



香港中文大學
The Chinese University of Hong Kong

ISSUE 160

UNIVERSITY MARKETPLACE

大學
廣場

 *University: A New Page of Life*

 *Footprints@Summer Time*



Office of Student Affairs
學生事務處



Message from the Office of Student Affairs

I would like to welcome newcomers and our students back to the CUHK family!

For year one students, you will experience a series of changes in the years to come. I am sure you have already experienced the significant differences in the education systems between secondary school and university. You need to adapt to new life routines. While enjoying the freedom here, you also have to face greater academic challenges. Various programmes organized on campus are here to assist you in coping with this transition more quickly.

For all students, you should consider all the opportunities available to develop yourselves. Since time and energy of yours are limited, you need to strike a balance between your study and personal life. Apart from talking to your professors and fellow students for ideas, you can also better plan your schedule by gathering relevant information from all relevant sources. There are a lot of information on the web.

On campus, there are a variety of student activities for you to explore. The Office of Student Affairs, Faculties, Colleges and other units are always ready to support your personal development in all aspects. By providing diversified and quality student services, we hope to facilitate your all-round development as you advance along the educational path at the university.

At the Office of Student Affairs, we provide services in diverse areas to assist students in taking full advantage of their experience at the University. On a personal level, there are the learning enhancement and psychological counseling services, leadership training activities, etc. On a broader level, there are all the university-wide and intervarsity activities as well as cross-cultural diversity programmes. Thinking further about careers, there are many career guidance and enrichment programmes and the popular summer internship programme.

I sincerely wish you all the best in your time of exploration at the CUHK!

Warmest regards,

Raymond Leung

Director of Student Affairs

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Address : 1/F., Benjamin Franklin Centre,
The Chinese University of Hong Kong,
Shatin, New Territories

Telephone : 3943 7323

Fax : 2603 7705

Email : marketp@osa.cuhk.edu.hk

Webpage : www.cuhk.edu.hk/osa/market.htm

The next station is University!

Student Reporter: Mr. Chan Yik Him, Eric

Another cohort of new students has joined the CUHK family. How do they think about the university? What would they plan to achieve in the coming 3 or 4 years? Let's check these out!



For the future university life, I hope...

Studying in CUHK, I think...



"The environment of CUHK is really clean, the buildings are new, there are lots of open space and people are very nice and helpful indeed. We don't know much about Chinese culture because we studied high school in England. So we are eager to improve our Chinese and learn more about Chinese culture by joining different activities here. Besides, we are glad to know that there will be lots of opportunities for exchange programmes."

~Eve Ann Wong & Stephanie Poon (Law)

"I am happy to know that there will be a student computer campaign that I can buy a new notebook with discount."

~Cheung Wong Kit (Economics)

"I am glad that my friends and I can go to the same university which is very close to our home. The curriculum enables us to choose a wide variety of courses."

~Anthony (IBBA)



"I am very happy to be admitted by CUHK which is a university of esteemed reputation with a college system. I think the networks offered in CUHK are so interesting! I hope I can learn more about the society by studying courses like General Education. I will surely explore more about the society from now on!"

~Winnie Lau (Nursing)

"I am so excited that I can enjoy the sea view in my dorm every day. I would like to try different kinds of sports which I haven't tried before!"

~Chan Tat Shing (Japanese Studies)

"I wish I can be a better person through various kinds of exposure. And I think the General Education in CUHK would be very inspiring!"

~William Lee (Public Health)

"We will have to handle a lot of things by ourselves. I hope I can find a balance between all kinds of activities."

~Jennifer Chan (English)

Embrace Your University Life

Student Reporter : Miss Ng Siu Ying, Crystal

Student Editor : Mr. Lam Ho Kei, Kevin

As the new school year of university has started, are you wondering how to plan your university life? Apart from studying, there are many choices that you can choose to enrich your university life. Some students may choose to enhance their skills through participating in student societies and competitions, while some may wish to get a taste of global culture. Knowing what you want is the key to achieve a fruitful university life. Let's hear some advice from senior students and professors!

"The first thing you have to do is to find out what you like to do. If you want to experience other culture, you should plan where to go and prepare what you need as soon as possible."

Crystal Ng

Journalism and Communication, Year 4



Crystal spent the whole year of her Year-3 in Africa

Though Europe and America may be the destinations for most outgoing exchange students, Crystal had made a different choice. She spent the whole year in the African continent as a volunteer in Egypt in the autumn semester of 2010-11, and then she joined the exchange programme in South Africa in the spring semester. "At first, I just wanted to experience a total different culture and gave myself a challenge. Everyone said Africa was backward and dangerous, but I became more curious to find out the truth."

As a member of AIESEC (an international university student organization), Crystal got a chance to work in an NGO in Egypt as a volunteer. The NGO, which promotes welfare of refugees in Egypt, is mainly ran by Sudanese. "The people there were or

still are refugees in Egypt, so they understand thoroughly the need of those they are helping," she said.

Apart from promotional and PR work, Crystal also needed to teach English to a group of uneducated women. "These women come from all over the world. Some are from Sudan, some are from Somalia and some are even from Iraq. When I taught them English, I needed to use all means like body language, pictures and most importantly, found someone who could translate English into Arabic!", she laughed.

Talking about cultural shock, she said it was the status and attitude towards women that struck her the most. In a Muslim country, most women in Egypt had to wear hijab or veil to cover

their head and most of the body parts. She recalled an incident when she was teaching a group of women in a room, a man opened the door suddenly. One of the women put up her veil immediately to cover her face as it was forbidden for her to show her face to other men except her husband and close relatives. "I feel sad for the women, but at the same time, I have to remind myself the importance of respecting other culture."

Studying in South Africa is another challenge for her. After staying in Egypt for almost four months, she went to Stellenbosch University for one semester. Not only she learnt much about Africa, she also got the chance to experience African culture and travel around Africa. "It was an amazing year. It changes many of my perspectives about Africa!"



Crystal with an Egyptian Muslim family



Ivy at CCTV this summer

"Year 1 is a period of exploration. You can try different things to see if you are interested in it. However, you have to be clear about your direction and make a choice. Managing your time well is the key."

Ivy Chan

English Studies & English Language Education, Year 4

One of the most difficult tasks of studying in a university is time management. If you are the person-in-charge of a mass event that will launch during the mid-term period for four important major courses, how will you plan your time?

As one of the members in the debating team, Ivy had faced a hard time in balancing academic work and debating. Very often, she had to meet with her debate teammates till midnight. Afterwards, she would need to stay late for assignment or revision. "It was tiring, but I have never thought of giving up. Debating is what I've chosen and I like it. So I tried to manage and make good use of my time."

Through joining different debate competitions, Ivy enhanced her ability, especially critical thinking and presentation skills. She had also built a deep friendship with her debate teammates. However, in return, the time she spent with family was lessened. "Sometimes when things clash together, you have to make a choice. No matter what you choose, it is important to let your parents understanding what you are doing and not to have them worried."

As you sow, so you reap. In her year-3 study, Ivy participated in a joint-university debate competition with the team. With almost half of time spent on preparation and competition, her team won and was offered an internship in CCTV. "In my first day of work, one of the reporters told me that I was a piece of white paper in this field. So I focused to understand the different working culture and learn as many things as possible," she said. Though working in Mainland is not an easy task, Ivy has learnt to understand and adapt to different culture. "Building relationship is very important in Mainland. Whoever you meet at CCTV, you have to call them "lao shi" (teacher) and learn from them with humble."

Not only Ivy has got the internship opportunity, the experience of debating also helped Ivy to prepare her future career. The extensive training from debates enhances her competitiveness for teaching posts since organizing extra-curricular activities is one of the important duties for teachers nowadays. "Debate is my interest. If I can deliver my knowledge and skills to my students, it would be great!"



Roy, with his thumb up, and his NASU Committee members

“Try to adapt to different culture and don't label others. Join different societies or activities and learn the good things from local students.”

Roy Sun
Integrated BBA, Year 3

Here in CUHK, there are many mainland and international students. Roy is one of them. Coming from Shanghai, he said there were great differences between the education system of Hong Kong and that of the mainland. “University education in Hong Kong provides more freedom to students, thus it requires more self-discipline of students. Meanwhile, education in the mainland emphasizes more on following rules and academic results.”

