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The Sunny Weekly

02 Oct 2018



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Sunny Review

1. Sunny Living Get-Together Lunch



Sunny Living Week was successfully concluded with the *Sunny Living Get-Together Lunch* on 28th Sep! Participating students gathered together at the College Staff Dining Room to share their Sunny Living actions and thoughts with each other. We were grateful to have Dr. Lancelot W.H. Mui (梅維浩博士), Vice-chairperson of Health and Spiritual Well-Being Committee, Professor Kwai-cheong Chau (鄒桂昌教授), Chairperson of Campus Environment Committee and Mr. Nelson K.T. Lam (林國棠先生), Member of Sunny Sports Committee, to make concluding remarks for *Sunny Living Week*. The kind support from Professor Man-hong Lai (黎萬紅教授), College Dean of Students, Ms. Vivian Y.Y. Ho (何婉兒女士), Member of Campus Environment Committee, Mr. Tsz-fai Cheung (張梓輝先生), Member of Sunny Sports Committee and Ms. Sandy P.S. Lee (李珮珊女士), College Secretary, added much delight to the gathering.

Sunny Living Week serves as a good start for a passionate, positive and energetic life and we hope that all the Sunnies will continue leading a healthy and sunny living style in future.

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2. The First High Table Dinner of 2018/19 Term 1 : "Fly High" (Speaker: Mr. Hank Cheng) 2018/19 年度上學期第一次書院高桌晚宴: 向夢想起飛 (講者: 鄭楚衡先生)



The First High Table Dinner of 2018/19 Term 1, entitled “Fly High (向夢想起飛)” was held last Thursday in College Student Canteen. Mr. Hank Cheng (鄭楚衡先生), Pilot of Cathay Pacific and Founder of *Inspiration*, shared with students how he kick-started his dream in 2007 to build a homebuilt aircraft. The challenges and difficulties he faced in the process did not deter him from realizing his dream. With the support from other engineers, technicians and some secondary school students, his dream came true in 2015 and he flew over the world in his homebuilt craft. At the end of the dinner, Mr. Cheng encouraged students with a “Just Do It!” spirit to pursue their dreams in mind.

We were grateful to have Mr. Sai-yung Lau (劉世鏞先生), College Overseer and Affiliated Fellow as the moderator of the event.



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3. Forum of 2018/19 Term 1: “Newbies@CUHK - Adjustment to University Life” (Speaker: Mr. Erich Kai-see Chan) 2018/19 年度上學期首次書院論壇: 心理健康在中大 (講者: 陳啟思先生)



Mr. Erich Kai-see Chan (陳啟思先生), Student Counsellor from Wellness and Counselling Centre, Office of Student Affairs, conducted a mental health forum entitled “Newbies@CUHK - Adjustment to University Life” on Friday, 28th Sep. He shared with students some common challenges they would face at the University and different kinds of mental illnesses they might suffer from. Students also completed an online survey to better understand their mental wellness and gained information on how to seek support from CUHK if needed.

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4. Open House Party with Hostel Wardens



Professor K.P. Pun (潘江鵬教授) and Ms. Sandy P.S. Lee (李珮珊女士), Warden of West and East Block of College Student Hostel respectively, hosted a group of resident students, both locals and non-locals, at the Warden’s Quarter to celebrate the Mid-Autumn Festival with mooncakes, snacks and the spectacular view of the Tolo Harbour. It was a relaxing gathering where they got to know each other more and learned about the College!

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5. College Student Advisor Scheme Gatherings 師生茶聚 - 聚會



To help new students settling in College life, the College matches them with a College member to serve as their advisor. Two gatherings were held on 21st and 28th Sep with nine groups. Some of the groups were small groups of College Orientation Camp which facilitated the communications among themselves. Although some students did not take part in College Orientation Camp, they still proactively shared their thoughts and aspirations with their advisors about College life!

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6. c!ab Tie-Dyeing Workshop



Creativity Laboratory (clab) organized a tie-dyeing workshop on 27th Sep to encourage our Sunnies to create their own unique patterns on fabric. With 4 simple materials – fabric, dye, sticks and rubber bands, students could create any pattern they liked. Every pattern was unique and you could hardly have another same one. A dozen of participants had a fun, enjoyable and fruitful night! Stay tuned for a raft of creative workshops in clab this semester!

