

# The Sunny Weekly

14 November 2016

## Sunny Review 上周回顧

1. [The Order of Wu Yee Sun - 9th College Anniversary Celebration](#)  
伍宜孫的密令－書院9週年院慶活動
2. [Actor's Award in CUHK Drama Competition](#) 中大戲劇比賽奪優異演員獎
3. [USFHK Cross-Country Race](#) 香港大專體育協會周年越野賽
4. [English through Music and Songs Appreciation: An Evening with Laymen in Jazz](#)
5. [College Forum: 同你講金 \(Speaker: Mr. Stephen Wong\)](#) 書院論壇 (講者: 黃元山先生)
6. [WYS Green Team Activity: Cultural and Eco-tour to Hoi Ha Wan, Sai Kung](#) 書院綠色小組活動: 西貢海下灣文化生態遊
7. [The Way To Success Course](#)
8. [Visit of Dr. Kan Kit-keung](#) 靳杰強博士到訪書院

## College Activities 書院活動

1. [Staff-student Sports Night](#) 師生運動樂 - **Deadline on Wednesday**
2. [Non-Resident Hall Activity - Thread-bound Notebook Workshop](#) 走讀生舍堂活動－線裝書製作坊
3. [College Term-long Exchange Programme 2017-18](#) 書院交換生計劃
4. [健康烹飪班，快樂迎聖誕 Healthy Cooking for Christmas](#)
5. [Fitness Consultation Session](#)

## College Announcements 宣佈事項

1. [WYS's Got Talents <New>](#)
2. [Change of Opening Hours of College Catering Outlets on 17 November 2016](#) 書院膳堂於11月17日更改營業時間 **<Updated>**
3. [The Most Popular College Canteen Staff Polling 2016-17 Term 1](#)
4. ["Meet the Dean" Hours & Lunch Gathering](#) 輔導長時間及午餐聚會
5. [Exchange and Travel Grant/Loan 2016/17](#)
6. [Student Pastoral Care](#)

## College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. [Mingle Fund \(English only\)](#)
2. [Self-Motivation Fund for Sports Activities](#) 「自選遊」體育活動資助計劃 **<Updated>**
3. [Global Learning Award Scheme \(Winter Round\)](#) 寰宇學習獎勵計劃 (冬季)
4. [Be Entrepreneurial! Funding Scheme](#) 創出我天地! 資助計劃
5. [Service-learning Project Funding Schem](#) 服務學習項目資助計劃
6. [Sports for Life Award Scheme](#) 體育運動參與獎勵計劃

## Other Activities & Announcements 其他活動及宣佈事項

1. [CUHK Marathon Team](#)
2. [HSBC Overseas Scholarship 2017/18 Now Open for Application](#)
3. [Alibaba Internship Program](#) 阿里巴巴實習生計劃

## Sunny Review 上周回顧

### 1. The Order of Wu Yee Sun - 9th College Anniversary Celebration 伍宜孫的密令－書院9週年院慶活動



Casted the magical spells on our Sunny College, the 9<sup>th</sup> College Anniversary Celebration Organizing Committee and Sports Association unveiled the mysterious excitement over the past two weeks for College's birthday.



The festivities began with "Maze & Haunted House" (迷離宜孫) held on 3<sup>rd</sup> & 4<sup>th</sup> Nov. Creativity Laboratory and Terrace of Dreams were transformed as a thrilling adventure and mystic journey with various exquisite decorations. Professor Rance P.L. Lee (李沛良教授), College Master visited the maze and the house to show his support to the organizing students.



The third year of Round Campus Run (環校跑) kick-started with a cake-cutting ceremony on 4<sup>th</sup> Nov. Professor Lee led College

members and student representatives to celebrate the birthday of our College with over 300 participants



Our signature 523 banquet (523 人宴) attracted 300 students and teachers to share the joyful moments with us on 9<sup>th</sup> evening. Professor Lee expressed our appreciation to the Organizing Committee's effort in the opening remarks. The delicious hotpot, dance and music performed by our Sunnies and the popular band, Dear Jane, brought the night to the climax.



Despite the few patches of rain in the morning, Sunny Festival was successfully held with more than 30 booths selling home-made snacks & drinks, handicrafts and playing games. There were also dazzling singing and dancing performance by students in the College Gallery.





