

If you have problems viewing CHINESE words in this email, please right click the mouse and choose Encoding and then Unicode (UTF-8).
You can also contact Mr. William Mak at williammak@cuhk.edu.hk or 3943 3989 for technical support.



Sunny Review 上周回顧

1. [College Forum: What is Competition Ordinance? \(Speaker: Competition Commission\)](#) 書院論壇：解開競爭法之迷思 (講者：競爭事務委員會)
2. [周保松教授《在乎》讀書會](#)
3. [Chinese Painting Class 中國繪畫班](#)
4. [Briefing Session for Student Hostel Residence Application \(non-local students admitted in 2016/17 and thereafter\)](#)
5. [Alumni Homecoming Day & College's Dinner with Alumni 2017](#) 中大校友日及書院晚宴

College Activities 書院活動

1. [Farewell dinner for Incoming Exchange Students 2017/18 Term 1 and Year \(2017-18 年度第 1 學期及全年交換生歡送晚宴\)](#) <New>
2. [WYS Christmas Party](#) <New>
3. [Japanese Archery Class 日本弓道體驗](#)
4. [Fitness Consultation Sessions 健身訓練諮詢](#)

College Announcements 宣佈事項

1. [Temporary Counter Service Arrangement of Dean of Students' Office \(UG/F\)](#) <Updated>
2. [2018/19 Application for Student Hostel Residence & Briefing Session \(for Non-local students admitted in 2016/17 or after\)](#) <Updated>
3. [Recruitment of WYS Music Team Organizing Committee Members 音樂小組招募籌委會成員](#)
4. [Wu Yee Sun College The Most Popular Canteen Staff Polling \(2017/18 Term 1\) 伍宜孫書院飯堂最受歡迎員工選舉\(2017/18 第一學期\)](#) <Ends on 30th Nov!>
5. [Exchange and Travel Grant/Loan 2017/18](#)
6. ["Meet the Dean" Hours 輔導長時間](#)
7. [Student Pastoral Care](#)
8. [WYS's Got Talents](#)

College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. [Mingle Fund](#)
2. [Sports for Life Award Scheme 體育運動參與獎勵計劃](#)
3. [Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃](#)
4. [Global Learning Award Scheme \(Summer Round\) 寰宇學習獎勵計劃 \(夏季\)](#)
5. [Service-learning Project Funding Scheme 服務學習項目資助計劃](#)
6. [Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃](#)

Other Activities & Announcements 其他活動及宣佈事項

1. [Sweet Little Joy in Exams 午休一點甜 Final 小確幸](#) <New>
2. [Service Trip in Cambodia in Dec 2017 by Project Little Dream](#) <New>
3. [Student Leader Training Scheme 2018 學生領袖培訓計劃 2018](#)
4. [U-STEMist Scheme 大學生 STEM 創客計劃](#)
5. [Hong Kong Scholarship for Excellence Scheme 2018/19](#)
6. [HSBC Overseas Scholarship 2018/19 Now Open for Application](#)
7. [Edwin S H Leong Hughes Hall Scholarship 2018/19](#)
8. [International Symposium on Health Care Communication](#)
9. [網上心理健康計劃 - 《心導遊》](#)

Sunny Review

上周回顧

1. [College Forum: What is Competition Ordinance? \(Speaker Competition Commission\)](#) 書院論壇：解開競爭法之迷思 (講者：競爭事務委員會)





The College Forum entitled "What is Competition Ordinance? 解開競爭法之迷思" was conducted by Competition Commission (競爭事務委員會) last Friday. Ms. Amy Lai, Manager (Public Affairs) and Ms. Erika Yu, Competition Affairs Officer, introduced to students the Competition Ordinance, some common misconceptions and answered their questions towards the execution of the ordinance.

We were grateful to have Mr. Philip Leung, College Senior College Tutor and Former Director of Information Technology Services Centre, moderating the Forum.