While many mainland students are studying hard, Roy decided to join more activities and integrate into the local life. He was one of the representatives of his floor in hostel in his Year-1 study. He was also a group leader in the orientation camp for mainland students. After that, he had decided to join the Student Union of New Asia College. “Joining NASU is a great chance for me to help improve the service in our college. The process of election also taught me the value of democracy. Though democracy may take more time in decision making, I can see the values of listening to others' opinions and making a fair decision,” he said.

Through participating in different societies, Roy had made many good local friends especially in the hostel. When he was asked how he overcame the cultural difference, he said “Many of my friends from the mainland thought that Hong Kong students were difficult to be friend with. But when I got in touch with them, I found they were actually friendly and willing to speak in Putonghua. As long as you are willing to communicate, there is no problem at all.” When Roy shared scary stories with his roommates; one of his roommates helped him to translate them into Cantonese to make all of them understand the stories. “It was a funny moment. I feel that there was no language barrier between us.”

Roy admitted that mainland students often have prejudice against Hong Kong students and it all begins in O'Camp. “When I was a freshman, our group leader told us some negative images about local students, such as how noisy they were and what “crazy” games they liked to play. This discouraged mainland students to step into the social circle of local students,” he said. “Instead of labeling anyone, we should try to communicate with each other and try our best to understand more about them. I am sure you will learn things like work efficiency and organization skills from local students.”

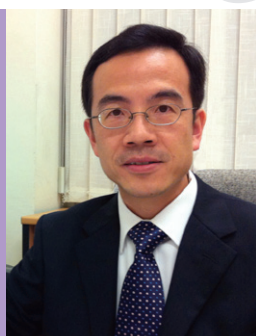
Professors' Tips:

Student Reporter: Miss Ng Yee Man, Margaret

Adopting a Joyful and Fruitful Learning Experience

Prof. Dennis Ng

Associate Pro-Vice-Chancellor and University Dean of Students



Q1: What experience did you have during your university life that had a significant impact on your life and profession?

I graduated from CUHK. Those 4 years in the university was a fruitful one. One of the experiences that influenced me a great deal was assisting a professor in doing a summer research in a laboratory during my whole summer holiday. What I learnt in this summer was different from what I could study and see in classes as a student. I tasted the life of being a research student and this experience led me to pursue further study and largely contributed to my career as a chemistry professor today.

Besides the summer research experience, I was the Chairman of the Chung Chi College Chemistry Society when I was in my Year 2. It was joyful and I learnt a lot. I still remember that we had a movie fund-raising activity. We went to a film company to borrow movie and showed it in Sir Run Run Shaw Hall. All the profit we gained was for student welfare. During that time, I had to strike a balance between my study and a lot of other stuff. I learnt how to deal with the work pressure and manage my time effectively. I kept to-do-lists and this helped me handle my very demanding schedule. That is the habit that I find very useful all along.

Q2: University life can be overwhelming. Do you have any advice for students who are planning their university life?

The options are unlimited! I think it is very important for new students to spend some time on self-reflection. Think about what your strengths, weaknesses and expectations are. When you attempt to answer all these questions, you would know what you want to pick up during the university life.

Also, students can fully participate in activities of the university and colleges. I suggest them doing some social services. When you serve the needy, you will know the social problems in your neighbourhood and cherish what we have already had now.

Students can also join exchange programme. It doesn't matter whether it is a long or short term one. The thing is that you have to plan thoroughly and set goals before you go. You also have to review your learning process from time to time. Going on exchange programme is more than sightseeing. It will open up your mind and broaden your perspective.

I suggest students trying to become committee members in a club or student society. You can enjoy the team building process and get a feel of working towards the same goal with peers.

All of these actions can give you a memorable university life. You also have the opportunities to enhance interpersonal skills, polish language ability, broaden international perspective, achieve better command on technology and enhance awareness of social issues. But, it is not easy to learn so many skills within a limited time span.

Q3: What attitude should students possess when facing the challenges and uncertainties during their university life?

For freshmen, this is a brand new start to them. It is better to have a plan based on one's own situation and search for resources in the university that he needs. Students can also talk to their senior and discuss with professors, as they have walked through the crossroads before.

For year 2 students, they can serve more at school. Take the role as a leader, try to polish the inter-personal skill and mobilise their classmates. The diversity at school will enrich their visions and experience.

Be ready to look for a suitable job in your senior year if you plan to work immediately after graduation. It is never too early to start looking. You should plan for your career life but not just simply pick a job. Follow your heart and be clear about what you're truly passionate about and know more about the prospect of the job in mind. School life and working life are different.

To most students, it seems that your academic results open doors to jobs or graduate schools. Yet, your success is beyond the classroom. So, be ready for it. Plan ahead and make the most out of the university education.

Q4: What five important competences that you think university students should acquire?

- i) **Formal classroom education is very important.** Your interest and effort in learning the basic knowledge of your major would help you do better in your future career.
- ii) **You always need communication skill to mobilise people and complete tasks.** Flawless communication skill allows mutual understanding, stronger argument, better persuasion and effective leadership.
- iii) **When you are interacting with others, put yourself in others' shoes.** Everyone has his own thought. There are always different views among different people. With such perspective in mind, it helps you reach your goal more smoothly.
- iv) **It is you who can discipline yourself.** Freshmen are new to the university studies and life. They may be more relaxed after the competitive public examination. Self-discipline is of great importance. Otherwise, it is easy for them to lose sight of their own way of school life and goals.
- v) **Good time management and effective schedule planning are essential.** These skills allow students to fulfill their basic requirements of the curriculum while enjoying their university life with fun and enjoyment.

Prof. Wong Suk YingAssociate Dean (Student Affairs),
Faculty of Social Science**Q1: The contemporary society is putting more emphasis on “the spirit of university education”. Can you share your interpretation of the concept with us?**

We must admit the fact that knowledge is borderless. The allocation of specialty or professional licensing is only a recent phenomenon in modern society. University has one very fundamental difference from high school among many other things. It is a place where often old forms of authoritative beliefs and knowledge are challenged, modified, refined and advanced to newer forms. Most importantly, we all participate in this teaching and learning project in which not one specific model can be specified or imposed. That's why while building a solid foundation in a defined area of your own academic interest is important, it is just equally important that we also should be broad-minded enough to accommodate differences and possibilities. If diligence and discipline denote the fundamental merit of high school education, university learning requires us to think, reflect and act upon beyond the conventional framework to which you have confined yourself in the past school years.

If we look around, modern university is always founded with the emergence of the modern nation-state. Universities in all societies as an institution seek to equip their students not only with the knowledge and skills of their declared specialty (e.g., an undergraduate major), but also with broader perspectives for them to develop their distant ideals and worldviews. As such, the educational effort should not be just limited to the domain of individual success but should also be contributive to the wider collective. It is also in this phase of our life that we think through these issues as well as life meanings. Learning to strike a balance between them is also a part of our educational experience in the university. In practice, the rule of the thumb is to place your priorities right and learn to manage your time and energy appropriately.

Students will encounter lots of new things when they first arrive here if not even overwhelmed because diversity is a distinct feature of the university. You might be inspired by a book or a professor, a classmate from a different major in a GEE course, but then there might be occasions that you are frustrated or distressed by a more complex web of human relations or a political disagreement. I shall assure you that these are all just parts of your growing up. If I may just quote you a personal account of my graduate experience to illustrate this aspect. In a rather advanced stage of my graduate school, there was this case that I was not able to make the slightest sense out of what the Professor was delivering in a course. I was very discouraged throughout the course up until one day when I was totally struck by two sentences he forwarded in class. I was excited about the intellectual novelty and validity behind, and from there I began my whole venture of academic investigation which then got substantiated to become my doctoral dissertation project. My

point here is one should never be assuming in the course of knowledge pursuit because the main objective of a university education is to foster and encourage creative excellence as well as personal growth.

Q2: Could you give some advice to the freshmen on how to set goals in the university?

Usually I ask my students to think about one simple question: *Where do I want to go from here?* That is, it all begins with a thinking exercise of “from here to where or from here to there.”

