# The Sunny Weekly

# 1st Mar 2021



# Sunny Review 上周回顧

1. College Forum: What can we learn from stars? 星星告訴我 (Speaker: Professor Ming-chung Chu 朱明中教授)

2. French SURVIVAL Language Activity



## College Activities 書院活動

- 1. Hong Kong Sign Language Workshop < Deadline TODAY>
- 2. Sunny Yeah 2021 < Deadline this Wed>

# College Announcements 宣佈事項

- 1. Invitation for Suggestions for the Next College Master of Wu Yee Sun College 歡迎建議伍宜孫書院下任院 長人選
- 2. Plan Your Career Ahead GPS Career Development Facilitation Scheme 職涯 GPS 2020-21 **<Deadline** extended to this Wed>
- 3. Wu Yee Sun Award for the Most Distinguished Graduating Student 2020/21 Now Open for Application <Deadline this Sun>
- 4. Awards for Creativity, Student Development and Talents 2020/21 Now Open for Application
- 5. Enlistment of Hostel Resident Tutors for Wu Yee Sun College (Academic Year 2021-22) 伍宜孫書院招募宿 舍導師 (2021-22 學年)
- 6. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2020/21 (Application Deadline: 14th May 2021)
- 7. Temporary Closure of College Catering Outlets 書院膳堂暫停營業
- 8. "Meet the Dean" Hours 輔導長時間
- 9. Student Pastoral Care
- 10. WYS's Got Talents Photography, Poster Design, MC and a lot more!
- 11. Membership Recruitment WYS Alumni Association 伍宜孫書院校友會會員招募

#### College Funding & Award Schemes (Year-round **Other Activities & Announcements** 其他活動及宣佈事項 書院資助及獎勵計劃 (全年可供申請) 1. HKMA Youth Development Programme < New> 1. Self-Motivation Fund for Health and Wellbeing Activities 2. CUHK English Public Speaking Competition held by 2. Self-Motivation Fund for Sports Activities **ELTU < Deadline this Sun>** 3. Self-Motivation Fund for Green Activities 4. Mingle Fund

- 5. Be Entrepreneurial! Funding Scheme 創出我天 地!資助計劃
- 6. Service-learning Project Funding Scheme 服務 學習項目資助計劃

# 3. Enrich Your Internships - Introducing Global Talent!

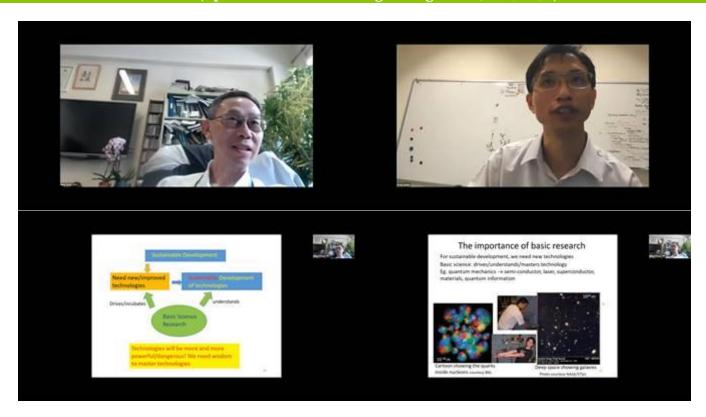
- 4. Online Quiz Game on Preventing Sexual Harassment
- Chance to Receive One 8GB USB Memory Stick 防止性 騷擾網上問答遊戲 — 可獲贈一枚 8GB USB 記憶體
- 5. CUHK Independent Learning Centre (ILC)
- 6. Flourishing First Year Programme 心盛計劃 2020-21
- 7. Community Resources for Emotional Support

