

The Sunny Weekly

26 September 2016

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Other Activities & Announcements 其他活動及宣佈事項

1. [University Bursaries and Loans 2016/17 大學助學金及免息貸款 \(For eligible full-time local undergraduate students\)](#)
2. [Student Residence Bursary Scheme 2016/17](#)
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Sunny Review

上周回顧



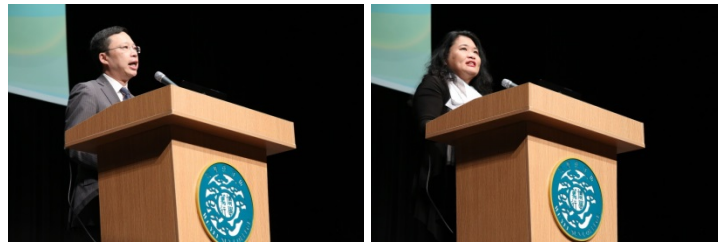
1. College Inauguration Assembly 2016/17 年度書院開學禮



The Sunny College welcomed its students to the academic year 2016/17 in the College Inauguration Assembly last Friday. Our College Master, Professor Rance P.L. Lee (李沛良教授), shared his dream and expectation on our Sunnies, and encouraged our students to grasp the opportunities to chase their own dreams.



Professor Anthony T.C. Chan (陳德章教授), Associate Master, introduced the new initiative - House of Sunny Living, which aimed at helping our students to lead a healthy life. Professor Annisa C.H. Lee (李賴俊卿教授), Dean of Students, and Cabinet members from Creativity Laboratory (c!ab), invited our students to initiate their own projects in c!ab and seize every opportunity to realise their new ideas.



At the occasion, Mr. and Mrs. Roy Chen (陳仰宗伉儷) represented Seeds Foundation (種子基金) to present its generous donation to the College in support of the development of the Creativity Laboratory.



Miss Wing-man Chan (陳泳雯) and Miss Yi-tak Chan (陳意德) shared their learning experience in the Summer Exchange Programme in Australia and mentorship programme respectively. Scholarships were also presented afterwards to recognise students' efforts in various areas.



2. Plaque Unveiling Ceremony



Plaques for three prominent facilities of the College, namely the Terrace of Dreams (圓夢臺), Yan Chak Study Room (仁澤書房) and Creativity Laboratory (創意實驗室) have been recently installed. A plaque unveiling ceremony was held last Friday after the College Inauguration Assembly. Fellow guests, teachers and students were invited to join the ceremony to share this joyful moment. Professor Rance P.L. Lee (李沛良教授), College Master expressed his gratitude to all teachers and advisors who have contributed their inputs on the naming and inscriptions. He also hoped that all college members and students can utilise these facilities and hence enjoy a delighting environment for their work and study.



3. WYS Green Team Activity: Shorelines Cleaning at GeoPark (馬屎洲海岸公園清潔)



Despite the heat and overbearing sun, more than 30 Wu Yee Sun College and CUHK students, staff members and alumni walked from Sam Mun Tsai (三門仔) to Ma Shi Chau Special Area (馬屎洲特別地區) last Saturday --- not for fun but for some hard labour! Close to 100 kgs of rubbish were collected at this GeoPark within one hour. While the most common items collected being plastic bags and bottles, participants also came across surprising items such as refrigerator and car tyre! Professor Chau Kwai-cheong (鄒桂昌教授), leader of the trip and Chairman of the College's Campus Environment Committee, reminded participants at the end of the trip that handling concentrated rubbish (for example, waste reduction and waste separation for recycling) would be much easier than random distribution of rubbish (for example, collecting rubbish from the shorelines), and that everything could be cycled and the process is never-ending.



4. CUHK Rowing Team Alumni Association 30th Anniversary Dinner



CUHK Rowing Team Alumni Association organized its 30th Anniversary Dinner on 11th Sep and Professor Rance P.L. Lee (李沛良教授), College Master was invited to attend the dinner to share the joy with all guests, alumni and team members. It was an wonderful moment to witness the strong cohesiveness among all former and current team athletes.



5. Orientation Tea Gathering 迎新茶聚



The College Student Union, Xenia, hosted the Orientation Tea Gathering on 22nd Sep in the Courtyard. Various College student organizations including Cell Group, [Clab](#), College Anniversary Organizing Committee ([The Order of Wu Yee Sun 伍宜孫的密令](#)), Dessert Society ([Forsun Dessert 甜宜蜜汝](#)), [Green Team](#), The Non-resident Hall Association, Resident Association ([Yirus 宜琅星](#)), [Sports Association](#) (體育學會), Rotaract Club ([Sunwise 伍步青雲](#)) and Student Publication Committee - [Sunzine](#) (書院學生報) set up booths to introduce their organizations and recruit new members.

Students may check out other student bodies at <http://www.wys.cuhk.edu.hk/student-organizations.php> or even initiate a new one!