[\(Back to top\)](#)

2. 周保松教授《在乎》讀書會



書院院務委員周保松教授於十一月二十一在如日坊舉辦讀書會，與參與同學分享他撰寫《在乎》一書的背景和書中他與三為良師的故事。讀書會上同學亦請教周教授如何建立師生情誼，周教授勉勵同學多主動接觸老師。

[\(Back to top\)](#)

3. Chinese Painting Class 中國繪畫班



The College organized "The Chinese Painting Workshop" from October to November 2017. Students learned to draw fishes, birds and lotus under the guidance and demonstration of the Artist Miss Tak-yee Choi. Students have finished many Chinese paintings and have more interest in Chinese culture.

[\(Back to top\)](#)

4. Briefing Session for Student Hostel Residence Application (non-local students admitted in 2016/17 and thereafter)



Understanding non-local students admitted in 2016/17 and after are unfamiliar with student hostel residence selection, the Student Hostels Committee organized a briefing session last week to explain the resident selection procedures and answer students' queries. Professor K.P. Pun (潘江鵬教授), Chairperson of the Committee, gave a presentation on the selection mechanism and attendees were guided through the online application to improve understanding and ensure clarity.

[\(Back to top\)](#)

5. Alumni Homecoming Day & College's Dinner with Alumni 2017 中大校友日及書院晚宴



As an annual highlighted alumni event of CUHK, the Alumni Homecoming Day 2017 (中大校友日 2017) was held last Saturday, welcoming thousands of alumni and their family members to the grand carnival. The booth organized by the College Alumni Association was packed with students, kids, parents and elderly playing the games designed to introduce the College to visitors. We were pleased to have College Associate Master, Prof. K.F. Wong (黃錦輝教授) to host the dinner with alumni in the evening on the same day. It was a delightful gathering with alumni sharing their latest updates and their suggestions about the first reunion activity to organize for Alumni Association.

[\(Back to top\)](#)



1. Farewell Dinner for Incoming Exchange Students 2017/18 Term 1 and Year (2017-18 年度第 1 學期及全年交換生歡送晚宴)

The College hosts incoming exchange students from countries around the world every semester. Approaching the end of the semester, we are organizing a farewell dinner for the incoming exchange students admitted for 2017/18 Term 1 and Year. All incoming exchange students are welcome to join. Some seats have been reserved for non-incoming exchange students (including local and international students) but are limited and on first-come-first-served basis. If you are interested in making some friends, register now!

Event Details

Date: 5th Dec 2017 (Tue)

Time: 6:30pm

Venue: WYS student canteen

Fee: free (buffet dinner will be served)

Registration deadline: 29th Nov 2017 (5:00pm)

Registration Link:

(a) Incoming exchange students:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4264695>

(b) Non-incoming exchange students:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4264850>

Enquiries:
Kathy (kathyfong@cuhk.edu.hk / 3943 3942)
Katie (katieyu@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

2. WYS Christmas Party



Pamper yourself with delicious buffet, soothing festive music and delightful gathering of other College members & students.

Date: 12th Dec 2017
Time: 12:30 – 2:00 pm
Venue: College Gallery (Lunch buffet will be served)

Application: <https://goo.gl/> (Deadline: 12:00 n.n., 5th Dec 2017)
Quota: 10 (First-come-first-served)

Enquiries: Miss Sonia Yu (3943-3937 / soniayu@cuhk.edu.hk)

[\(Back to top\)](#)

3. Japanese Archery Class 日本弓道體驗



Kyūdō is practiced as sports but its aesthetic and spiritual nature has always been placed higher than just hitting the target. Experience the shooting with courtesy and propriety!

This event is enlisted in Japanese Autumn Festival in Hong Kong (日本秋祭 IN 香港).

Date: 28th Nov
Time: 7:30-9:30pm
Venue: Central Courtyard, Wu Yee Sun College
Quota: 20
Fee: \$400 (\$300 refundable upon completion of the whole activity)
Instructor: Instructors of Hong Kong Kyudo Association

Limited quotas are still available. Interested students please email kathyfong@cuhk.edu.hk for details.

Enquiries: Kathy (3943-3942 / kathyfong@cuhk.edu.hk)

[\(Back to top\)](#)

4. Fitness Consultation Sessions 健身訓練諮詢

If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor's advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 7th Sep – 30th Nov (**Every Thursday, except Public Holidays**)

Time: Thursday 6:30-8:30pm

Venue: College Gymnasium

Instructor: Ms. Ka-cheuk Leung (Thursday)

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942)

[\(Back to top\)](#)



1. Temporary Counter Service Arrangement of Dean of Students' Office (UG/F) <Updated>

Renovation work at Dean of Students' Office (UG/F) will be conducted **from 22nd Nov 2017 to 14th Jan 2018**. The office will be temporarily closed and noise may be generated during the early work period.

