

Subject: The Sunny Weekly (20/03/2017)

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You can also contact Mr. Kan Poon at kanpoon@cuhk.edu.hk or 3943 9767 for technical support.



20 Mar 2017

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Sunny Review 上周回顧

1. International Cultural Festival - Spanish Cooking Class and Salsa Dance Night



The International Cultural Festival was concluded by the Spanish Cooking Class and Salsa Dance Night held last week. Over 30 Sunnies joined the Spanish Cooking Class on 14th March. The participants learnt from Miss Maria Consuelo Vega Leon, College Member and Assistant Lecturer of Department of Linguistics and Modern Languages, on how to make their own Spanish food and got to know more about the Spanish Culture through the tasting session.



Another group of Sunnies danced away their daily stress with Spanish rhymes on 16th March and they could enjoy a relaxing night before the final examination.



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2. Social English Workshops



A group of Sunnies joined three sessions of Social English Workshops, conducted by Dr. Christelle Davis, College Member and Lecturer of English Language Teaching Unit in March. Through interactive networking practices and discussion, the participants are now more confident in speaking in English in different social contexts.



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3. The 5th WYS Sports Association Inauguration Ceremony 第五屆書院體育學會就職典禮



The Fifth Inauguration Ceremony of WYS Sports Association (WYSSA) was successfully held on 8th Mar. Professor Kelvin K.F. Tsoi (蔡錦輝教授), Chairman of Sunny Sports Committee delivered motivating speeches and encouraged the new WYSSA committee to implement their plans. Miss Carey K.L. Ng (吳佳麗同學), the former President, passed on the WYSSA stamp to Miss Suzu H.T. Chan (陳凱彤同學), the new President, and turned a new chapter of the association. Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Sunny Sports Committee Members, Professor Woody W.H. Lee (李活雄教授), Mr. Nelson K.T. Lam (林國棠先生) and Dr. Lau Kwok-on (劉國安博士) congratulated the new Committee and shared their thoughts as well as aspirations to them.



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4.Creativity Lab (c!ab) - In Dialogue with Dr. Chow 與周耀輝博士天台對談



Facilitated by Professor Mike K.F. Wong (黃嘉輝教授), leading teacher of c!ab of the Arts & Culture stream and Professor of Practice, School of Journalism and Communication, the gathering with Dr. Chow Yiu-fai (周耀輝博士), one of the famous lyrics writers in Hong Kong was held on last Saturday.



Before the event, the participants were invited to attend a concert performing the songs written by Dr. Chow's students in Hong Kong Baptist University in late February as an introduction. In second part, our Sunnies were invited to Dr. Chow's home rooftop and discussed with him on the techniques of lyrics writing. All of the students enjoyed a fabulous evening with laughter and learnt the keypoints on writing their own songs. Dr. Chow also encouraged them to explore more on different fields either on study or work in order to gain more life experience to enrich the theme and content of their songs. Appreciation must also be given to the students convenors for initiating the activity.



Participants will complete their own songs soon and a mini concert may be organized for performing their products. Stay tuned! If you also want to participate in the activities held by c!ab, don't forget to Like their [Facebook Page](#) for their updates!

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College Activities 書院活動

1. 2017 Sunshine International Camp



Sunshine International Camp (SIC) is a 10-day intensive experience of the renowned leadership development program “The Way To success” (TWTS). It is co-hosted by CEO Global, a non-profit organization based in Hong Kong, and China Soong Ching Ling Foundation. They currently partner with 22 leading universities around the world to deliver the TWTS program. Since 2005, they have impacted over 60,000 emerging leaders. Nineteen SIC camps have been held in Mainland China, Hong Kong, and US with over 5,400 participants. By integrating the contributions from education experts, top business professionals and leadership resources around the world, SIC aims to promote leadership development opportunities in a cross-cultural environment. The Camp focuses on themes and skills crucial to the holistic development of emerging leaders, including servant leadership, trust and integrity, life management, communication and relationship, and cultural intelligence.

SIC campers include top students from leading universities in the world and international volunteers. These cross-cultural elements are designed to equip students for success in an increasingly globalized world.