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College Activities

1. 語文文化桌：賈寶玉和林黛玉的愛情 —— 《紅樓夢》第二十三回賞析 (Chinese Only)



《紅樓夢》是中國古典文學的集大成之作，賈寶玉和林黛玉的愛情成為古典小說愛情書寫的經典。小說第二十三回〈西廂記妙詞通戲語 牡丹亭艷曲警芳心〉，可謂曹雪芹繼承戲曲經典《西廂記》、《牡丹亭》的文學再創造。「寶黛共讀《西廂記》」、「黛玉獨味《牡丹亭》」的精彩片段，不僅將崔鶯鶯與張君瑞、杜麗娘與柳夢梅、林黛玉與賈寶玉三對愛情主人公連接起來，而且在戲曲與小說的文本互涉中，《紅樓夢》更為細緻地描寫了人物的性格特點、愛情的自覺意識，在情感表現的思想深度方面，《紅樓夢》也有更為深刻的探討。

講者：胡光明博士

胡博士現任香港理工大學中國文化學系導師，先後受教於中國青年政治學院新聞與傳播系、北京大學中國語言文學系，2014年獲香港中文大學中國語言及文學系哲學博士學位。專攻中國古代文學，研究包括中國戲曲史、明清文學與文獻、宮廷文學與文化等。

日期：10月16日(星期二)

時間：晚上 6:30 至 8:30

地點：伍宜孫書院教職員飯堂

語言：普通話

按金：\$50 (準時出席可獲退回全部按金)

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5955686>

截止日期：10月10日(星期三)

*名額有限，先到先得。報名次序以遞交按金先後次序為準。請將按金交至書院辦公室。

查詢：劉欣誼小姐 (carlylau@cuhk.edu.hk / 3943 3988)

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2. Floor Curling Experience Night 地上冰壺體驗



Iceless curling? Floor curling provides you the same excitement without the need of a rink.

Date: 16th Oct 2018 (Tue)

Time: 18:30 - 20:30

Venue: Central Courtyard

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5847194> (Deadline: 9th Oct, 17:30)

Fee:

Students --- \$50 (A deposit of \$150 must be submitted prior to the application deadline. \$100 will be refunded upon completion of the whole activity)

College Staff Members --- \$120

Quota: 20

PE Marks: 4

Details: <https://www.wys.cuhk.edu.hk/news-details.php?id=10174>

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3. Green Team Farmer Recruitment 農夫招募

The following message (Chinese only) is drafted by "Wu Yee Sun College Green Team":



唔駛去元朗，唔駛去沙頭角
依家上天台就有得種土多啤梨啦
仲有專家親身教你點樣種
仲諗？即刻約埋 frd 子一齊報名啦

<https://goo.gl/37pCcJ>

截止日期：10月4日（名額有限，先到先得）

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4. Green Team King Jong Green Team 招莊 x 迎新活動 (Chinese Only)

The following message (Chinese only) is drafted by "Wu Yee Sun College Green Team":



有無諗過可以擁有自己既天台？
想唔想試下種野俾自己同埋書院既同學食？
心郁郁想搞環保飲管共購？
鍾唔鍾意本地生態遊？
定係想嘗試保護香港既海岸線，搞海灘清潔？

仲諗？上 Green Team 同 firm firm 莊員一齊實踐你既理念啦!!

傾三 4/10 (四)

1930 - 2130 W113-114

upcycling workshop - DIY 散紙包

請自備牛奶盒（大）

傾四 aka 成莊日 10/10 (三)

1930 - 2130 W113-114

如希望來年成為 Green Team 莊員，必須出席至少 3 次傾莊（包括成莊日）

Contact: 6734 8140 (Sara)

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5. Cheer for College Teams in Inter-collegiate Competition! 為院隊健兒打氣!

Support your friends at the matches! Cheer for every athlete's effort!
 為你的朋友打氣！為每位運動員的努力喝采！

**Cheer for College Teams!
Support your FRIENDS!**

Teams	Date	Time	Venue	Against Team
Basketball (Men)	9 Oct 2018	18:15	United College Gymnasium	C-W-Chu College
	10 Oct 2018	19:15		S-H-Ho College
Basketball (Women)	9 Oct 2018	18:15	New Asia Gymnasium	New Asia College
	10 Oct 2018	19:15		United College
Soccer	9 Oct 2018	19:20	Sir Philip Haddor-Cave Sports Field	S-H-Ho College
	11 Oct 2018	18:30		Shaw College
Volleyball (Men)	10 Oct 2018	18:30	Yeung Ming Eiu Indoor Sports	Morningside College
	11 Oct 2018	18:30	Centre (University Gymnasium)	Chung Chi College
Volleyball (Women)	9 Oct 2018	19:30	Yeung Ming Eiu Indoor Sports	New Asia College
	11 Oct 2018	19:30	Centre (University Gymnasium)	Lee Woo Sing College
CUHK Aquatic Meet	5 Oct 2018	18:30	University Swimming Pool	---
CUHK Athletic Meet	14 Nov 2018	18:30	Sir Philip Haddor-Cave Sports Field	---

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6. clab Presents: Creativity Pilgrimage 2018

強勢招莊中!

