

Ch 7 The 1st & 2nd variation formula

Let • $M = \text{complete Riem. mfd}$

• $\gamma(t, u) = [a, b] \times [-\varepsilon, \varepsilon] \rightarrow M$ a C^∞ map

• $\{\gamma_u(t)\}$ corresponding 1-parameter family of curves with base curve γ_0 equal to a given curve $\gamma(t)$ parametrized by arc-length, i.e. $|\dot{\gamma}(t)| = 1$.

• $\mathcal{U} = \text{transversal vector field of } \{\gamma_u\}$.

• $T = \text{tangent vector field along } \{\gamma_u\}$.

Then the length of $\gamma_u(t)$ is

$$L(u) = \int_a^b |\dot{\gamma}_u(t)| dt = \int_a^b |T| dt$$

$$\Rightarrow \frac{dL}{du}(u) = \int_a^b \frac{d}{du} |T| dt = \int_a^b \mathcal{U} \sqrt{\langle T, T \rangle} dt$$

$$= \int_a^b \frac{\langle T, D_{\mathcal{U}} T \rangle}{|T|} dt$$

$$= \int_a^b \frac{1}{|T|} \langle T, D_{\mathcal{U}} \mathcal{U} \rangle dt \quad (\langle T, \mathcal{U} \rangle = 0)$$

———— $\langle T, \mathcal{U} \rangle_1$

$$\begin{aligned} \Rightarrow \frac{dh}{du}(0) &= \int_a^b \langle \gamma'(t), D_{\gamma'(t)} U \rangle dt \\ &= \int_a^b \left[\frac{d}{dt} \langle \gamma'(t), U \rangle - \langle D_{\gamma'(t)} \gamma'(t), U \rangle \right] dt \end{aligned}$$

where $U(t) = U(t, 0)$ is the transversal vector field along γ .

$$\boxed{\frac{dh}{du}(0) = \langle \gamma'(t), U(t) \rangle \Big|_a^b - \int_a^b \langle D_{\gamma'(t)} \gamma'(t), U \rangle dt}$$

which is the 1st variation formula for arc-length.

Lemma 1: A curve $\gamma: [a, b] \rightarrow M$ is a geodesic

\Leftrightarrow it is a critical point of the arc-length functional with respect to (all) normal variations $\{\delta_u\}$

(i.e. $\forall u, \delta_u(a) = \gamma(a) \text{ \& } \delta_u(b) = \gamma(b)$)

Pf: For normal variations, $U(a) = U(b) = 0$.

$$\begin{aligned} \therefore \frac{dh}{du}(0) &= - \int_a^b \langle D_{\gamma'} \gamma', U \rangle dt \\ &\quad \forall U \text{ with } U(a) = U(b) = 0. \end{aligned}$$

$$\begin{aligned} \therefore 0 &= \frac{dh}{du}(0) \\ \forall U \text{ with } U(a) &= U(b) = 0 &\Leftrightarrow D_{\gamma'} \gamma' &= 0 \quad (\text{Ex!}) \end{aligned}$$

Lemma 2 Let • $N = \text{closed submanifold of } M$

• $x \notin N$

• $y \in N$ such that

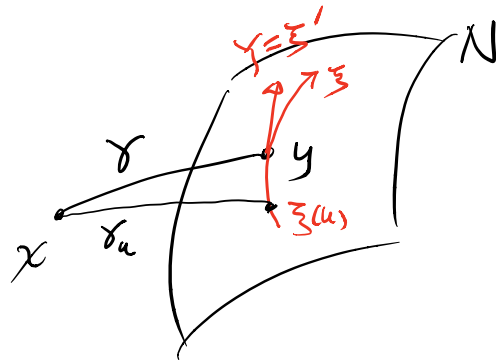
$$d(x, y) = d(x, N) \stackrel{\text{def}}{=} \inf_{y \in N} d(x, y)$$

• $\gamma: [a, b] \rightarrow M$ shortest geodesic joining x to y . ($\gamma(a) = x, \gamma(b) = y$)

Then γ is normal to N (i.e. $\gamma'(b) \perp T_y N$).

