

Go Green!
Be Sunny!

The Sunny College

The Sunny Weekly

伍宜孫書院
WU YEE SUN COLLEGE

27 Mar 2017

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1. Interview of College Master and Members on CUHK Alumni Magazine



College Master, Professor Rance P.L. Lee (李沛良教授), Mr. Lau Sai-yung (劉世鏞先生), College Overseer and Affiliated Fellow, Mr. John K.H. Lee (李劍雄先生), College Affiliated Fellow and Mr. Tang Wai-hung (鄧惠雄先生), Senior College Tutor, have been interviewed by CUHK Alumni Magazine (中大校友) to share how University alumni have rendered their tremendous support to Wu Yee Sun College since its establishment in 2007. Please click [here](#) to view the full interview (from P.30-32).

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2. Delegation from Fudan University 復旦大學到訪伍宜孫書院



Organized by Office of Academic Links (China), a group of delegates from Fudan University visited CUHK and the College on 20th March. Professor Rance P.L. Lee (李沛良教授), College Master and Ms. Sandy P.S. Lee (李珮珊女士), College Secretary greeted the guests with a warm welcome. They introduced the collegiate system of CUHK and its uniqueness to the guests. A campus tour was led to show the guests the various facilities of the campus for a better understanding on our college.



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3. The Fourth College Forum of 2016/17 Term 2: Status Anxiety (Speaker: Professor Tao Kwok-cheung)
2016/17 年度下學期第四次書院論壇「身份焦慮」(講者：陶國璋教授)



The College Forum entitled "Status Anxiety" was conducted by Professor Tao Kwok-cheung (陶國璋教授), Adjunct Assistant Professor, Department of Philosophy, last Friday. Professor Tao introduced to students the common reasons of developing status anxiety in the modern society, and why human is born to live in a community. Students also discussed with Professor Tao on how one could cope with uncertainties in life.



We were grateful to have Dr. Ip Ka-wai (葉家威博士), Lecturer, General Education Foundation Programme and our College Associate Dean of General Education, moderating the Forum.



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4. Eco-tour on Red Leaves 紅葉。攝影。生態旅遊



The mist last Saturday added a unique and beautiful element to our red leaves eco-tour led by Professor Chau Kwai-cheong (桂昌教授), Chairman of the College's Campus Environment Committee and Adjunct Associate Professor at the Department of Geography and Resource Management. Participants did not only admire the picturesque scenery on Grassy Hill of Tai Po Kai Nature Reserve (大埔滘自然護理區), but also learnt about the geology, soil and vegetation of Tai Mo Shan Area, as well as the red foliage of Machilus tree species (潤楠屬植物). Those who didn't join the trip will also have a chance to experience the landscape --- stay tuned for the entries of the relevant photography competition!



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5. 語文文化桌: 廿一世紀的土豆遇上十七世紀的土豆



本學期文化桌邀得中大中國語言及文學系講師梁樹風博士，以《廿一世紀的土豆遇上十七世紀的土豆》為題，與同學分享土豆的故事，並講述其不同名稱的由來。梁博士亦接受了書院環保小組所栽種的車厘茄作為是次文化桌的紀念品。



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6. 「我與中大早有約」- 陳震夏中學到訪



Five students from CUHKFAA Chan Chun Ha Secondary School visited our College last week to have a taste of university and college life. Professor Rance P.L. Lee (李沛良教授), College Master, met with them in the breakfast meeting and introduced the joy and uniqueness of CUHK to them.



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1. Hiking and Planting Day 遠足植樹日

你想實地了解香港郊野公園的情況以及認識不同的植物，甚至親手植樹嗎？機會來了！快來報名參加遠足植樹日啦！

日期：4月23日(日)

時間：~ 09:00 - 14:00

地點：大欖郊野公園大欖涌郊遊徑

帶領及講解者：資深書院導師及書院校園環境委員會主席鄒桂昌教授

集合點：

早上 8:50 - 伍宜孫書院藝廊

早上 9:00 - 大學地鐵站 A 出口

報名：

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3085>

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截止日期：4月12日(三)

查詢：Andy (3943 9768)

Would you like to understand the different features of country parks and plants better, and even try plant your own tree? Here comes the chance! Join our Hiking and Planting Day!

Date: Sunday, 23rd April

Time: ~9:00am - 2:00pm

Venue: Tai Lam Country Trail, Tai Lam Country Park

Leader & Guide: Professor Kwai-cheong Chau, Senior College Tutor and Chairman of College Campus Environment Committee

Pick-up Point:

8:50am - Wu Yee Sun College Gallery

9:00am - University MTR station Exit A

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3085>

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Enquiries: Andy (3943 9768)

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2. Summer Overseas Language Programme 2016-17 - The University of Western Australia (UWA) deadline extended to 13 April

Summer Overseas Language Programme
The University of Western Australia

Have you thought of getting a taste of foreign education and culture? Or living in a city abroad as a student? This summer, the College Language Programme offers you a chance to enhance your language skills and broaden your horizons in Australia. An exciting summer experience vacation is waiting for you!

Date : 29 July to 19 August 2017 (3 weeks)

Final Programme Fee (HKD) : \$19,000 (After College subsidy)

Programme fee covers :

- ✦ Tuition
- ✦ Round-trip Air Tickets
- ✦ Accommodation
- ✦ Meals (breakfast & dinner)
- ✦ Excursions

*The College reserves the right to make changes in fees, schedules, and courses without notice, and to cancel courses if enrollment is insufficient.

Students who have financial need can apply for extra financial support from the College Exchange and Travel Grant/Loan: http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf

Wai Yee Sun College Language Programme
Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2962738>
Deadline: 13 April 2017
Enquiries: Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)
Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

Have you thought of getting a taste of foreign education and culture? Or living in a city abroad as a student? This summer, the College Language Programme offers you a chance to enhance your language skills and broaden your horizons in Australia. An exciting summer experience is waiting for you!

