Rachel Poon (rachelpoon@cuhk.edu.hk/3943 3942)

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5.Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

Be Entrepreneurial! Funding Scheme supports students to implement various short-term projects fulfilling college's core values of **creativity**, **entrepreneurial spirit**, **and social responsibility**.

All undergraduate students, regardless of discipline and year of study, are welcome to submit application all year round. The maximum funding amount is up to HK\$20,000!

Online application is now available, simply submit your application through one click

- https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13638278

Check out the details through this <u>link</u>.

Enquiries:

Miss Phoebe Wu (<u>phoebewu@cuhk.edu.hk</u> / 3943 3988) Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767)

6. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss KiKi Chan (<u>kikiwkchan@cuhk.edu.hk</u> / 3943 3935) Miss Rachel Poon (<u>rachelpoon@cuhk.edu.hk</u> / 3943 3942)

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Other Activities & Announcements

1. OSA Sunshine@CUHK x Flourishing First Year@CUHK Welcome Back Event (Sept 6-10)



OSA's Sunshine At CUHK and Flourishing First Year At CUHK are joining hands together in the opening week of 2021-2022 academic year. They are hosting a welcome event that welcome both new students and returning students back on campus. Sunshine At CUHK will set up a photobooth for students to take selfies together, they will have instant print outs to take away for keepsake. Flourishing First Year At CUHK has prepared free drinks for students from our promotional tea truck. Students are encouraged to bring their own container to support our zero waste initiative.

Sunshine Photobooth

Date : Sept 6-8 (Monday to Wednesday)

Γime : 11:00 - 15:00

Venue: Pommerenke Student Centre

<u>Sunshine Photobooth x Tea Truck</u>

Date : Sept 9-10 (Thursday to Friday)

Time : 12:00-16:00 Venue : Cultural Square

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2. College & University Swimming Team Selection 男女子游泳隊選拔 2021 (院隊及校隊)



 項目
 班放日期
 時間
 地點
 教練/電話

 男、女子泳隊 Swimming Team
 8 Sept 2021 (WED)
 6:00 - 8:00 pm
 中大泳池 Mr. Pedro LI CU pool
 李志良先生 Mr. Pedro LI CU pool

All are Welcome!!

歡迎同學參加小

院隊訓練:星期一及三,晚上6:00-7:30,中大泳池 書院提供比賽津貼,泳隊 T-恤,比賽泳帽,書院外套

校隊訓練:星期一、三、五,晚上6:00-8:00,中大泳池 大學提供比賽津貼,泳隊 T-恤,比賽泳帽,校隊外套



教練: 李志良先生 (女子隊) / 胡達昌先生 (男子隊) Coach: Mr. Pedro LI Chi Leung / (Tel: 3943 5178 / clli@cuhk.edu.hk) Coach: Mr. Wu Tat Cheong Clement / (Tel: 3943 1473 / wutc@cuhk.edu.hk)

查詢網址:

三部昭祖. http://www.peu.cuhk.edu.hk/zh-tw/activities/inter-collegiate/try-out-schedule-for-college-sports-teams

項目	選拔日期	時間	地點	教練/電話
Sports Team	Date	Time	Venue	Coach/ Tel. No.
男、女子泳隊	Sept 8, 2021	6:00 - 8:00 p.m.	中大泳池	李志良先生
Men's & Women's	(Wed)		Swimming	Mr. Pedro Li
Swimming	Sept 10, 2021 (Fri)	6:00 - 8:00 p.m.	Pool	3943 5178

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3. CUHK Independent Learning Centre (ILC)

Independent Learning Centre (ILC) has in store to support student learning in the First Semester of 2021-2022 via our **face-to-face** and **Zoom** sessions.

For the **new incoming students** who are not familiar with the ILC, I would recommend them to visit the ILC website (https://www.ilc.cuhk.edu.hk/EN/) for a short ILC video for our major work and services.

For **international students** who are interested in having better communication with the CUHK staff and students of other nationalities, this Interacting Across Cultures (IAC) online learning series should be very useful (https://ilc.link/IAC).