Pf: Let $\Upsilon \in T_y N$.

We need to show that $\langle \gamma'(b), \Upsilon \rangle = 0$



For this, we take

a C^∞ curve $\xi: [-\epsilon, \epsilon] \rightarrow N$ such that

$$\xi'(0) = \Upsilon \quad (\& \xi(0) = y)$$

Let $\{\gamma_u\}$ be a 1-parameter family of curves given by

$\gamma(t, u) = [a, b] \times [-\epsilon, \epsilon] \rightarrow M$ with

$$\begin{cases} \gamma_0(t) = \gamma(t), & \forall t \in [a, b] \\ \gamma_u(a) = x, & \gamma_u(b) = \xi(u), & \forall u \end{cases}$$

By assumption

$$L(0) = d(x, y) \leq d(x, \xi(u)) \leq L(u), \quad \forall u \in [-\varepsilon, \varepsilon]$$

$$\Rightarrow \frac{dL}{du}(0) = 0.$$

1st variation formula \Rightarrow

$$\begin{aligned} 0 &= \langle \delta'(t), U(t) \rangle \Big|_a^b - \int_a^b \langle \cancel{D_{\delta'} \delta'}, U \rangle dt \\ &= \langle \delta'(b), U(b) \rangle - \langle \delta'(a), U(a) \rangle \\ &= \langle \delta'(b), U(b) \rangle \end{aligned}$$

By $\delta_u(b) = \xi(u)$, $\forall u$, we have

$$U(b) = \xi'(0) = \gamma$$

$$\therefore \langle \delta'(b), \gamma \rangle = 0. \quad \#$$

2nd variation

Suppose that $\gamma: [a, b] \rightarrow M$ is a normalized geodesic.

We would like to calculate $\frac{d^2 L}{du^2}(0)$ for a family

$\{\delta_u\}$.

$$\text{By } (*)_1 : \quad \frac{dL}{du}(u) = \int_a^b \frac{1}{|\pi|} \langle T, D_T U \rangle dt$$

$$\Rightarrow \frac{d^2 L}{du^2}(u) = \int_a^b \frac{2}{2u} \left[\frac{1}{|\pi|} \langle T, D_T U \rangle \right] dt$$

$$= \int_a^b \left[-\frac{1}{|\pi|^3} \langle T, D_T U \rangle^2 + \frac{1}{|\pi|} U \langle T, D_T U \rangle \right] dt$$

$$= \int_a^b \left[-\frac{1}{|\pi|^3} \langle T, D_T U \rangle^2 + \frac{1}{|\pi|} \langle D_U T, D_T U \rangle + \frac{1}{|\pi|} \langle T, D_U D_T U \rangle \right] dt$$

$$= \int_a^b \left[-\frac{1}{|\pi|^3} \langle T, D_T U \rangle^2 + \frac{1}{|\pi|} |D_T U|^2 + \frac{1}{|\pi|} \langle T, D_T D_U U + R_{TU} U \rangle \right] dt$$

($[T, U] = 0$)

$$= \int_a^b \left\{ -\frac{1}{|\pi|^3} \left[T \langle T, U \rangle - \langle D_T T, U \rangle \right]^2 + \frac{1}{|\pi|} |D_T U|^2 + \frac{1}{|\pi|} \left[T \langle T, D_U U \rangle - \langle D_T T, D_U U \rangle \right] - \frac{1}{|\pi|} \langle R_{UT} U, T \rangle \right\} dt$$

Note that at $u=0$, $\begin{cases} D_T T = D_{\gamma'} \gamma' = 0 \\ |\pi| = |\gamma'| = 1 \end{cases}$

$$\therefore \frac{d^2 L}{du^2}(0) = \int_a^b \left[- \left[\frac{d}{dt} \langle \gamma', \nu \rangle \right]^2 + |\nu'|^2 + \frac{d}{dt} \langle \gamma', D_U \nu \rangle - \langle R_{\nu \gamma'} \nu, \gamma' \rangle \right] dt$$