Camp Details

Date: 16 -25 July, 2017 (10 days)

Camp Site: Beijing Zhongrong Military Culture Experiencing Base, Shunyi District, Beijing, China

Language : English

Camp Fee: HKD3000

College sponsorship: HKD2000 (To be reimbursed after fulfilling requirement on student sharing and report completion)

Includes:

- Lodging & Food
- Learning materials
- Camp T-shirt
- Local transportation and expenses incurred in City Hunting
- Ground transportation from/to Beijing Airport (or Train Station) on 16 July & 25 July.

Flight arrangement

The Camp Fee does NOT include airfares and participants need to make your own flight arrangement and you are required to submit the travel arrangement to/from Beijing airport by 31 May 2017

Camp details:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1489741260SIC2017Information.pdf

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3088677>

Registration deadline: 7 April 2017

For more information, please visit <http://www.ceoglobal.org>

Enquiries :

Valentina Tsang (valentinatsang@cuhk.edu.hk/ 3943 3988)

Michelle Li (michelleli@cuhk.edu.hk/ 3943 3933)

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2. 都市人的健康體適能及壓力情緒管理



講座由體育委員會及健康生活委員會合辦，將從都市人的日常生活習慣，工作環境等分析都市人所需要的健康體適能元素及最新的相關資訊，以及針對都市人的日常生活模式，向參加者介紹一些簡單的家居健身及伸展動作。

另一方面，針對現今社會精神健康的問題，講者亦會分享一些簡單實用的技巧，以運動為人生注入正能量。壓力情緒管理內容包括：

- 1) 了解壓力成因及壓力源
- 2) 壓力對身體正反兩面的影響
- 3) 如何面對壓力
- 4) 如何裝備自己處理壓力
- 5) 實用技巧介紹

日期: 2017年3月30日(四)

時間: 下午 6:30-8:30

地點: 書院健身室

語言: 廣東話

講者: 林國棠先生 (體育部副講師)

報名: 同學—請到書院學生輔導處繳交\$50 按金，完成活動後可獲退回全額

教職員—請將姓名及電話電郵至 kathyfong@cuhk.edu.hk

歡迎所有伍宜孫書院學生及教職員參加

請穿著合適運動服裝及自備飲用水

查詢: 方凱麒小姐 (3943-3942/ kathyfong@cuhk.edu.hk)

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3. 洽蕙藝文計劃—「藝術中與西」講座 Hop Wai Art and Cultural Programme - "Art East and West" Seminars (Chinese Only)

由伍宜孫書院、崇基學院及聯合書院主辦，中大文物館協辦之洽蕙藝文計劃—「藝術中與西」講座，將於四月舉行。詳情如下：



日期	題目	講者
6/4/2017 星期四	南韓當代藝術發展現況	卓家慧女士 (藝術系碩士生)
	帝國戰圖與蘇州貢品：從一組柏林藏《平定台灣戰圖》雕漆掛屏談起	詹鎮鵬先生 (藝術系博士候選人)
11/4/2017 星期二	長安地景 (普通話主講)	高坤翠博士 (香港理工大學中文及雙語學系導師)
	北行日記——尋訪廣東印譜	陳文妍女士 (藝術系博士候選人)
13/4/2017 星期四	尋訪關西中國書畫——大阪篇	張惠儀博士 (藝術系兼任講師)

時間: 7:00 - 9:30 pm

地點: 崇基學院牟路思怡圖書館 謝昭杰室

語言: 除特別註明外，講座均以粵語主講

費用: 全免

網上報名: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3023002>

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4. Wu Yee Sun Art Festival 伍宜孫才藝節

<The following content is draft by Wu Yee Sun Art Festival Organizing Committee>



【伍唱決賽只係 \$15 ! 】

宜嘢依夜 夜夜 宜嘢 依夜 ~ ~ ~

千呼萬喚，宜螢玩影 Yeeluminant 終於開始喇！
三月想同我地唱下歌，去下 Ball ？

記住以下日子啦！

伍唱決賽

日期：三月二十八日（星期二）

時間：七點正

地點：伍宜孫書院 LG/F

入場票價：\$15

購票詳情：請留意 page 內擺攤資訊

將提供飲品 嘉賓更有 Robynn & Kendy、周殷廷 Yanting、三丁目同埋星座少女！

想知道更多資訊，請 click 入我地個 page：[fb.me/SunnyYeah2017](https://www.facebook.com/SunnyYeah2017) 😊