While the ILC workshops mainly target UG students, we also offer special postgraduate workshops with the University Library collaboratively. For details, please visit the ILC website regularly: https://www.ilc.cuhk.edu.hk/EN/workshops.aspx

Here are some ILC workshop highlights for the new academic year 2021-2022:

- 1. University Study Skills Series this series is particularly useful for incoming UG students
 - Study Skills in English at University Level
 - o Academic Reading: Strategies for Success
 - Ace Your Oral Presentations
 - Discussion Skills and Current Affairs
 - o Saying What You Mean: English Pronunciation for Cantonese and Mandarin Speakers
 - o Listening to Learn: Academic Listening and Note-Taking Skills
 - Building a Bigger and Better Vocabulary

2. Writing Success Series

- o Academic Essays
- o Research Papers
- o Reflective Journals
- Personal Essays
- 3. **Job Preparation Series** this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
 - Writing Impressive Resumes
 - Writing Impressive Application Letters
 - Ace Your In-person and Video Job Interviews
 - Standing Out in a Group Interview
 - o Interview Practice and Self Reflection

4. CRE/ JRE Series

- Preparing for the CRE Use of English
- Tips and Strategies in Tackling the JRE
- o JRE Writing Practice (Practice writing for the JRE under exam conditions)
- Feedback on JRE Writing Practice (Discuss exam strategy and student writing)

5. Exam Preparation Series

- o Taking the IELTS Challenge: Reading & Writing
- Taking the IELTS Challenge: Speaking & Listening
- Mastering the TOEFL: Reading and Listening
- Mastering the TOEFL: Speaking and Writing

To see the workshop series posters, please go to: https://bit.ly/3Dz0zZy

Students who think they will benefit from having a one-to-one meeting with our teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session, and our schedule can be found here: https://www.ilc.cuhk.edu.hk/EN/consultation.aspx

The ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support our students. Details are available at: https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx

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4. Tertiary Student Finance Scheme - Publicly-funded Programmes (TSFS) & Non-meanstested Loan Scheme for Full-time Tertiary Students (NLSFT) 2021-22

Please note that the application forms for the captioned Schemes from new students should be submitted to the Government Student Finance Office of the Working Family and Student Financial Assistance Agency (SFO) through "SFO E-link – My Applications" online platform at http://ess.wfsfaa.gov.hk on or before 24th September 2021. After submission of the online form, applicants will be required to submit the declaration and supporting documents by online uploading, by post or in person to SFO's office. Applicants may also submit the documents to the collection box at Room 1206, 12/F, Yasumoto International Academic Park form 8:45 am to 1:00 pm and 2:00 pm to 5:30 pm, Monday to Friday (except public holidays) during 13th September to 4th October 2021. Students can visit the website at http://admission.cuhk.edu.hk for application details.

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5. Information Session on Financial Aid Schemes 2021/22



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6. AIESEC in CUHK | Member Recruitment



After a year of virtual lessons, are you ready to explore and connect with the world? Are you ready to *meet new friends* and *take on new challenges*? If yes, here's your chance: AIESEC in CUHK is recruiting new members!

What is AIESEC

We provide a *global* platform for young people to develop their *leadership* potential through operating *international internships* and *volunteering*. Founded in 1948, AIESEC is a not-for-profit organization entirely run by youth for youth.

AIESEC IN NUMBERS













What can you gain by joining AIESEC?

Global exposure

Our network operates on a local, regional, and international level with a whole host of alumni. Joining international conferences enables you to interact with people from diverse backgrounds.

Life-long Connection with like-minded peers

In AIESEC, we discuss dreams, goals, struggles and personal stories. We connect and breed lifelong friendships with like-minded people.

Practical leadership experience

Unleash your potential by joining our leadership events. You can also join specific teams to explore the various practical skills, including marketing, event management, customer servicing, and public speaking.

Join AIESEC Member recruitment talk!

If you are interested to know more about us, join our recruitment talk! See you there.

