



地址 Address :

香港新界沙田澤祥街 9 號香港中文大學醫院1/F
1/F, CUHK Medical Centre, 9 Chak Cheung Street, Shatin,
New Territories, Hong Kong

服務時間 Service Hours :

骨科服務及物理治療服務 (只限預約)

Orthopaedic & Physiotherapy Services (by appointment only)

星期一及三: 09:00-17:00

星期四: 09:00-13:00

星期二、五、六、日及公眾假期休息

Monday and Wednesday: 9:00AM - 5:00PM

Thursday: 9:00AM - 1:00PM

Close on Tuesday, Friday, Saturday, Sunday and Public Holidays

電話 Telephone :

預約 Booking: (852) 3946 6888

查詢 Enquiry: (852) 3946 6388

網址 Website : <https://www.cuhkmc.hk/tc/services/sports-medicine-clinic>



 CUHK Medical Centre  @cuhkmedicalcentre

香港中文大學醫學中心有限公司「香港中文大學醫院」保留更改以上所有條款及細則的權利而毋須另行通知。如有任何爭議，香港中文大學醫學中心有限公司「香港中文大學醫院」保留最終決定權。本文一律以英文版本為準。

CUHK Medical Centre Limited retains the right to amend any of the above terms and conditions without prior notice. In case of dispute, CUHK Medical Centre Limited reserves the right of final decision. If any discrepancy arises between the English version and the Chinese version, the English version shall prevail.

CUHKMC/H/L/SPORTSMED/INTRO/2022/8

香港中文大學醫院 運動醫學門診

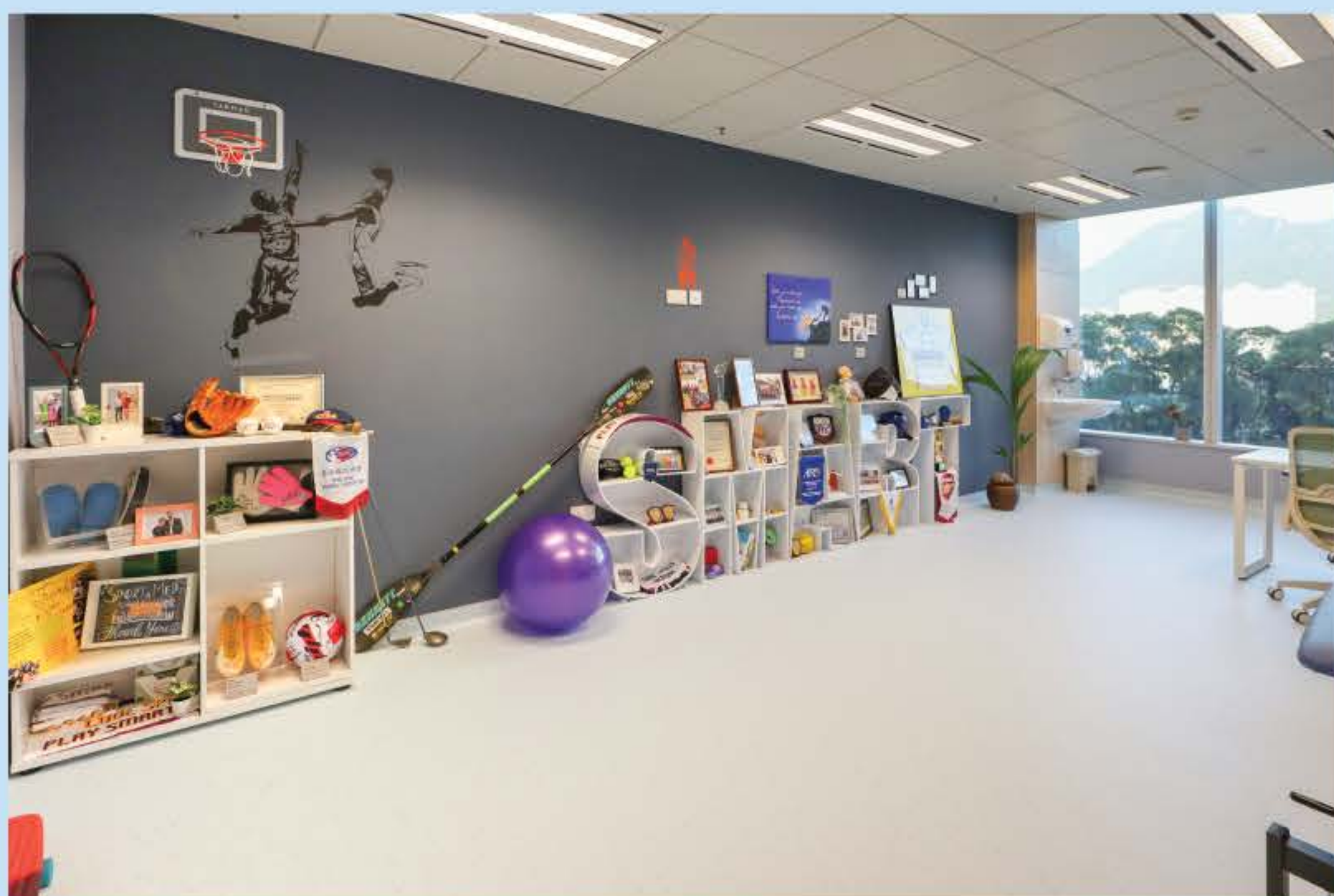
CUHK Medical Centre Sports Medicine Clinic