\Rightarrow

$$\frac{d^2 L}{du^2}(0) = \langle \gamma', D_U \nu \rangle \Big|_a^b + \int_a^b \left\{ (|\nu'|^2 - \left[\frac{d}{dt} \langle \gamma', \nu \rangle \right]^2) - \langle R_{\nu \gamma'} \nu, \gamma' \rangle \right\} dt$$

which is the 2nd variation formula (for normalized geodesic)

Let $\nu^\perp = \nu - \langle \nu, \gamma' \rangle \gamma'$ the normal component of ν ,

then the 2nd variation formula can be written as

$$\frac{d^2 L}{du^2}(0) = \langle \gamma', D_U \nu \rangle \Big|_a^b + \int_a^b \left\{ |D_{\gamma'} \nu^\perp|^2 - \langle R_{\nu^\perp \gamma'} \nu^\perp, \gamma' \rangle \right\} dt$$

Note: • If $\{\gamma_u\}$ is normal in the sense that

$$\gamma_u(a) = \gamma(a), \quad \gamma_u(b) = \gamma(b)$$

$$\text{then } \langle \gamma', D_U \nu \rangle(a) = \langle \gamma', D_U \nu \rangle(b) = 0.$$

- If $\{\gamma_u\}$ is a 1-parameter of (smooth) closed curves, then $\langle \gamma', D_U \nu \rangle \Big|_a^b = 0$.

- The interior term

$$\int_a^b \left[|D_t U^\perp|^2 - \langle R_{U^\perp} U^\perp, U^\perp \rangle \right] dt$$

is related to the Jacobi Operator on U^\perp
(under a suitable boundary condition).

Application 1

Thm 3 Let • $M =$ complete simply-connected Riem. mfd. with

- $K \leq 0$ (sectional curvature)

- $0 \in M$ is a fixed point.

- $\rho: M \rightarrow [0, \infty)$ (the distance function w.r.t 0) is defined by $\rho(x) = d(x, 0)$.

Then $\rho^2 \in C^\infty(M)$ and $D^2 \rho^2 > 0$ (strictly positive definite)

Pf: By Cartan-Hadamard Thm,

$$\rho(x) = |(\exp_0)^{-1}(x)|$$

Therefore $\rho^2(x) = |(\exp_0)^{-1}(x)|^2$ is smooth.

Now suppose

$x \neq 0$ and

$u \in T_x M$

Take a

curve

$$\zeta = [-\varepsilon, \varepsilon] \rightarrow M$$

such that $\zeta(0) = x$, $\zeta'(0) = u$.

For each $u \in [-\varepsilon, \varepsilon]$, let

$$\gamma_u = [0, b] \rightarrow M \quad (\text{with } b = \rho(x), a = 0)$$

is the unique geodesic joining 0 to $\zeta(u)$.

Note that $\gamma_0 = \gamma = [0, b] \rightarrow M$ is a normalized geodesic (other γ_u may not be normalized.)

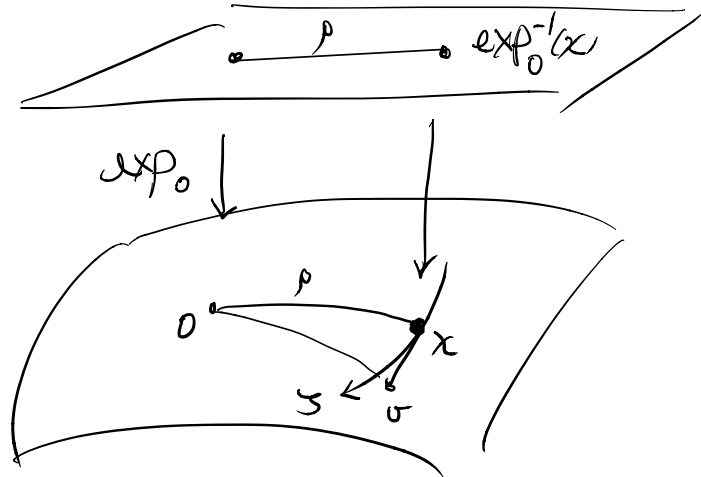
Also, we can choose $\zeta(u)$ to be a geodesic. Then