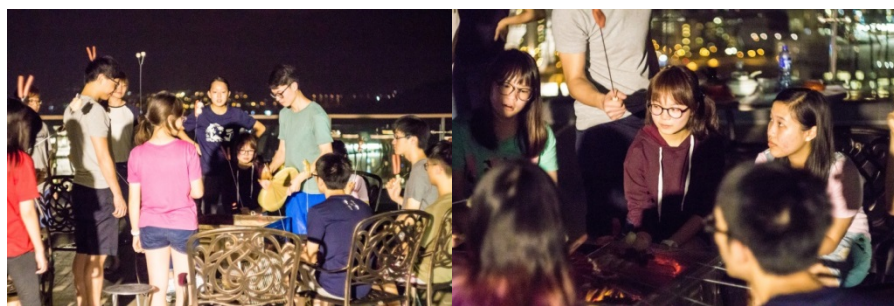
6. Creativity Lab (c!ab) Orientation Night - Barbeque Gathering



Creativity Lab (c!ab) held the orientation night last Wednesday and all participants enjoyed a wonderful night with a barbeque gathering. Students from different years got the chance to learn more on the mission and recent development of c!ab during the sharing by current cabinet members and also talk to other students who were interested to join the cabinet in the coming year.



Professor Sunny K.S. Kwong (鄺啟新教授), Associate Master and Chairman of the Management Committee of c!ab and Professor Annisa C.H. Lee (李賴俊卿教授), Dean of Students, also came to chat with the students to show their support. The night was full of laughter with the sharing of experience and memories in the past activities. If you are interested to become the cabinet member of c!ab next year, join its events or just simply initiate your own projects, please like c!ab [Facebook Page](#) for the latest updates of its [upcoming activities!](#)



7. Liver Health Seminar 肝臟健康勿忽視 健康檢查你要知



A Liver Health Seminar (肝臟健康勿忽視 健康檢查你要知) conducted by Professor Grace L.H. Wong (黃麗虹教授), College Member and Professor of Department of Medicine and Therapeutics, and Professor Zhang Baoting (張保亭教授), College Member and Assistant Professor of School of Chinese Medicine, from Chinese and Western Perspectives on Liver Health was held last Friday. Professor Wong introduced different types of liver diseases to the participants and gave advice on prevention and treatment of them. Professor Zhang recommended several dietary recipes and Chinese massage method for liver health. Participants also underwent the Fibroscan test after the talk. We were grateful to have the presence of Professor Rance P.L. Lee (李沛良教授), College Master, and Professor Albert Lee (李大拔教授), Chairman of Health and Spiritual Well-being Committee to support us at the event.



8. Tasting session for healthy snacks available at new vending machine 健康零食售賣機試食活動



Snacks are not limited to chocolate, potato chips and cokes. We can choose snacks wisely. The College will introduce a vending machine for healthy drinks and snacks at House of Sunny Living in October. A healthy snacks tasting session was held on last Wednesday. Students tried different types of healthy drinks and snacks and voted for their preferred choice after tasting.



9. 中大職員協會三十五周年會慶音樂會



中大職員協會於上星期三舉辦了三十五周年會慶音樂會，書院成員及西座舍監潘江鵬教授太太王華峰女士獲邀代表伍宜孫書院為音樂會表演，演繹崑曲《遊園驚夢》選段，為一眾嘉賓及參加者帶來精彩的演出。

College Activities 書院活動

1. 走讀生舍堂迎新夜及傾莊 Non-Resident Hall Association Formation and Orientation Night (Chinese Only)



<以下內容由走讀生舍堂籌委會撰寫>

!!召集所有走讀的面孔!!

冇宿住冇得識宿入面既朋友子？

想多 d 番書院同大 o mate 一齊組聚但又冇地方推介？

見到宿生 bb 上星期有一連串活動好羨慕子？

冇宿既你地唔使再妒忌羨慕恨啦

走讀生有活動啦！

打頭炮既會係走讀生 o'night

26/9 (星期一) 晚 6:30-8:00

西座走讀生舍堂

有傳說中既走讀籌委同埋野食野玩等你快 d 叫齊所有走讀伙伴一齊黎認識下大家啦！夾既話分分鐘會係大家既莊員嫁！

之後分別再會有多兩次傾莊，歡迎有興趣既你地黎同大家傾下對走讀既睇法☐

傾二：28/9 (星期三) 6:30-8:00

傾三：4/10 (星期二) 6:30-8:00

地點：西座走讀生舍堂

就算唔肯定想上莊既都記得 mark 低時間黎支持下啦，當多個走讀朋友認

2. 伍宜孫書院體育學會 (Sports Association) 傾莊 (Chinese ONLY)

<以下內容由伍宜孫書院體育學會撰寫>



Sports Asso 招莊了

想瘋狂做運動 揮灑汗水
想做陽光男孩陽光女孩
就記得 mark 低以下日子
黎我地 Sports Asso 傾莊喇

傾一：19/9 (mon) 伍宜孫書院 w116 室
傾二：28/9 (wed) 伍宜孫書院 w116 室
傾三：6/10 (thur) (成莊日) 伍宜孫書院 w112-114 室
(三次傾莊最少出席兩次，成莊日必須出席)

時間：19:00-21:00

無論你係運動健兒
定係想了解下我地有咩搞
我地都無任歡迎架

☎ 如有任何問題，歡迎聯絡 Julie (5629 6194)

記住 like 埋我地 [facebook page](#) (伍宜孫書院體育學會 Wu Yee Sun College Sports Association)，留意最新招莊詳情及各項體育活動！

3. 音樂放鬆分享會 Relaxation through Music



音樂除了可以陶冶性情，令人心情放鬆，經過繁忙的一天，最好靜下來聽一聽音樂，放鬆一下心情，把整天的繁惱拋諸腦後。音樂有這麼多類型，那些音樂可以幫助我們放鬆心情、紓緩日常的壓力呢？在是次的音樂會，鍾教授會跟同學們一起唱唱他的作品。屆時，鍾教授亦會與大家分享他如何在擔任研究工作之外，繼續追求自己的興趣，並把研究工作與音樂創作兩者取之平衡，同學們不容錯過！