Date: 10, 13, 14, 15, 17th Sept 2021

Time: 7:00pm -9:00 pm

Format: Physical@cuhk (only 17th Sept is virtual@zoom)

Eligibility: All CUHK undergraduate students

Fee: Free of charge

Registration link: https://mchongkong.typeform.com/2122CUHKRT

Please feel free to contact us at <u>aiesec.cuhk@aiesec.net</u> if you have any questions. We look forward to seeing you soon!

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7. Student Cultural Ambassadors Scheme 2021-22



【招募會員】2021-2022年度學生文化大使計劃

新一年度學生文化大使計劃現已接受報名。

今年度的主題是感受藝術,我們相信藝術可帶來獨特的個人體驗及引發美學探索。不論在創作時接觸物料或欣賞不同作品都能讓我們體會藝術的開放性,並在探索藝術的過程中認識自己。

「學生文化大使計劃」分為兩個階段:

第一階段:報名成為「藝術兵團」 第二階段:進升為「學生文化大使」

活動內容

- · 觀賞演出及展覽(大會安排的節目將有資助)
- · 參與藝術文化導賞並與資深藝術家交流
- · 與同好分享藝術文化心得
- ·優惠價/優先報名參加藝術工作坊及觀賞演出

報名日期:1-30/9/2021

對象:香港中文大學全日制學生

立即報名: https://www.srrsh.cuhk.edu.hk/zh/content/student-cultural-ambassadors-scheme-application-zh

費用全免

名額有限,先到先得

[Open Registration] 2020-21 Student Cultural Ambassadors Scheme

2020-21 Student Cultural Ambassadors Scheme is now open for registration. The theme of coming year is "Experiencing Arts". We believe that art can bring unique personal experiences and arouse aesthetic exploration. The inspiration of arts will enlighten your mind and the experience of arts will help you to discover a different and better "You".

2 levels in the Student Cultural Ambassadors Scheme

First Level: Friends of the Arts (FTA)

Second Level: Student Cultural Ambassadors (SCA)

Programme Details

· Attend performances and exhibitions (Ticket Subsidy for selected programmes)

· Guided tour and meet the artists

· Arts sharing sessions

· Discount/Priority registration for arts workshops and performances

Registration: 1 - 30/9/2021

Target: Full-time CUHK Students

Apply Now: https://www.srrsh.cuhk.edu.hk/en/application

Free of charge

Limited quota, on a first-come-first-served basis

查詢 Enquiries

3943 1598 / 3943 7857

Email: cuoaa@cuhk.edu.hk

Website: www.srrsh.cuhk.edu.hk

Facebook: @cuoaafta Instagram: @fta_cuhk

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8. Calling for Application | CUHK Entrepreneurs Alliance (CUEA) Happy Hour Entrepreneurial Talk -- Voice of History

CUHK Entrepreneurs Alliance (CUEA) Happy Hour Entrepreneurial Talk is BACK! The theme of this round is "Think Like An Entrepreneur".



EPIN has invited our College **alumnus Miss Kelly Lau (WYS/GLEF/2019), co-founder of The Voice of History**, to do a presentation, sharing her journey of turning a FYP (Final Year Project) into a NPO (Non-Profit Organization) at the upcoming talk.

The Voice of History is founded by a group of energetic CUHK alumnus to promote inter-generational harmony by bringing youngsters and the elderly together to create radio drama based on Hong Kong stories. How can a FYP turn into a NPO, and keeps running and expanding even after all the co-founders have graduated? If you wanna know the secret behind, join the talk!

Event Details

Date: 17th September (Friday)

Time: 6:00pm

Venue: Innoport UGA and Live Broadcast

Language: Cantonese

Mode: The event will be conducted in hybrid mode – participants can either join online through zoom or come to InnoPort (Arrangement is subject to change depending on the situation of the pandemic)

Register here: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13637610

Event Website: http://epin.cuhk.edu.hk/news-and-events/news/
The Voice of History Website: https://www.thevoiceofhistory.com/

Participants who join on-site will receive a Inno330 Café voucher worth \$25 to enjoy the drink while mingling with our guests. (Quota is limited. It will be offered on a first-come-first-served basis and is subject to terms and conditions.)

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9. D&I Ambassadors Programme 2021/22





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10. Community Resources for Emotional Support

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389 2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.