the end point of γ_u is $\gamma_u(b) = \zeta(u)$

\Rightarrow the transversal vector field $\psi(t, u)$ at $t=b$

is $\psi(b, u) = \zeta'(u)$

Therefore $D\psi|_{(b, u)} = D_{\zeta'(u)} \zeta'(u) = 0$.



On the other hand, $\gamma_u(0) = 0 \Rightarrow \psi(0, u) \equiv 0$
 $\Rightarrow D_U \psi|_{(0, u)} = 0$.

Hence, the 2nd variation formula gives

$$\begin{aligned} \frac{d^2 L}{du^2}(0) &= \int_0^b \left\{ |D_{\gamma'} U^\perp|^2 - \langle R_{U^\perp \gamma'} U^\perp, \gamma' \rangle \right\} dt \\ &\geq \int_0^b |D_{\gamma'} U^\perp|^2 \quad (\text{since } K \leq 0) \end{aligned}$$

$$\begin{aligned} \text{Now } D^2 \rho^2(\psi, \psi) &= \left\{ \psi'(\psi' \rho^2) - \cancel{(D_{\psi'} \psi')} \rho^2 \right\} \Big|_{u=0} \\ &= \psi'(\psi' \rho^2) \Big|_{u=0} \quad (\psi = \text{geodesic}) \\ &= \psi'(2\rho \psi' \rho) \Big|_{u=0} \\ &= [2\rho \psi'(\psi' \rho) + 2(\psi' \rho)^2] \Big|_{u=0} \\ &= 2\rho(x) \frac{d^2}{du^2} \Big|_{u=0} \rho(\psi(u)) + 2 \left[\frac{d}{du} \Big|_{u=0} \rho(\psi(u)) \right]^2 \end{aligned}$$

Note that $\rho(\psi(u)) = L(\gamma_u) = L(u)$

$$\begin{aligned} \Rightarrow \frac{d}{du} \Big|_{u=0} \rho(\psi(u)) &= \frac{dL}{du}(0) \\ &= \langle \gamma', \psi \rangle \Big|_0^b - \int_a^b \langle \cancel{D_{\gamma'} \gamma'}, \psi \rangle dt \end{aligned}$$

$$\begin{aligned}
&= \langle \gamma'(b), U(b) \rangle \\
&= \langle \gamma'(b), \zeta'(0) \rangle \\
&= \langle \gamma'(b), U \rangle
\end{aligned}$$

$$\approx \frac{d^2}{du^2} \Big|_{u=0} \rho(\zeta(u)) = \frac{d^2 L}{du^2}(0) \geq \int_0^b |D_\gamma U^\perp|^2 dt$$

$$\therefore D\rho^2(U, U) \geq 2\rho(x) \int_0^b |D_\gamma U^\perp|^2 dt + 2 \langle \gamma'(b), U \rangle^2$$

If $\langle \gamma'(b), U \rangle \neq 0$, then $D\rho^2(U, U) > 0$

If $\langle \gamma'(b), U \rangle = 0$, then $U(b) = U \in [\gamma'(b)]^\perp$

Note that $\{\gamma_u\}$ is a 1-param. family of geodesics,

U is a Jacobi field along γ . Hence

$$\langle \gamma'(b), U(b) \rangle = \langle \gamma'(0), U(0) \rangle = 0$$

$\Rightarrow U(t)$ is a nontrivial named Jacobi field
($U(b) = U \neq 0$)

$$\Rightarrow U^\perp(t) = U(t)$$

Therefore $D_\gamma U^\perp = D_\gamma U \neq 0$. Otherwise, U is a parallel transport of $U(0) = 0 \Rightarrow U = 0$ (contradiction).

