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College Announcements

1. New College Member 新增書院成員

The following CUHK staff member has recently joined Wu Yee Sun College as affiliate. Warm welcome from all the Sunnies!



Dr. Elaine NG (吳以琳博士)
BA, BEd (UNSW); MEd (TESOL), PhD (USYD)

Dr. Elaine Ng is a lecturer in the English Language Teaching Unit (ELTU) at The Chinese University of Hong Kong (CUHK). She grew up in Sydney Australia and obtained her PhD from The University of Sydney (USYD) in 2013-14. She has a passion in teaching and she genuinely enjoys working with students at all levels. Outside of teaching, Elaine also loves music, particularly in the genres of jazz and indie. As a piano player with a classical background, she is currently training to be a jazz vocalist and keyboardist and hopes to someday be an all-round amateur musician in the local music scene.

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2. Awards for Creativity, Student Development and Talents 2019/20 - Now Open for Application



To recognize the talents and contributions of College students in different areas, the following awards are now open for application:-

| # | Name of Award | Award Amount |
|-----|--|------------------------|
| 1. | Lau Yiu Po Wah Scholarship for Outstanding Social Services | HK\$10,000 |
| 2. | Outstanding Student of the Year Award | Max. HK\$10,000 |
| 3. | Student Leader of the Year Award | Max. HK\$10,000 |
| 4. | Student Leader of the Year Award (for Freshman) | Max. HK\$10,000 |
| 5. | Outstanding Student Organization Award | Max. HK\$10,000 |
| 6. | Outstanding Athletic Achievements Award* | HK\$10,000/8,000/5,000 |
| 7. | Innovation and Creativity Award | HK\$7,000/5,000 |
| 8. | Social Services Award* | HK\$7,000/5,000 |
| 9. | College Services Award | HK\$7,000/5,000 |
| 10. | Environmental Conservation Award | HK\$7,000/5,000 |
| 11. | Outstanding Artistic Achievements Award | HK\$5,000 |
| 12. | Lam Ding Kwong Scholarship in Social Service | HK\$5,000 |
| 13. | Gestalt Music Scholarship | HK\$4,000 |
| 14. | Lau Cheung Kwai Lan Service Award for Residential Students | HK\$3,500 |

*Please note no selection interview will be arranged for "Outstanding Athletic Achievements Award" and "Social Services Award". For the rest of the awards, only eligible and shortlisted applicants will be invited to selection interviews to be conducted via Zoom, and be notified via their CUHK email accounts within 14 days after the close of application. Shortlisted applicants are required to reply their availability before stipulated deadline.

Selection Panel & Process

- A selection panel normally consists of two to three Committee Members from College Scholarships & Financial Aid Committee (Sunny Sports Committee for "Outstanding Athletic Achievements Award").
- Applicants will be assessed holistically based on their information submitted on the application form and interview performance.

- Selection panels will consider the number of awards a student applied in the same round of applications.
- GPA is not a deciding factor unless otherwise specified.
- The decisions made by the selection panels shall be final.

More about eligibilities

Go to <https://www.wys.cuhk.edu.hk/college-life-support/scholarships/>
(Sort by Type > Awards for Creativity, Student Development and Talents)

Application Deadline

5th Apr (Sun)

Applicants are reminded to click the “Submit” button in order to complete the application and they will receive a confirmation email with data entered upon successful submission.

Enquiries:

Ms. Karen Yiu (3943 3936 / karenyiu@cuhk.edu.hk)

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3. Cancellation of College Photo Day on 27th Mar (Fri)

In view of the rapid and unforeseeable development of the novel coronavirus (COVID-19), the College Photo Day scheduled on 27th Mar (Fri) will be cancelled. The decision was made with the aim of reducing the possible spread of COVID-19 within campus and safeguarding the health of all our students.

With the cancellation of photo day, the briefing session for student bodies that originally scheduled on 28th Feb (Fri) will be cancelled as well.

For gown borrowing, the arrangement including collection and rental period is yet to be confirmed. The gown collection which originally planned on 27th Feb (Thur) will be rescheduled. The College will inform those students who have registered for gown rental service as soon as a feasible arrangement can be worked out.

For enquiries:

Miss Florence Tsui (3943-9767 / florecetsui@cuhk.edu.hk)

Ms. Cassie Li (3943-3988 / cassieli@cuhk.edu.hk)

取消於三月二十七日 (星期五) 舉行的書院畢業生拍照日

因應新型冠狀病毒迅速及不可預測的發展，原定於三月二十七日(星期五)舉行的書院畢業生拍照日將會取消，以減低病毒於校內傳播的風險，並保障學生的健康安全。

由於書院取消畢業生拍照日，原定於二月二十八日(星期五)召開的學生團體簡介會將不會舉行。

至於畢業生租借畢業袍之安排將有待確認，原定於二月二十七日 (星期四) 領取畢業袍的安排將會改期，詳情有待公佈。書院將於可行之情況下，另行通知已登記租借畢業袍的學生的有關安排，敬請留意書院稍後發放之消息。

查詢：

Miss Florence Tsui (3943-9767 / florecetsui@cuhk.edu.hk)

Ms. Cassie Li (3943-3941 / cassieli@cuhk.edu.hk)

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4. Temporary Closure of College Catering Outlets 書院膳堂暫停營業

Due to the spread of the novel coronavirus, Student Canteen, Staff Dining Room and Café at Wu Yee Sun College are temporarily closed until further notice. We are sorry for the inconvenience caused.