Our goal might be clear when we were in primary and secondary schools. Indeed, there was less uncertainty as far as advancement to the next grade level was concerned. However, this is clearly not the case with life in University. In the first place, you will be treated as an autonomous individual that you are expected to be solely responsible for what are doing and making choices. Some students enjoy this relocation of identity and status while some might become lost because of perhaps, this excess of freedom given. In either case, there are more students who end up thinking similarly to each other than students who are willing to challenge this autonomy bestowed on them. Just think about if university education is just to train certain occupational groups to meet the needs of our society, it would have long existed as a vocational training institution. In fact, it is much less costly for governments to invest in an institution of a vocational nature than one of university. For one thing, it is virtually impossible for us to predict which profession will remain as the most dominant or in greatest demand say, ten years from now or after your graduation. In short, it is crystal clear that the University is not merely a training ground for occupational skills or allocation, but there is certainly something beyond that. It indeed provides a significantly important platform for you to work out your life meanings -- and you begin this venture from here by asking yourself a serious question: **where do I want to go from here?**

Q3: What suggestions would you give to our new students?

Whatever we are doing, we should begin with the basics. Some students are very eager for quick success and instant reward to their effort that they miss out some details which might constitute integral components of their life project. There is not a single track course for who should do what but then fulfilling the basics at least will take you to more options if not even making sensible decisions. No matter what kind of life goals or plans students possess, they should always be excited by new ideas and insights, they should always be inspired to broaden their perspectives and look far, and they should always be aware of the virtue of taking and giving. We achieve all these not by sitting on them or indulging ourselves in the thoughts of them. We begin with the basics.

The basics are simple: *do what you are truly interested in and do your best in whatever you do.* The Nobel Laureate, John Nash once said, “I am not the best but I do what I am supposed to do as a Professor.” I think there is a great deal of wisdom in this.



Footprints@Summer Time

In the past summer, CUHK students spent a meaningful holiday in different parts of the world. They met new friends, experienced other culture, served the needy, explored more about themselves and their future careers, enhanced their self confidence, practiced knowledge and skills acquired from classes, and above all, gained life-long friendship!

Exploring CUHK and yourself



Department Orientation Camp

Every August, the campus is filled with cheers and laughers because of the orientation camps (O'Camp). Usually, new students are nervous when they join these camps as the environment and the people there are all new to them. However, when it comes to the last day of these camps, they are usually unwilling to leave! Let's listen to some participants' sharing!

My first self-reflection about university life

This is actually my first time to join an O'Camp because I was occupied with other engagements last year. As one of the organizers, I am pleased to have this new experience just like new students. When we finished all activities on the third night, we shared our feelings together. We, as the senior students, had to share our views about university life so as to let the new students have some ideas about the challenges they might face in the coming year. Because of this, I reviewed

my university life for the first time. Not only new students got to know more about CUHK and their life ahead,

the orientation programmes also provided senior students like me with the chance to reflect ourselves!

The moment when we had camp fire was the most unforgettable one. I was responsible for controlling the sound effect at backstage. When I walked out of the backstage and saw a scene with a hundred students dancing and shouting "CUHK" under the university emblem at Science Centre, I strongly felt that we all belonged to one family, the family of CUHK!

*Chan Yik Him, Eric
Journalism and Communication, Year 2*

I found my first home in Hong Kong

On the first day of o'camp, we spent the whole afternoon playing games against other groups. We were told before that the winner could have pizza as lunch while the others got takeaway food and bread only. So everybody made his/her very best effort! We ended up 10 wins and 3 ties, and no doubt, we won the pizza! We shared it with other groups. Both the pizza and the feeling of victory tasted great!

The other night we introduced ourselves to senior students. When I told them that I was studying in Hong Kong with my whole family staying in Beijing, our 'group-great-great-grandfather', a final-year student, opened his arms and said,

'No need to feel lonely. All of us are your family! We'll be always with you!' Looking at my group members, all my worries about blending in with local students disappeared suddenly. I am very happy to have participated in the o'camp as I have found my second home now!

*Liu Fangzi
Medicine, Year 2*





College Orientation Camp



Unforgettable 'Ghost House' experience!

I didn't expect that we could visit a 'ghost house' in the orientation activities. I was really surprised and scared when I saw a dark toilet daubed with words, numbers and scary photos everywhere! Some organizers who dressed like zombies and phantoms jumped out from the dark suddenly. After the event, I realized how hard the organizers had worked to prepare all these scenes and sound effects. They were so tired in the last two days that they didn't have enough sleep and some "zombies" and "phantoms" even got hurt when we tried to escape! I really appreciate their great effort in giving us such an unforgettable experience!

Kyle Tse

Shaw College, Chinese Language and Literature, Year 1

I stepped out of my comfort zone

In the "Thematic Session", we were guided by the helpers to think of our plans in the coming three or four years' university life. It was a thought-provoking experience since we seldom thought of questions such as 'what we would want to do in university' and 'what kind of person we would like to be'. To be a responsible person, we have to bear all the consequences of our decisions. And in university, there would be many opportunities that we have to make decisions independently. Many participants, including me, cried in this session. I think it showed that o'camp could mean something more than pure fun.

In this and other o'camp sessions, I found I was always the first one to tackle the tasks or to do the sharing. This was not the usual me but I did it in the o'camp since other group mates were not that active at the beginning. I guess I am now brave enough to step out of my comfort zone and keep being active as I know I can do it!

Jessica Liang

Chung Chi College, Music, Year 1



Activity Highlights

Information Day

More than 1,300 new students attended the New Student Orientation Day organized by the Office of Student Affairs in late July. They were offered an overview of the University and its system and important issues such as the college system, financial aid schemes, sexual harassment prevention, General Education, CUSIS and course selection. Prof Edwin Chan, Chairman of Joint Committee on New Student Orientation, also shared ten clues on a fulfilling university life to the students.

Apart from the talks and sharing, new students also got to know more about college orientation through the face-to-face interaction with student organizers. Many of them signed up to join the college orientation camps immediately!

Confluence of Colleges, Unity of Hearts

"Confluence of Colleges" is an epic event held every August during the college orientation period with the aims of fostering a sense of belonging of new students to the colleges and showing the unity of the colleges. After gathering at the University Mall, students kick off the event by chanting slogans to praise their own colleges. After that, the new students are guided to form a "Human Jigsaw" of meaningful patterns, like "CUHK❤️" this year.

For the very first time, there were more than 60 international students who joined the event this year. Both local and non-local new students felt excited to have a chance to mix and mingle with each other.





Orientation Programmes for Mainland Undergraduate Students



My first time to live on campus!

It was the first time for me to live on campus and I was most thankful to my "group parents" for their whole-hearted assistance and care throughout the camp. On the last day, our group members shared how we felt about the group and the other members. Almost everyone burst into tears when we shared the memorable moments we had gone through together!

Ma Lin

Business Stream, from Gansu Province, Year 1



Orientation Programmes for International Undergraduate Students

The great thing about International O' Camp was that it was not only tailored for international students but also embedded with the College O' Camp. It gave us a taste of the local student O' camp, which offered us a great opportunity to observe the local culture. The most astonishing moment, especially to those who don't understand the local culture well, was when the students affiliated with the seven colleges assembled at the University Mall. Every college took turn to chant slogans to praise their own colleges. What has also amazed me so much was the state of unity the students posed. It is a really interesting experience that I had never expected.



Robin Lee

Electronic Engineering, from Malaysia, Year 1



Orientation Programmes for Postgraduate Students

We found the campus tour very helpful as information about the colleges, libraries, canteens, etc was introduced to us. The student helper was very helpful and he shared with us some tips like quick paths that link different parts of the campus!

The talks were very informative and the topics varied a lot, from university policies to practical techniques like the CUSIS. And the library visit also helped us to understand the learning resources available on campus.

Vivian Tse and Lilian Tse
MA students

Liao Qiang, Gao Yuan and Xu Shujuan
MA students

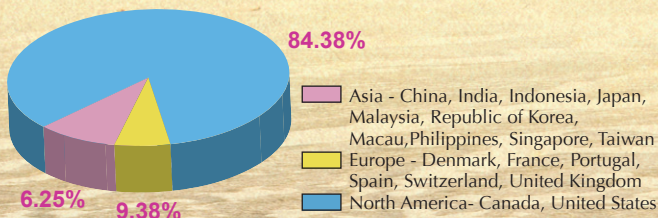
Facts and Figures about orientation programmes 2011

Orientation Programmes	Number of new students	Activities	Others
40 Department Orientations 7 College Orientations	Around 3,000 Around 3,000	Talks* /	City Hunt Confluence of Colleges
Mainland Undergraduate Students	292	Games* /	Confluence of Colleges, group photo-taking, thematic tour and O'Dinner
International Undergraduate Students	64	CU hunt / tour	Confluence of Colleges, city hunt, Sports Day and library visit
Postgraduate Students	1885		Library visit and thematic tour

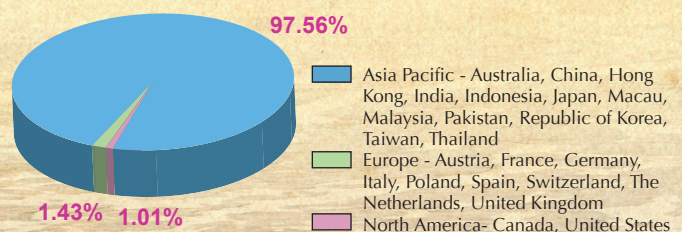
*Not all of the orientation programmes include talks and games in their schedules.