Prior to arriving in Australia, you will be sent an online placement test so that the class teachers will plan lessons according to your proficiency. During the 3-week summer programme, you will attend the morning classes with weekly theme to improve your English. You will also participate in formal debates using relevant, logical and cohesive arguments. In the afternoon, you will have opportunities to attend the UWA lectures. You can also meet up with students from the Australia China Youth Association (ACYA) for cultural exchange. Different cultural excursions will be included.

Date : 29 July to 19 August 2017

Final Programme Fee (HKD) : \$19,000 (After College subsidy)

Programme fee covers:

- ✓ Tuition
- ✓ Round-trip Air Tickets
- ✓ Accommodation (host family)
- ✓ Meals (breakfast & dinner)
- ✓ Excursions (e.g. Perth City, Fremantle Prison, Kings Park, Swan Valley)

Please click [here](#) to view the detailed programme schedule :

**The College reserves the right to make changes in fees, schedules, and courses without notice, and to cancel courses if enrollment is insufficient*

Programme Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2962738>

Deadline: 13 April 2017

Students who have financial need can apply for extra financial support from the College Exchange and Travel Grant/Loan:
http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf

Enquiries: Michelle Li (michelleli@cuhk.edu.hk / 3943 3933)
Valentina Tsang (valentinatsang@cuhk.edu.hk / 3943 3988)

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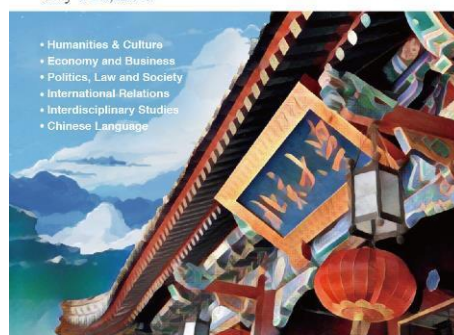
3. Peking University Summer School International 2017 opens for application now



Comprehensive Academic Courses

For undergraduates who wish to have an in-depth understanding of China

July 3-28, 2017



For more information and inquiry, write to us via summerku@pku.edu.cn
www.oir.pku.edu.cn/summerschool

Peking University Summer School International (PKUSSI) provides various courses every summer holiday. This year, they are going to conduct their summer programme in Jul 2017 and applicants can choose to apply for **General Courses or Advanced Courses**. The courses range from those specific to individual disciplines to the integration of multiple disciplines, such as philosophy, culture, literature, economics, politics, international relations, as well as traditional body exercise and sports. All courses will be held at the Peking University campus. Visit to historical sites such as the Great Wall will be included as well. Upon completion of the programme, students will receive an official transcript and earn academic credits from Peking University. Many students can transfer these credits back to their home universities/schools upon completion of the program. Below list the details of the Programme:

| | General Courses | Advanced Courses |
|--|---|--|
| Eligibility | All full-time undergraduate WYS students (priority given to local students) | For 3rd and 4th year full-time undergraduate WYS students (priority given to local students) |
| Date | 3 to 28 Jul 2017 | 3 to 14 Jul 2017 |
| Tuition in general (inclusion of up to 4-credit Academic Courses, local accommodation and cultural fieldtrips) | RMB 5,000 | RMB 8,000 |
| Tuition (if More than 4 PKU credits) | RMB 2,000 per credit | |
| Tuition (Chinese Language ;1.5 PKU credits) | RMB 2,000 per credit | |

Quota: 2 (applicants should have Good academic performance)

Deposit to College: HKD 500 (refundable upon completion of program)

English proficiency proof: Non-English native speaking students need to submit a copy of TOEFL, GRE, or IELTS certificate

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3098350>

Registration deadline: 5pm on 31st Mar (Fri)

Selection: College nominee(s) will go through selection carried out by OAL (China) based on nominee's academic performance (Peking University reserves right to the admission of College nominees). Selected nominee(s) have to submit online application upon further confirmation of the nomination.

More details: <http://www.wys.cuhk.edu.hk/short-exchange.php?id=1077>

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk/ 3943 3942)

Miss Katie Yu (katieyu@cuhk.edu.hk/ 3943 3935)

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4. 上海專業研習計劃 [只限本地生] (Chinese Version Only)



- 你可與復旦大學學生遊歷上海，以創新創業為主軸，探討如何將傳統與創意融合中國鄉村及教育發展，並研究青年參與在城鄉發展的定位
- 你有機會到騰訊、馬克華菲等大型企業實習，親身體驗公司運作，與專業管理人員交流；
- 你更可考察其他企業/機構，與當地年青企業家交流創業或工作心得，建立自己的專業網絡；

日期：21/05-10/06/2017

專業研習企業：

科網企業－騰訊 (Tencent)

零售及電子商貿－馬克華菲 (Mark Fairwhale)

建造工程－宏潤建設 (Hongrun Construction)

金融服務－杉德銀卡通 (Sand Bank-link)

社會創新－可可空間(cocospace)

報名資格：只限伍宜孫書院本地全日制本科生

報名：請於 3 月 31 日中午 12 時前遞交網上申請

費用：\$1,000*

按金：\$500 (出席所有行前簡介會/活動、完成計劃報告及所有分享活動者可獲全數退還)

*書院將自動為本計劃的合資格參加者統一申請「專上學生內地體驗先導計劃」資助，並將該資助直接應用於本計劃。每名中大全日制本科生只可於在學期間受惠一次。申請獲批者將得到往返旅費的一半或不多於港幣 3000 元的資助（以較少額為準）。

上一輪申請現正處理中，已報名同學毋須重覆遞交申請，結果將於四月上旬公佈。

詳情：<http://www.wys.cuhk.edu.hk/short-exchange.php?id=1012>

查詢：Sonia (soniayu@cuhk.edu.hk /3943 3937)

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5. Summer Internship Programme with Dorsett Hospitality International 帝盛酒店暑期實習計劃 2016-17

Enquiries: Sonia (3943-3937/ soniayu@cuhk.edu.hk)
More Details: <http://www.wys.cuhk.edu.hk/intern-prog.php>

Eligibility
Non-final year, full-time Wu Yee Sun College undergraduates of relevant disciplines as required.