# **Sunny Review**

1. College Forum: What can we learn from stars? 星星告訴我

1 2021.03.01

# (Speaker: Professor Ming-chung Chu 朱明中教授)

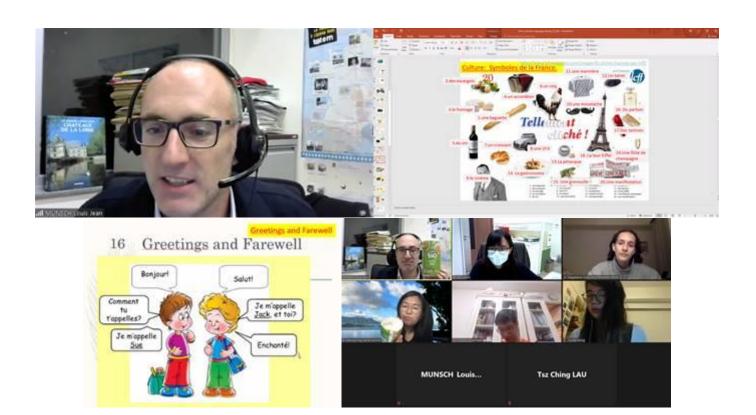


The first College Forum entitled "What can we learn from stars? 星星告訴我" was conducted by Professor Ming-chung Chu (朱明中教授), Chairman of Department of Physics and College Fellow, last Friday. Professor Chu introduced basic concepts in astrophysics and discussed why basic science is crucial in technology development. He also discussed with the audience why humanity is also important when scientists explore new knowledge.

We were grateful to have Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at Department of Physics, moderating the Forum.

(Back to top)

2. French SURVIVAL Language Activity



The College organized French SURVIVAL Language Activity on 24th Feb. Mr. Louis Jean Munsch, College Member and Lecturer at the Department of Linguistics and Modern Languages, taught participants basic French, including greetings, numbers, food and drinks, through interactive activities. He also prepared snack pack for participants and shared dining culture in France during the activity.

(Back to top)

# **College Activities**

#### Hong Kong Sign Language Workshop



Language can be visualized by using hand signs and facial expressions, and sign language is the way to make deaf people feet welcome and included. In this workshop, deaf instructor will share with you the culture about the deaf community and some useful conversational phrases and signs when interacting with Deaf people

#### **Workshop Details**

Date: 4th, 11th Mar 2021 (Thu) Time: 6:30 pm – 8:00 pm Format: Online via Zoom

Ouota: 15

\*Students are required to attend BOTH sessions and turn on the video mode in Zoom when attending the workshop

#### **Registration:**

https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=12127419 Registration deadline: 1st Mar 2021 (Mon)

## **Enquiries:**

Rachel (<u>rachelpoon@cuhk.edu.hk</u> / 3943 3942) Kiki (<u>kikiwkchan@cuhk.edu.hk</u> / 3943 3935)

(Back to top)

#### 2. Sunny Yeah 2021



The following message is drafted by "Wu Yee Sun College Sunny Yeah Organising Committee". Please scroll down for English.

初賽:2021年3月10-11日 決賽:2021年3月18日

截止報名時間: 2021年3月3日23:59

其他比賽須知+報名方法 https://linktr.ee/wysyyyy21 or scan the QR code

#### 聯絡人:

Helen 5106 6610 Sammy 5931 3118

The annual Wu Yee Sun College Singing Contest is coming to town! Don't hesitate to join and have fun under the COVID-19 epidemic! We have invited a professional production house, providing quality IG Live for the preliminary round, and Full HD YouTube live during the final round! There will be a few special guests in the final round too! You can sing whatever you want—even your original songs! All CUHK students are welcomed to be part of this exciting event, but priority will be given to WYS students! Come and unleash your talent and creativity!

Date of preliminary round: 10th - 11th Mar 2021

Date of final round: 18th Mar 2021

Deadline for application: 3rd Mar 2021, 11:59 pm

For further information, please go to our bio and get the link for the activity, or scan the QR code!

## **Enquiries:**

Helen 5106 6610 Sammy 5931 3118

(Back to top)

# **College Announcements**

1. Invitation for Suggestions for the Next College Master of Wu Yee Sun College 歡迎建議伍宜孫書院下任院長人選

The Committee for the Appointment of the Next College Master of Wu Yee Sun College has collected views from College members via the online consultation conducted from January 18 to February 4, 2021 as well as the consultation forum held on January 28, 2021 on the expected qualities of the next College Master. All the valuable opinions are well received and much appreciated.