All together, we have proved that

$$D^2 \rho^2(0, v) \geq \int_0^b |D_{\gamma} v^{\perp}|^2 dt > 0 \quad (\text{for } v \neq 0)$$

This completes the proof of the thm. ~~XX~~

The key point of the conclusion of the above thm is that $D^2 \rho^2 > 0$ on the whole M , which needs the curvature assumption. Otherwise, we have

Lemma 4: Let

- $M = \text{Riem nfd.}$

- $0 \in M$

- $\rho: M \rightarrow \mathbb{R}$ distance to 0

Then \exists a nbd. \mathcal{U}_0 of 0 in M s.t. ρ^2 is smooth and $D^2 \rho^2 > 0$ in \mathcal{U}_0 .

Sketch of Pf: Let \mathcal{U} be a nbd. of 0 s.t.

\Rightarrow normal coordinate system $\{x^1, \dots, x^n\}$ centered at 0. Using this, one can show that $v, w \in T_0 M$

$$D^2 \rho^2(v, w) = 2 \langle v, w \rangle \quad (\text{Ex!})$$

Therefore, at the center 0, $D^2 \rho^2 > 0$

$\Rightarrow D^2 p^2 > 0$ in a nbd $U_0 \subset U$ of 0 ~~#~~

Def: A function $f: M \rightarrow \mathbb{R}$ ($M = \text{Riem. mfd}$)
is said to be convex (strictly convex)

$\Leftrightarrow \forall$ geodesic γ in M , $f \circ \gamma$ is convex
(strictly convex)

• Therefore, a C^∞ $f: M \rightarrow \mathbb{R}$ is convex (strictly convex)

$\Leftrightarrow D^2 f \geq 0$ (> 0) (Ex!)

Def: Let $M = \text{complete Riem. mfd}$. Then

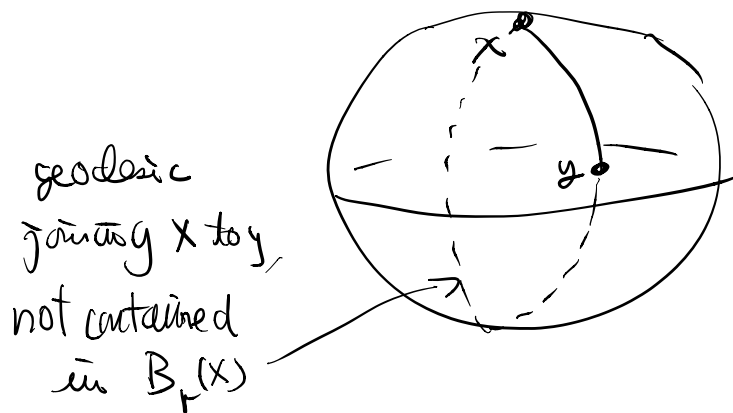
• a subset $\Omega \subset M$ is called convex

$\Leftrightarrow \forall x, y \in \Omega$, the shortest geodesic joining
 x to y is contained in Ω .

• a subset $\Omega \subset M$ is called totally convex

$\Leftrightarrow \forall x, y \in \Omega$, any geodesic joining x to y
is contained in Ω .

Eg 1: On $S^2 \subset \mathbb{R}^3$, geodesic ball of radius $r \leq \frac{\pi}{2}$
 is convex, but not totally convex



Furthermore, geodesic ball of radius r between $\frac{\pi}{2}$ & π
 is not even convex. (Ex!)

Note: If M is a simply-connected complete Riem. mfd
 with nonpositive sectional curvature. Then Cartan-
 Hadamard \Rightarrow any geodesic is minimizing.
 Therefore, a convex subset of M is also totally
 convex.