Sports Association presented the last magical tournament, Quidditch (魁地奇), for our College Anniversary Celebration. Students had fun throughout the matches in this brand new activity.



## 2. Actor's Award in CUHK Drama Competition 中大戲劇比賽奪優異演員獎



Our student Kung Chi-yip (龔志業同學) played the role as "Kin", who is a homeless musician pursuing his dream has attained the first actor's award for our College Drama Society in CUHK Drama Competition 2016 (中大戲劇比賽 2016). His sparkling performance won him the "Merit for Actor" (優異演員). Congratulations!

## 3. USFHK Cross-Country Race 香港大專體育協會周年越野賽



This year our students continue to deliver outstanding performance in USFHK Cross Country Race (香港大專體育協會周年越野賽) held on 6<sup>th</sup> Nov. Wu Man-tsun (胡文津同學) and Hanniel H.N. Chow (周漢聶同學) took part in CUHK Cross Country Team which won the Men's Overall 1<sup>st</sup> Runner-up. Hanniel also obtained 2<sup>nd</sup> Runner-up in Men's Individual. Our hearty appreciation of their effort and devotion!



## 4. English through Music and Songs Appreciation: An Evening with Laymen in Jazz



Over 30 Sunnies and College members joined the English through Music and Songs Appreciation: An Evening with Laymen in Jazz last Tuesday. Dr. Elaine Ng, lecturer in the English Language Teaching Unit as well as the vocalist, shared with us several poetic and lyrical songs. The group performing for the evening included band leader Barry on bass, Jonathan on melodica, Six on guitar and Ivan on drums. Students learned the English vocabularies and expressions in songs and enjoyed a relaxed evening by the sunset at the

College Gallery.



### 5. College Forum: 同你講金 (Speaker: Mr. Stephen Wong) 書院論壇 (講者: 黃元山先生)



The College Forum entitled “同你講金” was held last Friday. Mr. Stephen Wong (黃元山先生), Deputy Executive Director and Head of Public Policy Institute of Our Hong Kong Foundation, discussed with students the importance of financial planning for the young generation, and the basic concepts of investments. Students grasped the chance to raise questions regarding his experience and prospect in the financial field.



We were grateful to have Dr. Clara C.K. Kan (簡仲勤博士), Lecturer, School of Journalism and Communication and College member, moderating the Forum.



### 6. WYS Green Team Activity: Cultural and Eco-tour to Hoi Ha Wan, Sai Kung 書院綠色小組活動：西貢海下灣文化生態遊



A group of 28 College students, members and their families spent a fruitful afternoon at Hoi Ha Wan (海下灣) in Sai Kung last Saturday. Hoi Ha Wan is not limited to the famous Marine Park! Under the leadership of Professor Chau Kwai-cheong, Chairman of the Campus Environment Committee, participants visited the Hakka Village and got to know more about their culture and history of their migration to Hong Kong. Chatting with the Former Village Head (前村長) was definitely a unique opportunity to learn! By taking a close look at the mangrove (紅樹林) and fung shui woods (風水林), participants also gained knowledge in ecology, plants and nature preservation. The trip concluded with a discussion on the conflicts between development and conservation which leaves the participants a thought to ponder upon.



### 7. The Way To Success Course



Four lessons of The Way To Success Course, with an aim on training students to be successful leaders and focusing on students' holistic development have been completed on last Saturday. 6 modules named “The Way to Success”, “Communication with Impact”, “Trust & Integrity”, “Servant Leadership”, “Failing Forward” and “Life Management” were conducted. Apart from lectures, students also had games and interactive discussions with their mentors and learnt from their valuable experience. After the course, students have sharpened their edges to overcome life's challenges and built up a more positive outlook on themselves and the world.



### 8. Visit of Dr. Kan Kit-keung 靳杰強博士到訪書院



Dr. Kan Kit-keung (靳杰強博士), a renowned artist, donated Chinese calligraphy and painting to our College. Professor Rance P.L. Lee (李沛良教授), College Master is very much thankful for Dr. Kan's support to the College and with the hope that all the Sunnies would develop their sense of aesthetics by appreciating the masterpieces.

