## 研究論文

超越極限,做自己? 解讀廣告中的性別與運動

蕭蘋

摘要

Press. Copyrighted Materials 本研究針對運動用品廣告的文本接收了企圖探討年輕的女性閱聽人 如何解讀運動廣告中所呈現的女性身體形象與女性氣質?如何詮釋廣告 中所再現的運動與性別的關係?對於廣告中所挪用的女性主義思想又有 何看法?而她們對於廣告的解讀又與她們日常生活中的運動實踐有何關 係?本研究進行了四場焦點團體訪談,共有31位年輕女性的參與,訪 談中她們分享了自己的運動經驗,並且針對三則以女性運動為主要內容 的電視廣告,進行解讀。結果發現,這些具有運動習慣的年輕女性閱聽 人,幾乎都是具有主動性的閱聽人,她們對於三則廣告文本的解讀,都 能發展出自我的意義詮釋。這種具有能動性的詮釋能力,並非憑空而 來,而是具有相當的社會性。她們利用日常生活的運動經驗,以及女性 主義的媒介批判語彙,作為廣告詮釋的文化工具與論述資源。然而,這 些女性閱聽人的解讀,也顯現了一種以自我、個人為中心、忽視結構的 影響、甚至反女性主義的後女性主義的主體性形成,這對女性主義的文 化政略提出了一個重大的挑戰。

關鍵詞:性別、運動、廣告解讀、女性閱聽人、後女性主義

蕭藾,國立中山大學管理學院行銷傳播管理所教授。研究興趣:性別與媒介、 廣告與文化、媒介內容分析、媒介文本分析。電郵: shawpin@cm.nsysu.edu.tw 論文投稿日期:2020年2月16日。論文接受日期:2020年7月10日。

## Research Article

## copyrighted Materials fem. **Transcending Limits, Being Yourself? Reading Gender and Sports in Advertisements**

Ping SHAW

## **Abstract**

This study attempts to explore how young female audiences interpret the body images of women and femininities represented in TV advertising of sports goods, what they think about feminist ideas appropriated in the ads, and how their interpretations are related to their sports practices. This study conducted four focus group interviews with 31 participants who interpreted three TV commercials offered by the researcher. Most participants were active in developing their own interpretations of the ads. Their interpretations were socially based on their sports practices and the media critique vocabulary of feminism, which formed their cultural tools and discourse repertoire. Their interpretations also showed the formation of new postfeminist subjectivities, such as individualism, self-interest, unconventionality, and even anti-feminism,

Keywords: gender, sports, reading ads, female audience, postfeminism

Citation of this article: Shaw. P (2001) Citation of this article: Shaw, P. (2021). Transcending limits, being yourself? Reading gender and sports in advertisements. Communication and Society, 57, 95-126.

> Ping SHAW (Professor). Institute of Marketing Communication, College of Management, National Sun Yat-sen University. Research interests: gender and media, advertising and culture, media content analysis, media textual analysis.