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5. “Meet the Dean” Hours 輔導長時間

["Meet the Dean" Hour is temporarily suspended and will be resumed once the circumstances allow. If you wish to talk to Dean of Students during this period, please email soniayu@cuhk.edu.hk for arrangement.]

“Meet the Dean” Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned.

You talk. We listen. Even if you want to keep it to your heart, we still stand by your side.

The session is hosted by:

- Professor Ming-kay Poon (潘銘基教授), College Dean of Students and Associate Professor at the Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics
- Professor Kelvin K.F. Tsoi (蔡錦輝教授), College Associate Dean of Students and Associate Professor at Jockey Club School of Public Health and Primary Care

Every Sunnie is welcome!

Academic Year 2019/20 (Term 2)

Date: Every Monday

Time: 2:30 pm – 3:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Ms. Sonia Yu (3943 3937 / soniayu@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

Miss Florence Tsui (3943-9767 / florecetsui@cuhk.edu.hk)

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6. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please email soniayu@cuhk.edu.hk for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943-7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400-2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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The College encourages students to pursue a healthy and sunny life. If you would like to join any non-College organized activities **to strengthen your own mental wellness** or **to enrich your relevant knowledge so as to provide support to your peers**, you are most welcome to apply for our **Care and Well-being Fund for Mental Wellness Activities**. The Fund now provides greater support to allow a wider choice of activities of your interest. Details can be found below:

Eligibility:

For Wu Yee Sun College students who participate in mental health activities and trainings organized by organization(s) other than the College

Examples:

Meditation, Mindfulness Workshop, Laughter Yoga, Art or Music Therapy Class, Peer Support Workshop, Talk or Symposium on Mental Health, Mental Health First Aid Course etc.

Funding Amount per student per activity:

Maximum amount increased from \$800 to **\$1,500**, or 80% of the course / activity fee (whichever is lower)

Take a look at the [guidelines](#) and the [report template](#), and start your healthy life now!!!

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=6754853>

Enquiries:

Miss Phoebe Wu (3943 3988 / pheobewu@cuhk.edu.hk)

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2. Mingle Fund



Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College.

The Fund mainly supports daily and social activities with the participation of Both local students And international / incoming exchange students (i.e. there should be at least one local student AND at least one international / incoming exchange student.)

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

More Details: <https://www.wys.cuhk.edu.hk/college-life-support/funding-scheme/>

Enquiries:

Miss Rachel Poon (3943 3942 / rachelpoon@cuhk.edu.hk)

Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk)

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3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000

Eligibility

- All WYS undergraduate students
- Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- Applications are welcome all year round

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries:

Miss Florence Tsui (3943 9767 / florecetsui@cuhk.edu.hk)

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4. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (3943-3935 / katieyu@cuhk.edu.hk)

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5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



*Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of **sports activities and qualification courses for sports coach**, in order to live up the spirit "Sports for Everyone".*

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops**

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000**

Details: <https://www.wys.cuhk.edu.hk/whole-person-development/sports-health-education/>

Enquiries:

Miss Chillies Tam (chilliestam@cuhk.edu.hk / 3943-3934)

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Other Activities & Announcements

1. Surveys on Academic Advising and IPE (Inter-professional Education) at CUHK by Centre for Learning Enhancement and Research

To assist students in their growth and personal development, the Centre for Learning Enhancement And Research (CLEAR) would like to invite you to participate in the following two surveys:

(1) Evaluation of the Academic Advising System and Support at CUHK

Please share your opinions and comments about the experience of participating in the CUHK's **Academic Advising System** by simply responding to the following link. It will take about 10-15 minutes to complete:

<https://qrgo.page.link/8XAUX>



(2) Evaluation of the feasibility, acceptance and educational values of Inter-Professional Education (IPE)

This survey will collect your feedback about the feasibility of adopting the **Inter-professional Education approach in teaching and learning** at CUHK

<https://qrgo.page.link/hJcpy>



If you are interested in joining an **individual ZOOM or SKYPE interview**, or **face-to-face interview** at 5/F, Hui Yeung Shing Building, please email to Jesse Lee at Jesselee@cuhk.edu.hk. The interview will start in April or May, 2020. **Each participant will be given a HK\$100 gift coupon as reward.**

Your opinion and feedback will be valuable for the continuous enhancement in the current academic advising system and development of Inter-professional Education at CUHK.