Participants with diversified cultural backgrounds

International Undergraduate Students(Total:64)



Postgraduate Students(Total:1885)



Internship: A taste of workplace



Global Internship Programme (GIP) of the Office of Student Affairs

It was my first time to know more about military families. I worked with people of different cultural backgrounds. It was really an enjoyable and inspiring experience.

Tsui Man, Sherry
Sociology
YMCA Camp Erdman Honolulu (USA)

Sherry (left most at the back) had a wonderful time with the military kids and other volunteers.



Not only I have gained some working experience from the internship, I also got to do some travelling and know the people of various ethnic minorities. Though grown up in mainland China, I was so nervous before going to the internship at Urumqi which seems to be so remote to me. Now I realize that Urumqi, as the capital of Xinjiang Uygur Autonomous Region, is indeed very modern and beautiful. I was so amazed by the scenery when I joined the company trip to Jiangubulake Grasslands. For the first time in my life, I saw so many twinkling stars on the sky!

Cherry's major duties at BEA were handling some clerical duties and contacting with the customers.

CHA Fei, Cherry
Integrated BBA
Bank of East Asia (China) Limited, Urumqi Branch (Urumqi)



The internship at the HKETO in London is one of the most extraordinary experiences in my university life. In addition to general office work, such as writing speeches, compiling bi-monthly reports and preparing profiles for official visits, the interns were offered plenty of opportunities to participate and assist in major local functions. We had to organize the London Hong Kong Dragon Boat Festival and attend the Hong Kong Dinner. As a student of Fine Arts major, I was also assigned other tasks like building up a database of the arts festivals in monitored European countries and preparing arts market reports. I was greatly amused by the meetings with the British Museum as I could interact with people of this industry with ample experience in art appreciation.

LEUNG Hiu Mei, Gloria
Fine Arts
Hong Kong Economic and Trade Office, London (UK)



Gloria (at the front) was very thankful to her supervisor and colleagues for their help and support in HKETO London.

At the beginning, I was both worried and excited about going to Africa for an internship. There were so many uncertainties and I knew so little about Africa. It turned out that we were treated as guests there in Tanzania. Tanzanians are very friendly. It was really an unforgettable experience.

Leung Ki, Francesca
Nursing
Tanzania YMCA (Africa)

Francesca had an unforgettable summer with the friendly Tanzanians.



I could have an overview on the daily operation of the investment company and its structure. I was invited to attend some meetings from which I could learn how the CEOs made their decisions. Apart from my colleagues and the supervisor, I also got the chance to meet different kinds of people. I am glad that I could build my social network through the internship.

*TANG Ion Lam, Ion
Systems Engineering & Engineering Management
Nanjing Municipal Investment Promotion Commission (Nanjing)*



Adapting to the living style at Nanjing was quite challenging to Ion at first, but he managed to overcome the difficulties soon.



What I learnt in the internship is surprisingly helpful to my studies. The design mistakes I spotted when visiting different buildings would help me make better design in the future. What I have seen in Shanghai is also helpful for me to understand what a career will be like.

*NG Cheuk Sing, Marco
Architecture
Shanghai Kai Shing Property Management Services Co., Ltd (Shanghai)*

Marco thought that Shanghai was always a good place to live and work in.

GIP has provided me with a great opportunity to learn more about the health care system and the structure of a hospital in the mainland China. Through the interaction with the doctors, nurses and patients, I learned more about the major medical and health issues in Beijing. Apart from studying at the hospital, I also visited many great places, such as the Forbidden City and the Great Wall, and tried a lot of famous Beijing food like roast duck, mutton soup noodles and barbecue. I really love the life and culture in Beijing!

*MAK Choi Ping, Rita
Public Health and Primary Care
Beijing Xuanwu Hospital (Beijing)*

Rita found that she had become more independent after the trip.



Figures about GIP 2011

Total No. of Applicants		976
Total No. of Participants		288
Region	Internship Location	No. of Participants
(i) Mainland	Beijing, Shanghai, Xi'an, Chongqing, Chenqdu, Urumqi, Shenyang, Dalian, Qingdao, Nanjing, Wuhan, Hangzhou, Guangzhou and Shenzhen	221
(ii) Asia Pacific	Singapore, Tainan City in Taiwan, Daequ in South Korea	13
(iii) Overseas	Melbourne, Sydney, Brazil, Vancouver, Berlin, Dublin, London, Honolulu, Tanzania and New York	54

Summer Exchange



Outgoing exchange programme

「外面的世界很精彩」，這不單是一句歌詞，更是我在荷蘭上暑期課程的心情。

我在Utrecht學習有關歐洲政治與經濟的課程，主要介紹歐盟的歷史背景、架構及其功能，以及當下的政治與經濟議題。每次上課都能學到很多關於歐盟的東西，但更喜歡在課堂上與世界各地的同學們交流看法。

緊湊的學習之餘，我們也和來自世界各地的朋友參加了很多活動。從「City Hunt」、「Cycle Tour」，到「Pub Night」和「Cheese Making Workshop」，這些活動都讓我們瞭解到關於不同國家或民族的資訊，遠超過以前認知的總和。更甚的是，這個行程讓我們結識的國際友人數量遠超過了之前的總和。

外面的世界真的很精彩，希望有更多的同學能把握去感受文化衝擊的機會。

劉毅
數學 / 聯合書院



今年暑假我參加了書院的「到北京學普通話」語文活動。整整一個月，我們上午學習普通話，下午則分成小組在北京市內四處遊覽，一面活用剛學的普通話，一面了解北京的歷史文化、風土民情。

從故宮、明十三陵、承德避暑山莊這些歷史名勝，再到老舍茶館、南鑼鼓巷之類的大街小巷，更走遍各種博物館、高等學府，我們不僅呼吸到北京古色古香的文化氣息，更深刻認識她作為首都的種種魅力。這些建設和隨處可見的四合院、胡同交集在一起，絲毫沒有予人們一種不協調的感覺。我就像在時光隧道中旅行，在前方等著我的是明代、清代、現代？我並不知道。就是這樣，我帶著好奇、探險的心情，發掘北京帶給我的一個個驚喜。

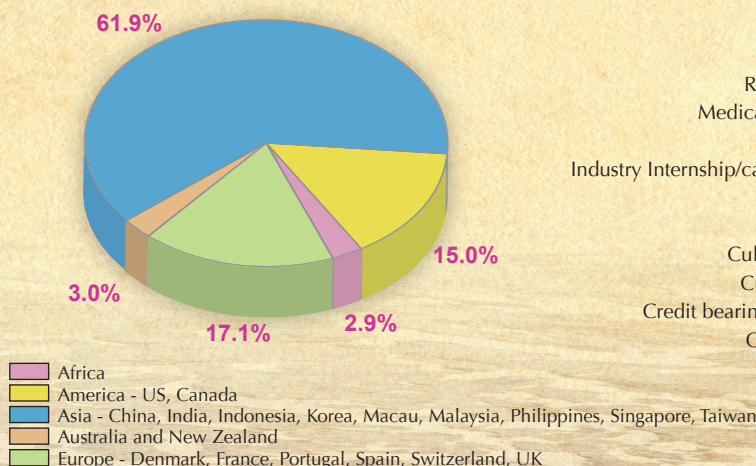
猶記得其中一位老師曾說，旅遊的最高境界是發呆。一個人靜靜地用心去體會當地的社會面貌、文化風情，看看別人，想想自己，從而達到一種心境上的轉換。他們的這番話，我深有同感。若非我們有一個月的時間，又豈能自由自在地玩味北京的晴雨晝夜？

吳朝明
人類學 / 新亞書院

Short-term Study Abroad Programmes for CUHK Students

Every year, more than 210 short-term study abroad programmes that provide more than 2600 vacancies are available for our students.