Eg 2: Cylinder $\{x^2 + y^2 = 1\} \subset \mathbb{R}^3$



Then B_r is convex for $r \leq \frac{\pi}{2}$,
not convex for $r > \frac{\pi}{2}$.

Lemma 5: Let $M = \text{Riem. mfd.}$

(1) Let $\tau: M \rightarrow \mathbb{R}$ is a convex function

- $M_c \stackrel{\text{def}}{=} \{x \in M: \tau(x) < c\}$ be the sublevel set
- $\gamma: [a, b] \rightarrow M$ be a geodesic

Then $\gamma(a), \gamma(b) \in M_c \Rightarrow \gamma([a, b]) \subset M_c$.

(2) Furthermore, if M is complete, then M_c is totally convex.

Pf: (1) $\tau \circ \gamma(t) \leq \max\{\tau \circ \gamma(a), \tau \circ \gamma(b)\} < c$
since $\tau \circ \gamma$ convex

(2) Easily follows from (1).

Cor (of Thm 3) Geodesic balls of a simply-connected
complete Riem. mfd M with nonpositive sectional
curvature are totally convex.

In particular, $\forall x \in M$, $\{x\}$ is totally convex.
Therefore, there is no nontrivial geodesic
 $\gamma: [a, b] \rightarrow M$ s.t. $\gamma(a) = \gamma(b) = x$.

Thm 6 (J.H.C. Whitehead) Let $M = \text{Riem. mfd}$.

Then $\forall x \in M$, \exists a convex nbd. of x .

PF: $\forall x \in M$, Lemma 4 (Δ properties of \exp_x)

$\Rightarrow \exists \varepsilon > 0$ s.t.

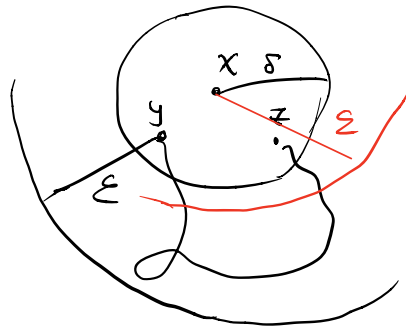
- $\cdot \exp_x = B(\varepsilon) \xrightarrow{c T_x M} B_\varepsilon(x) \xrightarrow{c M}$ is a diffeomorphism
- $\cdot B_\varepsilon(x) = \exp_x(B(\varepsilon))$ has compact closure in M
(note: M may not be complete)
- $\cdot \rho^2$ is C^∞ & $D^2 \rho^2 > 0$ on $B_\varepsilon(x)$
where $\rho = \text{distance to } x$.

In fact, by choosing a smaller $\varepsilon > 0$, we can also assume that $\forall y \in B_\varepsilon(x)$, $\exp_y|_{B(\varepsilon)}$ is a diffeomorphism.

Let $\delta = \frac{\varepsilon}{3} > 0$ and the geodesic ball $B_\delta(x)$.

We claim that $B_\delta(x)$ is convex.

\forall fixed $y \in B_\delta(x)$,
we observe that $B_\delta(x) \subset B_\varepsilon(y)$.



In fact, $\forall z \in B_\delta(x)$,

$$d(z, y) \leq d(z, x) + d(x, y) \leq \delta + \delta = 2\delta = \frac{2\varepsilon}{3} < \varepsilon$$

$$\Rightarrow B_\delta(x) \subset B_\varepsilon(y)$$

Therefore, $\forall z \in B_\delta(x)$, \exists shortest geodesic γ joining z to y with $\gamma \subset B_\varepsilon(y)$ and $L(\gamma) < \varepsilon$.