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2. HKMA Seminar: Way to Become Top Marketer 如何成為頂尖市場策劃人

第十五屆名企專家攻略

4小時
內匯全港唯一

如何成為頂尖市場策劃人

研討會

日期：2020年3月30日（星期一）
時間：下午四時正至六時正
地點：香港管理專業協會
馬福玉慈善基金會管理發展中心
香港灣仔衛士打樓66號
灣仔大坑28號201室

語言：廣東話
費用：HKMA會員 \$420
非會員 \$580

三人同行優惠
同一機構同時3名或以上報名，每位可獲以下優惠：
HKMA會員：\$320
非會員：\$480

按此報名

截止報名日期：2020年3月27日（星期五）
本研討會提供網上直播

HKMA TVB 傑出市場策劃獎 2019 傑出市場策劃人
HKMA TVB 傑出市場策劃獎 2019 傑出市場策劃人
HKMA TVB 傑出市場策劃獎 2018 傑出市場策劃人

陳智輝先生
副總經理市場推廣及
客戶數據禮贈主管
中匯銀行(國際)

鄭禮怡女士
市場推廣總監
香港樂悠集團

梁善欣女士
賽馬活動市場經理
香港賽馬會

報名：Mr Anthony Yu (電話: 2774 8509 電郵: anthonyyu@hkma.org.hk)
Ms Sindy Siu (電話: 2774 8515 電郵: sindysiu@hkma.org.hk)
查詢：Mr Darren Yeung (電話: 2774 8576 電郵: darrenyeung@hkma.org.hk)

Date: 30th Mar

Time: 4:00 pm - 6:00 pm

Venue: CYMA Charity Fund Management Development Centre, Rm 201, Pico Tower, 66 Gloucester Road, Wanchai HONG KONG (Online Live Session will be arranged)

Language: Cantonese

Fee: Free of Charge

***10 complimentary seats are reserved for our students on a first-come-first-served basis.*

Application: Interested students please email soniayu@cuhk.edu.hk on or before **27th Mar** with following details:

1. Student ID
2. English Full Name
3. Major
4. Contact Phone
5. Contact Email

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3. Earth Hour 2020 地球一小時2020

Pledge now to support Earth Hour by turning off all non-essential lights for one hour on **28th Mar (Sat) at 8:30 pm!** Wu Yee Sun College, together with other Colleges and Units of CUHK, will support to this global campaign to show our commitment to combat climate change and reduce our ecological footprint.

During Earth Hour, all non-essential lighting on UG/F Podium and 5/F Sky Garden will be switched off as a gesture of support. Every one of you, especially hostel residents, is invited to take action by switching off your lights!

More details of the campaign can be found at <https://earthhour.wwf.org.hk/en/home/>

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4. Flourishing First Year Programme 心盛計劃 2019-20



Flourishing First Year@CUHK is a tailor-made programme for all NEW students. More than 20 workshops on various virtues of leaders will be provided throughout the academic year to support students to flourish as an everyday leader.

How does Flourishing First Year@CUHK work?

Step 1: [Register](#) to be a member and receive promotion of upcoming workshops/ activities

Step 2: Choose your favourite workshops and get our welcoming gifts

Step 3: Complete at least 3 workshops from 3 different modules -- \$50 Cafe330 Coupon

Step 4: Complete at least 6 workshops from all 6 modules -- Big prize! (to be announced later)

Step 5: Becoming an Everyday Leader

Programme Details and List of Workshops:

<https://www.osa.cuhk.edu.hk/services/flourishing-first-year-programme>

Enquiries:

Office of Student Affairs (3943 8652 / osa@cuhk.edu.hk)

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5. Community Resources for Emotional Support and Mental Health Promotion

<Samaritan Befrienders HK>

Samaritan Befrienders Hong Kong is a voluntary agency giving support and rendering emotional counselling to those in need.

24-hour Hotline: 2389-2222

Emotional Support provided by a group of passionate volunteers who are willing to listen, care, and walk with the help seekers to face their problems and finally regain their hope for the future and confidence in facing the challenges ahead

Suicide Crisis Intervention Centre: 2341-7227 for appointment

Professional social workers providing services such as risk assessment, emergency crisis intervention, 6-8 weeks intensive counselling and small group services

Family Helpline: 2319-1177

Professional social workers providing consultation to people whose relatives or friends are suffering from suicide crisis

<賽馬會心導遊計劃> 一站式網上自助心理支援平台

- 每日的工作都很繁忙，究竟如何可以隨時隨地去照顧自己的心理健康呢？
- 在香港有七分之一的成年人曾經有精神困擾的經歷，但只有 25%的人會尋求協助，究竟原因是什麼呢？
- 你試過情緒受困擾卻不知道如何照顧自己嗎？
- 你試過見到身邊的人精神狀態不太好，卻不知道怎樣去支持他們嗎？

我們明白不同人會在不同時候，會有不同的精神健康狀況，亦會有不同的需要。《賽馬會心導遊計劃》旨在根據每個人的個別需要，並配合現今科技向大眾推廣精神健康，從而達到以下目的：

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員，進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程，就可以隨時隨地提升自己的心理健康！

註：手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台，會獲最佳效果。

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To unsubscribe, please email us at info.wys@cuhk.edu.hk.