Programme by destination



Nature of programme



Can I be a leader ?



新紀元行政管理精英培訓計劃2011

「我們沿著辛亥革命的路走來，到了黃花崗恤懷烈士，在武昌起義的原址感受革命的激情，又跟隨孫中山先生的足跡來到了香港。最不捨的是一起講冷笑話、一起扮鬼臉拍照、一起聊天至深夜的兄弟姐妹們。雖然大家操的是不同版本的普通話，但我們就像多年不見的老朋友，用心交流。香港同學的活力四射、台灣同學的細膩溫柔、澳門同學的內斂大方，都讓我們感嘆中華文化的博大與寬深！」

內地學員

「透過此活動，認識了許多來自兩岸四地的朋友，了解不同的學習環境及思維。一連串精密的活動安排，不但讓我了解內地經濟發展的迅速，也見證了香港的經濟繁榮。」

台灣學員



交流團於武漢武昌起義紀念館舉行紀念儀式



交流團於廣州黃花崗七十二烈士墓舉行悼念儀式

「作為在中大唸書的內地生，我可以在與來自不同地區同學的交流中，以自己獨特的角度向大家展示香港與內地生活之不同，更同時加深了自己對香港文化的理解。」

香港學員

「同為中華兒女，雖然我們對於不同問題有不同的意見，但我們卻都能夠了解對方，彼此包容。這個活動讓我更認識中國現在的發展狀況，以及對內地與香港之間的不同之處，有助於自己未來的職業選擇。」

內地學員

有關新紀元行政管理精英培訓計劃2011（第十三屆）

- 主辦機構：九龍總商會
- 協辦機構：香港中文大學、中華能源基金委員會與新紀元精英會
- 參加者背景：共一百一十七名學生，分別來自二十六所內地、八所台灣、一所澳門及九所香港的大學
- 計劃主題：適逢辛亥革命一百周年，新紀元2011的主題為「探討辛亥革命對當代中國經濟發展之影響」，並以「改革開放」（廣州）、「辛亥革命」（武漢）、「六朝古都」（南京）及「一國兩制」（香港）作串連，讓參加者了解辛亥革命這段重要歷史及其對世界發展的影響，並紀念孫中山先生致力振興中華的精神和抱負。



學員施展渾身解數，於南京交流晚會上表演



領袖培訓計劃：倫敦暑期學校



除了Coin Street之外，領袖培訓計劃的同學亦參觀了Brick Lane，了解倫敦的多元文化和移民問題。

在倫敦的兩星期裡，「這在香港可以實現嗎？」是最常浮現在我心頭的問題。

倫敦之行的其中一個參觀機構是Coin Street Community Builders。二十多年前，South Bank Coin Street附近一帶的區域被發展商計劃為以興建酒店及高密度商廈的重建項目。眼見自己的家園即將任人宰割，一羣居民聯合起來，展開了長達7年的抗爭運動。他們不單逼使發展商放棄了重建計劃，還成功得到該社區的自主發展權。至今，該地已發展為一個集休憩、藝術展覽、餐飲及慈善組織於一身的社區。

Coin Street 的故事令我聯想起香港的利東街(喜帖街)。Coin Street 的居民為了不讓發展商入侵自己的家園，能夠花上7年時間抗爭，但利東街的居民1年內就失守了，亦令香港從此失去一條滿載本土特色的街道。為何Coin Street可以，利東街不可以？

倫敦之行，讓我看見「夢想」的威力，一個剛萌發的「夢想」初時可能看似不可能實現，但當這個「夢想」一經傳遞到更多的羣眾時，「夢想」可以隨時引發行動，繼而帶來改變，令到一個「夢想」成為現實。



Serving without boundary

“Bridge to China” programme at Ma’an Qiao Village at Sichuan Province of Morningside College

The village was devastated by an earthquake in 2008 but could not receive much help from the public due to its remoteness. Seeing the villagers' needs, the “Bridge to China” programme offers assistance in low-cost but effective ways, like building houses and bridges and urban planning to help the villagers improve their lives there.

As there would be no facilities for a modern life, such as access to the Internet and flush toilets, and loads of labour work required of us, the trip did not really sound like something fun. However, in the hope of testing my own ability to deal with adverse circumstances, I joined the programme with two simple goals for myself – to be able to help and to bring no troubles to others.



Esther (in the middle of the back) had fun with the children when painting the playroom's wall.

Instead of actually building something, our duty was mainly about wall maintenance with some muddy mixture consisting of sand, water and glue. With the help from local children, we made great progress and moved on to painting the wall of the children's playroom on the third day. The children were so excited when they put their hand prints onto the wall as decorations!

Although our mission was a simple one, the trip has opened up my eyes about rural China and the people there. With limited means, the villagers tried their very best to make us feel at home. They don't have many material possessions, but they truly understand what “sharing” means, and practise it in their lives. I could still remember one of the little girls who gave me a big hug and a big smile, telling me that she was so grateful of the wonderful memories that we had brought her. This is probably one of the best things I achieved in this trip – that I have successfully brought some happiness to the others!

Esther Hong
Nursing, Morningside College



Joint Uni-Ys Chiang Mai Service Trip of Uni-Y@CUHK

Though most of us are medical major students, we further equipped and prepared ourselves to provide better education about AIDS for children and AIDS patients in Chiang Mai by attending several pre-trip workshops. We prepared a comic book named “Know AIDS no AIDS” with some illustration of facts, myths and prevention measures of AIDS. We had a valuable chance to talk to local AIDS patients and were pleased to know that the Thai government encouraged AIDS patients to join mutual support groups by offering free medications and treatment.



The children understand that AIDS is a serious disease but cannot be transmitted through talking and shaking hands with each others.

Participants



Social Service Trip to Uganda of S.H. Ho College

一次非洲的旅程是一種潛移默化的教育。在一群黑色皮膚人群裡穿梭，從點滴看到不曾留意的風光。

我們去村莊裡與一群因種種原因失去所有親人的孩子們一起玩耍。他們並不孤獨，因為他們在這裡找到了新的家庭，新的希望。我們嬉笑著；我們奔跑著。幾罐泡泡水、一個足球、兩條橡皮筋、一些氣球和紙筆，就是我們與幾十個孩子歡度整個下午所需的所有材料，簡單卻滿足。在孩子們燦爛天真的笑容裡，我們看不到一絲哀傷。

我們也拜訪和探訪了飽受愛滋病毒困擾的婦女和幾個月大的嬰孩。與他們的相處是如此的寶貴且愉快。雖然我們的語言並不相通，但是他們感受到我們真誠的心，我們享受到他們如太陽一般的熱情。

非洲的見聞寬廣了我的心靈，讓我更加珍惜我所擁有的一切。



譚玉琪
生命科學 / 善衡書院



Hetauda Work Camp by Friendship Foundation Nepal

Nepal had been a mysterious place to us. The only thing we knew about this country, also known as Land of Mount Everest, is trekking, high mountains, Hindu or Nepali black tea. After staying in Hetauda of Nepal for two weeks for a voluntary work, we discovered many different aspects of Nepal, especially the relationships among its people.

We did not have much work every day when we stayed in Hetauda. So what we did the most was walking around and talking to local people. There was a small convenient store that we visited the shop almost everyday to have our afternoon tea. When we first went to buy some iced water, we tried so hard to use body language to communicate with the shop owner, Modandai, who didn't speak English. Gradually we learned some Nepali like "iced water" and "how much" from Modandai and had some short conversation with him. One day, we went to buy cola as usual but soon found that we didn't have any money with us. Surprisingly, Modandai told us to pay the next day. His generosity really shocked us. We were just foreigners to him and he even didn't know our names. So how could he be so sure that we would come back to settle the bill?

We found the answer after the trip. Unlike Hong Kong, the human relations in Nepal are actually very close. The people meet and talk with the same group of people everyday. They are very close with and love each other. Moreover, they would use the same manner to treat strangers like us as their friends. There are many great attractions for tourists in Land of Mount Everest, but the most attractive things to us are the citizens' close relationships and their great trust in human.