Based on the feedback collected, a list of six selection criteria in the order of priority has been summarized as below:-

#### **Mandatory Priorities**

- 1) Caring for students' whole-person development; willing to communicate with, listen to, and empathize with students' concerns; has passion for establishing trust and close rapport with students and supporting enthusiastically for students' diversified activities
- 2) Upholding and committing to the College vision and mission and is dedicated to the development of the College and its alumni network

## **Preferential Priorities**

- 3) Be open- and fair-minded; recognizing and developing people's strengths and caring for staff wellbeing
- 4) Respecting academic freedom, and has attained academic achievements
- 5) Possessing charismatic leadership, communication, administrative and fundraising skills; is familiar with the University and College system
- 6) Demonstrating ability and experience in internal and external networking with strong stakeholder engagement

<u>Invitation for suggestions for the next College Master of Wu Yee Sun College is open from February 18, 2021 until March 10, 2021</u>. You are welcome to pass the name and department/faculty of the suggested candidates to Acting College Secretary Ms. Yolinda Wong by email or by post.

Email: volindawong@cuhk.edu.hk

Address: College Office, Wu Yee Sun College, The Chinese University of Hong Kong, Shatin, N.T., Hong Kong

Information of the Six Fellows for contact:

Professor Chi-yue	Dean of Social Science	Tel: 3943 6234
CHIU	Choh-Ming Li Professor of Psychology	Email: cychiu@cuhk.edu.hk
Professor Sunny K.S.	Associate Professor, Department of	Tel: 3943 8198
KWONG	Economics,	Email: kaisunkwong@cuhk.edu.hk
	Associate College Master and Dean of	
	General Education, Wu Yee Sun College	
Professor Albert LEE	Professor (Clinical), The Jockey Club	Tel: 2693 3670
	School of Public Health and Primary	Email: <u>alee@cuhk.edu.hk</u>
	Care,	
	Associate Dean of General Education,	
	Wu Yee Sun College	

Professor Annisa	Associate Professor, School of Journalism	Tel: 3943 7721
C.H. LEE	& Communication,	Email: annisalee@cuhk.edu.hk
(Coordinator)	Associate Master, Wu Yee Sun College	
Professor Ming-kay	Associate Professor, Department of	Tel: 3943 1767
POON	Chinese Language and Literature,	Email: <u>mkpoon@cuhk.edu.hk</u>
	Dean of Students, Wu Yee Sun College	
Professor Kam-fai	Professor, Department of Systems	Tel: 3943 8220
WONG	Engineering and Engineering	Email: kfwong@se.cuhk.edu.hk
	Management,	-
	Associate Master, Wu Yee Sun College	

(Back to top)

# 2. Plan Your Career Ahead - GPS Career Development Facilitation Scheme 職涯 GPS 2020-21



GPS Career Development Facilitation Scheme is jointly organized by Wu Yee Sun College and School of Continuing and Professional Studies of CUHK (CUSCS). The Scheme aims at enriching students' self-understanding for planning or embarking on their career development through face-to-face consultation and assessment by certified career development facilitators.

#### **Programme Content**

Period: Mar 2021 - Jun 2021

**What to do:** Students will prepare questions/ issues they concern about their career planning. CCSP/GCDF will guide the students accordingly with professional insights.

**Matching:** 1 student will be matched with 1 CCSP/GCDF. CUSCS will match the appropriate CCSP/GCDF in accordance to your background and application information. The result will be announced in the Briefing and Kick-off Ceremony.

**Meeting:** 4 face-to-face meetings at WYS College or zoom platform (around 1 hour each time)

Quota: 12

# Briefing and Kick-off Ceremony (MANDATORY)

**Date:** 31st Mar 2021 (Wed)

**Time:** 7:00 pm

**Venue:** College Theatre, Wu Yee Sun College (may change to zoom subject to the development of COVID-19)

## **Application**

Complete the online application form (<a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=11590013">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=11590013</a>) and submit the deposit in amount of HK\$400 directly the bank or via ATM transfer:

Name of Bank: Hang Seng Bank Account Number: 293-005005-018

**Account Holder:** The Chinese University of Hong Kong

**Remarks:** The deposit bank-in date will be regarded as the completion date of application. Please be reminded to e-mail the receipt of deposit to Miss Rachel Poon (<u>rachelpoon@cuhk.edu.hk</u>) to secure a place at your earliest or not later than <u>3<sup>rd</sup> Mar, 2021</u>. Deposit is refundable upon completing this scheme and fulfilling the specific criteria.