In regard of the **provision of following counter services**, please go to **College Office (G/F)**:

1. Submission and Collection of Documents/ Certificates
2. Submission and Collection of Deposit
3. College Facilities/ Equipment Booking

Dean of Students' Office will resume normal operation on 15th Jan 2018. If you have any enquiries, please contact Kathy at 3943-3942 / kathyfong@cuhk.edu.hk or Kiki at 3943-3934 / kiki.chan@cuhk.edu.hk.

[\(Back to top\)](#)

2. 2018/19 Application for Student Hostel Residence & Briefing Session (for Non-local students admitted in 2016/17 or after) <Updated>

If you wish to be allotted a hostel place in 2018-19, no matter via guaranteed hostel period or resident selection, you have to submit an application during the designated time. The application is administered in Term One of Year 2017/18 to allow more time for non-local students who are not allotted hostel places to explore accommodation arrangement. A fact sheet has been prepared to explain the mechanism and administration of hostel places allocation. Before applying for student hostel residence, please read the Note to Applicants carefully.

Application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=4172456>

Application period: 13th – 28th Nov 2017

Document submission period: 30th Nov and 1st Dec 2017 (office hours at College Office)

Useful links:

Fact Sheet on Hostel Accommodation for Non-local Students Admitted in 2016/17 and after: http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1487912203WYSFactSheetforonlocalstudents_201702.pdf

Note to Applicants for Student Hostel Residence (2018-19): http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1510283818NonLocal_201819_NotetoApplicantsforStudentHostelResidenceEnglishonly.pdf

Enquiries:

Ms Polly Po T: 39431741 E: polly@cuhk.edu.hk

Miss Zalon Wong T: 39439773 E: zalonwong@cuhk.edu.hk

[\(Back to top\)](#)

3. Recruitment of WYS Music Team Organizing Committee Members 音樂小組招募籌委會成員

想為書院舉辦唔同活動但唔知去邊？

想實踐有趣嘅意念但驚無經驗或太 chur？

✔ WYS Music Team 需要你！

✘ 唔 chur

Music Team 一個 sem 大概只會舉行兩個活動，仲有同學同書院嘅幫忙，唔使擔心要好 chur 咁搞活動㗎！

✘ 唔識音樂/出設/...都無問題

我地而家招募籌委而非表演者，唔識出設等等無問題，只要有心搞活動嚟玩就 okay 架啦~

✘ 無限制

輕鬆又得，chur 搞又得，想點做就點做，得咗！

睇完有興趣，不如嚟傾莊啦：

日期：28/11/2017

時間：19:30

地點：W116

查詢：Miko (6044-7006) / Facebook: @wysmusicteam

*如有任何改動，將於 Facebook 專頁發佈

Want to hold different activities in college?

Want to realize your ideas in college but afraid of lacking experience or too "chur"?

✔ WYS Music Team needs your help!

✘ Not "Chur"

Music Team only holds 2 activities per semester with the support of college. No need to be afraid being so "chur"!

✘ Don't know any music/design... No problems!

We are now recruiting Organizing Committee Members, not performers! If you don't know how to play music instruments or design posters, you're still welcomed to join us~

✘ No limitations

Whatever the formats are, do what you want!

Come to "Kingjong" and chat with us if you're interested:

Date: 28th Nov

Time: 19:30

Venue: W116

Enquiry: Miko (6044-7006) / Facebook: @wysmusicteam

*For any revisions, please see our Facebook page.

[\(Back to top\)](#)

4. Wu Yee Sun College The Most Popular Canteen Staff Polling (2017/18 Term 1) 伍宜孫書院飯堂最受歡迎員工選舉 (2017/18 第一學期) <Ends on 30th Nov!>

多謝大家對書院最受歡迎飯堂員工選舉的支持，伍宜孫書院自舉辦最受歡迎飯堂員工選舉後，飯堂服務質素不斷提升。書院於十一月份繼續舉辦最受歡迎飯堂員工，希望大家踴躍投票，為改善飯堂質素出一分力。

Thank you very much for voting the Most Popular Canteen Staff Polling in the past. Since the establishment of the Polling, the catering services have been improved largely. Another round of voting will be conducted in November. Please be reminded to give a vote. Let's work together to improve the catering service of College canteen.

