

# Mentorship Programme 2022-23



Photo by [iStock on iStock](#)

## Mentee

- ✓ UG students of The JC School of Public Health and Primary Care
- ✓ Interested in building up networks for future development
- ✓ Looking for advice on career planning
- ✓ Want to broaden your perspectives

*Does it sound like you?  
Let's join our  
Mentorship  
Programme!*

## Mentor

- ✓ Alumni of UG programme(s) of The JC School of Public Health and Primary Care, OR Have at least 5 years of work experience in public health related industries
- ✓ Want to reach potential talents for public health related industries
- ✓ Expanding your professional network
- ✓ Aspire to convert your experience and passion into the sustainable development of public health professions

*How it works?*

Dec



### Matching

1 Senior Mentor: (1 Mentor:) 2 to 3 Mentees  
According to mentees' career interests, first-come-first-served

Senior Mentor  
with 5+ years  
working  
experience



Mentor  
with <5 year(s)  
working  
experience

Nov

### Opening Mixer

Date : 25 Nov 2022 (Fri)



### Self-arranged meetings

between mentors and mentees  
Meeting once 2 to 3 months



Annual Plan x1  
& Bi-monthly Report x3

Nov

Jan

Mar

May

Jun

### Evaluation



### Self-arranged meetings

between mentors and mentees  
Meeting once 2 to 3 months



Time Involved  
~ 12 hrs



Time Involved  
~ 9.5 hrs

☑ Apply Now

Mentee Application

<https://bit.ly/3AWb2h7>

Mentor Application

<https://bit.ly/3TS82en>

Application  
Deadline

30 Sep 2022

*Enquiries*

Miss Jess Tam

Tel: 2252 8426

Email: [sphpc\\_ug@cuhk.edu.hk](mailto:sphpc_ug@cuhk.edu.hk)