#### **Enquiries:**

Miss Rachel Poon (<u>rachelpoon@cuhk.edu.hk</u>/3943-3942)

#### What is CCSP / GCDF?

Certified Career Services Provider (CCSP) and Global Career Development Facilitator (GCDF) are experienced professionals from various fields including education, administration and management, human resources and training, social work and helping professions. CCSP is certified by the National Career Development Association (NCDA); while the GCDF credential is certified by the Center for Credentialing and Education (CCE) of the National Board for Certified Counselors (NBCC), USA. For details, please check out this website: <a href="https://www.cuscs.hk/gcdf">www.cuscs.hk/gcdf</a>

(Back to top)

# 3. Wu Yee Sun Award for the Most Distinguished Graduating Student 2020/21 – Now Open for Application



The prestigious Wu Yee Sun Award for The Most Distinguished Graduating Student 2020/21 is now open to graduating students of 2020/21 for application:

Eligibilities:

- proactive graduating students of 2020/21 academic year demonstrating the College motto by participating in various activities to broaden horizon; and
- cumulative GPA reaches 3.4 or above or Top 10% of the corresponding department (minimum number of taking Pass/Fail units should not exceed 40% in each term); and
- have outstanding contribution to the department / college / university or society

Applicants are required to submit a Personal Statement of not more than 1,000 words (English or Chinese) which illustrates his/her personality & aspirations, as well as achievement in demonstrating College motto. A Letter of Recommendation written by CUHK Teacher is mandatory.

Award Amount: Maximum HK\$ 50,000

Online Application: <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10406775">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10406775</a>

Application Deadline: 7th Mar 2021 (Sun)

**Enquiries:** 

Ms. Karen Yiu (3943 3936 / karenyiu@cuhk.edu.hk)

(Back to top)

## 4. Awards for Creativity, Student Development and Talents 2020/21 - Now Open for Application

To recognize the talents and contributions of College students in different areas, the following awards are now open for application:



Please note no selection interview will be arranged for "Outstanding Athletic Achievements Award" and "Social Services Award". For the rest of the awards, only eligible and shortlisted applicants will be invited to selection interviews to be conducted via Zoom, and be notified via their CUHK email accounts within 14 days after the close of application. Shortlisted applicants are required to reply their availability before stipulated deadline.

Applicants of "Outstanding Student of the Year Award" and "Student Leader of the Year Award" are required to submit a self-introduction video of not more than 3 minutes.

#### Selection Panel & Process:

- A selection panel normally consists of two to three Committee Members from College Scholarships & Financial Aid Committee (Sunny Sports Committee for "Outstanding Athletic Achievements Award").
- Applicants will be assessed holistically based on their information submitted on the application form and interview performance.
- Selection panels will consider the number of awards a student applied in the same round of applications.
- GPA is not a deciding factor unless otherwise specified.
- The decisions made by the selection panels shall be final.

#### More about eligibilities:

https://www.wys.cuhk.edu.hk/college-life-support/scholarships/ (Sort by Type > Awards for Creativity, Student Development and Talents)

Application Deadline: 21st Mar 2021 (Sun)

**Enquiries:** 

Ms. Karen Yiu (karenyiu@cuhk.edu.hk/3943 3936)

(Back to top)

# 5. Enlistment of Hostel Resident Tutors for Wu Yee Sun College (Academic Year 2021-22) 伍宜孫書院招募宿舍導師 (2021-22 學年)

Wu Yee Sun College now enlists volunteers to serve as (Senior) Resident Tutors for the academic year 2021-22. Full-time degree-holding CUHK staff members, full-time postgraduate students and final-year undergraduate students admitting to full-time postgraduate studies in CUHK commencing in the academic year of 2021-22 are welcome to apply.