If $\gamma \not\subset B_\varepsilon(x)$, then $y, z \in B_\delta(x) \Rightarrow$

$$L(\gamma) > 2(\varepsilon - \delta) = \frac{4\varepsilon}{3} > \varepsilon \quad \text{contradiction}$$

$$\Rightarrow \gamma \subset B_\varepsilon(x)$$

Since $D^2\rho^2 > 0$ on $B_\varepsilon(x)$, statement (1) of Lemma 5
 on $B_\delta(x) (\subset B_\varepsilon(x)) \Rightarrow$

$B_\delta(x) =$ sublevel set of ρ^2

$\Rightarrow \zeta \subset B_\delta(x)$ since ζ is the shortest geodesic
 joining y to z .

Since $y \in B_\delta(x)$ is arbitrary, we've shown that
 $\forall y, z \in B_\delta(x), \exists$ shortest geodesic $\zeta \subset B_\delta(x)$ joining
 y and z . $\therefore B_\delta(x)$ is convex. ~~*~~

Application²: Synge Thm

Facts: • A C^∞ mfd M of n -dim. is said to be
orientable $\Leftrightarrow \exists$ a nowhere zero C^∞
 n -form ω on M .

(ie. $\omega = f dx^1 \wedge \dots \wedge dx^n$ in local coordinates.
 Alternating $(0, n)$ -tensor:
 $\omega(X_1, \dots, X_i, \dots, X_j, \dots, X_i, \dots, X_n) = -\omega(X_1, \dots, X_j, \dots, X_i, \dots, X_n)$)

- If such an ω is chosen, then it is called the orientation of M
 $(\omega_1 \sim \omega_2 \Leftrightarrow \omega_1 = f\omega_2 \text{ for some function } f > 0)$

- Let ω be a nowhere zero n -form on such an M ,
then bases of $T_x M$ can be divided into 2-classes:

- positive oriented: $\omega(e_1, \dots, e_n) > 0$
- negative oriented: $\omega(e_1, \dots, e_n) < 0$

(wrt ω).

Lemma 7: Let $\gamma: [a, b] \rightarrow M$ be closed curve in an orientable
Riem. mfd M such that $x = \gamma(a) = \gamma(b)$.

Then the parallel transport along γ

$$P^\gamma: T_x M \rightarrow T_x M \text{ has } \det P^\gamma = +1.$$

(Pf = Ex!)

($\leftarrow \pi_1(M) \neq 1$)

Lemma 8: Let $M = \underline{\text{non-simply-connected compact Riem. mfd}}$

Then \exists closed curve $\gamma: [0, b] \rightarrow M$ (for some $b > 0$)

such that $L(\gamma) \leq L(\alpha)$ for any piecewise C^∞

closed curve α which is non-homotopic to zero.

(i.e. $[\alpha] \neq 1$)

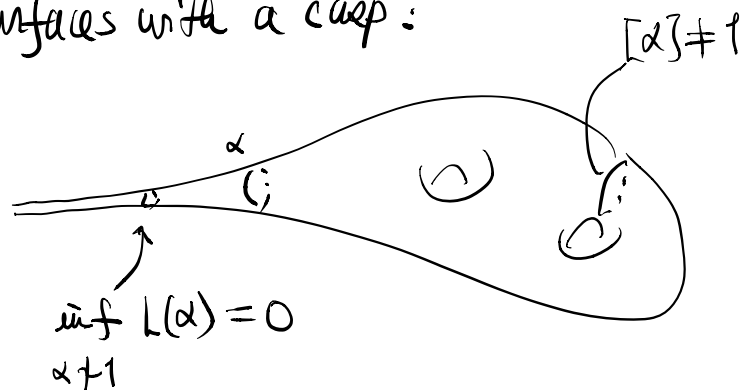
(Pf = Omitted)

Notes:

- $\pi_1(M) \neq 1$ is necessary, otherwise any closed curve can be shrunk to a point
 $\Rightarrow \inf_{\gamma} L(\gamma) = 0$
 \Rightarrow no closed curves minimize the length functional.

• Compactness is also necessary:

eg: surfaces with a cusp:



Thm 9 (J. L. Synge) If M is a compact orientable
even dim'd Riem mfd with positive sectional curvature,
then M is simply-connected.