創意巡禮
2018 SEM 1

改期!			改期!
21 SEP 11:45AM-2:00PM Sunday Living Week 木烙鎖匙扣 DIY 導師: Tsz-hung	27 SEP 7:30PM-9:00PM 結社第一屆/ 環保扎染 工作坊	4 OCT 7:30PM-9:00PM 結社第二屆/ 影樓人像 拍攝工作坊	11 OCT 7:30PM-9:00PM 結社第三屆/ 寫紙書籤 工作坊

「中央書院出版部」, 香港書院設計製作及印刷有限公司, 歡迎查詢: 41622000

Creativity Laboratory (clab) is going to present to you a raft of creative workshops in this semester! ALL FREE TO JOIN! Mark down the dates below and explore a creative journey with us!

【Re-schedule of Activity 活動延期】

Subsequent to class suspension on 17 Sep, the workshop “Venation Bookmark DIY 葉脈書籤工作坊” will be rescheduled to 11th Oct (19:30 – 21:00). Other events will remain unchanged. Come and join us! Live up the spirit of creativity!

*所有活動均為免費參與，有興趣上莊者必須出席至少兩次招莊工作坊

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7. 中國繪畫班 (Chinese Only)



宗旨：本課程為中國繪畫基礎班，教授寫意花鳥、山水畫，旨在透過學習中國繪畫之不同門類和技法，提高學員對中國繪畫之認識，奠定基礎，培養對中國文化之興趣。

日期：2018年10月8日、15、22、29日及11月5日、19日（逢星期一，共六堂）

時間：晚上7:00至9:00

地點：伍宜孫書院西座112室

語言：粵語/普通話

人數：最多20人

按金：港幣\$400 (出席四堂可獲退回全部按金)

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5768479>

截止日期：10月3日

*名額有限，先到先得，欲報從速。報名次序以遞交按金先後次序為準。請將按金交至書院辦公室。

導師簡介：蔡德怡，畢業於香港中文大學藝術系，獲文學士（2011）及藝術碩士（2015），主修中國畫，期間赴浙江大學藝術學系、北京畫院交流進修。曾獲康本國際交流獎學金、出爐2011傑出藝術新秀獎、詹雲白夫人紀念中國書畫獎、香港當代藝術獎2012（入選）、才藝發展獎學金2014（香港特別行政區政府獎學基金），亦為香港藝術館2017“賽馬會‘藝術館出動’教育外展”受邀藝術家等。蔡氏曾於香港舉辦三次個人展覽，亦同時積極參與多個香港及海外藝術聯展，作品為香港藝術館、本地與海外藏家及機構等收藏。同時在不同學校及公眾機構教授中國繪畫，推廣中國藝術。

查詢：

劉欣誼小姐 (carlylau@cuhk.edu.hk/3943-3988)

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8. 洽蕙藝文計劃 --- 藝術中與西講座 (Chinese Only)

厚蒙洽蕙堂慷慨支持，伍宜孫書院、崇基學院及聯合書院及將於十月舉辦「藝術中與西」講座，詳情如下：

「藝術中與西」講座

<八十後重溫藝壇前輩及瞻前新秀>

著名旅美藝術家 兼 三院藝術顧問 利漢楨教授 主講
及

<回望香港現代藝術的興起>

香港藝術館館長 (香港藝術) 鄧民亮博士 主講

日期：2018年10月16日 (星期二)

時間：7:00 pm – 9:30 pm

地點：崇基學院牟路思怡圖書館謝昭杰室

對象：中大同學、校友、教職員與教職員家屬

費用：全免

報名：<https://bit.ly/2MCxfe8>

查詢：

石曉風女士 (candyshek@cuhk.edu.hk / 3943-1615)

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College Announcements

1. No Air-Con Night 無冷氣夜 2018



The “No Air Con Night (無冷氣夜)” will be held on **Friday, 5th Oct** this year (from 7pm to 7am the next day)! It is a territory-wide energy saving event organized by Green Sense (環保觸覺) to promote the wise use of air conditioning. You are encouraged to support this event by switching off air conditioners at home / in the student hostels during the aforesaid period whenever appropriate/feasible. Let’s take action together and reduce our carbon emission with the smart use of air-conditioning! **GO GREEN! BE SUNNY!**

Turning off the Air Con, Cooling the Earth
關掉冷氣，為地球降溫

Details: <https://www.noaircon.com/>

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2. Temporary Closure of College Dean of Students' Office

Due to the strong typhoon, College Dean of Students' Office (UG09) will be closed for follow-up work until further notice. If students have any enquiries, please go to College Office (G/F).