Applicants should be energetic, mature and responsible, and be fluent in Cantonese, Putonghua and English. It would be a distinct advantage if applicants have knowledge or experience in (i) hostel management, (ii) student counseling, (iii) first-aid, and/or (iv) organization of student activities, particularly in the fields of sports, music, arts or environmental protection.

Successful applicants will be nominated as (Senior) Resident Tutors and will be provided with free accommodation at the College Student Hostel. They are required to provide volunteer service on weekdays as well as Saturdays, Sundays and public holidays on a rotational basis. The nomination will normally last for one year and will start in August 2021 tentatively, subject to mutual agreement. This is not an employment either on a full-time or part-time basis and is not regarded as a concurrent employment with the University (if applicable). There will not be any allowance/remuneration or any other employee benefits for the provision of this volunteer service.

Applications can be made online (<a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=11811014">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=11811014</a>) by 21st Mar 2021. Applicants will then receive an email notification summary, where submission of such email may be requested, at the email address provided. Shortlisted candidates will be invited to attend an interview in early-April 2021 and provide all supporting documents for verification.

#### **Enquiries:**

Ms. Polly Po (polly@cuhk.edu.hk / 3943 1741)

(Back to top)

# 6. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2020/21 (Application Deadline: 14<sup>th</sup> May 2021)

CUHK Golden Jubilee Celestial Civilian Scholarship 2020/21 is now open for application. The scholarship aims to encourage and recognize the excellence of research, analysis, and writing by our students in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK Library).

**Full-time undergraduate or research postgraduate students are eligible to apply.** Details of the Scholarship, including eligibility criteria and application procedures can be found in the application form below: <a href="http://admission.cuhk.edu.hk/assets/oafa/Scholarships/local/celestial-civilian-form-2021.pdf">http://admission.cuhk.edu.hk/assets/oafa/Scholarships/local/celestial-civilian-form-2021.pdf</a>

You may also visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at <a href="http://libguides.lib.cuhk.edu.hk/HKLit">http://libguides.lib.cuhk.edu.hk/HKLit</a>.

# 7. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

(Back to top)

# 8. "Meet the Dean" Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email <a href="mailto:sammykwan@cuhk.edu.hk">sammykwan@cuhk.edu.hk</a> for arrangement.]

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

#### **Enquiries:**

Ms. Sammy Kwan (<u>sammykwan@cuhk.edu.hk</u> / 3943 9775) Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767) Miss KiKi Chan (kikiwkchan@cuhk.edu.hk / 3943 3935)

(Back to top)

#### 9. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email <a href="mailto:sammykwan@cuhk.edu.hk">sammykwan@cuhk.edu.hk</a> for arrangement.
- 2) You may also approach the University's Wellness and Counselling Centre at 3943 7208 for help.
- 3) A **24-hour Emotional Support Hotline** at 5400 2055 is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

(Back to top)

# 10. WYS's Got Talents - Photography, Poster Design, MC and a lot more!

Are you interested in or excellent at any of the fields below?

- --- Photography / Video-production
- --- Art & Design (e.g. posters or infographics)
- --- Simultaneous Interpretation
- --- Master of Ceremonies
- --- Audio & Video Control
- --- Writing (e.g. creative writing or student reporter in publications)

The College is recruiting all sorts of talents to contribute in various College events. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

#### P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <a href="https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838">https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838</a>

#### **Enquiries:**

Miss Chillies Tam (chilliestam@cuhk.edu.hk) / 3943 3934)

(Back to top)

# 11. Membership Recruitment - WYS Alumni Association 伍宜孫書院校友會會員招募

Want to stay in touch with your college friends? Expand your professional network? Give back to the College? WYS Alumni Association lets you take college bonds beyond student life. You can get a lifelong membership for just \$500. Apply now, and you will receive a set of 4 reusable drinking straws! (While stocks last)

Simply fill in the <u>application form</u>, and return to the College Office (G/F, Wu Yee Sun College) with the membership fee.