請登入以下連結投票選出你心目中最受歡迎飯堂員工(每個同學/教職員最多可投三位飯堂員工)

Please click the link below to vote for the most popular canteen staff. (Each student/staff can vote for three canteen staff at most)

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3466224>

Voting period 投票日期: 1 to 30 November 2017

[\(Back to top\)](#)

5. Exchange and Travel Grant/Loan 2017/18

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. **For programmes/activities held in Oct 2017 - Jan 2018, the application is now open until to 14th Dec 2017.**

For programmes/activities held in Feb - May 2018, application will be open from 15th Dec 2017 to 14th Apr 2018.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1502848874ExchangeandTravelGrantandLoan2017182nd.pdf

For enquiries, please contact Miss Rebecca Wong at rebecca_wong@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

[\(Back to top\)](#)

6. "Meet the Dean" Hours 輔導長時間

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by:

- Professor Man-hong Lai (黎萬紅教授), College Dean of Students and Associate Professor at Department of Educational Administration and Policy
- Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor at Department of Chinese Language and Literature
- Dr. Po-kin Leung (梁寶建博士), College Associate Dean of Students and Lecturer of Department of Physics

Every Sunnie is welcome!

Academic Year 2017-18

Date: Every Wednesday

Time: 4:30 - 5:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

If you would like to register or have any questions, please feel free to contact Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) or Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

7. Student Pastoral Care

Sometimes you find yourself with these negative emotions: lost, alone, aimless or confused as you adjust to university life or pursue personal growth. Share your feeling with others will help release your emotions and gain new perspectives! DON'T be afraid to ask for help. Our College Dean of Students would be more than happy to speak to you and give you advices, below are the contact numbers you may wish to know.

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call 3943 3942 for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at 3943 7208 for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is 5400 2055.

[\(Back to top\)](#)

8. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Kathy Fong (3943 3942/ kathyfong@cuhk.edu.hk)

[\(Back to top\)](#)

College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. Mingle Fund

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity. For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?cat=others>.

For enquiries, please contact Miss Kathy Fong at kathyfong@cuhk.edu.hk or 3943 3942.

[\(Back to top\)](#)

2. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College’s sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College’s sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!

How to redeem prizes? Check your accumulated points at <http://bit.ly/WYSSportsForLife>! Redemption will be arranged by the end of every semester.

Updated Activities:

[Japanese Archery Class](#) (15 points)

Enquiries: Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942)

[\(Back to top\)](#)

3. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃



Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply “Be Entrepreneurial!” Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**

Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Ms Florence Tsui (florencetsui@cuhk.edu.hk / 3943 9767)

[\(Back to top\)](#)

4. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your wisdom and horizon with support from the scheme, ACT NOW! The scheme supports Wu Yee Sun College students to create, design, plan or participate in non-local academic or experiential learning programmes outside Hong Kong, in order to broaden students’ international perspectives and enrich their experiences.

The quality of the proposals and applicants’ track records are the main considerations in evaluating applications. This Scheme is divided into Short-term and Long-term Scheme. Successful applicants will be awarded “Global Learning Award”, which is a merit-based award and the maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$12,000 or 100% of particular items (<i>whichever is lower</i>)
		*Participating in organized programmes	HK\$5,000 or 50% of particular items (<i>whichever is lower</i>)
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (<i>whichever is lower</i>)

		*Participating in organized programmes	
--	--	--	--

*Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by sending request to kathyfong@cuhk.edu.hk. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Application is opened twice a year - Winter and Summer Round.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	1 st Nov – 30 th Apr	1 st May – 31 st Oct
Summer	1 st May – 31 st Oct	1 st Nov – 30 th Apr

#application documents shall be submitted to DOS Office by the last working day within the application period.

Know more about the details and [apply!](#) Please contact Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942) if you have any enquiries.