*Gidion Chan and Ricky Yuen
Physics, New Asia College*



Excel to a level higher



Outward Bound Training Programme



Exposing myself in wilderness changed the journey from an activity to an expedition, from a game to a chance to grow further and as an outdoors person. In Outward Bound Programme, we couldn't have completed our mission in the inherently risky activities without taking chances. No doubt, there are many benefits to a simple nature walk, but it will never be as influential as the refined and intentional experiential learning which Outward Bound offers. The Programme provides the obstacles not to stop us, but to have us called upon our courage and strength to face them, and that is the way to know one's limits, which makes the programme all the more worthwhile.

*Chan Ka Yan
Psychology, Year 4*

Ka Yan developed a very strong bond with other participants after the training.



Universiade Shenzhen 2011

Some athletic students joined the Universiade Shenzhen 2011 held in August. One of the students, Yiu Kit Ching, broke the record of Hong Kong Women's 3000 Meters Steeplechase (障礙賽) with a new record of 10'45"11. Congratulations to Kit Ching! In the photo, Kit Ching shared her joy of victory with Dr. Chan, Mr. Lo, and Mr. Tong (from left to right) of Physical Education Unit.

The summer is over. No matter how you would describe your summer, joyful, busy, unforgettable or fruitful, all the experiences that you have gained would be imprinted in your new life. If you didn't do much in the past summer, don't regret. Stay tuned to the future issues of our magazine for introduction of some summer programmes 2012!

Career Planning Starts From Here

- get the most out of Career Planning and Development Centre's (CPDC) services

The new academic year has just started. Apart from setting your study plan, have you planned for your future career? No matter which year you are in, it is never too early to plan for your career.

As always, Career Planning and Development Centre (CPDC) offers various kinds of services and activities to help you draw a clear career roadmap. Let's check which career planning stage you are in and how CPDC's services can help you through along the way.

Career Planning Cycle alongside with CPDC's services

CPDC Website

- A one-stop website consists of comprehensive insightful career advice, updated job market news and activities to help you actualize your career aspirations
- Click on CPDC's website for more information

Careers E-Coach

- An online e-learning platform that allows you to learn essential job hunting skills, such as writing effective CV and covering letter, as well as interviewing skills at any time around the clock
- Login at <http://cpdc.osa.cuhk.edu.hk/student/career/e-coach>

Online Job Search and Application

- CU Job Link and JIJS are online job boards with a wide range of job opportunities available, such as graduate positions, internships, temporary and part-time posts
- Visit CU Job Link at <http://cpdc.osa.cuhk.edu.hk/student/login> and JIJS at <http://jijs.org.hk> for more details

Global Internship Programmes

- Take a global perspective on your career exploration activities. Get a taste of work experience outside Hong Kong during summer
- Application Period : January/ February every year
- Internship Period : Mid May through August
- Learn more at <http://cpdc.osa.cuhk.edu.hk/student/gip/Outline>

Career Guidance Programmes

- Range from CV writing, mock interviewing, personal grooming workshops to careers talks
- Discover and enhance your job search and career management skills
- Available throughout the year, stay tuned to the latest events at CPDC's website

Career Counseling Service

- Schedule for an appointment with our career advisor to explore career opportunities and crystallize your career aspirations
- Available year-round
- Make an appointment via CPDC's website

CUHK Mentorship Programme

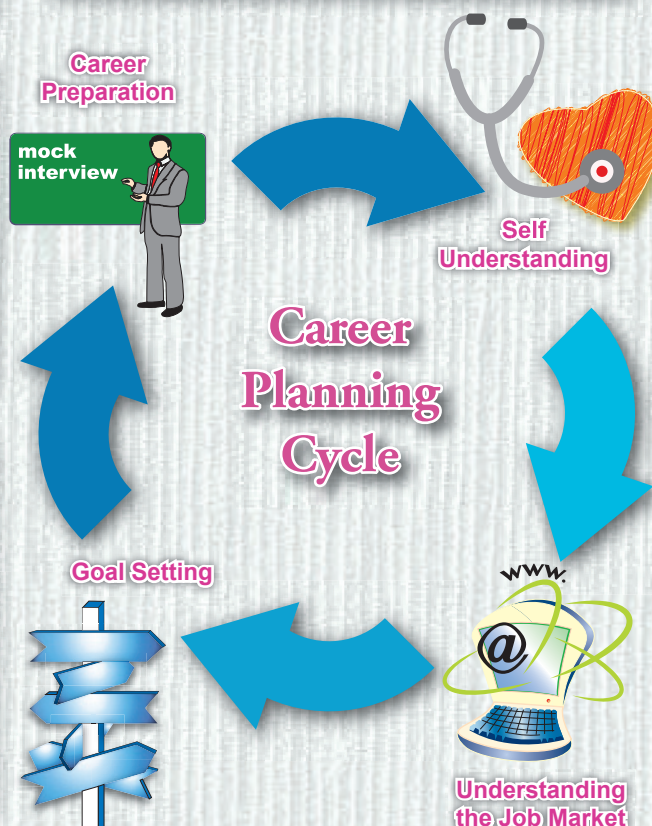
- Broaden your social and personal perspectives through experience sharing and interaction with experienced professionals and senior executives
- Get career planning advice from experienced management executives
- Build up useful networks for your future development
- Application Period : November
- Mentorship Period : January to December
- Learn more at <http://cpdc.osa.cuhk.edu.hk/student/programmes-workshops/CUMP>

Careers Fair

- Meet employers from different industries in one place
- Get to know more about different industries and job functions, and explore your career interest
- Date : 24-25 October 2011
- Venue : Sir Run Run Shaw Hall

Recruitment Talks

- Get first-hand insights and sharing from your target employers
- Available throughout term time
- Stay tuned with CPDC's mass emails and website



When's when

Knowing what is happening and what will happen next can help your planning. Take a look at CPDC's upcoming events in this academic year. Detailed information is available at CPDC's website <http://cpdc.osa.cuhk.edu.hk>. Remember to check out CPDC's emails regularly, too.

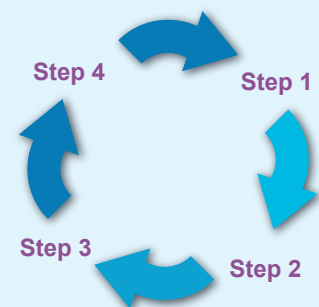
CPDC event calendar

Month	Guidance programmes	Global Internship Programme	On-campus recruitment events for graduate jobs						Mentorship and enrichment programmes		Summer jobs / internships				
									CUHK Mentorship Programme	Police programmes	Recruitment		Summer internships		
								Auxiliary Police (Undergraduates) Scheme (AUS)	Police Mentorship Programme (PMP)	HKSAR Government	Others				
September		• Evaluation						• Quarterly reporting							
October		• Certificate Presentation Ceremony													
November			Accounting / Banking / Financial Services	Government-related / Public Utilities	Management Consulting	Conglomerates / Fast Moving Consumer Goods / Property	Telecom / Communications / IT		• Recruitment	• Selection					
December								• Quarterly reporting							
January	Various guidance programmes throughout the year	• Recruitment	Accounting / Banking / Financial Services	Government-related / Public Utilities	Management Consulting	Conglomerates / Fast Moving Consumer Goods / Property	Airlines / Logistics / Engineering / Manufacturing / Pharmaceuticals	• Kick-off of mentorship	Mentorship throughout the year	• Selection		Administrative Service Summer Internship Programme	Commercial sector and NGO Volunteering Campaign		
February		• Selection interview													
March		• Job matching / company selection / offer								• Quarterly reporting					
April															
May										• Inauguration (PMP)		Post-Secondary Student Summer Internship			
June								• Quarterly reporting		• Training (AUS)					
July		• Internship exposure								• Job attachment (PMP)			Internship exposure		
August															

4 Steps on Career Planning

- Step 1: Self Understanding**
- Step 2: Understanding the Job Market**
- Step 3: Goal Setting**
- Step 4: Career Preparation**

A new Career Planning Handbook has been developed to guide you through various stages. It can be downloaded from <http://cpdc.osa.cuhk.edu.hk/student/career/planning>



Remember that career planning takes time and effort. So, start today, stay tuned with CPDC's events and fully utilize the available resources at CUHK.

Have a good start and enjoyable career exploration journey.

Getting Inspired by Senior Executives through Mentorship

With the new school year already begun, have you started planning for a fruitful year? Is mentorship one of the items in your plan?

Mentorship is a good channel for mentees to broaden their social and personal perspectives, obtain advice for career planning and development, as well as build up useful networks for future development. Read what the mentees of CUHK Mentorship Programme (CUMP) this year say about their mentorship!