／／今個 3 月，我地一齊螢影不離士林路／／

聯絡 📞 行政部主席 | 陳偉涵 William 55009728

【Singing Contest: Final Round \$15 each 】

Yi Yeah Yi Yeah ~ ~ Yi Yeah Yi Yeah ~ ~

The long awaited Yeeluminant finally begins!

Want to sing and dance with us in March?

Remember to reserve following days for Sunny Yeah 2017!!!

Singing Contest Final

Date : 28 March (Tuesday)

Time : 7 pm

Venue : Wu Yee Sun College LG/F

Tickets : \$15

Ticketing Deatils : Check out our booth opening hours

We got drinks! We have even invited guests, Robynn & Kendy、Yanting、三丁目 and Stars Girl!

Order tickets now!!! Don't forget to like our Facebook page! [fb.me/SunnyYeah2017](https://www.facebook.com/SunnyYeah2017) 😊

／／This March, we stick together at Residence Road.／／

Contact 📞 Administrative Department: William 55009728

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5. Landscape Painting Workshop



The primary aim of the workshop is to help participants observe and enjoy nature's beauty while painting a landscape. The workshop will consist of a short talk and discussion on the subject of painting, followed by a guided painting session. The materials needed will be supplied by the College.

Instructor: Mr. Pradip Nath (English Language Teaching Unit)

Date: 5 April 2017 (Wednesday)

Time: 6:30pm - 9:00pm

Venue: W112, Wu Yee Sun College

Deposit: \$50 (Refundable upon completion of activity)

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2601913>

Deadline: 29 March 2017

*Please submit the deposit in cash to the College Office within office hours before the application deadline for successful registration and seat reservation.

Place is limited. First-come, first-served. Time of deposit payment will be the determinant.

Enquiries: Valentina Tsang (valentinatsang@cuhk.edu.hk/39433988)

Michelle Li (michelleli@cuhk.edu.hk/39433933)

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1. News of College Member 書院成員消息



Professor Lin Hui (林暉教授), College Fellow, Chen Shupeng Professor of GeoInformation Science (陳述彭地球信息科學教授) and Director of the Institute of Space and Earth Information Science (太空與地球信息科學研究所所長), has recently been awarded the prestigious *E. Willard and Ruby S. Miller Award* by The American Association of Geographers (AAG, 美國地理學家協會). The award presentation will be held at the AAG Annual Meeting in Boston on 9th April 2017. Heartiest congratulations to Professor Lin from all the Sunnies!

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2. Scholarship for Semester Exchange Programmes 2016/17 open for application now

Scholarship for Semester Exchange Programmes 2016/17 is now open for College students participating in Term-long Exchange Programmes during academic year 2017/18, organized/ coordinated by units other than WYS College. Details are as below.

Eligibility (Need to fulfill all criteria below):

- full time WYS College undergraduates;
- going on exchange in academic year 2017/18 (one term/ whole year);
- participating in Term-long Exchange Programmes organized/ coordinated by units **other than WYS College**

Online application: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3048880>

Application deadline: 5pm on 21 April 2017 (Friday)

Result announcement : June 2017

Applicants need not attend interview. The application result will be determined by the selection panel according to the application documents submitted and the content on the application form. Since members of the selection panel may not be able to read Chinese, you have to complete the application in English. **Incomplete or late application will not be handled.**

Enquiries:

Miss Kathy Fong (kathyfong@cuhk.edu.hk/39433942)

Miss Katie Yu (katieyu@cuhk.edu.hk/39433935)

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3. College Photo Day for 2016/17 Graduating Class - 31 March (Friday) 2016/17 年度畢業班拍攝日 - 3月31日 (星期五)



Graduating class of 2016/17 please take note to the below photo-taking schedule on 31 March 2017 (Friday) and reserve time to join this memorable event!