想跟書院同學保持聯繫?想擴闊人際網絡?想回饋書院?透過伍宜孫書院校友會,你可以將學生時代的關係延續 下去。終生會籍只需 500 元。現時申請,更可獲贈一套四支環保飲管(先到先得,送完即止)。

各位同學只須填妥申請表,連同會員費,交回伍宜孫書院地下院務室即可。

(Back to top)

# **College Funding & Awards Schemes**

1. Self-Motivation Fund for Health and Well-being Activities



*Self-Motivation Fund for Health and Well-being Activities* encourages students to participate in various kinds of health and well-being activities in order to bring everyone **health**, **happiness** and/or **satisfaction**.

#### Eligibility:

For Wu Yee Sun College students who participate in health and well-being activities <u>organized by organization(s)</u> other than the College.

#### There are two categories of activities you can apply:

# (i) Health and Well-being Activities

#### Examples:

Healthy Cooking Class, Trial Course on Musical Instruments, Course about Nutrition or Chinese Medicine, Mindfulness Workshop, Mental Health First Aid Course

Funding amount: maximum \$1500 or 80% of total application fee and course fee (whichever is lower)

#### (ii) Qualification Courses for Health and Well-being Instructors

#### Examples:

Mindfulness-Based Cognitive Therapy (MBCT) Instructor Course, Art or Music Therapy Instructor Course

<u>Funding amount</u>: maximum \$4000 or 80% of course fee (whichever is lower)

Take a look at the **guidelines** and the **reflection template** and start your healthy life now!!!

**Application:** https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10447493

#### **Enquiries:**

Miss Phoebe Wu (phoebewu@cuhk.edu.hk / 3943 3988)

(Back to top)

## 2. Self-Motivation Fund for Sports Activities



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit "Sports for Everyone".

To enhance support to students, funding amount is increased as follows:

Sports Activities: Max.  $\$1,000 \rightarrow \$1,500$ 

Funding per student per year: Max.  $$2,000 \rightarrow $4,000$ 

**Details:** <a href="https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/">https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/</a>

#### **Enquiries:**

Miss Chillies Tam (chilliestam@cuhk.edu.hk / 3943 3934)

(Back to top)

# 3. Self-Motivation Fund for Green Activities



Self-Mativation Fund for Green Activities encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.











#### Examples: Horticultural Therapists,

Horticultural Therapists, Trainer for Organic Farming, Docent Training on Ecotourism



Application &



**Self-Motivation Fund for Green Activities** encourages students to participate in various kinds of green activities that promotes sustainability and environmental consciousness.

# **Funding Amount:**

Green Activities: Max. \$1,500

Qualification Courses for Instructors of Green Activities: Max. \$4,000

**Details:** https://www.wys.cuhk.edu.hk/whole-person-development/green/

## **Enquiries:**

Ms. Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

(Back to top)

# 4. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation o Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

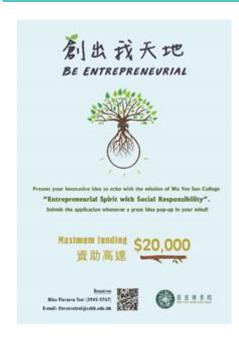
Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/

#### **Enquiries:**

Miss Rachel Poon (rachelpoon@cuhk.edu.hk/3943 3942)

# 5. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Grab the chance, be creative!

**Be Entrepreneurial! Funding Scheme** supports students to implement various short-term projects fulfilling college's core values of **creativity**, **entrepreneurial spirit**, **and social responsibility**.

All undergraduate students, regardless of discipline and year of study, a welcome to submit application all year round. **The maximum funding amount is up to HK\$20,000!** 

Online application is now available, simply submit your application through one click

- https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=10631420

Check out the details through this link.