## College Activities 書院活動

### 1. Staff-student Sports Night 師生運動樂



Move your body and release your stress from revisions and projects!

**Badminton:** 18<sup>th</sup> Nov, 17:00-19:00 @ University Gymnasium  
**Soccer:** 24<sup>th</sup> Nov, 18:15-20:00 @ Sir Philip Haddon-Cave Sports Field

#### Application:

Students - Please submit \$50 deposit to Dean of Students' Office on or before 16<sup>th</sup> Nov, 5:00pm.  
 College Members - Please email [soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) with full name, phone and email.

**Enquiries:** Sonia (3943-3937/ [soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk))

### 2. Non-Resident Hall Activity - Thread-bound Notebook Workshop 走讀生舍堂活動—線裝書製作坊



~~動手做文青線裝書~~

喜歡書、做得文青既你，點會錯過呢次自己親手做書既機會？  
 一書在手，仙氣即刻翻晒嚟～  
 齊齊報名做個仙氣藝文青啦！

日期：2016年11月22日（星期二）  
 時間：18:45 - 21:15  
 地點：伍宜孫書院西座走讀生舍堂

費用全免! (按金\$150; 完成活動後可退還)

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2362100>

查詢：曾煒婷小姐 (3943 3988 / [valentinatsang@cuhk.edu.hk](mailto:valentinatsang@cuhk.edu.hk))

### 3. College Term-long Exchange Programme 2017-18 書院交換生計劃



The College provides immense opportunities for students to expand global vision and explore different cultures. We have been developing exchange connections with a number of overseas universities.

In 2017/18, two more new exchange institutes have been included. Students can go on exchange in 18 institutes across 12 countries. On top of the destinations in Australia, Canada, China, Czech Republic, Korea, Germany, Sweden, The Netherlands, Finland, United Kingdom and the United States, new opportunities to participate in term-long exchange programmes in Singapore are granted. Students are also encouraged to join the exchange activities organized by the University's Office of Academic Links. For more info, please visit the College [website](#).

Application period: From 12:00noon, 7<sup>th</sup> Nov to 5:00pm, 21<sup>st</sup> Nov 2016

If you want to learn more about the exchange programme, you can attend the Introduction Session on 17<sup>th</sup> Nov.

Date: Thur, 17<sup>th</sup> Nov 2016

Time: 6:30 – 8:00pm

Venue: College Theatre, WYS College

Registration:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2380178>

Registration deadline: **Tue, 15<sup>th</sup> Nov 2016**

Enquiries: Miss Katie Yu ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk)/ 3943 3935)

#### 4. 健康烹飪班，快樂迎聖誕 Healthy Cooking for Christmas



年年都食自助餐，今年的聖誕有沒有想過過得更特別，親自下廚，為自己或身邊的人炮製健康聖誕大餐，健康快樂地過聖誕？星級營養師陳國賓(Leslie Chan)將於十二月為大家舉辦烹飪班教大家煮聖誕大餐，為響應國際豆類年，聖誕大餐亦會加入健康豆類作食材，希望大家在這個聖誕節過得更健康。同場更加設烹飪比賽，烹飪高手可以一決高下！

##### 星級營養師陳國賓(Leslie Chan)簡介

陳國賓(Leslie Chan)畢業於香港中文大學食品及營養科學系，其後轉往英國列斯都市大學進修醫療營養學，正式成為註冊營養師(英國)，並考獲基層健康護理碩士學位。Leslie 返港後從事長者健康服務，負責長者膳食治療及社區營養推廣活動。其後 Leslie 加入「幼聯」，於學校及社區向學童、家長推廣各種健康訊息及進行教師培訓，並於 2013 年創立「Kitchen Basic 必食廚房」，積極推廣優質有機飲食；並於 2015 年推出 BabyBasic 嬰幼兒食品系列，同時為孕婦及初生嬰兒的父母提供營養諮詢服務。

Leslie 積極參與社區健康推廣活動，並為《TVB 周刊》、《Baby 親子雜誌》、《Parents》、《OURS》、撰寫專欄。Leslie 現為《都市閒情—今晚食乜嘢》主持及新城電台節目嘉賓主持。食譜著作包括《A+孕婦營養食譜》、《0-3 歲 A+營養食譜》、《低卡美食》、《膽固醇營養食譜》及《糖尿病營養食譜》。