1) Group Photo for ALL students

Time: 14:00
Venue: Central Courtyard

2) Faculty & Departmental Photo-taking

Time: 14:30 - 16:30
Venue: Central Courtyard
[View full schedule](#)

3) Booth Arrangement for Departmental Societies & College Student Bodies

Various departmental societies and college student bodies will set up their decoration and organize celebratory activities for photo-taking
[View floor plans](#)

Light refreshments will be served at Student Canteen for college graduating class of 2016/17.

For enquiries, please contact Rebecca at rebecca_wong@cuhk.edu.hk / 3943 3941 for details.

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4. clab - College Folder Design Competition 創意實驗室 - 書院文件夾設計比賽 - Deadline: This Friday



創意實驗室現正舉辦書院文件夾設計比賽，歡迎所有伍宜孫同學參加！
Creativity Lab is organizing a Folder Design Competition and all College students are welcome to join!

規則 Rules

設計必須包括以下項目，否則將被取消資格。
The design must contain the following items; otherwise, the submission will be disqualified.

1. 書院院徽 College Emblem
2. Sunny College Logo
3. 「Wu Yee Sun College」或「伍宜孫書院」字; wordings “Wu Yee Sun College” or “伍宜孫書院”
4. 中大校徽 CUHK Emblem

指引 Guidelines

- 以綠色及其他書院主色(請參照以下連結)為主調，以「Sunny」、「Creative」、「Energetic」及「Go Green」為主題帶出書院陽光活力的精神

Use green and other College colour (pantone can be downloaded via the link below) as theme colour for the design to show the College spirit, such as Sunny, Creative, Energetic and Go Green

- 尺寸 Size : A4 (22cm X 31cm) X 2 (底面 Front & Back)

所有設計資料可於此處下載 All necessary materials can be downloaded at : <https://goo.gl/9V18ZS>

獎品 Prizes

冠軍 Champion - 書券價值港幣一仟元，該設計亦會用於製作書院文件夾 Book coupon HK\$1,000 and the design will be used for the College Folder *

亞軍 1st runner up - 書券價值港幣六百元 Book coupon HK\$600

季軍 2nd runner up - 書券價值港幣四百元 Book coupon HK\$400

*設計可能需因應文件夾印刷要求而作出適量修改 Adjustment may be needed for the winning design in order to fit the printing requirement

遞交方法 Submission

參加者請把設計，連同姓名、學生證號碼及電話號碼，電郵至 kanpoon@cuhk.edu.hk。請於電郵標題註明「書院文件夾設計比賽」。

書院收到作品後，會發出確認電郵予參賽者。

Please submit your design to kanpoon@cuhk.edu.hk with your name, SID and phone number and state "College Folder Design Competition" on the email subject. Confirmation email will be sent when your design is received.

稿件格式 File format: JPEG

稿件大小 File size: 不大於 less than 2M

截止日期 Deadline: 24 Mar 2017 (Friday)

查詢 Enquiries: Kan Poon (kanpoon@cuhk.edu.hk / 3943 9767)

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5. Locker Application for 2017 Summer 書院儲物箱申請 (2017 年暑期)

Lockers located at 1/F, East Block (opposite to Learning Commons) are now available for WYS College students. Students can apply at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=3007001>. Successful applicants will be assigned ONE locker for use in the period **2nd May – 11th Sep, 2017**

Application Procedures

- 1) Submit application online by **12:00nn on 11th Apr**. First come, first served.
- 2) Submit a deposit of \$50 via HSBC or Hang Seng Bank ATM to The Chinese University of Hong Kong (293-005005-001) after being notified by email of the success of application.
- 3) Submit the bank-in slip / ATM advice to the Dean of Students' Office (UG09) in person within two weeks after receiving the confirmation email sent by the Office.
- 4) Each successful applicant will be assigned one locker.

