

# 敘事繪畫治療法<sup>®</sup>實習課程

## Practicum Course on Narrative Drawing Intervention<sup>®</sup>

### Course Objectives

Upon completion of Foundation Course on NDI<sup>®</sup>, participants would have gained basic knowledge on the use of NDI<sup>®</sup> in different client groups, recognition of symbols in drawings and elementary counselling techniques in applying NDI<sup>®</sup>. PNDI<sup>®</sup> focuses on practicum experiences – the techniques of building rapport with clients, initiating therapeutic relationships and conducting therapeutic conversation. Participants will learn how to conduct counselling sessions with real clients. The trainer will provide feedback and critique on each participant's recorded sessions. This enriched learning experience enables an exponential learning curve in the application of NDI<sup>®</sup> in different service users.

### Style of learning

Experiential learning, live demonstration, participant case presentation and analysis.

### Target Participants

Participants who have successfully completed Foundation Course on Narrative Drawing Intervention<sup>®</sup> – who aim to gain further knowledge on the application of NDI<sup>®</sup> in their field work.

### Course Features

- Development of professional attitudes and approach to NDI<sup>®</sup> counselling through case presentations and analysis (each participant is required to take part in two case reports, for practicum purposes)
- Live demonstration and elaborations of NDI<sup>®</sup> by trainer, allowing participants to gain a clear understanding of the essence of NDI<sup>®</sup> and its applications
- Therapeutic strategies for clients of different age groups
- Application of verbal and nonverbal skills in a flexible manner, in order to fulfil therapeutic outcomes
- Analysis of the importance of narratives and how it can be applied to make sense of the underlying issues of the client, and subsequently facilitating the client to address them
- Gaining an in-depth understanding in the application of different drawing themes
- Consolidating techniques and guidelines in analysing drawings.



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### Course Structure

**Day 1**

**AM**

- Rationale behind the use of NDI<sup>®</sup>
- Trainer case sharing
- Concepts of unconscious and conscious
- Factors that lead to successful therapeutic journeys
- Live case demonstration
- Understanding of the Art and Science of NDI<sup>®</sup>
- Understanding of therapeutic goals setting and the process of achieving them

**PM**

**Day 2**

**AM**

- Counselling triads and presentations

**PM**

**Day 3**

**AM / PM**

- Video-recorded case presentations
- Participant and trainer feedback
- Establishment of therapeutic relationship
- Positioning & qualities of a NDI<sup>®</sup> therapist
- Effective integration of drawings & narratives
- Tips on effective therapeutic conversations

# 敘事繪畫治療法®實習課程

## Practicum Course on Narrative Drawing Intervention®

### Trainer's Biography



Dr. Monica Wong, PsyD (黃曉紅博士) is an author, clinical psychologist, registered art therapist, founder of Narrative Drawing Intervention®, the first Trauma Specialist and Trainer in Asia certified by The National Institute for Trauma and Loss in Children, Professional Member of the ANZACATA, Certified Expressive Art Therapy Consultant in The United States, Academic Director of Narrative Drawing Intervention® Institute, Chairperson of the Psycho-Art Therapy Association, Founder of the "By Your Side" psychological support program, Chairperson of the three International Conferences on Art Therapy in 2013-2019.

Dr. Wong studied Narrative Therapy with psychotherapy master Michael White, and art therapy with famous art therapists Dr. Cathy Malchiodi and Cornelia Elbrecht. She has been a guest lecturer of the Chinese University of Hong Kong since 2006, regular workshops conducted include: The Use of Projective Drawing, Narrative Drawing Intervention® (Foundation, Practicum and Supervision courses), Enneagram and Storytelling, which were all full-house popular courses. Besides, she was often invited to conduct seminars and workshops for universities and colleges, secondary and primary schools, hospitals, government departments, enterprises and non-profit organizations. Graduated from Philosophy in CUHK, Dr. Wong has performed attentive research in psychology and psychotherapies in recent years and obtained her master's degree in counselling from Monash University in Australia and her doctoral degree in clinical psychology from California School of Professional Psychology, AIU (USA).

In the past decade, Dr. Wong developed her own clinical model: Narrative Drawing Intervention® (NDI®) and presented it in numerous international conferences, universities and hospitals in the United States of America, Australia, Mexico, Singapore, India, Nepal, Indonesia, the mainland China, Hong Kong and Macau. More than ten thousand of helping professionals have been trained over the decade.


Since 2008, Dr. Wong has led 18 volunteer teams to provide psychological support to victims of earthquakes in Sichuan, as well as victims of tsunamis and human trafficking in Indonesia, India and Nepal, and has been leading another helping professional team to provide psychotherapies to school teachers and students who were under great pressure in Hong Kong since 2015. She has also hosted three charitable International Conferences on Art Therapy in 2013-2019, to continue to promote cultural exchange in the field of art therapy with an international perspective.

Course Code CE20230203  
 Course Name Practicum Course on Narrative Drawing Intervention®  
 Date & Time Feb 3, 2023 (Friday) 9:30 am - 6:30 pm  
 Feb 10, 2023 (Friday) 9:30 am - 6:30 pm  
 Feb 17, 2023 (Friday) 9:30 am - 5:30 pm  
 Venue The Chinese University of Hong Kong  
 Language Cantonese (Supplemented with English)  
 Class Size 28 participants  
 Course Fee HK\$ 4,830  
 Application Deadline Jan 19, 2023

**Discount Scheme (on or before Dec 9, 2022)**


- 10% (HK\$4,350) discount for Early Bird Registration
- 20% (HK\$3,870) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

**[20% discount is applicable by POST only]**




### Application

Register online via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>



Send the following application form with a crossed cheque payable to *The Chinese University of Hong Kong* to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong



CPD Points for Registered Social Workers: 23

**Practicum Course on Narrative Drawing Intervention®**  
**Application Form**

Full Name (English)  Mr

Please tick (V) appropriate boxes  Ms

(中文)

Name of Organization:

Position:

Field:

Phone No.:

E-mail:

Academic Training Background:

Highest Educational Level obtained:

**Prerequisite (Please attach a copy of the attendance certificate from course)**

Foundation Course on Narrative Drawing Intervention®

Date (mm/yy):

Course code:

*Payment Information*

Cheque No.:

Bank name :

Amount (HK\$):  \$4,830  \$4,350  \$3,870

SWK Member  No  Yes if Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: \_\_\_\_\_

# Please delete as appropriate



**I acknowledge that I have read and agree to the Terms and Conditions.**

CE20230203



**I understand and agree to report whether I am fully vaccinated in order to gain entry to the University campus and facilities. If I cannot be vaccinated due to a valid medical reason, I understand I have to undergo weekly tests and submit the negative result for ongoing access to the University.**

## Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-prepared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk).
12. The right of interpretation and amendment of the above terms belong to CPE.



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<http://www.cuhk.edu.hk/swk>