日期：2016 年 12 月 8 日（星期四）

時間：上午 10:30 至下午 12:30

地點：伍宜孫書院學生飯堂

按金：\$50 (完成活動後退回)

參加烹飪班後，同學更可參加書院聖誕聯歡會，大家不容錯過！

名額有限，先到先得，欲報從速！報名次序以遞交按金先後次序為準。請將按金交至書院辦公室。

報名：

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2285028>

截止日期：12 月 1 日

查詢：Valentina ([valentinatsang@cuhk.edu.hk](mailto:valentinatsang@cuhk.edu.hk)/ 3943 3988)

#### 5. Fitness Consultation Session



If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor's advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 8<sup>th</sup> Sep – 1<sup>st</sup> Dec (**Every Thursday, except Public Holidays**)

Time: Thursday 6:30-8:30pm

Venue: College Gymnasium

Instructor:



Ms. Leung Ka-cheuk

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Ms. Kitty Lau ([kitty\\_lau@cuhk.edu.hk](mailto:kitty_lau@cuhk.edu.hk) / 3943 3942)

## College Announcements 宣佈事項

### 1. WYS's Got Talents

Are you interested in or excellent at **photography, video-production, art & design, simultaneous interpretation** or being the **Master of Ceremonies**? Or do you have any other talents to showcase?

The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Jane Wu (3943 3934/ [janewu@cuhk.edu.hk](mailto:janewu@cuhk.edu.hk))

### 2. Change of Opening Hours of College Catering Outlets on 17 November 2016 書院膳堂於 11 月 17 日更改營業時間

Due to Graduation Ceremony, the opening hours of all catering outlets at Wu Yee Sun College on Thursday, 17 November 2016 will be changed to **4:00pm - 8:45pm**.

### 3. The Most Popular College Canteen Staff Polling (2016-17 Term 1)



With a view to enhancing the canteen services and strengthening the communication between canteen staff and students, Wu Yee Sun College has established "The Most Popular Canteen Staff Award" for voting. Please click onto the link below to vote for the most popular canteen staff. (Each student can vote for three canteen staff at most)

Online voting : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1883575>

Voting period : 1 - 30 November 2016

### 4. "Meet the Dean" Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. The session is hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and

Associate Professor of School of Journalism & Communication, Professor Ming-kay Poon (潘銘基教授), College Associate Dean of Students and Associate Professor of Department of Chinese Language and Literature, and Dr. Lancelot W.H. Mui (梅維浩博士), College Associate Dean of Students and Lecturer of The Jockey Club School of Public Health and Primary Care. Every Sunnie is welcome!

Date: Every Wednesday

Time: 2:30 – 3:30pm

Venue: Dean of Students Office, Room UG09, Wu Yee Sun College

Enquiries: Miss Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 3943 3937)

“Meet the Dean” Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the \*closest Monday noon to register for the event.

\*remarks: registration has to be made on the previous working day if the closest Monday is public holiday

#### Upcoming gathering

Date: Wednesday, 16<sup>th</sup> Nov 2016

Time: 12:30 – 2:00pm

Enquiries: Miss Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 3943 3937) and Miss Katie Yu ([katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) / 3943 3935)

### 5. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/ Loan.

There are different rounds of applications. For programmes/ activities held in **Oct 2016 - Jan 2017**, the application is open from **15<sup>th</sup> Aug to 14<sup>th</sup> Dec 2016**.

For programmes/ activities held in **Feb - May 2017**, application will be open from **15<sup>th</sup> Dec 2016 to 18<sup>th</sup> Apr 2017**.