Regulations for the Use of Lockers

1. Users should take care of their personal belongings kept in lockers. The College will not be responsible for any loss or damage.
2. Due to hygienic reasons, no food, beverages, condiments or similar items should be kept in the lockers.
3. Users are responsible for cleaning the lockers and removing all the personal belongings inside them before returning the lockers to the College. After the stipulated period of use, any leftover items inside the lockers will be disposed of without any notification (no compensation will be made for destroyed locks).
4. Deposit will be refunded by auto-pay. Students should check their bank accounts in due course.
5. Deposit will be forfeited if any damage is made or failure to clear the locker upon expiry of the period of use.
6. The College may seize the student's right to use the locker if he / she violates the regulations or misuses the locker.
7. Users are fully responsible in taking care of their lockers. To avoid any misunderstandings, users are strongly recommended to lock their lockers even if they do not leave anything inside.

Enquiries: Miss Kathy Fong (kathyfong@cuhk.edu.hk / 3943 3942)

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6. Scholarships for Academic Excellence 2016/17 年度學業優異獎學金



To recognize college students with outstanding academic performance, the College is pleased to offer:-

Master's List – Honor Award

To acknowledge Top College student of each academic programme of each class, with year GPA not less than 3.5 in 2016/17 academic year

Quota: One student from each programme of each class will be awarded

Academic Excellence Scholarship – HK\$10,000 (Selection Criteria, Quota and Award Amount UPDATED)

To acknowledge students with excellent academic performance - Highest 2016/17 Year GPA in each Faculty (with not less than 3.4)

Quota: 25 [Arts(3), Business Administration(4), Education(2), Engineering(3), Law(2), Medicine(4), Science(3), Social Science(4)]

Academic Improvement Award – HK\$5,000

To recognize Top 3 College students who have shown the greatest improvement in terms of Term 1 & Term 2 GPA of 2016/17 academic year

Quota: 3

Application to the above scholarship is NOT required. Scholarship recipients will be notified in August and awards will be presented in the College Inauguration Assembly in Sep 2017.

For more details about eligibilities, please go to <http://www.wys.cuhk.edu.hk/scholarships.php> (College Life & Support > Scholarships & Financial Aid > Sort

by Type > Scholarships for Academic Excellence)

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

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7. Wu Yee Sun College -The Most Popular Canteen Staff Polling (2016-17 Term 2) 伍宜孫書院飯堂最受歡迎員工選舉



Thank you very much for voting the Most Popular Canteen Staff in the past. Since the establishment of the Polling, the catering services have been improved largely. Another round of voting will be conducted in March. Please be reminded to give a vote. Let's work together to improve the catering service of College canteen.

多謝大家對書院最受歡迎飯堂員工選舉的支持，伍宜孫書院自舉辦此選舉後，飯堂服務質素不斷提升。書院於三月份繼續舉辦最受歡迎飯堂員工選舉，希望大家踴躍投票，為改善飯堂質素出一分力。

Please click onto the link below to vote for the most popular canteen staff.
(Each student/staff can vote for three canteen staff at most)

請登入以下連結投票選出你心目中最受歡迎飯堂員工(每個同學/教職員最多可投三位飯堂員工)

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2845175>

Voting period 投票日期 : 1st March to 31st March 2017

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8. Drum Set and other Music Equipment Available for Booking



To promote music atmosphere on campus, the College recently arranged a drum set and other music equipment at College Theatre and made available for booking. You can come for practice, rehearsal or performance! Be a Music Team member and enjoy all the fun!



Booking Period:	Monday 19:00-22:00; Wednesday 14:00-17:00 (except public holidays & special situations) *Other than the time specified above, please consult College Dean of Students' Office ONE working day prior to the proposed booking time.
Registration:	BEFORE submitting booking request to College Dean of Students' Office, applicants must 1) be Wu Yee Sun College Students; 2) register as a member of Music Team via https://goo.gl/AMzk0z ;

	<p>3) attend a briefing about the proper use of music equipment; and</p> <p>4) read through the "Rules & Regulations For Music Equipment" and complete the booking form</p> <p><i>*For other student bodies' bookings, please follow the rules and procedures stated in the "Rules & Regulations For Music Equipment".</i></p> <p>The upcoming briefing will be held again in March. Please stay tuned for updates!</p>
Enquiries:	Sonia (3943-3937/ soniayu@cuhk.edu.hk) / Kan (3943-9767/ kanpoon@cuhk.edu.hk)

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9. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/Loan.