活動由音樂人鍾一諾教授 (Prof. Roger Chung) 帶領
香港中文大學公共衛生學院助理教授，年輕香港男歌手、作曲及填詞人；與其兄鍾一匡組成的鍾氏兄弟是香港知名音樂組合，並獲得多個華語樂壇重要獎項，包括 2012 年全球華語金曲獎「年度最佳爵士藝人」、2014 年華語音樂傳媒大獎「最佳組合」、2014 年 CASH 金帆音樂獎「CASH 最佳歌曲大獎」、「最佳歌詞」、「最佳合唱演繹」等殊榮。2014 年推出本土話題大碟《極》，榮獲華語金曲獎七月份十大唱片首位，並被多個權威樂評網站選為年度最佳大碟。主打歌《時代的顛覆者》更一度被瘋傳於網絡，及被多個傳媒報章稱為「時代之歌」。文學泰斗李歐梵亦曾公開點名鍾氏兄弟為「香港音樂的出路」。此外，鍾教授也是著名唱片監製，曾監製及合作過的音樂人包括上海歌后姚莉、泰迪羅賓、盧冠廷、曾路得、夏韶聲、林一峰、岑靈兒、金培達、Joey Tang、蘇德華、單立文、Eugene Pao、七屆格林美得主歌手 Andrae Crouch、六屆格林美得主 Ukulele 大師 Daniel Ho、台灣名製作人李壽全、台灣金音獎得主林生祥等。

日期：2016 年 10 月 19 日 (星期三)

時間：晚上 6:30 至 8:00

報名:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1987438>

查詢: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk/3943 3988)

4. 《小王子的領悟》讀書會 Reading Club



小王子為什麼要離開玫瑰？狐狸的教導，為什麼能令小王子走出危機，明白馴服的道理？小王子最後選擇將命運交託給毒蛇，真的是明智之舉嗎？

這是許多《小王子》的讀者都會有的困惑。

周保松教授會在今次活動分享他對些問題的解讀，帶領讀者進入小王子的世界，尋找那美麗的思想綠洲，並跟同學見見面、簽簽書。

周保松教授簡介

書院院務委員，英國倫敦政治經濟學院博士，香港中文大學政治與行政學系副教授。著作包括《政治的道德》、《自由人的平等政治》、《走進生命的學問》、《相遇》、《政治哲學對話錄》等。

日期: 2016年10月18日 (星期二)

時間: 晚上 7:00 至 8:30

報名:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1989557>

查詢: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk/3943 3988)

5. 身、心、靈靜坐教室 Meditation for Mind, Body & Spirit



我們認為，活在繁華的都市裡，每一個人都應該學習靜坐，以令自己能擁有片刻寧靜，就像寧靜可令一杯混濁的水慢慢回復清澈一樣，你選擇學習「身、心、靈靜坐」是為你自己的心靈送上一份最佳的禮物！

內容簡介:

- 許多人希望擁有冷靜、平和及優質的人生，但不知如何獲得
- 許多人希望擁有清明、敏銳快捷的思考，但不知如何獲得
- 許多人希望擁有健康、正面的思維，但不知如何獲得

身、心、靈靜坐法就是以上種種的答案。

靜坐？好神秘啊！

是的，如果你未曾深入了解的話。

「身、心、靈靜坐教室」旨在助你將被煩囂生活導至混濁的心靈平復，令你更清明、更專注、身心更健康！

導師: 周東妮博士 (Dr. Kanny Chou)

日期: 2016年11月17日及24日 (逢星期四, 共兩堂)

時間: 晚上 7:00 至 9:00

按金: 港幣\$50 (出席兩堂可獲退回全部按金)

截止日期: 11月11日

報名:

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1956317>

查詢: Miss Valentina Tsang (valentinatsang@cuhk.edu.hk/3943 3988)

6. Toastmasters Club Presentation Workshop

<<The content is drafted by WYS Toastmasters Club>>

Welcome back to School !

WYS Toastmasters Club is now holding a presentation workshop for you to master the skills to speak professionally. Join us to practice more - you will definitely be benefited from it.

Date: 17/10 (Mon)

Time: 7-9pm

Venue: W116

Light refreshment will be provided.



7. 伍宜孫書院 2016 第一場 Unplugged Music Show 2016 1st Unplugged Show in Wu Yee Sun College (27th Sep, Tmr!)

<The content is drafted by WYS Underground Band 內容由伍宜孫書院地下樂隊撰寫>



地下樂隊終於搞兩年黎既第一個活動，就係 Unplugged Show 啦。

c!ab & WYS Underground Band presents
伍宜孫書院 2016 第一場 Unplugged
1st Unplugged Show in Wu Yee Sun College

活動詳情 Details

日期 Date : 9月27日(二) 27 Sept (Tue)
時間 Time : 8:00 pm
地點 Venue : Creativity Lab (UG/f)
費用 Fee : 免費 Free of charge

器材提供 Equipment for use

Cajon x 1 (Special thanks: Johnson Ma)
結他音箱 Guitar amp x 2 (Special thanks: Suko Lau)
咪架 Mic stand x 1
譜架 Sheet music stand x 2 (Special thanks: Johnson Ma)
咪 Microphone x 2
燈光提供 Timothy Cheng

如果想表演既話可以入去填張 form

If you would like to perform, please fill out the form at
<https://docs.google.com/.../1eZuUbJ3YvwNpO-Zcx9fF4Ccu5M2YNxf.../>

If you have any questions, feel free to reach me.
有問題即管搵 9017 3073 (Derrick)

如果反應可以既話，將會繼續搞落去。

8. Green Team Member Recruitment 書院綠色小組迎新傾莊 (Chinese Only)



如果你已經厭倦做食肉獸
如果你想生活增添多點綠
其實 健康飲食都可以好好玩
其實 心動不如行動
黎參加我地既活動啦!!