Internship Period
8 weeks

Location
Hong Kong Corporate Office

Allowance
\$4000/month

Application Deadline
on or before 5:00pm, 3rd Apr

Selection
The selection process will be conducted in mid-April. Interview by College and/or Dorsett may be arranged.

Application
<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3093708>

| Department | No. of Interns | Disciplines |
|-------------------|----------------|---------------------------|
| Engineering | 1 | Engineering |
| Finance | 1 | Accountancy & Finance |
| Human Resources | 1 | Business-related |
| I.T. | 1 | I.T |
| Interior Design | 1 | Interior Design |
| Legal | 1 | Law |
| Procurement | 1 | Business-related |
| Project | 1 | Architecture or Surveying |
| Sales & Marketing | 1 | Business-related |

Gain hands-on experience
Bring in your talents to drive business growth
Lay solid foundations for your career

EXCLUSIVE internship opportunities for EXCEPTIONAL students!

Dorsett Hospitality International (Dorsett) offers a variety of internship opportunities. You will be posted to specific projects to gain hands-on experience, bring in your talents to drive business growth and lay solid foundations for your career.

Eligibility: Non-final year full-time Wu Yee Sun College undergraduates of relevant disciplines as required

Internship Period: 8 weeks

Location: Hong Kong Corporate Office

Allowance: \$4,000 / Month

Internship Positions:

| Department | No. of Interns | Disciplines |
|-------------------|----------------|---------------------------|
| Engineering | 1 | Engineering |
| Finance | 1 | Accountancy & Finance |
| Human Resources | 1 | Business-related |
| I.T. | 1 | I.T |
| Interior Design | 1 | Interior Design |
| Legal | 1 | Law |
| Procurement | 1 | Business-related |
| Project | 1 | Architecture or Surveying |
| Sales & Marketing | 1 | Business-related |

Application: Please register at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3093708> on or before 5:00pm, 3rd Apr

Selection: The selection process will be conducted in mid-Apr. Interview by College and/or Dorsett may be arranged.

More Details: <http://www.wys.cuhk.edu.hk/intern-prog.php>

*Please note that the companies reserve the right for final decision on vacancies and internship content.

Enquiries: Sonia (3943-3937/ soniayu@cuhk.edu.hk)

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6. 2017 Sunshine International Camp

The poster for the Sunshine International Camp 2017 features a green and yellow color scheme. At the top, it displays the logos for the Chinese University of Hong Kong and CEO Global. The main title 'SUNSHINE INTERNATIONAL CAMP' is prominently displayed in large, bold letters. Below the title, it states the camp's aim: 'AIMS TO PROMOTE LEADERSHIP DEVELOPMENT OPPORTUNITIES IN A CROSS-CULTURAL ENVIRONMENT'. Five circular icons represent the camp's focus areas: Servant Leadership, Trust & Integrity, Life Management, Communication & Relationship, and Cultural Intelligence. Key details are listed in a structured layout: Date (16-25 July, 2017, 10 days), Camp Site (Beijing Zhengrong Military Culture Experiencing Base, Shunyi District, Beijing, China), Language (English), Registration Deadline (7th April 2017), Camp Fee (\$3000), and College Sponsorship (\$2000). A section titled 'FLIGHT ARRANGEMENT' includes a diagram of a tent and QR codes for 'CAMP DETAIL' and 'REGISTRATION'. A note specifies that the camp fee does not include airfares and participants must make their own flight arrangements, submitting travel details to the organizers by 31 May 2017. A list of inclusions is provided: lodging & food, learning materials, camp t-shirt, local transportation and expenses in City Hunting, and ground transportation from/to Beijing Airport (or Train Station) on 16 July & 25 July.

Sunshine International Camp (SIC) is a 10-day intensive experience of the renowned leadership development program “The Way To success” (TWTS). It is co-hosted by CEO Global, a non-profit organization based in Hong Kong, and China Soong Ching Ling Foundation. They currently partner with 22 leading universities around the world to deliver the TWTS program. Since 2005, they have impacted over 60,000 emerging leaders. Nineteen SIC camps have been held in Mainland China, Hong Kong, and US with over 5,400 participants.

By integrating the contributions from education experts, top business professionals and leadership resources around the world, SIC aims to promote leadership development opportunities in a cross-cultural environment. The Camp focuses on themes and skills crucial to the holistic development of emerging leaders, including servant leadership, trust and integrity, life management, communication and relationship, and cultural intelligence.

SIC campers include top students from leading universities in the world and international volunteers. These cross-cultural elements are designed to equip students for success in an increasingly globalized world.

Camp Details

Date: 16 -25 July, 2017 (10 days)

Camp Site: Beijing Zhengrong Military Culture Experiencing Base, Shunyi District, Beijing, China

Language : English

Camp Fee: HKD3000

College sponsorship: HKD2000 (To be reimbursed after fulfilling requirement on student sharing and report completion)

Includes:

- Lodging & Food
- Learning materials
- Camp T-shirt
- Local transportation and expenses incurred in City Hunting
- Ground transportation from/to Beijing Airport (or Train Station) on 16 July & 25 July.