There are different rounds of applications. For programmes/activities held in Feb - May 2017, the application is now open from 15th Dec 2016 to 18th Apr 2017.

For programmes/activities held in Jun - Sep 2017, application will be open from 19th Apr to 14th Aug 2017.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1481859267ExchangeandTravelGrantandLoan2016172nd.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

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10. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Jane Wu (3943 3934/ janewu@cuhk.edu.hk)

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11. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature, and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care. Every Sunnie is welcome!

Date: Every Wednesday

Time: 2:30 - 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the *closest Monday noon to register for the event.

**remarks: registration has to be made on the previous working day if the closest Monday is public holiday*

Upcoming gathering

Date: Wednesday, 22nd Mar 2017

Time: 12:30 - 2:00pm

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937) and Miss Katie Yu (katieyu@cuhk.edu.hk / 3943 3935)

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12. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at **3943 7208** for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

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College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. Sports for Life Award Scheme 體育運動參與獎勵計劃



Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!

What are the prizes? 30 points for Sports Towel & 40 points for Water Bottle

How to redeem prizes? Prize redemption will be arranged every semester!

Upcoming Sports Activities

都市人的健康體適能及壓力情緒管理 (10 marks)

Check your accumulated points at <http://bit.ly/WYSSportsForLife!!>

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

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2. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply "Be Entrepreneurial!" Funding Scheme.

To provide more support to students, the maximum funding amount has been raised to **\$20,000!!!**



Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Mr. Kan Poon (3943-9767 / kanpoon@cuhk.edu.hk)

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3. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items (whichever is lower)
		#Participating in organized programmes	HK\$8,000 or 80% of particular items (whichever is lower)
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (whichever is lower)
		#Participating in organized programmes	

#Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1 st – Apr 30 th	May 1 st – Oct 31 st
Summer	May 1 st – Oct 31 st	Nov 1 st – Apr 30 th

#application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Miss Katie Yu (3943 3935 / katieyu@cuhk.edu.hk) now if you have any ideas in mind. Know more about the [details](#) and [apply](#) here!

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4. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Katie (katieyu@cuhk.edu.hk / 3943 3935)

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5. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit "Sports for Everyone".

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days BEFORE the start date of the activity. We will notify applicants the results within two weeks.

Enquiries: Kathy (3943-3942/ kathyfong@cuhk.edu.hk)

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6. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others>

For enquiries, please contact Miss Katie Yu at katieyu@cuhk.edu.hk or 3943 3935

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Other Activities & Announcements 其他活動及宣佈事項

1. Hong Kong Wetland Park Summer Internship Programme 2017 香港濕地公園 2017 年暑期實習計劃

The Hong Kong Wetland Park (HKWP) Summer Internship Programme aims at offering opportunities for students of tertiary institutions to gain working experience through taking part in the daily operations and front-line environmental education works in HKWP. Interns will receive a series of trainings, covering basic knowledge on wetlands, park management, interpretation skills, as well as basic wildlife identification.

Application for Summer Internship 2017 is now open. HKWP targets to recruit 18 interns among all candidates from local and overseas institutions.



--- About the Internship Programme:

Programme Webpage:

http://www.wetlandpark.gov.hk/tc/volunteer/group_internship.asp

Programme Outline:

http://www.wetlandpark.gov.hk/images/wcms/Summer_Internship_Program_2017.pdf

Application Form (application deadline: 12 April 2017):

http://www.wetlandpark.gov.hk/images/wcms/HKWP_SI2017_student_application_form.pdf (nomination by relevant programme coordinator of institution is necessary)

Shortlisted candidates will be invited to a selection interview by the end of April 2017.

Enquiries: Volunteer Unit, Education and Community Services Section, Hong Kong Wetland Park (Tel: 2617-5200)

--- About College Allowance:

Wu Yee Sun College will provide an allowance of **HK\$2,500** to students of the College who complete the above internship programme. Students who have been selected by Hong Kong Wetland Park should contact Ms Candy Shek of the College Office [by email](#) by 9 June 2017.