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3. EC Recruitment of College Anniversary 院慶部員招募



The following message is drafted by “Wu Yee Sun College Anniversary Organizing Committee” :

A series of events would be held in November to celebrate the 11th Anniversary of our College. College Anniversary is an important College event that needs your support. Hope you could sign up as an executive committee member to have fun together and contribute to the College. Please scroll down for English version.

招 EC!!

又到一年一度嘅院慶啦!!

所謂人1世物1世，宜孫今年都11歲啦

各位大個仔大個女要衝出國際，探索世界嘅不可思議

所以我哋依家要招冒險王，一齊去向斐宜所思嘅未知挑戰

大家快啲嚟報名一齊參加啦

仲可以認識到更加多唔同地方（學系）同埋唔同年紀嘅人添！

斐宜所思冒險團有以下 5 個團可供選擇：

- 宣傳部
- 523 人宴部
- Sunny Festival 大笪地部
- 鬼屋部
- 密室部

詳細探險日子：

- 2/11 環校跑
- 7/11 523 人宴
- 8/11 Sunny Fest 大笪地
- 13-14/11 鬼屋&密室

Google form 報名表：

https://docs.google.com/forms/d/e/1FAIpQLSfh6XjNmdDHE6KRXOnhGrTMhnd25_ojrRO3jLthHJeyT4hPAJA/viewform

截止日期：**10/10**

其實部員有咩做㗎？

- 宣傳部：主要負責整 decoration、table stand、souvenir 等等，同學收到/見到你有份整嘅野而讚不絕口，個份成功感唔係話有就有㗎
- 人宴同 Sunny Festival：負責當日人流、嘉賓進退場安排、攤位及佈置等等
- 鬼屋部：活動前一兩星期幫手設計和佈置場地，部員仲有機會獲得演出嘅機會，嚇下你嘅朋友或者幫手化妝/著衫打扮下，務求有個最真實嘅鬼屋
- 密室部：設計和佈置機關密室，考下你朋友嘅聰明才智

而且我地今年會加入走讀生時間，冇宿嘅同學都唔駛擔心要整野整到好夜返唔到屋企，我地會畀你地係下晝冇堂嘅時間都可以參與院慶嘅籌備，只要有心就得

而每個部嘅部員都要幫手做宣傳嘅活動，即係我地為期大約兩星期嘅 dem beat 喇，不過唔駛擔心，唔駛 dem 足兩星期，都唔會要你自己一個 dem beat，更加唔會太難令你唔識 dem 嘅，只要有時間嚟 join 我地，我地就會有好多成員一齊 dem beat 宣傳，最緊要唔係 dem 得好唔好，而係大家一齊嘅個份心同氣勢 (宜孫震四方)

講咁耐，做部員有咩好？

院慶係書院新一年第一個大型活動，新生可以趁呢個機會認識多 d 朋友同書院，非新生嘅同學都可以識下唔同嘅人，製造更多回憶，所謂朋友與回憶都是無價的

仲有咩？當然唔少得可以有靚靚 pro pic 轉，仲有部員限定、可以伴你走足四年大學嘅 jacket，同埋可以優先參與鬼屋、密室等等嘅活動，仲可以第一時間拎走我地嘅 souvenir，今年約朋友嚟人宴仲有部員優惠價

我哋嘅 facebook 專頁係 <https://www.facebook.com/wysanni/>

快啲留意我哋嘅最新動態啦!!!!

如果對伍宜孫書院十一週年院慶或各部有任何疑問，可以搵：

行政部主席：吳穎豪 Anson 6755 9673

宣傳部部主：黃梓傑 Jacky 9628 1381

Sunny Festival 大筵地部部主：柏旭輝 Steve 6933 9703

523 人宴部部主：梁澤然 Justin 6681 6339

迷離宜孫（鬼屋部）部主：羅天偉 Karson 9062 1112

密室部部主：羅天偉 Karson 9062 1112

所以各位 freshman 爸媽老鬼!!完左 ocamp 開 sem 唔洗愁悶，拉埋朋友一齊嚟做新一代衛斯理，踏上奇幻這旅程~ 啦

English version

We are now recruiting executive committee members (EC) for WYS College 11th Anniversary Celebration! If you want to have a more vibrant college life and meet more new friends in WYS, join us and be our EC!