活動報名：<https://goo.gl/forms/EyLZYmQqeUqJjLe2>
查詢：wysgreenteam@gmail.com

9. c!ab 招莊活動

<The content is drafted by c!ab student conveners 內容由創意實驗室幹事會撰寫>



【喂喂喂！c!ab 招莊啦！】

想知道 c!ab 要做啲咩、可以做啲咩？嚟 O Night 同傾莊啦！

O Night (BBQ) : 21 Sept 18:30 @ c!ab 門外集合

***報個靚名（以免浪費食物～去綠！）：www.goo.gl/Qlr3Wu ***

傾一（木工）：26 Sept 19:30 @ c!ab（改咗日期留意返！）
 傾二（打邊爐）：6 Oct 18:30 @ c!ab
 傾三（藍染／絲印）：11 Oct 19:30 @ c!ab
 成莊日：21 Oct 19:00 @ c!ab

* 三次傾莊最少出席兩次 *

有咩問題可以搵 Candice Ng (9201 8285) 㗎！好期待見到你地！想知我地有咩 update？記住 like 埋我地個 Facebook page [WYS c!ab CUHK](https://www.facebook.com/WYS.c!ab) 呀！

10. Hop Wai Art and Cultural Programme: Visiting Artists of 2016/17 Autumn (Chinese Only) 洽蕙藝文計劃 2016-17 年度訪問藝術家活動（只有中文）

厚蒙洽蕙堂慨贈支持，香港中文大學伍宜孫書院、崇基學院及聯合書院邀得兩位內地著名篆刻及書法家擔任訪客藝術家，於 2016 年 10 月 4 日至 14 日舉辦一連串活動，與中大員生分享創作心得。



訪問活動如下：

書法工作坊

日期：甲班：2016 年 10 月 4, 6, 11, 13 日(星期二及四)／乙班：2016 年 10 月 5, 7, 12, 14 日(星期三及五)；即共四節

時間：晚上 7:00 - 9:30

地點：中大校園

費用：材料費 \$20 (自備大、小毛筆各一支) 或 \$110 (代購大、小毛筆各一支)；另收按金 \$100 (可於出席所有課堂後退還)

語言：普通話

對象：伍宜孫書院、崇基學院及聯合書院同學

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1990714> (名額有限，先到先得)

講座一：對中國書法的幾點認知

主講：張愛國教授

日期：2016 年 10 月 6 日(星期四)

時間：下午 3:30 - 5:00

地點：伍宜孫書院演藝廳

語言：普通話

對象：伍宜孫書院、崇基學院及聯合書院同學、教職員及校友

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1990842>

講座二：儒家思想與書法教育

主講：汪永江教授

日期：2016 年 10 月 13 日(星期四)

時間：下午 3:30 - 5:00

地點：伍宜孫書院演藝廳

語言：普通話

對象：伍宜孫書院、崇基學院及聯合書院同學、教職員及校友

報名：<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1990842>

借古開今 —— 張愛國、汪永江書法篆刻聯展
 日期：2016年10月5日至14日
 地點：崇基學院行政樓大堂展覽廳
 開幕禮謹訂於2016年10月5日上午11時30分舉行

查詢：
 曾煒婷小姐 (3943-3988)
 石曉風女士 (3943-1615)

11. The Way To Success Course (TWTS) 成功之道



The Way To Success Course (TWTS) teaches students how to be successful leaders and focuses on students' holistic development. Seasoned business executives and experts in international education collaborate to build the TWTS curriculum and teach TWTS courses, resulting in a programme rich in practical experience, real-world professional skills and mentorship opportunities. Students will have a solid understanding of themselves as significant and responsible individuals, and understand their personal and corporate responsibility to others. They become positive influencers in their daily lives and chosen professions, and are recognised for their personal character, employability, social responsibility, and cross-cultural skills.

Course Description

The Way To Success introduces students to the concepts of servanthood, integrity and soft skills leadership in both theory and practice. The curriculum focuses on the identification and integration of soft skills and how these can be utilised to impact the student personally and their spheres of influence.

Objectives

At the completion of this course, students will obtain:

- An increased ability to manage adversity and overcome life's challenges.
- A positive outlook on themselves and the world around them.
- Soft skills for interacting effectively and harmoniously with other people.
- Inspiration and strategies to make a positive contribution to their community.
- Increased focus on serving others' needs.

Prospective Students

This course is for students who want to better equip themselves to achieve their personal and professional goals. In particular, students who aspire to leadership will benefit greatly from this course.

Course Details (Updated)

Venue: W112, Wu Yee Sun College
 Language : English
 Course Fee : \$850

**Except with valid reasons, 100% attendance is required for full refund of course fee*

Date	Time	Module
8 Oct 2016 (Sat)	10am - 1pm	The Way to Success
15 Oct 2016 (Sat)	10am - 1pm	Communication with Impact
5 Nov 2016 (Sat)	9am - 5pm	Trust & Integrity Servant Leadership Failing Forward
12 Nov 2016 (Sat)	10am - 1pm	Life Management

Registration : <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2127791>

Application deadline : 5 October 2016

For details of the teachers and mentors, please click [here](#).