Flight arrangement

The Camp Fee does NOT include airfares and participants need to make your own flight arrangement and you are required to submit the travel arrangement to/from Beijing airport by 31 May 2017

Camp details:

http://www.wyjs.cuhk.edu.hk/cms/wp-content/files_mf/1489741260SIC2017Information.pdf

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3088677>

Registration deadline: 7 April 2017

For more information, please visit <http://www.ceoglobal.org>

Enquiries :

Valentina Tsang (valentinatsang@cuhk.edu.hk/ 3943 3988)

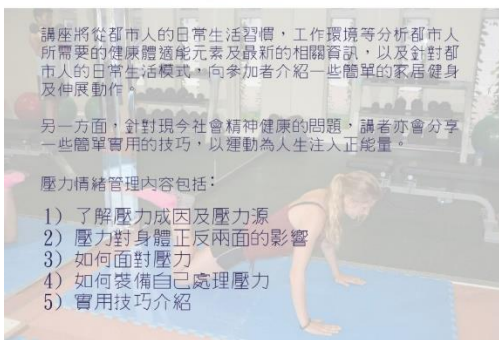
Michelle Li (michelleli@cuhk.edu.hk/ 3943 3933)

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7. 都市人的健康體適能及壓力情緒管理



都市人的健康體適能及壓力情緒管理



日期：2017年3月30日(四)

時間：下午6:30-8:30

地點：書院健身室

語言：廣東話

講者：林國棠先生(體育部副講師)

報名：同學—請到書院學生輔導處繳交\$50按金，完成活動後可獲退回全額

教職員—請將姓名及電話電郵至 kathyfong@cuhk.edu.hk

****歡迎所有伍宜孫書院學生及教職員參加****

總參與獎勵券：10張

請穿著合適運動服裝及自備飲用水

查詢：方凱麒小姐 (3943-3942/ kathyfong@cuhk.edu.hk)

在宿舍或辦公室長期使用電腦工作後肩頸腰背特別疲累？不妨透過「都市人的健康體適能及壓力情緒管理」講座認識都市人的日常生活習慣、工作環境，了解所需要的**健康體適能元素**及最新的相關資訊，針對都市人的日常生活模式，嘗試練習**簡單的家居健身及伸展動作**。

另一方面，面對工作/學習壓力，如何可以替自己鬆一鬆？講者會分享一些簡單實用的技巧，以運動為人生注入正能量。壓力情緒管理內容包括：

- 1) 了解壓力成因及壓力源
- 2) 壓力對身體正反兩面的影響
- 3) 如何面對壓力
- 4) 如何裝備自己處理壓力
- 5) 實用技巧介紹

日期: 2017年3月30日(四)

時間: 下午 6:30-8:30

地點: 書院健身室

語言: 廣東話

講者: 林國棠先生(體育部副講師)

報名: 同學—請到書院學生輔導處繳交\$50按金，完成活動後可獲退回全額

教職員—請將姓名及電話電郵至 kathyfong@cuhk.edu.hk

****歡迎所有伍宜孫書院學生及教職員參加****

請穿著合適運動服裝及自備飲用水

查詢: 方凱麒小姐 (3943-3942/ kathyfong@cuhk.edu.hk)

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8. 洽蕙藝文計劃－「藝術中與西」講座

Hop Wai Art and Cultural Programme - "Art East and West" Seminars (Chinese Only)

由伍宜孫書院、崇基學院及聯合書院主辦，中大文物館協辦之洽蕙藝文計劃－「藝術中與西」講座，將於四月舉行。詳情如下：

| 日期 | 題目 | 講者 |
|--------------------|--------------------------------|-------------------------|
| 2017.4.6 (星期四) | 南韓當代藝術發展現況 | 卓家慧女士 (中大藝術系硕士生) |
| | 帝國戰圖與蘇州貢品：從一組柏林藏《平定台灣戰圖》雕漆掛屏談起 | 詹鎮鵬先生 (中大藝術系博士候選人) |
| 2017.4.11 (星期二) | 長安地景 (普通話主講) | 高坤翠博士 (香港理工大學中文及雙語學系導師) |
| 2017.4.13 (星期四) | 北行日記——尋訪廣東印譜 | 陳文妍女士 (中大藝術系博士候選人) |
| | 尋訪關西中國書畫——大阪篇 | 張惠儀博士 (中大藝術系兼任講師) |

時間：晚上 7:00 至 9:30
地點：年路思怡圖書館謝昭杰室
語言：除特別註明外，講座均以粵語主講
費用：全免
備註：講座歡迎中大同學、教職員與教職員家屬及校友參加。
報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3023002>
查詢：3943 8140 (崇基學院) / 3943 1844 (聯合書院) / 3943 1615 (伍宜孫書院)

| 日期 | 題目 | 講者 |
|------------------|--------------------------------|-------------------------|
| 6/4/2017 星期四 | 南韓當代藝術發展現況 | 卓家慧女士 (藝術系硕士生) |
| | 帝國戰圖與蘇州貢品：從一組柏林藏《平定台灣戰圖》雕漆掛屏談起 | 詹鎮鵬先生 (藝術系博士候選人) |
| 11/4/2017 星期二 | 長安地景 (普通話主講) | 高坤翠博士 (香港理工大學中文及雙語學系導師) |
| | 北行日記——尋訪廣東印譜 | 陳文妍女士 (藝術系博士候選人) |
| 13/4/2017 星期四 | 尋訪關西中國書畫——大阪篇 | 張惠儀博士 (藝術系兼任講師) |

時間：7:00 - 9:30 pm

地點：崇基學院年路思怡圖書館 謝昭杰室

語言：除特別註明外，講座均以粵語主講

費用：全免

網上報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3023002>

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9. Wu Yee Sun Art Festival 伍宜孫才藝節

<The following content is draft by Wu Yee Sun Art Festival Organizing Committee>



【伍唱決賽只係 \$15 ! 】

宜嘢依夜 夜夜 宜嘢 依夜~~~

千呼萬喚，宜螢玩影 Yeeluminant 終於開始喇！
三月想同我地唱下歌，去下 Ball ？

記住以下日子啦！

伍唱決賽

日期：三月二十八日（星期二）

時間：七點正

地點：伍宜孫書院 LG/F

入場票價：\$15

購票詳情：請留意 page 內擺攤資訊

將提供飲品 嘉賓更有 Robynn & Kendy、周殷廷 Yanting、三丁目同埋星座少女！

想知道更多資訊，請 click 入我地個 page：fb.me/SunnyYeah2017 😊

/// 今個 3 月，我地一齊螢影不離士林路 ///

聯絡 ☎ 行政部主席 | 陳偉涵 William 55009728

【Singing Contest: Final Round \$15 each 】

Yi Yeah Yi Yeah ~ ~ Yi Yeah Yi Yeah ~ ~

The long awaited Yeeluminant finally begins!