[\(Back to top\)](#)

5. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning Project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the website for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

[\(Back to top\)](#)

6. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

The College will subsidize two types of events:

1. **The application fee of sports events/ competitions/ activities organized by organization(s) OTHER THAN College.** *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

2. **The course fee of qualification courses for sports coach.** *Rowing, Rope-skipping, Orienteering, Taekwondo* are some of the examples.

Funding Amount: \$800 or 80% of application fee (whichever is lower)

Guidelines: <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days BEFORE the start date of the activity. We will notify applicants the results within two weeks.

Enquiries: Kathy (kathyfong@cuhk.edu.hk / 3943 3942)

[\(Back to top\)](#)

Other Activities & Announcements 其他活動及宣佈事項

1. Sweet Little Joy in Exams 午休一點甜 Final 小確幸



Reward yourself for your hard work for exams!
Enjoy the sweets by Sunshine at CUHK four days in a row.
中大有晴一連四天，送你四款小甜點！
來點小確幸，鼓勵努力的自己！

4/12 (Mon 星期一) 12:00-2:00p.m.

Ice-cream @ Outside Sir Run Run Shaw Hall 雪糕 @ 邵逸夫堂外

5/12 (Tue 星期二) 12:00-2:00p.m.

Candy Floss @ Cultural Square 棉花糖 @ 文化廣場

6/12 (Wed 星期三) 12:00-2:00p.m.

Popcorn @ Cultural Square 爆谷 @ 文化廣場

7/12 (Thu 星期四) 12:00-2:00p.m.

Malt cookie @ YIA open area 麥芽糖餅 @ 康本國際學術園

[\(Back to top\)](#)

2. Service Trip in Cambodia in Dec 2017 by Project Little Dream

Interested in volunteering while applying what you've learnt in school to build meaningful relationships with people in developing countries? Wish to have a different kind of Christmas and New Year holiday? You are welcomed to join on a journey to Cambodia, organized by Project Little Dream, which is a student-led NGO that provides services in Cambodia. It builds schools, provide education, and improve health status in rural villages in Cambodia. In particular, it works on improving sanitation infrastructures, health promotion, youth empowerment, and primary eye care.

The PLD Healthcare Division Cambodia December Service trip 2017 is just around the corner, and it is looking for passionate volunteers to join. It highly values diversity in its team, hence anyone with passion is welcome to join (no medical background is needed). The focus of this trip will be on improving local sanitation infrastructures, to survey the nutrition status of the rural children, organize youth empowerment social projects, carry out eye check outreaches, and many more! Details of the trip are as follow:

Date: 15th Jun - 23rd Jun 2017 (9 days)

Date: 23rd Dec 2017 - 1st Jan 2018 (10 days)

Location: Phnom Penh and Takeo Province, Cambodia

Fees: 5200HKD

(including 3200HKD for air ticket, and 2000HKD for local expenses such as meals, transportation, and accommodation)

*CUHK students shall receive a max of 50% expenses reimbursement

For more information about Project Little Dream, please visit its website at littledream.org. Please fill in the link (https://docs.google.com/forms/d/e/1FAIpQLSdwlERhu_3SMZoneU6H86HhyGvJ_OHfxu8PD55-8fpIjvRAQ/viewform) by 29th Nov 2017 to apply for the trip. Should you have any queries, please do not hesitate to contact the organization by email at rachelyyleung@gmail.com.

[\(Back to top\)](#)

3. Student Leader Training Scheme 2018 學生領袖培訓計劃 2018

常聽說「生活要用心經營」。「經營」二字時時刻刻在我們身邊出現——經營愛情、經營友情、經營家庭、經營事業、經營學業。字典是這樣說的：「經營」包含籌劃經營、組織計劃之意。網絡上載林林總總關於經營生活的妙法；良方再多，亦離不開一個字——「人」。大學生活中，無論你上課、「上莊」、「傾 project」、「去 exchange」、做義工或兼職，每天總少不免為大大小小的事情討論、思考、決策及取捨。義大利裔美籍企業家、美國克萊斯勒汽車（Chrysler）的前總裁李·艾柯卡先生（Lee Iacocca）曾說：「動機最重要，你可以做兩個人的工作，但你不能成為兩個人。你必須鼓舞下一個人，並使他鼓舞他的團隊。」艾柯卡先生握要道出領袖的基本素質——啟發、感染和推動他人。