Enquiries : Miss Valentina Tsang (valentinatsang@cuhk.edu.hk /3943 3988)

12. 3-on-3 Basketball Competition 三人籃球賽

<The content is drafted by College Sports Association 內容由伍宜孫書院體育學會撰寫 >



Date 日期: 30/09/2016
 Time 時間: 13:30 - 16:30
 Venue 地點: U Gym (楊明標室內體育館)
 Application 報名: <https://goo.gl/forms/IBitXkRmkcKkm58I2>
 Enquiries 查詢: Jeremiah (9191 4415)

參賽者均可獲得 3 分 PE 分

非伍宜孫書院同學亦可組隊參加，但每隊至少有兩位伍宜孫書院同學

📢 賽制 📢

1. 每場比賽為一節十分鐘，場區為半個籃球場。
2. 比賽分為男子組及女子組，每隊最少要有三人，最多只可有五人。
3. 每隊必須有兩位或以上的隊員為伍宜孫書院學生。
4. 每隊最多可有兩位伍宜孫書院籃球院隊學生。
5. 初賽由分組賽開始，分為四組，每組各三隊。每組得勝較多的隊伍出線四強，並以抽籤方法決定準決賽賽程。
6. 準決賽的兩隊勝方晉級決賽，而準決賽的兩隊負方便會進行季軍賽。
7. 比賽中隊伍可以無限次換出入隊員。

13. Fitness Consultation Session



If you want to keep fit or build up your body, join us in the College's Gymnasium! Fitness consultation sessions are NOW available. You can seek instructor's advice on the use of fitness equipment, body fitness or other health-related issues during the sessions. The details are as follows:

Period: 8th Sep - 1st Dec (**Every Thursday, except Public Holidays**)
 Time: Thursday 6:30-8:30pm
 Venue: College Gymnasium

Instructor:



Ms. Ka-cheuk Leung

Target: Wu Yee Sun students and staff (no prior application is required)

Enquiries: Ms. Kitty Lau (kitty_lau@cuhk.edu.hk / 3943 3942)

College Announcements 宣佈事項

1. New College Member 新增書院成員



The following CUHK staff member has recently joined Wu Yee Sun College as a teacher affiliate. Warm welcome from all the Sunnies!

Professor Anthony W.H. Chan (陳永鴻教授) is a Clinical Associate Professor at the Department of Anatomical and Cellular Pathology, Faculty of Medicine, and also an Honorary Associate Consultant Pathologist at Prince of Wales Hospital. He is a graduate of The Chinese University of Hong Kong and completed his postgraduate pathology training at Prince of Wales Hospital. He undertook a hepatopathology fellowship in the Newcastle University. He has special interests in liver and gastrointestinal pathology in both tumorous and non-tumorous diseases. He has been actively participating research projects with collaboration with scientists and clinicians, and is a co-author of an atlas of liver pathology and a number of articles in peer-reviewed journals.

2. Get the updates of College and Student Bodies' activities

The latest updates of activities and announcements from College and student bodies can be accessed at below. Please follow/subscribe the page! Explore and enjoy your College life!

College Website: <http://www.wys.cuhk.edu.hk/>

College Official Facebook Page: <https://www.facebook.com/WuYeeSunCollege/?fref=ts>

伍宜孫書院學生交流 Group : <https://www.facebook.com/groups/154554771349617/>

Contacts of Other Student Bodies: <http://www.wys.cuhk.edu.hk/student-organizations.php>

3. Darts Machine is now available!!

Get your mind off all the troubles for a while – throw the darts, relieve your stress!



The Dart Machine is available at W116 (Activity Room) now! Learn the correct posture and go through the manual, then get yourself started with great fun!

Rules & Regulations

1. Please **DO NOT** take away any dart(s) from W116 (**Loss of darts will NOT be replaced**).
2. Please read the guidelines and manuals (next to the Darts Machine) **BEFORE** playing.
3. Please **DO NOT** damage any facilities or equipment while throwing darts
4. If there are other students waiting in line, please be considerate and do not play more than 20 minutes.
5. In case of any malfunctions of the darts machine, please notify the College as soon as possible.

4. Temporary Closure of College Catering Outlets for National Day 國慶日假期書院膳堂暫停營業

All catering outlets at Wu Yee Sun College will be closed on Saturday, 1 October 2016 for the National Day.

5. College Hostel Grant 2016/17 - Application Now Open 2016/17 年度書院住宿助學金 - 現已開始接受申請

College resident students (local undergraduates of all years) with financial needs may apply for College Hostel Grant. The grant amount for 2016/17 will be maximum \$3,600 per year.

Application is now open **until Friday, 14th Oct**. Students with Term 1 or whole year residence are eligible to apply.

Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Wing) before the application deadline.

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1470126958HostelGrantApplicationForm201617.pdf

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

6. College Student Grant/Loan 2016/17 - Application Now Open (for Non-Freshmen ONLY)

College students who have financial difficulties may apply for College Student Grant/Loan 2016/17. There will be two rounds of applications: the September round is open to non-freshmen ONLY while the January round will be open to freshmen ONLY. Students who have financial difficulties are reminded to first apply for Government financial aid (Tertiary Student Financial Scheme).

Application is now open for non-freshmen **until Friday, 14th Oct**. Please download the application form from the following link and submit the completed form with supporting documents to the College Office (G03, G/F, East Block) before the deadline.