There are five departments for you to join and the event date is indicated in the bracket:

Promotion Department

523 Banquet Department (7th Nov 2018)

Sunny Festival Department (8th Nov 2018)

Haunted House Department (13th & 14th Nov 2018)

Chamber Department (13th & 14th Nov 2018)

Application form:

https://docs.google.com/forms/d/e/1FAIpQLSfh6XJNmdDHE6KRXOnhGrTMhnd25_ojrRO3jLtHJeyT4hPAJA/viewform

Deadline: 10th Oct

What do EC do?

- Promotion Department: Main duties include decorating installations, table stands, and designing souvenirs. The satisfaction you gain from these is valuable.
- 523 Banquet Department & Sunny Festival Department: Main duties include crowd control management, allocating distribution of stalls and entrance of special guests
- Haunted House Department: Main duties include designing and set up the venue. Crew members may also help making jump-scaries, or dressing your creepy crew members.
- Chamber Department: Main duties include designing tasks and set up the venue.

What's the benefit of being an EC?

The Anniversary Celebration is the first large-scale College event in every academic year. By being an EC, you could make new friends and know more about College ~ you would have remarkable and unique memories

Not to mention that every EC member could have their specially designed Facebook Profile Picture and a tailor-made Anniversary jacket!! EC member could also get fast-pass in our Haunted House and Chamber events. Be sure that you won't miss the 523 Banquet as EC members are offered a discounted price!

Please like our Facebook page

<https://www.facebook.com/wysanni/>

If you have any enquiries, please contact:

Administrative Department: Anson 6755 9673

Promotion Department: Jacky 9628 1381

Sunny Festival Department: Bai 6933 9703

523 Banquet Department: Justin 6681 6339

Haunted House Department: Karson 9062 1112
Chamber Department: Karson 9062 1112

Let's come and join us!

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4. The "Sunny" Award & Admission Scholarship for Outstanding Artistic Achievements 2018/19

--- The "Sunny" Award - HK\$15,000

Recognize College freshmen with positive attitude and achievements demonstrating entrepreneurial spirit (i.e. creativity, passion and vision) or social responsibility

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5356009>

--- Admission Scholarship for Outstanding Artistic Achievements - HK\$8,000

Acknowledge College freshmen with outstanding achievements in literary arts / performing arts / visual arts / film / media arts / music

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=5353878>

**Eligible for freshmen who placed Wu Yee Sun College as their 1st College Preference.

Check here (<http://www.wys.cuhk.edu.hk/scholarships.php>) for more details and complete the online application form on or before **Sunday, 7th Oct.**

Enquiries:

Miss Rebecca Wong (rebecca_wong@cuhk.edu.hk / 3943-3936)

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5. Rance Lee Award

Rance Lee Award (New)

Creativity and Sunny Living are two of the College's core values. If you are health-conscious and a green living supporter, grab this chance to promote your creative idea!

Rance Lee Award is newly established to encourage the integration of creativity and Sunny living in the following 3 areas:

- Rance Lee Award for creativity in promoting **health and well-being**
- Rance Lee award for creativity in promoting **lifetime sports**
- Rance Lee award for creativity in promoting **green life**

The objective of the award is

- To enhance the overall well-being of WYS students through development of their body, mind and spirit of our students
- To encourage WYS students to think and act creatively in the above mentioned 3 areas - health, sports and green life
- To generate innovative ideas to benefit oneself, the environment and the society

Submit your application with one-page executive summary **on or before 15th Oct 2018**. Express your ideas in a proposal with your ingenious creativity, and make a better life! Programme Structure is as below:

Eligibility: All WYS students can apply individually or in group (A group MUST comprise of at least 50% WYS students and the other 50% may be students from other colleges.)

Check out the website and click “Rance Lee Award” for further details: <https://www.wys.cuhk.edu.hk/funding-scheme.php>.

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6. College Hostel Grant 2018/19

College resident students (local undergraduates of all years) with financial needs may apply for College Hostel Grant. The grant amount for 2018/19 will be maximum \$4,016 per year.

Application is now open **until Friday, 12th Oct**. Students with Term 1 or whole year residence are eligible to apply.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the application deadline.

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1531291409HostelGrantApplicationForm201819.pdf

Enquiries:

Miss Rebecca Wong (rebecca_wong@cuhk.edu.hk / 3943-3936)

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7. College Student Grant/Loan 2018/19 (for Non-Freshmen ONLY)

College students who have financial difficulties may apply for College Student Grant/Loan 2018/19. There will be two rounds of applications: the September round is open to non-freshmen ONLY while the January round will be open to freshmen ONLY. Students who have financial difficulties are reminded to first apply for Government financial aid (Tertiary Student Financial Scheme).