Enquiries: Ms Candy Shek (Tel: 3943 1615 / candyshek@cuhk.edu.hk)

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2. Earth Hour 2017 地球一小時 2017



Pledge to support Earth Hour this year! At **8:30pm** on **Saturday 25th Mar**, Hong Kong will join over 7,000 cities across the world to switch off their lights for one hour to promote awareness on climate change and urge to reduce our ecological footprint.

As in the past years, The Chinese University of Hong Kong and Wu Yee Sun College will support this global campaign to show our commitment to combat climate change. **During Earth Hour, the non-essential lighting on our UG/F Podium as well as 5/F Sky Garden will be switched off as a gesture of support. Hostel residents are also encouraged to join in the action by switching off your lights!**

By taking part in the symbolic “lights off” moment, now famous around the world, we can all show our determination to create a better future by adopting a sustainable lifestyle and reducing wasteful consumption. Further details of the campaign can be found here: <https://earthhour.wwf.org.hk/en/home>.

Let's Go Green! Be Sunny!

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3. 環保有著『Soc』計劃 Green Student Society Scheme (SO Green!)



「環保有著『Soc』」計劃將向學生組織提供高達\$1000的資助，支援他們在日常會務、項目或活動中加入環保元素，又或者以環保為題舉辦活動實踐和推動環保。

參與的學生組織只需承諾於計劃期間實行計劃中指定的一些簡單環保行動。實行最多項行動的三個學生組織更可獲頒「SO Green!」大獎。名額有限，先到先得，有興趣請即報名！

計劃網站:

http://www.cuhk.edu.hk/sustainability/en/so_green/chi.html

海報:

http://www.cuhk.edu.hk/cpso/documents/2017_SOGreen.jpg

舉辦單位：校園規劃及可持續發展處

學生組織可索取資助金額：最高\$1000

報名限期：2017年4月19日

計劃期：2017年5月1日至11月30日

The [Green Student Society Scheme \(SO Green!\)](#) provides funding to student societies / groups for greening their daily operations or implementing green projects / green event measures. Funding of up to \$1000, on reimbursement basis, will be offered to participating student societies / groups for expenses during the Scheme period.

For funding requirements, participating student societies / groups shall pledge to implement certain simple green actions as listed in the Scheme guidelines to make their operations and events greener during the Scheme period. The three societies / groups that have fulfilled the highest number of green actions will receive the 'SO Green!' Award.

Due to limited quota, application will be approved on a first-come, first-served basis. Apply now if interested!

Scheme website:

http://www.cuhk.edu.hk/sustainability/en/so_green/eng.html

Poster:

http://www.cuhk.edu.hk/cpso/documents/2017_SOGreen.jpg

Organizer: The Campus Planning and Sustainability Office

Funding for student organizations: Up to \$1000

Application deadline: 19 Apr 2017

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4. CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature 2016/17

CUHK Golden Jubilee Celestial Civilian Scholarship on Hong Kong Literature aims to encourage and recognize the excellence of research, analysis, and writing by the students of CUHK in the use of primary sources and rare materials held by the Hong Kong Literature Collection of The Chinese University of Hong Kong Library (CUHK Library). Applicants can visit the website of CUHK Library for the information on Hong Kong Literature Collection (香港文學特藏) at <http://www.lib.cuhk.edu.hk/tc/collections/spc/theme/hklit>.

Number and Value of Scholarship

There will be two scholarships of HK\$10,000 each. The scholarship recipients should be able to demonstrate their strong competence in using the Hong Kong Literature Collection for their outstanding research papers on Hong Kong literature and related fields. No award will be granted if there is no suitable candidate.

Eligibility

Applicants must:

- be full-time students taking undergraduate / research postgraduate programmes;
- submit a research paper / thesis / dissertation * on Hong Kong literature and related fields; and
- submit a statement in 500-800 words, written in either English or Chinese, on how to make use of the Hong Kong Literature Collection for the research paper / thesis / dissertation.

* For research paper, thesis and dissertation written in language other than English or Chinese, applicants are required to translate the academic works into either English or Chinese for submission.