Want to sing and dance with us in March?

Remember to reserve following days for Sunny Yeah 2017!!!

Singing Contest Final

Date : 28 March (Tuesday)

Time : 7 pm

Venue : Wu Yee Sun College LG/F

Tickets : \$15

Ticketing Deatils : Check out our booth opening hours

We got drinks! We have even invited guests, Robynn & Kendy、Yanting、三丁目 and Stars Girl!

Order tickets now!!! Don't forget to like our Facebook page! fb.me/SunnyYeah2017 😊

/// This March, we stick together at Residence Road. ///

Contact ☎ Administrative Department: William 55009728

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10. Landscape Painting Workshop



**LANDSCAPE
PAINTING
WORKSHOP**

**Instructor: Mr. Pradip Nath
(English Language Teaching Unit)**

Date: **Wednesday, 5 April 2017**
Time: **6:30pm-9:00pm**
Venue: **W112**
Deposit: **\$50**
(Refundable upon completion of activity)

Registration: 

Enquiries: Valentina Tsang ([valentinatsang@cuhk.edu.hk/3943 3988](mailto:valentinatsang@cuhk.edu.hk/39433988))

Student's painting: Wong Pu Yan (Nursing / Year 4)

The primary aim of the workshop is to help participants observe and enjoy nature's beauty while painting a landscape. The workshop will consist of a short talk and discussion on the subject of painting, followed by a guided painting session. The materials needed will be supplied by the College.

Instructor: Mr. Pradip Nath (English Language Teaching Unit)
Date: 5 April 2017 (Wednesday)
Time: 6:30pm - 9:00pm
Venue: W112, Wu Yee Sun College
Deposit: \$50 (Refundable upon completion of activity)

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2601913>

Deadline: 29 March 2017

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Valentina Tsang ([valentinatsang@cuhk.edu.hk/3943 3988](mailto:valentinatsang@cuhk.edu.hk/39433988))
Michelle Li ([michelleli@cuhk.edu.hk/ 3943 3933](mailto:michelleli@cuhk.edu.hk/39433933))

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1. Renovation work at Creativity Lab (clab)

Renovation work at the Creativity Lab (clab) will be conducted from 3rd April (Monday) until early May. The Lab will be temporarily closed and noise may be generated during the early work period. Please be noted that any belongings remained in the Lab after 3rd April will be regarded as unwanted materials and disposed accordingly.

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2. Temporary Closure of College Catering Outlets at Ching Ming Festival and Easter Holiday

All catering outlets at Wu Yee Sun College will be temporarily closed on 4th April (Tuesday) for Ching Ming Festival and from 14th to 17th April 2017 (Friday to Tuesday) for Easter Holiday.

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3. Scholarship for Semester Exchange Programmes 2016/17 open for application now

Scholarship for Semester Exchange Programmes 2016/17 is now open for College students participating in Term-long Exchange Programmes during academic year 2017/18, organized/ coordinated by units other than WYS College. Details are as below.

Eligibility (Need to fulfill all criteria below):

- full time WYS College undergraduates;
- going on exchange in academic year 2017/18 (one term/ whole year);
- participating in Term-long Exchange Programmes organized/ coordinated by units **other than WYS College**

Online application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3048880>

Application deadline: 5pm on 21 April 2017 (Friday)

Result announcement : June 2017

Applicants need not attend interview. The application result will be determined by the selection panel according to the application documents submitted and the content on the application form. Since members of the selection panel may not be able to read Chinese, you have to complete the application in English. **Incomplete or late application will not be handled.**

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942)

Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

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4. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature, and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care. Every Sunnie is welcome!

Date: Every Wednesday

Time: 2:30 - 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the *closest Monday noon to register for the event.

**remarks: registration has to be made on the previous working day if the closest Monday is public holiday*

Upcoming gathering

Date: Wednesday, 5th April 2017

Time: 12:30 - 2:00pm

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

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5. College Photo Day for 2016/17 Graduating Class – 31 March (Friday) 2016/17 年度畢業班拍攝日 – 3月31日 (星期五)



Graduating class of 2016/17 please take note to the below photo-taking schedule on 31 March 2017 (Friday) and reserve time to join this memorable event!

1) Group Photo for ALL students

Time: 14:00

Venue: Central Courtyard

2) Faculty & Departmental Photo-taking

Time: 14:30 – 16:30

Venue: Central Courtyard

[View full schedule](#)

3) Booth Arrangement for Departmental Societies & College Student Bodies

Various departmental societies and college student bodies will set up their decoration and organize celebratory activities for photo-taking

[View floor plans](#)

Light refreshments will be served at Student Canteen for college graduating class of 2016/17.

For enquiries, please contact Rebecca at rebecca_wong@cuhk.edu.hk / 3943 3941 for details.

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6. Locker Application for 2017 Summer 書院儲物箱申請 (2017 年暑期)

Lockers located at 1/F, East Block (opposite to Learning Commons) are now available for WYS College students. Students can apply at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3007001>. Successful applicants will be assigned ONE locker for use in the period **2nd May – 11th Sep, 2017**

Application Procedures

- 1) Submit application online by **12:00nn on 11th Apr**. First come, first served.
- 2) Submit a deposit of \$50 via HSBC or Hang Seng Bank ATM to The Chinese University of Hong Kong (293-005005-001) after being notified by email of the success of application.
- 3) Submit the bank-in slip / ATM advice to the Dean of Students' Office (UG09) in person within two weeks after receiving the confirmation email sent by the Office.
- 4) Each successful applicant will be assigned one locker.