Application is now open for non-freshmen **until Friday, 12th Oct**. Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the deadline.

https://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1531292129StudentGrantandLoan201819.pdf

Enquiries:

Miss Rebecca Wong (rebecca_wong@cuhk.edu.hk / 3943-3936)

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8. 伍宜孫音樂學會 ---“今日宜樂”招表演者 (Chinese Only)

The following message (Chinese only) is drafted by “Wu Yee Sun Music Society” :

伍宜孫音樂學會又有新搞作啦 !!!

想係一大班人面前大顯身手? 🤩

想食住飯聽高質音樂? 🍷🎵

咁就啱啦! 嚟 join 我哋伍宜孫 regular performance 啦!

我哋嚟緊 10 月 5 號、10 月 19 號、11 月 9 號就會喺伍宜孫 canteen 搞三場表演, 唔使錢, 唔使識玩音樂, 只要你想就可以隨時 join! ❤️🎵🎶

鍾意音樂嘅你, 仲諗咩呀? 快啲報名做 performer 啦!

報名 link : <https://goo.gl/forms/JEBmcyh7najQwjo2>

仲有未 like 我地個 Facebook page 就快啲 like 啦 🍷 <https://www.facebook.com/wysmusicoc/>

到時見!

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9. Shed Some Sweat and Show Your Strengths --- College Sports Teams Tryout 院隊選拔時間表

No matter if you are a professional sports player or you are simply keen on doing sports, do not miss the College Team tryouts! The College is now recruiting athletes for the basketball, soccer, rowing, volleyball, athletic and swimming teams. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Men's Rowing <Re-scheduled>	8 Oct (Mon)	6:30 - 9:00 p.m.	Grand Stand, HCF	Mr. T. F. Cheung 3943-3986
	10 Oct (Wed)	6:30 - 9:00 p.m.		
Women's Rowing <Re-scheduled>	16 Oct (Tue)	6:30 - 9:00 p.m.	Grand Stand, HCF	Mr. T. F. Cheung 3943-3986
	18 Oct (Thu)	6:30 - 9:00 p.m.		
Men's & Women's Athletic	Please contact Mr. T. F. Cheung to arrange tryouts according to Track & Field Events before 17/10			Mr. T. F. Cheung 3943-3986

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10. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at the Department of Educational Administration and Policy

- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at the Department of Chinese Language and Literature

- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer at the Department of Physics

Every Sunnie is welcome!

Academic Year 2018/19

Date: Every Wednesday

Time: 4:30 – 5:30 pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries:

Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943-3937)

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

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11. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our **College Dean of Students** when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the **University's Wellness and Counselling Centre** at **3943 7208** for help.
- 3) A **24-hour Emotional Support Hotline** at **5400 2055** is available to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations.

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12. Exchange and Travel Grant/Loan 2018/19

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes /activities held in Oct 2018 – Jan 2019, application is now open until to 14th Dec 2018.**

For programmes / activities held in Feb – May 2019, application will be open from 15th Dec to 14th Apr 2019.

Check out the following link for more information including eligibility:

www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1524620166ExchangeandTravelGrantandLoan2017183rd.pdf

Enquiries:

Miss Rebecca Wong (rebecca_wong@cuhk.edu.hk)

Miss Yolinda Wong (yolindawong@cuhk.edu.hk)

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13. Book Exchange Corner at The Lounge in House of Sunny Living 如日坊－漂書閣

A Book Exchange Corner has been set up at The Lounge in House of Sunny Living. Students and staff are welcome to donate good books for exchange. You can come to The Lounge to pick a book which is of interest to you and at the same time, please leave down a good book for exchange.

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14. Venue Booking of Terrace of Dreams for Barbecue Activities 借用圓夢臺 (燒烤活動用途)

If students would like to reserve Terrace of Dreams for Barbecue activities, you may follow the procedures below to submit application.

Step 1: Reserve Terrace of Dreams at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4082730> at least THREE working days prior to the event date.

Step 2: Receive booking results via email from College

Step 3: Go through the rules & regulations, then submit application to Student Union for reserving BBQ Stove <https://drive.google.com/drive/folders/0B2BJiMcr2icqWkE4V3dmMWJXVvKE>

Please be reminded BBQ can only take place in designated time and location:

Booking Period: Mon – Thu, 4:30 pm - 11:00 pm

Designated Location for BBQ: Terrace of Dreams

*Booking of Terrace of Dreams via this online application can only be made for BBQ activities. For other activities organized by student bodies, student bodies concerned should submit booking request via online booking system (<https://www6.cuhk.edu.hk/WYS/frs/WYSLogin.aspx>).

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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15. Displaying Promotion Poster and Video in College

To enhance the promotion channels and encourage student creativity, College student bodies may submit online application to display poster and video in College for their activities.