學習不局限於課堂；由學生事務處學生發展及資源組舉辦的「學生領袖培訓計劃」Student Leader Training Scheme (SLTS)，將透過一系列活動，讓大家：

- S - 認識自我 (SELF) : 學習聆聽自我內在聲音，了解自我性格，明白內心的真正需要；
- L - 聯繫溝通 (LIAISON) : 掌握與人溝通的要訣，加強同理心，從而提升處理人際關係的能力；
- T - 建立團隊 (TEAM) : 提高團隊精神及領導才能；
- S - 掌握技能 (SKILLS) : 加強演說、危機處理、財務管理及短片製作技巧。

計劃內容

計劃內的活動語言以廣東話為主，各項活動分屬四大單元：

單元一：認識自我 (SELF)

1. 「MBTI® 性格類型」工作坊 (REF: S-02)
2. 「性格透視®」工作坊 (REF: S-01)
3. 「體驗戲劇 探索生命」工作坊 (REF: S-03)

單元二：聯繫溝通 (LIASON)

1. 「團隊教練」工作坊 (REF: L-01)
2. 出走校園：參觀「毋忘愛」 (REF: L-02)
3. 出走校園：「香港導盲犬服務中心」體驗日 (REF: L-03)
4. 「口述電影」工作坊 (L-04)

單元三：建立團隊 (TEAM)

1. 歷奇領袖訓練營 (REF: T-01)
2. 悟宿基金本科生外展訓練計劃 2017-18 (REF: T-02) 2018 年 5 月 (待定)

單元四：掌握技能 (SKILLS)

1. 「危機處理」工作坊 (REF: SK-01)
2. 「學生團體財政管理」工作坊 (REF: SK-02)
3. 「拍攝宣傳短片」工作坊 (REF: SK-03)
4. 「成功演說」工作坊 (REF: SK-04)

參加者資格：	香港中文大學全日制本科生及研究生 (校內本科生團體或研究生團體的現任或候任幹事優先)
申請活動之數目：	不限
費用：	全免 (悟宿基金本科生外展訓練計劃 2017-18 (REF: T-02) 除外)
獲取鼓勵：	完成 6 項活動或以上之參加者將獲得： 1. 香港中文大學學生領袖培訓計劃證書 (香港中文大學首張記錄參加者學生團體名稱及職位之證書)； 2. 港幣五十元書券乙張。
注意事項：	1. 學生事務處保留更改活動及計劃細則的權利； 2. 學生事務處將在活動期間拍照及攝錄影片以製作花絮；有關照片及影片之版權均屬學生事務處所有； 3. 報名期間所收集的個人資料，僅作此培訓計劃後勤及聯絡學生團體之用。

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2281295>

首輪截止報名日期：2017年12月18日11:55pm

詳情：www.cuhk.edu.hk/osa/slts.pdf

查詢：羅佩詩女士 (3943-7947 / cecilaw@cuhk.edu.hk) & 司徒峰先生 (3943-5909 / szetofung@cuhk.edu.hk)

[\(Back to top\)](#)

4. U-STEMist Scheme 大學生 STEM 創客計劃

The U-STEMist Scheme (大學生 STEM 創客計劃) is a joint-university programme (EdUHK, HKU, CUHK and PolyU) organised for undergraduate students who are looking for interesting and rewarding experiences in **STEM (Science, Technology, Engineering and Mathematics)**, to develop their competence as a STEM professional or educator. The programme will run from January 2018 to August 2018, with activities including joint-university lectures, workshops, site visits, STEM service projects and sharing seminar cum exhibition. Upon satisfactory completion of the scheme, participants will receive a certificate, tokens of appreciation, and awards (for high achievers) issued by the four universities.

Scheme details: www.eduhk.hk/ustemist

Sign-up Form: <https://anonmach.ied.edu.hk/machform/view.php?id=2400> (deadline: 30th Nov 2017)

Briefing Session: 9:30am – 11am on 6th Jan 2018 at PolyU

Enquiry: tflau@cuhk.edu.hk

[\(Back to top\)](#)

5. Hong Kong Scholarship for Excellence Scheme 2018/19

To support outstanding local students to pursue undergraduate and postgraduate studies in world renowned universities outside Hong Kong. Up to 100 scholarship offers would be made per cohort. Each awardee will receive a non-means-tested scholarship of up to \$250,000 and a means-tested scholarship of up to \$200,000 per annum. The value of the award may be correspondingly reduced if an awardee also receives other awards to finance his/her same studies overseas.