Regulations for the Use of Lockers

1. Users should take care of their personal belongings kept in lockers. The College will not be responsible for any loss or damage.
2. Due to hygienic reasons, no food, beverages, condiments or similar items should be kept in the lockers.
3. Users are responsible for cleaning the lockers and removing all the personal belongings inside them before returning the lockers to the College. After the stipulated period of use, any leftover items inside the lockers will be disposed of without any notification (no compensation will be made for destroyed locks).
4. Deposit will be refunded by auto-pay. Students should check their bank accounts in due course.
5. Deposit will be forfeited if any damage is made or failure to clear the locker upon expiry of the period of use.
6. The College may seize the student's right to use the locker if he / she violates the regulations or misuses the locker.
7. Users are fully responsible in taking care of their lockers. To avoid any misunderstandings, users are strongly recommended to lock their lockers even if they do not leave anything inside.

Enquiries: Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942)

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7. Scholarships for Academic Excellence 2016/17 年度學業優異獎學金



The poster is titled "Scholarships for Academic Excellence 2016/17 學業優異獎學金" and is divided into three main sections. The top section, "Master's List 院長嘉許狀", is for an honor award and recognizes top college students with a year GPA of at least 3.5. The middle section, "Academic Excellence Scholarship 學業優異獎學金", is for a HK\$10,000 award and recognizes students with the highest GPA in each faculty (at least 3.4). It lists a quota of 25 students across various faculties: Arts (3), Business Administration (4), Education (2), Engineering (3), Law (2), Medicine (4), Science (3), and Social Science (4). The bottom section, "Academic Improvement Award 學業成績進步獎", is for a HK\$5,000 award and recognizes the top 3 students in each faculty for the greatest improvement in GPA between Term 1 and Term 2. It includes application details, contact information for Miss Yolinda Wong and Ms. Carol Cheng, and a navigation path: College Website > College Life & Support > Scholarships and Financial Aid > Sort by Type > Scholarships for Academic Excellence.

To recognize college students with outstanding academic performance, the College is pleased to offer:-

Master's List - Honor Award

To acknowledge Top College student of each academic programme of each class, with year GPA not less than 3.5 in 2016/17 academic year

Quota: One student from each programme of each class will be awarded

Academic Excellence Scholarship - HK\$10,000 (Selection Criteria, Quota and Award Amount UPDATED)

To acknowledge students with excellent academic performance - Highest 2016/17 Year GPA in each Faculty (with not less than 3.4)

Quota: 25 [Arts(3), Business Administration(4), Education(2), Engineering(3), Law(2), Medicine(4), Science(3), Social Science(4)]

Academic Improvement Award - HK\$5,000

To recognize Top 3 College students who have shown the greatest improvement in terms of Term 1 & Term 2 GPA of 2016/17 academic year

Quota: 3

Application to the above scholarship is NOT required. Scholarship recipients will be notified in August and awards will be presented in the College Inauguration Assembly in Sep 2017.

For more details about eligibilities, please go to <http://www.wys.cuhk.edu.hk/scholarships.php> (College Life & Support > Scholarships & Financial Aid > Sort by Type > Scholarships for Academic Excellence)

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

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8. Wu Yee Sun College -The Most Popular Canteen Staff Polling (2016-17 Term 2) 伍宜孫書院飯堂最受歡迎員工選舉



Thank you very much for voting the Most Popular Canteen Staff in the past. Since the establishment of the Polling, the catering services have been improved largely. Another round of voting will be conducted in March. Please be reminded to give a vote. Let's work together to improve the catering service of College canteen.

多謝大家對書院最受歡迎飯堂員工選舉的支持，伍宜孫書院自舉辦此選舉後，飯堂服務質素不斷提升。書院於三月份繼續舉辦最受歡迎飯堂員工選舉，希望大家踴躍投票，為改善飯堂質素出一分力。

Please click onto the link below to vote for the most popular canteen staff.
(Each student/staff can vote for three canteen staff at most)

請登入以下連結投票選出你心目中最受歡迎飯堂員工(每個同學/教職員最多可投三位飯堂員工)

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2845175>

Voting period 投票日期: 1st March to 31st March 2017

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9. Drum Set and other Music Equipment Available for Booking



To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!



| | |
|------------------------|---|
| Booking Period: | Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations) *Other than the time specified above, please consult College Dean of Students' Office ONE working day prior to the proposed booking time. |
|------------------------|---|

| | |
|----------------------|--|
| Registration: | <p>BEFORE submitting booking request to College Dean of Students' Office, applicants must</p> <ol style="list-style-type: none"> 1) be Wu Yee Sun College Students; 2) register as a member of Music Team via https://goo.gl/AMzk0z; 3) attend a briefing about the proper use of music equipment; and 4) read through the "Rules & Regulations For Music Equipment" and complete the booking form <p><i>*For other student bodies' bookings, please follow the rules and procedures stated in the "Rules & Regulations For Music Equipment".</i></p> |
| Enquiries: | Sonia (3943-3937/ soniayu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk) |

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10. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in Feb - May 2017, the application is now open from 15th Dec 2016 to 18th Apr 2017.

For programmes/activities held in Jun - Sep 2017, application will be open from 19th Apr to 14th Aug 2017.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

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11. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Jane Wu (3943 3934/ janewu@cuhk.edu.hk)

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12. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.

2) You may also approach the University's Student Counselling and Development Service at **3943 7208** for help.

3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

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1. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!