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1469412458StudentGrantandLoan201617.pdf

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936)

7. The "Sunny" Award & Admission Scholarship for Outstanding Artistic Achievements 2016/17 - Now Open for Application 2016/17 年度 The "Sunny" Award 及藝術傑出入學獎學金 - 現已開始接受申請



The following two Admission Scholarships are now open for application:-

- **The “Sunny” Award – HK\$15,000**
 - College freshmen with positive attitude and achievements demonstrating entrepreneurial spirit (i.e. creativity, passion and vision) or social responsibility
- **Admission Scholarship for Outstanding Artistic Achievements – HK\$8,000**
 - College freshmen with outstanding achievements in literary arts / performing arts / visual arts / film / media arts / music

Eligible for freshmen who placed Wu Yee Sun College as their 1st College Preference.

Please go to the following links to complete the online application form on or before **11 October 2016 (Tuesday)**.

The “Sunny” Award: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2093656>

Admission Scholarship for Outstanding Artistic Achievements: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2093925>

Enquiries: Ms. Carol Cheng (carolcheng@cuhk.edu.hk / 3943 3936) or Miss Yolinda Wong (yolindawong@cuhk.edu.hk / 3943 3932)

8. Application for Deferment of Fees 2016/17

Students who have financial difficulties and would wish to defer payment on tuition and/or hostel fee, please submit application form together with supporting documents to the College Office (G03, G/F, East Block) on or before 26 September 2016 (Monday).

Application form can be downloaded from

http://www.wys.cuhk.edu.hk/cms/wpcontent/files_mf/1473663795TuitionFeeDeferment206171.pdf.

For enquires, please contact Ms Carol Cheng at carolcheng@cuhk.edu.hk / 3943 3936.

9. Wu Yee Sun College Sports Teams Tryouts (1st term, 2016-2017)



不論你是運動愛好者或是專業運動員，都不要錯過伍宜孫書院院隊選拔的時間！書院現正招募划艇、田徑院隊隊員，快來發揮你的運動天賦！

If you are a professional sports player or are simply keen on doing sports, do not miss the College Team try-outs. The College is now recruiting athletes for the **rowing, and athletic teams**. Do not hesitate to show your talents and we are looking forward to seeing you in the tryouts!

10. 天生我才? WYS's got TALENTS?



Are you interested in or excellent at photography, video-production, art & design, simultaneous interpretation or being the Master of Ceremonies? Or do you have any other talents to showcase? The College is recruiting all sorts of talents to contribute in various College events including the upcoming College Opening and Anniversary Ceremony, College Forum and Assembly...etc. Registered students may be invited to assist in different occasions. Don't hide your talents, shine in the College!

P.S. CREATIVITY COUNTS!!!

Let us know what you are interested in and excellent at: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=2083838>

Enquiries: Miss Jane Wu (3943 3934/ janewu@cuhk.edu.hk)

11. “Meet the Dean” Hours & Lunch Gathering 輔導長時間 及午餐聚會

"Meet the Dean" Hours hosted by Professor Annisa C.H. Lee (李賴俊卿教授), College Dean of Students and Associate Professor of School of Journalism & Communication, is a regular time schedule particularly for you to talk directly to the College Dean of Students on any matters you feel interested or concerned. Every Sunnie is welcome!

Date: Every Wednesday
Time: 2:30 – 3:30pm
Venue: Dean of Students Office, Room UG09, Wu Yee Sun College
Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

"Meet the Dean" Lunch Gathering will be held every other Wednesday. Individual students or representatives of student organizations are all welcome to register for the Gathering. Please email Sonia before the *closest Monday noon to register for the event.
**remarks: registration has to be made on the previous working day if the closest Monday is public holiday*

Upcoming gathering

Date: Wednesday, 5th Oct 2016
Time: 12:30 – 2:00pm
Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

12. Exchange and Travel Grant/Loan 2016/17

College students with financial needs who are selected for semester or year exchange programmes or going overseas for summer activities/exchanges may apply for Exchange and Travel Grant/ Loan.

There are different rounds of applications. For programmes/ activities held in **Oct 2016 - Jan 2017**, the application is open from **15th Aug to 14th Dec 2016**.

For programmes/activities held in **Feb - May 2017**, application will be open from **15th Dec 2016 to 18th Apr 2017**.

Check out the following link for more information including eligibility:

http://www.wys.cuhk.edu.hk/cms/wp-content/files_mf/1469415873ExchangeandTravelGrantandLoan2015164th_2.pdf

For enquiries, please contact Ms. Carol Cheng at carolcheng@cuhk.edu.hk or Miss Yolinda Wong at yolindawong@cuhk.edu.hk

13. Student Pastoral Care

It is not uncommon for college students like all of you to encounter various academic, emotional, interpersonal or family concerns and difficulties when you adjust to university life or pursue personal growth. You may wish to know the below ways that you can seek support or advice from the College and the University when you face problems:

- 1) You are welcome to speak with our College Dean of Students when you have problems that need resolving. Please call **3943 3942** for arrangement.
- 2) You may also approach the University's Student Counselling and Development Service at **3943 7208** for help.
- 3) A 24-hour Emotional Support Hotline is also launched to assist all CUHK full-time students in need of emotional help. The hotline is operated by trained counsellors from Christian Family Service Centre which offers telephone counselling and crisis interventions. You are welcome to call when facing emotional distress and critical situations. The hotline number is **5400 2055**.