Display Locations*:

1. Video wall at College Gallery (G/F)
2. TV at Lift Lobby, East Block (G/F)
3. TV at Lift Lobby, West Block (G/F)
4. TV at Student Canteen (LG/F)

*College student bodies cannot select display locations.

Guidelines: <http://www.wys.cuhk.edu.hk/downloads.php>

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4616428>

Enquiries:

Mr. Jason Cheng (jasoncheng@cuhk.edu.hk / 3943-3989)

Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943-3937)

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College Funding & Awards Schemes

1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: www.wys.cuhk.edu.hk/exchange.php?cat=others .

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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2. Sports for Life Award Scheme 體育運動參與獎勵計劃

If you have participated in College sports activities before (check out at <https://goo.gl/kzLvWn>), you may redeem the water bottle and towels. Redemption details are as follows:

Period: 3rd - 28th Sep 2018

Time: Mon-Thu 8:45 am - 5:30 pm and Fri 8:45 am - 5:45 pm

Location: Dean of Students' Office (UG09)

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3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!

Maximum Funding Amount: HK\$20,000

Eligibility

- All WYS undergraduate students
- Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- Applications are welcome all year round

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries:

Ms Florence Tsui (florencetsui@cuhk.edu.hk/ 3943-9767)

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4. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)

If you are planning to expand your wisdom and horizon with support from the scheme, ACT NOW! The scheme supports Wu Yee Sun College students to create, design, plan or participate in non-local academic or experiential learning programmes outside Hong Kong, in order to broaden students' international perspectives and enrich their experiences.

The quality of the proposals and applicants' track records are the main considerations in evaluating applications. This Scheme is divided into Short-term and Long-term Scheme. Successful applicants will be awarded "Global Learning Award", which is a merit-based award and the maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of particular items <i>(whichever is lower)</i>
		*Participating in organized programmes	HK\$5,000 or 50% of particular items <i>(whichever is lower)</i>
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items <i>(whichever is lower)</i>
		*Participating in organized programmes	

**Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.*

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by sending request to kathyfong@cuhk.edu.hk. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Application is opened twice a year - Winter and Summer Round.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	1 st Nov – 30 th Apr	1 st May – 31 st October
Summer	1 st May – 31 st Oct	1 st November – 30 th April

**application documents shall be submitted to DOS Office by the last working day within the application period.*

Know more about the details and [apply!](#)

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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5. Service-learning project Funding Scheme 服務學習項目資助計劃

If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries:

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943-3935)

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6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃

Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports activities and qualification courses for sports coach, in order to live up the spirit "Sports for Everyone".

More Diversified and Greater Support!

Eligibility

Application Fee of Sports Events --> **BOTH application fee and course fee of sports activities and workshops**

Funding Amount

Sports Activities: Max. \$500 --> **\$1,000**

Qualification Courses for Sports Coach: Max. \$800 --> **\$2,000**

More details: <https://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943-3942)

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Other Activities & Announcements

1. Reminder on OnePass (CWEM) Password Expiry Arrangement

Here is the arrangement of OnePass (CWEM) password expiry this year:

Summary	According to OnePass (CWEM) Password Policy, the expiry date of every OnePass (CWEM) password is aligned with a specific date. The Coming Expiry Date of OnePass (CWEM) Password: 9 Oct, 2018 (Tue)
---------	---

	This expiry date applies to all student, staff, student organization, department and project accounts, unless the password has been changed on or after 1 Jul, 2018.
Your Action	Please change your password before it expires: 1. Click Change Current / Expired Password on OnePass or CUHK Login Page OR 2. Click Change OnePass (CWEM) Password in MyCUHK
After Password Expiry	- You cannot access Central IT services including email, Office 365, MyCUHK, CUSIS, CUPIS, WiFi, VPN, etc. with "Incorrect ID / Password" or "Password Expired" prompted. - You can still change your expired password through the above.
Enquiry	ITSC Service Desk (http://servicedesk.itsc.cuhk.edu.hk / 3943 8845)

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2. HSBC Overseas Scholarship 2019/20

The scholarship will enable local non-final year full-time undergraduate students to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships à Open for Applications). The application deadline is 27th Dec 2018.

Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (3943 7204 / sfas@cuhk.edu.hk)

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3. Edwin S H Leong Hughes Hall Scholarship 2019/20

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2019-20.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;
- a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
- the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at <http://admission.cuhk.edu.hk/> (Financing Your Studies -> Scholarships -> Open for Applications).

Completed application together with ALL the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park by 5:30 p.m., 31st Jan 2019 (Hong Kong time). Late or incomplete applications will not be processed.