What are the prizes? 30 points for Sports Towel & 40 points for Water Bottle

How to redeem prizes? Prize redemption will be arranged every semester!

Upcoming Sports Activities

[都市人的健康體適能及壓力情緒管理 \(10 marks\)](#)

Check your accumulated points at <http://bit.ly/WYSSportsForLife>!!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**



Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Mr. Kan Poon (3943-9767 / kanpoon@cuhk.edu.hk)

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3. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

| | Programme Length | Programme nature | Maximum Award amount |
|------------|------------------------|--|---|
| Short-term | Shorter than one month | Self-initiated programmes | HK\$8,000 or 100% of particular items (whichever is lower) |
| | | #Participating in organized programmes | HK\$8,000 or 80% of particular items (whichever is lower) |
| Long-term | One to six months | Self-initiated programmes | HK\$15,000 or 100% of particular items (whichever is lower) |
| | | #Participating in organized programmes | |

#Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

| Round | Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period) | #Application period |
|--------|---|--|
| Winter | Nov 1 st – Apr 30 th | May 1 st – Oct 31 st |
| Summer | May 1 st – Oct 31 st | Nov 1 st – Apr 30 th |

#application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk) now if you have any ideas in mind. Know more about the [details](#) and [apply](#) here!

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4. Service-learning project Funding Scheme 服務學習項目資助計劃



服務學習項目資助計劃
Service-learning Project Funding Scheme

想在四年大學生活中策劃一些有意義的服務學習活動?
本計劃可讓你實現理想!
你可以選擇你的服務對象、地點、時間、行程。
實踐由自己一手策劃的服務學習項目。
從服務中學習, 從實踐中了解世界!

資助金額
HK\$5,000 - \$80,000

計劃詳情: <http://www.wys.cuhk.edu.hk/index.php/en/student-life/funding-schemes/331-service-learning-project-funding-scheme>
申請辦法: 填妥申請表並附上計劃書及相關文件至書院辦公室
查詢: Katie 余秋琴小姐 (3943 3935 / katieyu@cuhk.edu.hk)

WU YEE SUN COLLEGE
TAKE the INITIATIVE to make your service-learning projects come TRUE!

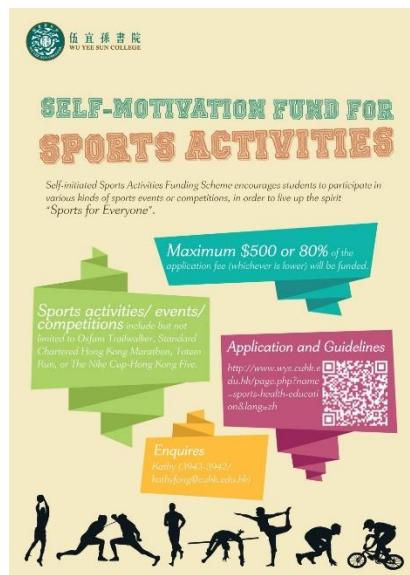
If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project.

Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

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5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

Enquiries: Kathy (3943-3942/ kathyfong@cuhk.edu.hk)

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6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The

Fund supports self-initiated activities with participation of both local and international/ incoming exchange students.

Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others>

For enquiries, please contact Miss Katie Yu at katieyu@cuhk.edu.hk or 3943 3935

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1. "Opportunity Conference" by CUHK Business School

Opportunity conference is an annual outreach tech business event organized by the Master of Science Program in Information Technology Management, Department of Decision Sciences and Managerial Economics, CUHK. The conference is designed to connect the university with citizens by establishing a dialog between practitioners, professionals or policy makers; and to explore doable ideas to create an environment conducive to technology startups in Hong Kong.

This year, we will talk about "Artificial Intelligence (AI) and Augmented Reality/Virtual Reality (AR/VR)", "how retailers should embrace technology" as well as "Internet of Things (IoT)" in the conference.

Free registration: <http://dsme.baf.cuhk.edu.hk/opportunity2017/registration.html>

Conference website: <http://dsme.baf.cuhk.edu.hk/opportunity2017/index.html>

Contact: Tel: (852) 3943 8567/3943 3797, Email: opportunityconference@cuhk.edu.hk



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2. Hong Kong Wetland Park Summer Internship Programme 2017 香港濕地公園 2017 年暑期實習計劃

The Hong Kong Wetland Park (HKWP) Summer Internship Programme aims at offering opportunities for students of tertiary institutions to gain working experience through taking part in the daily operations and front-line environmental education works in HKWP. Interns will receive a series of trainings, covering basic knowledge on wetlands, park management, interpretation skills, as well as basic wildlife identification.

Application for Summer Internship 2017 is now open. HKWP targets to recruit 18 interns among all candidates from local and overseas institutions.



--- About the Internship Programme:

Programme Webpage:

http://www.wetlandpark.gov.hk/tc/volunteer/group_internship.asp

Programme Outline:

http://www.wetlandpark.gov.hk/images/wcms/Summer_Internship_Program_2017.pdf

Application Form (application deadline: 12 April 2017):

http://www.wetlandpark.gov.hk/images/wcms/HKWP_SI2017_student_application_form.pdf (nomination by relevant programme coordinator of institution is necessary)

Shortlisted candidates will be invited to a selection interview by the end of April 2017.

Enquiries: Volunteer Unit, Education and Community Services Section, Hong Kong Wetland Park (Tel: 2617-5200)

--- About College Allowance:

Wu Yee Sun College will provide an allowance of **HK\$2,500** to students of the College who complete the above internship programme. Students who have been selected by Hong Kong Wetland Park should contact Ms Candy Shek of the College Office [by email](#) by 9 June 2017.

Enquiries: Ms Candy Shek (Tel: 3943 1615 / candyshek@cuhk.edu.hk)

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3. 環保有著『Soc』計劃 Green Student Society Scheme (SO Green!)