College Funding & Award Schemes (for Year-round Application) 書院資助及獎勵計劃 (全年可供申請)

1. Mingle Fund (English only)

Mingle Fund aims at encouraging interaction among local, international and incoming exchange students of Wu Yee Sun College. The Fund supports self-initiated activities with participation of both local and international/ incoming exchange students. Successful applicants will receive subsidy on reimbursement basis. For each successful application, each participant may receive, at most, HK\$100 subsidy for the activity.

For more info, please visit: <http://www.wys.cuhk.edu.hk/exchange.php?lang=zh&cat=others>

For enquiries, please contact Ms. Kitty Lau at kitty_lau@cuhk.edu.hk or 3943 3942.

2. Self-Motivation Fund for Sports Activities 「自選遊」體育活動資助計劃



Self-Motivation Fund for Sports Activities encourages students to participate in various kinds of sports events or competitions, in order to live up the spirit “Sports for Everyone”.

The College will subsidise the **application fee** of sports events/ competitions/ activities organized by organization(s) OTHER THAN College. *Oxfam Trailwalker, Standard Chartered Hong Kong Marathon, Totem Run, or The Nike Cup-Hong Kong Five* are some of the examples.

Funding Amount: \$500 or 80% of application fee (whichever is lower)

Guidelines: <http://www.wys.cuhk.edu.hk/page.php?name=sports-health-education>

Application: Please submit application at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=1935668> at least 14 working days **BEFORE** the start date of the activity. We will notify applicants the results within two weeks.

3. Global Learning Award Scheme (Winter Round) 寰宇學習獎勵計劃 (冬季)

If you are planning to expand your academic wisdom with support from the scheme, ACT NOW!

The scheme supports Wu Yee Sun College students to take part in or self-initiate academic programmes, such as academic conferences, competitions, field trips and language programmes outside Hong Kong. Last academic year, the scheme has supported students to South India, Belgium, Inner-Mongolia and so on!

Students successfully selected by the Scheme will be awarded the Global Learning Award. The maximum award amount varies for programmes of different length and nature.

	Programme Length	Programme nature	Maximum Award amount
Short-term	Shorter than one month	Self-initiated programmes	HK\$8,000 or 100% of particular items <i>(whichever is lower)</i>
		#Participating in organized programmes	HK\$8,000 or 80% of particular items <i>(whichever is lower)</i>
Long-term	One to six months	Self-initiated programmes	HK\$15,000 or 100% of particular items <i>(whichever is lower)</i>
		#Participating in organized programmes	

#Programmes organized by the College and Term-long Exchange Programmes will not be considered for this scheme.

The sooner you submit your application, the quicker to receive feedbacks, and more time to improve the contents. Comment from College Exchange Committee members on proposal of self-initiated programmes could be sought by special request. The request shall be made at least month before application deadline together with submission of the completed proposal, budget plan and application form.

Round	Applying for trips taken during (for trips overlapping both rounds, <u>first date</u> of the trip shall determine the application period)	#Application period
Winter	Nov 1 st – Apr 30 th	May 1 st – Oct 31 st
Summer	May 1 st – Oct 31 st	Nov 1 st – Apr 30 th

#application documents shall be submitted to DOS Office by the last working day within the application period.

Contact Ms. Kitty Lau (3943 3942/ kitty_lau@cuhk.edu.hk) now if you have any ideas in mind. Know more about the [details](#) and [apply here!](#)

4. Be Entrepreneurial! Funding Scheme 創出我天地! 資助計劃

Life begins at the end of your comfort zone!

A **SMALL** change can make a **BIG** difference!

If you are planning for any short-term projects containing elements of Creativity, Entrepreneurial Spirit or Social Responsibility, apply for Be Entrepreneurial! Scheme.

To provide more support to students, the maximum funding amount has been raised to \$20,000!!!



Maximum Funding Amount: HK\$20,000

Eligibility

- ✓ All WYS undergraduate students
- ✓ Individual and Group projects (*the group must comprise of at least 50% WYS students, other 50% may be students from other Colleges*)
- ✓ Applications are welcome all year round.

What are you waiting for? Click [HERE](#) to find out more information!

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

5. Service-learning project Funding Scheme 服務學習項目資助計劃



If you have ideas of service-learning projects in mind, grasp the chance to make it come TRUE! The College's Service-learning project Funding Scheme supports any meaningful service-learning project to be held at anywhere of the world any time. You will definitely gain more than you give in the service-learning project. Learn to serve and serve to learn! Please visit the [website](#) for more info.

Enquiries: Miss Jane Wu (janewu@cuhk.edu.hk / 3943 3934)

6. Sports for Life Award Scheme 體育運動參與獎勵計劃

Wanna move your body and get a prize in the same time?!

Sports for Life Award Scheme aims at motivating students to take part in more College's sports activities and exercising regularly for a healthy life. Students can earn award points for participating in College's sports activities and gain prizes!

How to join? You will be enrolled into the Scheme after joining your first sports activity!

What are the prizes? 30 points for Sports Towel & 40 points for Water Bottle

How to redeem prizes? Prize redemption will be arranged every semester! Please follow the College news

Upcoming Sports Activities:

[WYSSA 3-on-3 basketball match](#)

Check your accumulated points at <http://bit.ly/WYSSportsForLife!!>

Enquiries: Miss Sonia Yu (soniayu@cuhk.edu.hk / 3943 3937)

**Other Activities & Announcements
其他活動及宣佈事項**

1. University Bursaries and Loans 2016/17 大學助學金及免息貸款 (For eligible full-time local undergraduate students)

The University Bursaries and Loans (UBL) are now available for local students who are studying full-time undergraduate programme and cannot get sufficient financial assistance under the Government Tertiary Student Financial Scheme – Publicly-funded Programmes (TSFS) to apply.