Ann (forth from the left) at the inauguration of Dr. Kan (middle) as the Honorary Consul of the Republic of Hungary in the HKSAR and the Macau SAR

“Dr. Kan always shares his experience and insights with us. He gives us interesting articles on personal development that he comes across, and I find them inspiring and helpful. He also gives us opportunities to participate in the activities he hosts. It broadens my horizons as I get the opportunities to observe how large-scale functions are run and how people interact in these social occasions.”

*Ann Liu (Year 4, Law)
Mentee of Dr. Paul Kan,
Chairman, Champion Technology Group*

“It is a priceless opportunity to be Sir David’s mentee. Every conversation we have is very inspiring and educational. From the experience, I realize that there is much room for improvement in my political sensitivity. Sir David’s experience, comments on Hong Kong politics and vision of international relationship are all stimulating. He inspires us a lot on issues ranging from plants, politics, public affairs, health, history to travelling. He is a walking encyclopedia.”

*Hayley Kam (Year 3, Translation)
Mentee of Sir David Akers-Jones,
Former Chief Secretary, Hong Kong Government*



Hayley (leftmost) and Sir David at the inauguration of CUMP

Getting interested in being a mentee? There are a number of mentorship programmes in the University and each has a different mentor base and focus. For CUMP, our mentors are CEOs, Chairmen and senior managers of listed companies and multi-national corporations, and quite a number of them are expatriates. They all possess solid experience and strong network, and they are ready to share their experience and offer guidance and advice to mentees.

Full time non-final year undergraduates from all disciplines are welcome to apply for CUMP 2012, which will start in January 2012. To find out more about CUMP, please visit <http://cpdc.osa.cuhk.edu.hk>. Recruitment information will be put online and announced via email in October 2011. Stay tuned!

An invitation from “Caring Campus” Campaign

In order to promote and sustain a caring culture on campus, a Caring Campus Campaign has been launched by the Student Counselling and Development Service of the Office of Student Affairs (“the Section”) since 2009. A variety of campus programmes and activities had been successfully organized. You are now cordially invited to apply for the “uBuddies 2012” and join the “e-Caring Card Design Competition”.

Recruitment of ‘uBuddies 2012’

With its first launch in 2010, the ‘uBuddies’ Peer Counselling Network is now recruiting a third cohort of peer counsellors, “uBuddies 2012”, to assist in the continuous promotion of a caring and supportive campus culture in CUHK.

Training:

- ✧ 4 sessions totalling 12 hours on peer counselling skills
- ✧ Overnight adventure training camp to build team spirit and to enhance self-understanding and self-confidence
- ✧ 4 sessions totalling 14 hours on Youth Mental Health First Aid Standard Course
- ✧ Practicum supervision
- ✧ Service projects

Attainable Qualifications:

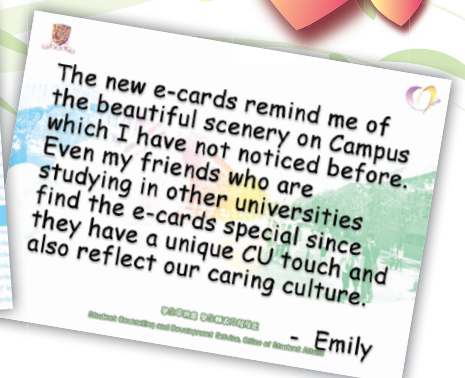
- ✧ CUHK uBuddies Certificate
- ✧ Certificate of Youth Mental Health First Aid Standard Course (jointly issued by The Mental Health Association of Hong Kong and acknowledged by the ORYGEN Research Centre of the Department of Psychiatry, The University of Melbourne)
- ✧ Nomination for the Best uBuddies Awards



Quota & Criteria	50 full-time non-final year undergraduate students
Deposit	\$400 (Will be refunded upon completion of at least 80% attendance of all training components)
Information Sheets & Application Forms	1. Downloaded from the Section’s website (www.cuhk.edu.hk/osa/scds) 2. Hard copies are available at the Student Services Centre of Office of Student Affairs at 1/F, Benjamin Franklin Centre
Application Deadline	October 21, 2011 (Friday)
Enquiry	Tel.: 3943 1804 (Miss Kong)

e-Caring Card Service

The e-Caring Card System (<https://osantd.osa.cuhk.edu.hk/scdsmain/chihtml/>) has been well received with very positive feedback since its launch in late August 2011.



In order to further enhance our e-card service and encourage members of our community to “Keep Caring”, an “e-Caring Card Design Competition” would be organized. Please visit the Section’s homepage for more details. Deadline for entry submission is 2 December 2011.

Join Us Now and Keep Caring!

2012-13 CUHK Student Exchange Programme

**A valuable opportunity for you to gain an unique life-changing experience
Application opens: mid-October 2011**



If you are eager to experience multi-national culture and have a fruitful university life, CUHK Student Exchange Programme is your best choice!

CUHK has collaborated with some 220 institutions around the world to provide students with diversified exchange opportunities. In October, the Office of Academic Links (OAL) will organize a series of on-campus outreach activities including Roadshows, Information Sessions and International Exchange Week to help you explore the programmes available.

To find out more about student exchange programmes, you can

- browse OAL website www.cuhk.edu.hk/oal;
- keep an eye out for OAL's announcements in your CWEM account email;
- talk to Study Abroad Advisors at the OAL (Lady Ho Tung Hall, Clinic Road);
- email OAL at iasp@cuhk.edu.hk; or
- call OAL at 3943 7597.

林小燕

心理學系/四年級
哥德堡大學/瑞典/二零一零至一一學年下學期

這半年的交流是我人生中最寶貴的其中一課，海外的生活讓我進一步認識其他國家的文化及結交了要好的外國朋友。

瑞典的確是個烏托邦，除了冬天太冷之外，其他方面都很好。在哥德堡大學裡，我有機會學習瑞典文化和傳媒、全球化等課題。從這些課程中，我學懂了如何欣賞瑞典人對自律的尊重，更明白到當今世界的事以及全球化帶來的影響。能和來自不同國家、操不同語言的人住在一起，我很高興能有這機會身處在這個「文化大融爐」中。它讓我學懂尊重各種文化，也明白到認識和欣賞自己文化的重要性。

我相信，在這充實的半年所學到的一切將會陪伴我一輩子！



HEUNG Chi Hei

Professional Accountancy, Year 4
University of New South Wales, Australia, Fall semester 2010-11

I enjoy exposing myself to new environments. Studying at the University of New South Wales (UNSW) in Sydney for a one-semester exchange programme offered me an opportunity to experience the local Australian life and widen my insight towards cultural differences.

UNSW is a very cosmopolitan university with a diversified student population. I could experience a totally different lifestyle as I stayed on-campus and was able to take part in various local activities. City2Surf, for example, is the world's largest fun run (a 14km run from Hyde Park in the city to the destination - Bondi Beach), with more than 75,000 people joining last year. I met a lot of new "aussie mates" (which means "Australian buddies" in Australian slang) in the activity.

I took three accounting courses and one management course at UNSW. Since Australia uses international accounting standards rather than the US Generally Accepted Accounting Principles (GAAP) that we studied in HK, I needed to spend some time to catch up with the difference. This enabled me to be more familiar with different accounting standards and I believe it will definitely help develop my future career.

All in all, going on an exchange to Sydney was a valuable experience to me. Not only have I polished my English, but I have also enhanced my independence and enriched my academic knowledge.



Recycling: Give a new life to your trashed materials!

An invitation from Environmental Sustainability Team of Estates Management Office on behalf of Committee on Campus Environment

Dear Students,

Have you ever noted the seven small huts next to the Y.C. Liang Hall? They are the new recycling huts for old clothes, banners, books, toys, cans, glass bottles and electronic devices. All the materials collected will be sent to charitable organizations or recycling companies.

Apart from the seven small huts and the classical 3-color recycling bins for paper, plastics and aluminum cans, you may also find recycling bins for other materials at different parts of the campus. Simply by dropping your trashed materials to the bins, you can help to make better use of resources, reduce solid waste as well as the subsequent burden on landfills.

Why should we support organic farming?