「環保有著『Soc』」計劃將向學生組織提供高達\$1000的資助，支援他們在日常會務、項目或活動中加入環保元素，又或者以環保為題舉辦活動實踐和推動環保。

參與的學生組織只需承諾於計劃期間實行計劃中指定的一些簡單環保行動。實行最多項行動的三個學生組織更可獲頒「SO Green!」大獎。名額有限，先到先得，有興趣請即報名！

計劃網站:

http://www.cuhk.edu.hk/sustainability/en/so_green/chi.html

海報:

http://www.cuhk.edu.hk/cpso/documents/2017_SOGreen.jpg

舉辦單位：校園規劃及可持續發展處

學生組織可索取資助金額：最高\$1000

報名限期：2017年4月19日

計劃期：2017年5月1日至11月30日

The [Green Student Society Scheme \(SO Green!\)](http://www.cuhk.edu.hk/sustainability/en/so_green/chi.html) provides funding to student societies / groups for greening their daily operations or implementing green projects/ green event measures. Funding of up to \$1000, on reimbursement basis, will be offered to participating student societies / groups for expenses during the Scheme period.

For funding requirements, participating student societies / groups shall pledge to implement certain simple green actions as listed in the Scheme guidelines to make their operations and events greener during the Scheme period. The three societies / groups that have fulfilled the highest number of green actions will receive the 'SO Green!' Award.

Due to limited quota, application will be approved on a first-come, first-served basis. Apply now if interested!

Scheme website:

http://www.cuhk.edu.hk/sustainability/en/so_green/eng.html

Poster:

http://www.cuhk.edu.hk/cpso/documents/2017_SOGreen.jpg

Organizer: The Campus Planning and Sustainability Office

Funding for student organizations: Up to \$1000

Application deadline: 19 Apr 2017

Scheme period: 1 May - 30 Nov 2017

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4. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2016/17

CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature aims to encourage and recognize the excellence of research, analysis, and writing by the students of CUHK in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK Library). Applicants can visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at <http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit>.

Number and Value of Scholarship

There will be two scholarships of HK\$10,000 each. The scholarship recipients should be able to demonstrate their strong competence in using the Hong Kong Literature Collection for their outstanding research papers on Hong Kong literature and related fields. No award will be granted if there is no suitable candidate.

Eligibility

Applicants must:

- be full-time students taking undergraduate / research postgraduate programmes;
- submit a research paper / thesis / dissertation * on Hong Kong literature and related fields; and
- submit a statement in 500-800 words, written in either English or Chinese, on how to make use of the Hong Kong Literature Collection for the research paper / thesis / dissertation.

* For research paper, thesis and dissertation written in language other than English or Chinese, applicants are required to translate the academic works into either English or Chinese for submission.

Selection Criteria

A panel will meet to review applications and take into account the following during selection:

1. The originality, quality of analysis and interpretation of the research paper.
2. The excellence of writing style and thoroughness of documentation of the paper.
3. The extent and effectiveness of the applicant's use of the Hong Kong Literature Collection in the research.

Application Procedures

Information on the Scholarship and its application form can be downloaded from the website of our Office at <http://www.oafa.cuhk.edu.hk/> (Scholarships & Financial Aid > Open for Application).

Completed application form together with all requisite documents should be submitted **in person** to the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park during office hours (Monday – Friday 8:45 a.m. - 1:00 p.m. and 2:00 p.m. - 5:30 p.m. except Public Holidays) **on or before 30 June 2017**. *Late or incomplete applications will NOT be considered.* Please refer to Notes for Applicants attached to the application form for the requisite documents to be submitted by the applicants.

Selection results will be announced by August 2017.

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5. Scholarships for Overseas Studies

The following overseas scholarships are now open for application. Information on the awards and/or application forms could be obtained from www.oafa.cuhk.edu.hk (Scholarships & Financial Aid à Open for Application).

For postgraduate studies

| No. | Name of Scholarship | Closing Date for Application |
|------------|--|-------------------------------------|
| 1. | The Japan Society of Hong Kong Scholarship 2017 | 10 February 2017 (by 5:00pm) |
| 2. | University of Bristol Post-Graduate Scholarship 2017/18 | 28 February 2017 |
| 3. | Master of Applied Positive Psychology Scholarship 2017/18 (Tenable at the University of Pennsylvania) | 1 March 2017 |
| 4. | Dan David Prize - Scholarship Applications 2017 | 10 March 2017 |
| 5. | The University of Birmingham Hong Kong Postgraduate Scholarships 2017 | 31 March 2017 |
| 6. | CEU MSc in Finance Scholarship 2017 | 1 April 2017 |
| 7. | China Oxford Scholarship Fund 2017/18 | 15 April 2017 |

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6. 網上心理健康計劃－《心導遊》

(由香港中文大學心理學系舉辦)

此為香港中文大學心理學系多元文化及全人健康研究室之研究項目
由黃偉生及黃生輝《輔導學士研究員》策劃 (研究編號: 12120711)



「心導遊」

預防抑鬱症及
焦慮症的網上研究計劃

本計劃的參加者必須符合以下條件:

1. 年滿十八歲或大專生
2. 能夠閱讀及理解廣東話
3. 具有風險會患上抑鬱症或焦慮症
4. 未接受過網上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士

*我們將會對參加者於香港中文大學進行簡單的見面評估

網上登記:
<http://www.psy.cuhk.edu.hk/tourheart/>

每200名合資格參加者，於完成課程及課後各階段評估後，均可獲得\$100，最高合共\$300之答謝金。(答謝金將以現金或同等金額之現金券)

如對是次計劃有任何疑問，歡迎致電
查詢電話: swywong@psy.cuhk.edu.hk
或致電 3943-4189 與本計劃的研究助理
聯絡



簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你在過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：

- i) 對象：18 歲以上，能閱讀及理解廣東話，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
- ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。
- iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
- iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。

有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。

如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

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