Students should submit application form online via CUSIS **from 5th to 29th Sep 2016**. For application details, please visit <http://www.oafa.cuhk.edu.hk>

2. Student Residence Bursary Scheme 2016/17

This scheme aims to help those needy students who are not able to benefit substantially from the Community Care Fund (CCF) hostel subsidy, applicants must:

1. be local full-time undergraduate students;
2. be registered residents of the hostel and have resided in hostel for at least 75% of the time of the semester;
3. have average monthly household income roughly less than \$20,000 (during 1 April 2015 to 31 March 2016); and
4. be not able to benefit from CCF hostel subsidy or receive less than \$1,000 per semester under the CCF hostel subsidy

Amount of Bursary

1. for eligible needy students who are not able to benefit from CCF hostel subsidy, the value of each bursary will be \$1,000 per semester
2. for eligible needy students who receive less than \$1,000 per semester under CCF hostel subsidy, the value of each bursary will be the difference between \$1,000 and the approved amount of CCF hostel subsidy
3. the maximum amount of bursary for residents of all types of shared rooms will be the same.

Application Procedure

1. By online application via CUSIS (MyCUHK > CUSIS and MyStudy > Financial Aid Online Appl Form > Public Application > click the magnifying glass to select "Student Residence Bursary" during application period from **5 Sep to 31 Oct 2016**. For students who live in hostel for the 2nd term only, they should submit their applications during **9 January to 28 February 2017**.
2. Applicants should print out Section 8 of the online application form and submit together with the supporting documents to the College on or before the application deadline.

3. Helix Scholarship 2016/17

Helix System Limited (the donor) is now inviting applications from outstanding local full-time Year 2 or above undergraduate students of The Chinese University of Hong Kong for Helix Scholarship 2016/17.

Amount

HK\$10,000

Eligibility

To be eligible for the scholarship, students must:

- be full-time Year 2 or above undergraduate students studying any UGC-funded bachelor's degree programme;
- be Hong Kong permanent residents with the right of abode in Hong Kong;
- have demonstrable financial need and meet at least one of the following conditions:
 - Have received Government grant and/or loan in the academic year 2015/16 or 2016/17.
 - Have received University bursaries and/or loan in the academic year 2015/16 or 2016/17.
 - The family of the student is receiving Comprehensive Social Security Assistance from the HKSAR Government.
 - The monthly family income per capita must not exceed HK\$15,000.
- have attained a Year GPA of 3.0 or above in the academic year 2015/16;
- demonstrate to contribute to the local community by their knowledge and expertise; and
- have active participation in extra-curricular activities and/or voluntary services.
- not receive this scholarship before

More details and application form can be downloaded from <http://www.oafa.cuhk.edu.hk/> (Scholarships & Financial Aid > Open for Application). Completed application form together with all requisite documents should be submitted to College Office (G03, G/F, East Block) **on or before 4th October 2016**.

4. CUHK Scholarship for Remarkable Endeavour for Admission 2016/17

This scholarship is designated for the students with special educational needs (SEN) in recognition of their extra efforts made to pursue higher education at CUHK. The SEN students should have at least one of the following conditions that affect their ability to learn:

- Specific learning disabilities
- Visual impairment
- Intellectual disabilities
- Hearing impairment
- Autism spectrum disorders
- Speech and language impairment
- Attention deficit / hyperactivity disorders
- Others proven special educational needs
- Physical disabilities

Value of the Scholarship

There are a maximum of 10 non-renewable scholarships of HK\$10,000 each.

Application Procedures

Interested students can download application form from Office of Admissions and Financial Aid (OFA) at www.oafa.cuhk.edu.hk (Scholarships & Financial Aid > Open for Application) and submit the forms together with supporting documents IN PERSON to OFA, Room 1202, 12/F, YIA during office hours **on or before 27th October 2016**.

For enquiries, please contact Ms. Angel Au at 3943 7209 or sfas@cuhk.edu.hk

5. Bei Shan Tang Foundation Scholarship Tenable at Stanford University 2017/18

Bei Shan Tang Foundation has generously donated a scholarship tenable at Stanford Graduate School of Education for an outstanding graduate from CUHK to pursue one of the following full-time taught Master's (MA) degrees in the academic year 2017/18. **All local final-year students and graduates in any discipline are eligible to apply even though the designated programmes are education related.**

- Curriculum Studies and Teacher Education
- International Comparative Education
- International Education Policy Analysis
- Learning, Design and Technology
- Policy, Organization and Leadership Studies
- Stanford Teacher Education Programme

The Scholarship will basically cover all of the following:

- the University composition (tuition) fee for the normative study period of the programme;
- a maintenance allowance to cover the expense of board and lodging recommended each year by Stanford (US\$10,119 per quarter of the academic year 2016/17 – amount to be confirmed. Applicants may visit <http://financialaid.stanford.edu/grad/budget/index.html> for reference.); and
- the cost of one return airfare between Hong Kong and the United States via the most economical route.

Details of the Scholarship and its application form are obtainable from our website at <http://www.oafa.cuhk.edu.hk/> (Scholarships & Financial Aid → Open for Application).
Application Deadline: 6th October 2016 (Hong Kong time)