Check out the following link for more information including eligibility:

[http://www.wys.cuhk.edu.hk/cms/wp-content/files\\_mf/1469415873ExchangeandTravelGrantandLoan2015164th\\_2.pdf](http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1469415873ExchangeandTravelGrantandLoan2015164th_2.pdf)

For enquiries, please contact Ms. Carol Cheng at [carolcheng@cuhk.edu.hk](mailto:carolcheng@cuhk.edu.hk) or Miss Yolinda Wong at [yolindawong@cuhk.edu.hk](mailto:yolindawong@cuhk.edu.hk)

### 6. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University’s Student Counselling and Development Service at **3943 7208** for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

## College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

### 1. Mingle Fund (English only)

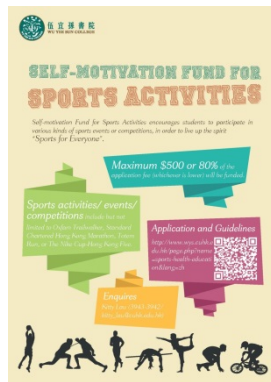
Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?cat=others=en>

For enquiries, please contact Miss Katie Yu at [katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk) or 3943 3935

### 2. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃





**Self-Motivation Fund for Sports Activities** encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

The College will subsidize the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

*\*Students who are running for Standard Chartered Hong Kong Marathon are also welcome to join [CUHK Marathon Team](#).*

**Funding Amount:** \$500 or 80% of application fee (whichever is lower)

**Guidelines:** <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

**Application:** Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

**Enquiries:** Kitty (3943-3942/ [kitty\\_lau@cuhk.edu.hk](mailto:kitty_lau@cuhk.edu.hk))

### 3. Global Learning Award Scheme (Summer Round) 寰宇學習獎勵計劃 (夏季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items (whichever is lower)
		#Participating in organized programmes	HK\$8,000 or 80% of particular items (whichever is lower)
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items (whichever is lower)
		#Participating in organized programmes	

*#Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.*

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1 <sup>st</sup> - Apr 30 <sup>th</sup>	May 1 <sup>st</sup> - Oct 31 <sup>st</sup>
Summer	May 1 <sup>st</sup> - Oct 31 <sup>st</sup>	Nov 1 <sup>st</sup> - Apr 30 <sup>th</sup>

*#application documents shall be submitted to DOS Office by the last working day within the application period.*

Contact Miss Katie Yu (3943 3935 / [katieyu@cuhk.edu.hk](mailto:katieyu@cuhk.edu.hk)) now if you have any ideas in mind. Know more about the [details](#) and [apply](#) here!

### 4. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply for Be Entrepreneurial! Scheme.

**To provide more support to students, the maximum funding amount has been raised to \$20,000!!!**



**Maximum Funding Amount:** HK\$20,000

**Eligibility**

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

**Enquiries:** Mr. Kan Poon (3943-9767 / [kanpoon@cuhk.edu.hk](mailto:kanpoon@cuhk.edu.hk))

**5. Service-learning project Funding Scheme 服務學習項目資助計劃**



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's [Service-learning Project Funding Scheme](#) supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the [website](#) for more info.

**Enquiries:** Miss Jane Wu ([janewu@cuhk.edu.hk](mailto:janewu@cuhk.edu.hk) / 3943 3934)

**6. Sports for Life Award Scheme 體育運動參與獎勵計劃**

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

**How to join?** You will be enrolled into the Scheme after joining your first sports activity!

**What are the prizes?** 30 points for Sports Towel & 40 points for Water Bottle

**How to redeem prizes?** Prize redemption will be arranged every semester! Please follow the College news!

**Upcoming Sports Activities**

Stay tuned!

Check your accumulated points at <http://bit.ly/WYSSportsForLife!!>

**Enquiries:** Miss Sonia Yu ([soniayu@cuhk.edu.hk](mailto:soniayu@cuhk.edu.hk) / 3943 3937)

**Other Activities & Announcements 其他活動及宣佈事項**

**1. CUHK Marathon Team**

The Standard Chartered Hong Kong Marathon will be held on 12 February 2017 (Sunday). CUHK will form its own marathon team once again. We welcome all CUHK students, staff, alumni and their relatives and friends to join the team and take up the challenge together!

Each team member will be entitled to the following exclusive benefits:

- 1) A CUHK running tee-shirt or singlet specially designed for sports runners, sponsored by [Antonhill Co. Ltd.](#)
- 2) Participation in marathon seminars and training to be conducted by the professionals from the Department of Sports Science and Physical Education, the Physical Education Unit and the Department of Orthopaedics and Traumatology, CUHK.
- 3) On-field physiotherapy provided by the CUHK Sports Medicine Team on the race day.
- 4) A souvenir from the CUHK booth located at the finishing area.
- 5) Support from CUHK cheerers along the racing routes.
- 6) Taking photos along the race routes and at the CUHK booth (You are welcome to download the photos as mementos, for free, from our website).