#### **Enquiries:**

Miss Florence Tsui (<u>florencetsui@cuhk.edu.hk</u> / 3943 9767) Miss Phoebe Wu (<u>phoebewu@cuhk.edu.hk</u> / 3943 3988)

(Back to top)

# 6. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

#### **Enquiries:**

Miss KiKi Chan (<u>kikiwkchan@cuhk.edu.hk</u> / 3943 3935) Miss Rachel Poon (<u>rachelpoon@cuhk.edu.hk</u> / 3943 3942)

(Back to top)

# Other Activities & Announcements

HKMA Youth Development Programme



HKMA has organized the following seminar for students to join in March. Under the threat of pandemic, seminars will be conducted **online** and **free of charge**. Quota limited. Tickets will be provided on first-come-first-serve basis. Details are as below:

Date: 20th Mar 2021

Time: 9:00 am - 12:30 pm

Topic: 工商管理研究社 及 信報財經月刊合辦 ——「後疫情及新冷戰下的環球經濟格局」論壇

**Guest Speakers:** 

- 香港特別行政區政府公務員事務局局長聶德權先生

- 太盟投資集團董事長兼首席執行官單偉建博士
- 香港大學亞洲環球研究所所長陳志武教授

Language: Cantonese and Mandarin

Should you be interested in this seminar, please send e-mail to <a href="mailto:rachelpoon@cuhk.edu.hk">rachelpoon@cuhk.edu.hk</a> on or before <a href="mailto:44h Mar">44h Mar</a> <a href="mailto:2021">2021</a>, stating your personal details including your SID, name, major, year, phone number and contact e-mail. If you register through HKMA online system, event fee maybe charged.

Remarks: Students are also encouraged to join **HKMA Student Membership free-of-charge**, which is open for post-secondary college full-time students who are interested in management. Applications could be made here.

(Back to top)

2. CUHK English Public Speaking Competition held by ELTU



It aims to promote English public speaking on campus, and provide an opportunity for students to practice and showcase their English public speaking skills. The winners will also have a chance to *represent CUHK* to compete in the annual *National English Speaking Competition (Hong Kong Region)* organized by China Daily.

Topic: "Protect The Blue Planet"

Date: 25<sup>th</sup> Mar 2021 (Thu) Time: 6:30 – 8:00 pm

For details and application, please visit the Competition website at <a href="http://eltu.cuhk.edu.hk/EPSC2021">http://eltu.cuhk.edu.hk/EPSC2021</a> Application and video submission deadline: 7th Mar 2021 (Sun), 11:59 pm

(Back to top)

# 3. Enrich Your Internships - Introducing Global Talent!



#### **AIESEC Global Talent**

#### 人人都返 intern, 唔通人人都想返咩

Let's face it: you are only applying for internships just to fill up your resume, or because others told you so. Want to maximise your learning and takeaways in various career experiences? AIESEC's **Global Talent** is the perfect service for you to explore your inner capabilities and ascertain future career directions under extensive guidance!

# Why should I join Global Talent?

- Comprehensive career consultancy sessions for occupational planning
- Practical CV polishing and interview advice for early preparations
- Personal student buddy for comfy sharings and experience consolidation
- Discover own values, strengths, weaknesses and learn what's best for you
- Enhance self-understanding and become leader of your own life
- Chance for semi-virtual internships to apply scientific learnings and get innovative/ gain hands-on experience and create impact

Don't hesitate and sign up for more information here!

#### (Back to top)

4. Online Quiz Game on Preventing Sexual Harassment - Chance to Receive One 8GB USB Memory Stick 防止性騷擾網上問答遊戲 — 可獲贈一枚 8GB USB 記憶體

防止歧視及性騷擾委員會推出網上問答遊戲 (https://policy-harass.cuhk.edu.hk/zh-tw/training-events/online-quiz-game),以提高教職員和學生對在校園內可能構成性騷擾行為的意識,並加深大家對大學防止性騷擾政策及程序的認識。

電腦會從 25 條問題中隨機抽出其中 5 題,請選出每條問題的正確答案。答中所有 5 條題目,可獲贈一枚 8GB USB 記憶體 (數量有限,送完即止)。委員會將以電郵通知各得獎者。

如有查詢,請致電 3943 0826 或 3943 1722 與陸小姐聯絡。

The Committee Against Discrimination and Sexual Harassment has launched an online quiz game (<a href="https://policy-harass.cuhk.edu.hk/en-gb/training-events/online-quiz-game">https://policy-harass.cuhk.edu.hk/en-gb/training-events/online-quiz-game</a>), with an aim to raise awareness of members of the University community on behaviour that may constitute sexual harassment on campus and assist staff and students in having a better understanding of the University's policy and procedure against sexual harassment.