More details about the scheme and to apply online, please visit www.edb.gov.hk/hkses. For enquiries, please call 3509 7395 or hkses@edb.gov.hk

[\(Back to top\)](#)

6. HSBC Overseas Scholarship 2018/19 Now Open for Application

The scholarship will enable **local non-final year full-time undergraduate students** to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

Details of the Scholarship and its application form can be downloaded from <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). The application deadline is **28th Dec 2017**.

For enquiries, please contact the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at 3943 7204 or sfas@cuhk.edu.hk.

[\(Back to top\)](#)

7. Edwin S H Leong Hughes Hall Scholarship 2018/19

To enable students of outstanding academic merit from CUHK who need support to pursue postgraduate study at The University of Cambridge, Dr. Edwin Leong will donate a scholarship tenable at Hughes Hall in Cambridge for an outstanding graduate from CUHK to pursue a one-year full-time study at Master's level, either for a taught or research degree, in the academic year 2018-19.

The maximum value of the Scholarship is £32,000 (subject to confirmation) which may cover, in full or in part, the following:

- the University Composition Fee;
- the College fee;
- a maintenance allowance to take care of board and lodging set each year by the Cambridge Overseas Trust and a settling-in fee;
- the cost of one return airfare between Hong Kong and the United Kingdom by the most economical route

The Scholarship shall only be awarded to the CUHK alumni who graduated within the recent 3 years (i.e. 2015, 2016 and 2017 classes). It may also be awarded to a final-year student contingent upon graduating from CUHK before taking up the Scholarship.

Details of the Scholarship and its application form can be downloaded from our website at <http://admission.cuhk.edu.hk/> (Financing Your Studies à Scholarships → Open for Applications). Completed application together with ALL the supporting documents must reach the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room

1202, 12/F, Yasumoto International Academic Park by 5:30 p.m., 1st Dec 2017 (Hong Kong time). Late or incomplete applications will not be processed.

For enquiries, please contact the Office of Admissions and Financial Aid at sfas@cuhk.edu.hk or 3943 7204.

[\(Back to top\)](#)

8. International Symposium on Health Care Communication

The International Symposium on Healthcare Communication, organized by the Australian National University (ANU) Institute for Communication in Health Care (ICH), will be held at Australian National University in Canberra on 12th & 13th Feb 2018. The Institute will be launched at its new location at ANU, and the Institute's ongoing role as the Asia-Pacific Healthcare Hub of Charter for Compassion International will be honoured.

The Symposium will feature, amongst others, the following speakers:

- Associate Professor E. Angela Chan (Hong Kong Polytechnic University),
- Dr. Suzanne Eggins (Australian National University),
- Dr Sam Heard (Medical Director, Central Australian Aboriginal Congress),
- Dr. Katarzyna Jankowska (Nicolaus Copernicus University, Poland),
- Professor Rodney Jones (University of Reading - UK),
- Professor Emerita Suzanne Kurtz, (Washington State University -US and University of Calgary - Canada)
- Professor May O. Lwin (Nanyang Technological University - Singapore),
- Professor Christian Matthiessen (Chair Professor, Hong Kong Polytechnic University),
- Dr Elizabeth Rider (Harvard Medical School - US),
- Professor Peter Schulz (University of Lugano - Switzerland),
- Dr. Marilyn Turkovich (Exec. Director, Charter for Compassion International)

... plus international leaders in the field of healthcare communication

Registration can be done on [Eventbrite](#) (formal sale of tickets to follow).

[More info](#) on the symposium

[More info](#) on the Institute for Communication in Health Care

[\(Back to top\)](#)

9. 網上心理健康計劃－《心導遊》

(由香港中文大學心理學系舉辦)

簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：

i) 對象：18 歲以上，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。

ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。

iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。

iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。

有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。

如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

[\(Back to top\)](#)