Selection Criteria

A panel will meet to review applications and take into account the following during selection:

1. The originality, quality of analysis and interpretation of the research paper.
2. The excellence of writing style and thoroughness of documentation of the paper.
3. The extent and effectiveness of the applicant's use of the Hong Kong Literature Collection in the research.

Application Procedures

Information on the Scholarship and its application form can be downloaded from the website of our Office at <http://www.oafa.cuhk.edu.hk/> (Scholarships & Financial Aid > Open for Application).

Completed application form together with all requisite documents should be submitted **in person** to the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid, Room 1202, 12/F, Yasumoto International Academic Park during office hours (Monday – Friday 8:45 a.m. - 1:00 p.m. and 2:00 p.m. - 5:30 p.m. except Public Holidays) **on or before 30 June 2017**. *Late or incomplete applications will NOT be considered.* Please refer to Notes for Applicants attached to the application form for the requisite documents to be submitted by the applicants.

Selection results will be announced by August 2017.

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5. Scholarships for Overseas Studies

The following overseas scholarships are now open for application. Information on the awards and/or application forms could be obtained from www.oafa.cuhk.edu.hk (Scholarships & Financial Aid à Open for Application).

For postgraduate studies

No.	Name of Scholarship	Closing Date for Application
1.	The Japan Society of Hong Kong Scholarship 2017	10 February 2017 (by 5:00pm)
2.	University of Bristol Post-Graduate Scholarship 2017/18	28 February 2017
3.	Master of Applied Positive Psychology Scholarship 2017/18 (Tenable at the University of Pennsylvania)	1 March 2017
4.	Dan David Prize – Scholarship Applications 2017	10 March 2017
5.	The University of Birmingham Hong Kong Postgraduate Scholarships 2017	31 March 2017
6.	CEU MSc in Finance Scholarship 2017	1 April 2017
7.	China Oxford Scholarship Fund 2017/18	15 April 2017

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6. 網上心理健康計劃－《心導遊》

(由香港中文大學心理學系舉辦)



簡介:

在忙碌的都市生活中，你有覺得疲累、心情低落，或是不安、焦慮嗎？工作上的責任和重擔，有令你感到負荷不來嗎？你覺得沒有時間，但又想為到自己既心理健康做些什麼？《心導遊》是一個為期八至十個星期的網上心理健康研究計劃。目的旨在提升大眾生活質素及心理健康，並預防廣泛性焦慮症及抑鬱症。在心導遊這個旅程之中，我們會從旁輔助你。希望你過程之中，學習、練習、以及反思，並預備好去面對充滿未知、驚喜以及挑戰的人生。

詳細內容：

- i) 對象：18 歲以上，能閱讀及理解廣東話，能閱讀及理解廣東話，具高風險會患上抑鬱症或焦慮症，而未曾確診患上抑鬱症、躁狂抑鬱症、廣泛焦慮症、精神分裂症譜系疾患或有自殺傾向的人士參加。
 - ii) 《心導遊》包括了三個不同的課程：思緒遊、靜觀遊、知識遊。合資格的人士將會被隨機分派到以上三個課程的其中一個，每個課程為期約六個星期。參加者只需每星期花約半小時，就能提升自己的心理健康或對心理健康的認識。
 - iii) 參加者需於課前、第六節課後、完成課程後三個月及九個月後於網上填寫有關精神健康的問卷以檢討計劃成效。
 - iv) 為鼓勵參與，首 180 名完成課程及課後各階段評估的參加者，可獲得港幣\$100，最高合共\$300 的答謝金（答謝金將為現金或同等金額的現金券）。答謝金將於會面評估後派發。
- 有興趣參加的人士，可於網上登記（<http://www.psy.cuhk.edu.hk/tourheart/>），並填寫一份簡單問卷。我們將會預約初步合資格的參加者到香港中文大學進行簡單的會面評估，以確定符合參加條件。
- 如有查詢，歡迎於辦公時間致電多元文化及全人健康研究室研究助理 黃小姐 3943-4189 或電郵 swywong@psy.cuhk.edu.hk。

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