香港中文大學醫院
CUHK
Medical Centre

我們的運動醫學門診致力為職業運動員和一般運動愛好者提供跨專科運動醫學和康復服務。門診由包括專業骨科專科醫生、物理治療師、營養師(分階段投入服務)的跨專科團隊組成。配合嶄新先進的專業儀器，門診致力為職業運動員和一般運動愛好者提供從諮詢到治療的一站式運動醫學支援服務。針對個別患者的需求提供個人化的治療，包括處理運動相關傷患、提供運動受傷或手術後的復康、預防受傷、賽前身體檢查及提升運動表現等支援。

Our Sports Medicine Clinic specialises in multidisciplinary sports medicine and rehabilitation for professional athletes and general sports enthusiasts. The Clinic is managed by a multidisciplinary team comprising of professional orthopaedic specialists, physiotherapists and nutritionists (service will be launched by phase). With the latest advanced professional equipment, the Clinic aims to provide a one-stop sports medicine support service for professional athletes and sports enthusiasts from consultation to treatment. The Clinic offers treatment tailored to the needs of individual patients, including treatment of sports-related injuries, rehabilitation after sports injuries or surgery, injury prevention, pre competition medical assessment, and sports performance enhancement etc.



我們的服務 Our Services

骨科服務

醫療服務

- 運動創傷治療
- 運動創傷復康
- 運動創傷預防
- 賽前身體檢查
- 提升運動表現
- 再生醫學
- 膝關節鏡及膝關節重建手術
- 肩關節鏡及肩關節重建手術
- 手踭關節鏡及手踭關節重建手術
- 手腕關節鏡及手腕關節重建手術
- 足踝關節鏡及足踝關節重建手術

設備

- 小型手術
- 石膏及固定輔具
- 傷口護理

運動醫學及康復服務

物理治療服務

- 骨骼肌肉復康

設備及治療方案

- 手法治療
- 復康運動鍛煉
- 等速運動
- 衝擊波治療
- 超聲波治療

Orthopaedics and Traumatology Service

Medical Service

- Sports injury management
- Sports rehabilitation
- Injury prevention
- Pre competition medical assessment
- Performance enhancement
- Regenerative medicine
- Knee arthroscopic and reconstructive surgery
- Shoulder arthroscopic and reconstructive surgery
- Elbow arthroscopic and reconstructive surgery
- Wrist arthroscopic and reconstructive surgery
- Ankle arthroscopic and reconstructive surgery

Facilities

- Minor operations
- Cast/POP/Splintage/Orthosis
- Wound care

Sports Medicine and Rehabilitation Service

Physiotherapy Service

- Musculoskeletal

Equipment and Treatment

- Manual therapy
- Exercise training
- Isokinetic training
- Shockwave therapy
- Ultrasound therapy