**Registration procedure is as follows:**

**Step 1**

To be a member of the CUHK Marathon Team, a runner must be a **successful registrant** who has received a **reference number** from

the Organiser of the Standard Chartered Hong Kong Marathon in the result announcement of its public ballot system released on **11 October 2016**.

### **Step 2**

Starting from **11 October 2016**, successful registrants of the Standard Chartered Hong Kong Marathon can then register for the CUHK Marathon Team on the [CUHK Marathon website](#). Registration will be closed on **25 November 2016**.

To know more about the CUHK Marathon Team, please check out our website at [www.cuhk.edu.hk/cpr/marathon](http://www.cuhk.edu.hk/cpr/marathon). For enquiries, please email to [marathon@cuhk.edu.hk](mailto:marathon@cuhk.edu.hk), or call 3943 3916.

*Run for CUHK and show our spirit!*

## **2. HSBC Overseas Scholarship 2017/18 Now Open for Application**

The scholarship will enable **local non-final year full-time undergraduate students** to spend a semester or an academic year as a visiting student or an exchange student at one of the overseas universities selected from the List of Overseas Universities. The maximum total value for each scholarship is HK\$300,000, which can only go towards tuition fees and mandatory college fees, a minimum economy return airfare, reasonable room and board costs, books, a small portion of living expenses and visa application fees.

If you would like to learn more about the application and selection process of these scholarships, you are most welcome to join the upcoming Information Session. Details of the Information Session are as follows:

Date: 21 November 2016 (Monday)  
Time: 4:30 pm – 5:30 pm  
Venue: Room 203, Esther Lee Building, CUHK  
Language: Cantonese

Speakers:

- Representative of HSBC
- Representative of Secretariat of the Innovation and Technology Scholarship Award Scheme
- Awardee of HSBC Overseas Scholarship 2014/15
- Awardee of Innovation and Technology Scholarship Award Scheme 2015

Registration Procedures:

1. To reserve a seat for the Information Session, please complete and submit on or before 15 November 2016 an online registration form which is available at our website at <http://www.oafa.cuhk.edu.hk/> (Scholarships & Financial Aid → Open for Application).
2. Confirmation on registration will be sent to students' CUHK email account (i.e. @Link) on Wednesday, 16 November 2016.

Details of the Scholarship and its application form can be downloaded from our website at <http://www.oafa.cuhk.edu.hk/> (Scholarships & Financial Aid → Open for Application). The application deadline is **28 December 2016**.

For enquiries, please contact the Scholarships and Financial Aid Section, Office of Admissions and Financial Aid at 3943 7204 or [sfas@cuhk.edu.hk](mailto:sfas@cuhk.edu.hk).

## **3. Alibaba Internship Program 阿里巴巴實習生計劃**

<The content is drafted by CUHK AIESEC>

### **AIESEC Partnership with Alibaba Entrepreneurs Fund**

In the last academic year, there was Alibaba Entrepreneurs Fund Internship Program 2016. In 2016/17, Global Talent Product by AIESEC is very honoured to be the exclusive exchange partner with Alibaba Entrepreneurs Fund in recruiting bright, young talents who are in their full-time study of **Year 3, Year 4 of Bachelor's Degree and Master's Degree** in tertiary education institutions in Hong Kong to work in Alibaba's headquarter - Hangzhou. Main targets are Hong Kong local students.

#### **5 highlights of the internship programme**

1. Short duration (6 months)
2. Round trip flight tickets, insurance and first 2 weeks hotel accommodation are included
3. Orientation events organised by Alibaba
4. Monthly salary (\$9000-\$14000)
5. Wide range of career fields

Alibaba Internship Program Application: [www.ent-fund.org/en/internship/program](http://www.ent-fund.org/en/internship/program)

For More details, please refer to:

<https://zh-hk.facebook.com/AIESECinCUHK/>

Application deadline: 18 Nov 2016

Apply now!