5 out of 25 questions will be randomly selected. Choose the correct answer for each question. An 8GB USB memory stick will be presented to those who have got all 5 correct answers while stocks last. The winners will be notified individually.

#### **Enquiries:**

Ms. Yvonne Luk (3943 0826 / 3943 1722)

(Back to top)

# 5. CUHK Independent Learning Centre (ILC)

Here are some workshop highlights for academic year 2020/21 which is organized by CUHK Independent Learning Centre (ILC). You are welcome to visit the ILC website (<a href="https://www.ilc.cuhk.edu.hk/EN/">https://www.ilc.cuhk.edu.hk/EN/</a>) for a

short ILC video for their major work and services or check out their new link on "**Tips for Successful Online Learning** @ **CUHK**".

- 1. University Study Skills Series this series is particularly useful for incoming UG students
  - Study Skills in English at University Level
  - Academic Reading: Strategies for Success
  - o Ace Your Oral Presentations
  - o Discussion Skills and Current Affairs
  - Saying What you Mean: English Pronunciation for Cantonese and Mandarin Speakers
  - o Listening to Learn: Academic Listening and Note-Taking Skills
  - Building a Bigger and Better Vocabulary

#### 2. Writing Series

- Academic Essays
- Research Papers
- o Reflective Journals
- Personal Essays
- 3. **Job Preparation Series** this series is particularly useful for graduating students and students who are interested in applying for exchange/ internship opportunities
  - Writing Impressive Resumes
  - Writing Impressive Application Letters
  - o Ace Your In-person and Video Job Interviews
  - Standing Out in a Group Interview
  - Interview Practice and Self Reflection

# 4. CRE/ JRE Series

- o Preparing for the CRE Use of English
- Tips and Strategies in Tackling the JRE
- o JRE Writing Practice (Practice writing for the JRE under exam conditions)
- Feedback on JRE Writing Practice (Discuss exam strategy and student writing)

#### 5. Exam Preparation Series

- o Taking the IELTS Challenge: Reading & Writing
- o Taking the IELTS Challenge: Speaking & Listening
- Mastering the TOEFL: Reading and Listening
- Mastering the TOEFL: Speaking and Writing

Students who think they will benefit from having a one-to-one meeting with the teachers on their specific learning needs or need guidance in devising their independent learning plan can book a consultation session. The schedule can be found at: <a href="https://www.ilc.cuhk.edu.hk/EN/consultation.aspx">https://www.ilc.cuhk.edu.hk/EN/consultation.aspx</a>. Besides, the ILC also develops and recommends both print and online learning resources on various topics in both English and Chinese to support students. Details are available at: <a href="https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx">https://www.ilc.cuhk.edu.hk/EN/LearningRes.aspx</a>.

(Back to top)

6. Flourishing First Year Programme 心盛計劃 2020-21



Flourishing First Year@CUHK is a tailor-made programme for all NEW students. A series of workshops are provided for supporting you to flourish and grow from failures.

How does Flourishing First Year@CUHK work?

- **Step 1:** All new students are eligible for receiving information about upcoming activities/workshops and have the priority in enrolling in these activities/workshops
- **Step 2:** Enroll in the workshop and get our welcoming gift in your first workshop (on a first-come-first-serve basis)
- **Step 3:** Be a flourishing learner!
- **Step 4:** Get your reward! (coffee making workshop/pottery class; on a first-come-first-serve basis)
- **Step 5:** Complete all workshops from PERMA (Positive Emotions, Engagement, Relationship, Meaning, Accomplishment)

#### Programme Details and List of Workshops:

https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme

#### **Enquiries:**

Office of Student Affairs (osa@cuhk.edu.hk / 3943 8652)

(Back to top)

# 7. Community Resources for Emotional Support

#### <Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

### 24-hour Hotline: 2389 2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

# Suicide Crisis Intervention Centre: 2341 7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

#### Family Helpline: 2319 1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

(Back to top)

To unsubscribe, please email us at info.wys@cuhk.edu.hk.