- Produces healthy and nutritious food free from harmful chemical residues
- Protects our air, soil, water and food supply from potentially toxic chemicals and other pollutants
- Conserves natural resources by recycling plant residues and animal manures
- Encourages an abundance of species living in balanced, harmonious ecosystems
- Nurtures and maintains the land for future generation

Materials	Location of recycling bins
Banners	Y. C. Liang Hall, Staff Student Centre – Leung Hung Kee Building, Bethlehem Hall of United College, Kuo Mou Hall of Shaw College, Chung Chi Tang of Chung Chi College
Old clothes	Foyers next to Y.C. Liang Hall and Foyer outside Residence No. 16
Rechargeable batteries	Y. C. Liang Hall, Pi Ch'iu Building, Mong Man Wai Building, William M.W.Mong Engineering Building, Fung King Hey Building, Wong Foo Yuan Building, Sino Building, Hui Yeung Shing Building, Lee Shau Kee Building, EMO Building, and University Residence No.10-17
Used printer cartridge	G/F of Wen Lan Tang, Esther Lee Building and T. C. Cheng Building. For free collection service for more than five used printer cartridges, please contact EMO service hotline at 3943 6666 or Hong Kong Post Hotline at 2363 9939

Recruitment



To enroll and know more about the Environmental Sustainability Ambassador Programme, please visit the programme website at <http://ihome.cuhk.edu.hk/~b109137/esa>

At the same time, we would like to share with you the Environmental Sustainability Ambassadors' feedback after a visit to a Biodiesel Manufacturer and an organic farm held this summer.

實地參觀讓我明白到要好好運作一個環保工業，資源的投放固然重要，但更重要的是一群有心人為環保的付出。

-陳家朗

農場的那份清新氣息，讓我在繁促的城市生活中稍停腳步，細聽鳥語。人並非大自然的主宰，而是大自然的一部份，究竟人類甚麼時候才能回歸自然呢？

-黃芷菁

處理廢油最環保的方式，是把本地回收的廢料，用於本地循環再造，而最終供應於本地市場使用。只有這樣，才能把廢食用於正途上，更免除了所有長途運輸的碳排放及海洋污染。

-張麒

「廢油」提煉「生化柴油」這主意很好，但是還是不能滿足汽車的耗油量。要改善現況，減少使用汽車是最好的方法。

- 陳有明



For more details about the above information, please visit the website of Environmental Sustainability Team at <http://ihome.cuhk.edu.hk/~b109137/esa/greentips>.

Do recycle your trashed materials and give them a new life!

The University Swimming Pool

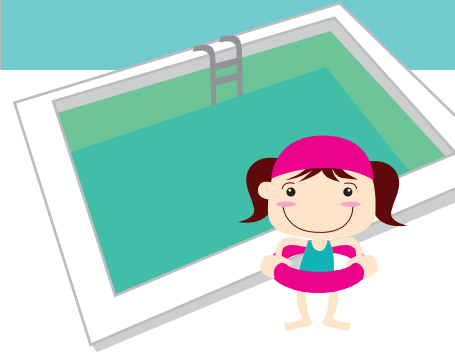
Opening Hours from October to November

New daily opening hours of the University Swimming Pool will take effect for the period from 1 October 2011 to 30 November 2011 which are detailed as follows:

1st Session : 10:30 am – 1:40 pm

2nd Session : 2:30 pm – 7:15 pm

Updates can be viewed on the Swimming Pool website: www.cuhk.edu.hk/osa/stu_act_swim.htm



Stay Tuned

Events	Organizer / speaker	Date
Career Planning and Development Centre, OSA (Tel: 3943 7202 / E-mail: cpdc@cuhk.edu.hk) (Please note that the following events are subject to change. Students may refer to http://cpdc.osa.cuhk.edu.hk/ for the updated information)		
Guidance Programmes		
Career Talk on "Come meet our Pilots and Flight Attendants"	Aviation Institute	4 Oct 2011
"Navigating the Recruitment Process" Workshop	Credit Suisse	6 Oct 2011
Grooming and Health Care Seminar	Fancl	7 Oct 2011
Careers E-coach Workshops	CPDC	7, 11, 21 & 28 Oct 2011
IB Division Career Educational Talk	Credit Suisse	11 Oct 2011
Hairstyle for Interviews Workshops	Mr. Kim Chow	13 Oct 2011
Seminar on "Finance Career Options Other than Investment Banking"	Mr. Stan Ho, Fitch Rating	14 Oct 2011
Seminar on "New Channels in Job Hunting"	Grad Connection	17 Oct 2011
Investment Bank Interview Skills Workshop	Mr. Alex Wong, Entrenet	20 Oct 2011
Mock Interview Workshop	Various Employers	22 Oct 2011
CV Writing Workshop	Barclay Capital	27 Oct 2011
Career Seminar on Accountancy	HKCPA	1 Nov 2011
Career Seminar on Banking Industry	Société Générale	2 Nov 2011
Global Business Ethics Program for Postgraduates	Junior Achievement Hong Kong	5, 12 & 19 Nov 2011
Interview Skills Workshop	Barclay Capital	8 Nov 2011
Women in Banking Career Talk	Credit Suisse	9 Nov 2011
Handling Difficult Job Interviews with NLP Skills Seminar	Mr. Alex Lam	mid Nov 2011
Women in Finance Career Talk	UBS	18 Nov 2011
IT & Shared Services Career Educational Talk	Credit Suisse	14 Nov 2011
Career Seminar: Legal Matters in Mainland China	Mr. Ronald Chan	18 Nov 2011
Recruitment Talks		
Morgan Stanley		3 Oct 2011
McKinsey & Co Inc, BNP Paribas		4 Oct 2011
Citi Hong Kong		6 Oct 2011
The Boston Consulting Group		7 Oct 2011
Hong Kong Police Force, Nomura International (Hong Kong) Limited		10 Oct 2011
Societe Generale CIB		11 Oct 2011
Procter & Gamble, Hang Lung Properties		12 Oct 2011
Bloomberg L.P.		13 Oct 2011
DBS Bank (Hong Kong) Limited		14 Oct 2011
OC&C Strategy Consultants, Allianz Global Investors Asia Pacific GmbH		17 Oct 2011
New World Group		18 Oct 2011
ICBC International Holdings Limited		19 Oct 2011
Sino Properties		20 Oct 2011
CSL Limited, Ernst & Young		24 Oct 2011
Careers Fair at Sir Run Run Shaw Hall	CPDC & Various Employers	24 -25 Oct 2011
Capital IQ		25 Oct 2011
Unilever		26 Oct 2011
John Swire & Sons (H.K.) Ltd.		27 Oct 2011
Incoming Students Section, OSA (Tel: 3943 1533 / E-mail: isso@cuhk.edu.hk)		
Workshop on Effective Learning – Hong Kong Attack	ISS	Early Oct 2011
Workshop on Effective Learning – Time Management Skills	ISS	Mid Oct 2011
Cultural and Eco Tour @ Lantau Island (for postgraduate students)	ISS	22 Oct 2011
Sharing session for Business Stream students	ISS	Early-mid Oct 2011
Sharing session for Engineering Stream students	ISS	Late Oct 2011
Sharing session for Arts/Social Science/Law/Education Stream students	ISS	Early Nov 2011
Sharing session for Science Stream students	ISS	Early Nov 2011
Student Activities and Amenities Section, OSA (Tel: 3943 7216 / E-mail: saau@cuhk.edu.hk)		
Orientation Day for Undergraduate Admission 2011	CUHK	8 – 9 Oct 2011
"A Day in the Life of a University Student" Programme	SAAS	11 Nov 2011
Student Counselling and Development Service, OSA (Tel: 3943 7208 / E-mail: scds@cuhk.edu.hk)		
Talk on "Adjustment in CUHK" for NA Year-1 Students	SCDS	7 Oct 2011
Talk on "Adjustment in CUHK" for LWS Year-1 Students	SCDS	14 Oct 2011
Recruitment for "uBuddies 2012"	SCDS	21 Oct 2011
Workshop on "Time-Management and Balanced Lifestyle" for Postgraduate Students	SCDS	27 Oct 2011
Mental Health Programme for SC Students	SCDS	11 Nov 2011
Workshop on "Enhancing Personal Effectiveness" for Postgraduate Students	SCDS	22 Nov 2011



救救地球：共享閱讀樂趣！愛護環境，閱讀後請傳給他人分享，或投入廢紙回收箱內。

此外，您亦可瀏覽網上版 www.cuhk.edu.hk/osa/market.htm

Save the Planet by Sharing and Recycling!

Please share the magazine with others or put it into a recycle bin after reading!

Please also read the magazine at www.cuhk.edu.hk/osa/market.htm