Enquiries:

Scholarships and Financial Aid Section, Office of Admissions and Financial Aid (3943 7204 / sfas@cuhk.edu.hk)

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4. 戀愛論壇劇場 - 重演《帶著矛盾去愛人》

防止性騷擾委員會於 10 月 11 日舉辦戲劇欣賞會，邀請風雨蘭轄下的「戀愛論壇劇場」重演劇目《帶著矛盾去愛人》。透過演出，呈現戀愛的曖昧與不安的衝突，甚至有機會帶來的不愉快結局；並與觀眾交流對戀愛的看法。詳情請參閱海報或瀏覽本會網頁。

日期：2018 年 10 月 11 日（星期四）

時間：下午 6 時 30 分至 8 時

地點：香港中文大學康本國際學術園 2 號演講廳

語言：廣東話

報名請按此

查詢：3943 1721 / pash@cuhk.edu.hk

歡迎中大教職員及學生參加 費用全免

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5. Fuji Xerox (Hong Kong) Limited/HKMA Leadership and Management Seminar Series 2018 (Oct)

To provide more learning opportunities and exposure to business environment for students, **5 complimentary seats** will be provided at the upcoming Seminar with details as follows:

Date: **Friday, 12th Oct 2018**

Time: 3:30 am – 5:00 pm

Venue: HKMA Advanced Management Development Centre
3/F, Tower 2, South Seas Centre, 75 Mody Road, Tsimshatsui, KOWLOON

Language: Cantonese/English

Guest of Honour:

Mr Calvin Chan, Chairman & CEO, CATALO Natural Health Foods Ltd

Ms Jelly Zhou, Managing Director – Shopping and E-commerce, HKTV

Interested students please send email to soniayu@cuhk.edu.hk with following information **on or before 2nd Oct, 2018**.

1. Student ID
2. English Full Name
3. Major / Programme
4. Contact Phone
5. Contact Email

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6. Student Residence Bursary Scheme 學生宿舍助學金計劃

Eligibility

To be eligible to apply for the CUHK Student Residence Bursary 2018/19, applicants must:

- (1) be local full-time undergraduate students;
- (2) be registered residents of the hostel and have resided in hostel for at least 75% of the time of the term;
- (3) have average monthly household income (during 1st April 2017 to 31st March 2018) lower than the median of the monthly household income published in the most recent Quarterly Report on General Household Survey by the Census and Statistics Department (*Please refer to the Guidelines for the monthly household income bandings*);
- (4) be not able to benefit from Community Care Fund (CCF) hostel subsidy or receive less than \$1,360 per term under the CCF hostel subsidy.

Amount of Bursary

1. For eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,360 per term.
2. For eligible needy students who receive less than \$1,360 per term under CCF hostel subsidy, the value of each bursary will be the difference between \$1,360 and the approved amount of CCF hostel subsidy.
3. The maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedures

1. Eligible students who live in hostel for the first term or the whole year should submit their online application in Chinese University Student Information System (CUSIS) (*Website: <http://www.cuhk.edu.hk/cusis>; MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select "Student Residence Bursary"*) during the application period **from 3rd Sep to 31st Oct 2018**.
2. Applicants should print out Section 7 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

Application details: <http://admission.cuhk.edu.hk/aid/application.html>

Enquiries: Office of Admissions and Financial Aid (3943 1898 / 3943 7205)

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7. <賽馬會心導遊計劃>一站式網上自助心理支援平台

- 每日的工作都很繁忙，究竟如何可以隨時隨地去照顧自己的心理健康呢？
- 在香港有七分之一的成年人曾經有精神困擾的經歷，但只有 25%的人會尋求協助，究竟原因是什麼呢？
- 你試過情緒受困擾卻不知道如何照顧自己嗎？
- 你試過見到身邊的人精神狀態不太好，卻不知道怎樣去支持他們嗎？

我們明白不同人會在不同時候，會有不同的精神健康狀況，亦會有不同的需要。《賽馬會心導遊計劃》旨在根據每個人的個別需要，並配合現今科技向大眾推廣精神健康，從而達到以下目的：

- 提高社會對精神健康意識及去除對精神病的誤解
- 提昇心理健康及促進個人成長
- 預防抑鬱或焦慮症狀
- 及早處理情緒困擾

立即登入 www.jctourheart.org 登記成為會員，進行簡單的心理健康評估。平台會根據評每個人的個別需要而建議合適的課程或服務。只要每日抽少少時間參與平台上的課程，就可以隨時隨地提升自己的心理健康！

註：手機版仍在測試改善中。使用電腦版的 Google Chrome、Apple Safari 或 Microsoft Edge 瀏覽網上平台，會獲最佳效果。

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