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〈如意丹方〉與淨明道醫藥傳統的生成

許蔚

摘要

南宋以降淨明道文獻中每見提及〈如意丹方〉。其方見於清刊十卷本《太上靈寶淨明宗教錄》、清刊《淨明忠孝全書》等文獻，亦見於明清方書之中，為防治瘟疫之藥物。該方雖與「丁義神方」相附會，但其產生不早於南宋初年，與南宋淨明道團的活動以及瘟疫事件有關。元明以來之淨明道團除繼承該方以外，以刊佈醫方、療人疾病的方式對忠孝度人之教義予以弘傳，發展出醫藥學術之傳統。

關鍵詞：如意丹方、丁義、許遜、淨明道、瘟疫、醫藥

***Ruyi Dan Fang* and the Making of Jingming Sect's Medical Tradition**

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Abstract

Ruyi Dan, a medicine reputedly effective against epidemics and many other disorders, has been mentioned in writings connected with the Jingming movements as early as the Southern Song dynasty. It is also mentioned in the pharmacognostic writings of the Ming and Qing dynasties. Although some claims connect it with Xu Xun and Ding Yi, it could not have been created before 1128. This paper relates it to the development of the Jingming movements and to the serious epidemics during the early Southern Song. The later Jingming movements of the Yuan and Ming dynasties recruited members by promoting its curative powers.

Keywords: *Ruyi dan fang*, Ding Yi, Xu Xun, Jingming sect, epidemics, medicine

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