

If $p(x)$ and $q(x)$ are polynomials

$$p(x) = a_m x^m + a_{m-1} x^{m-1} + \dots + a_1 x + a_0 \quad \text{with } a_m > 0 \quad (\text{i.e. } \deg p(x) = m)$$

$$q(x) = b_k x^k + a_{k-1} x^{k-1} + \dots + b_1 x + b_0 \quad \text{with } b_k > 0 \quad (\text{i.e. } \deg q(x) = k)$$

then

$$\lim_{n \rightarrow +\infty} \frac{p(n)}{q(n)} = \begin{cases} +\infty & \text{if } m > k \\ \frac{a_m}{b_k} & \text{if } m = k \\ 0 & \text{if } m < k \end{cases}$$

Following this idea:

e.g. Find $\lim_{n \rightarrow \infty} \frac{3n-1}{\sqrt{4n^2+2n}}$

$\lim_{n \rightarrow \infty} \frac{3n-1}{\sqrt{4n^2+2n}}$ ← roughly deg = 1

Following this idea:

e.g. Find $\lim_{n \rightarrow \infty} \frac{3n-1}{\sqrt{4n^2+2n}}$

$$\lim_{n \rightarrow \infty} \frac{3n-1}{\sqrt{4n^2+2n}} \leftarrow \text{roughly deg}=1$$

$$= \lim_{n \rightarrow \infty} \frac{3-\frac{1}{n}}{\sqrt{4-\frac{2}{n}}}$$

$$= \frac{3}{2}$$

Why?

$$\left(\lim_{n \rightarrow \infty} 4 - \frac{2}{n} = 0 \implies \lim_{n \rightarrow \infty} \sqrt{4 - \frac{2}{n}} = 0 \right)$$

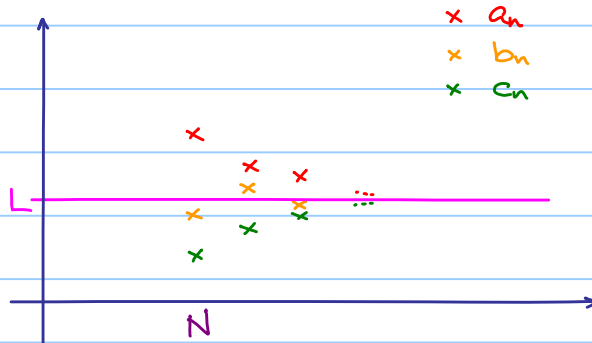
Explain later!

Sandwich Theorem for Sequences

Let $\{a_n\}$, $\{b_n\}$ and $\{c_n\}$ be sequences of real numbers.

If $\exists N \in \mathbb{N}$ s.t. $a_n \leq b_n \leq c_n$ for $n \geq N$ and $\lim_{n \rightarrow \infty} a_n = \lim_{n \rightarrow \infty} c_n = L$, then $\lim_{n \rightarrow \infty} b_n = L$.

Geometrical meaning:



e.g. Find $\lim_{n \rightarrow \infty} \frac{1}{\sqrt{n+1} + \sqrt{n}}$

Note: $0 \leq \frac{1}{\sqrt{n+1} + \sqrt{n}} \leq \frac{1}{2\sqrt{n}} \quad \forall n \in \mathbb{N}$ and $\lim_{n \rightarrow \infty} 0 = \lim_{n \rightarrow \infty} \frac{1}{2\sqrt{n}} = 0$

By sandwich theorem, $\lim_{n \rightarrow \infty} \frac{1}{\sqrt{n+1} + \sqrt{n}} = 0$

e.g. Find $\lim_{n \rightarrow \infty} \frac{1}{n} \sin n$

Note: $-\frac{1}{n} \leq \frac{1}{n} \sin n \leq \frac{1}{n} \quad \forall n \in \mathbb{N}$ and $\lim_{n \rightarrow \infty} -\frac{1}{n} = \lim_{n \rightarrow \infty} \frac{1}{n} = 0$

By sandwich theorem, $\lim_{n \rightarrow \infty} \frac{1}{n} \sin n = 0$.

We may further generalize the above example as :

If $\{a_n\}$ and $\{b_n\}$ be sequences of real numbers such that $\lim_{n \rightarrow \infty} a_n = 0$ and $\{b_n\}$ is bounded (i.e. $\exists M > 0$ s.t. $|b_n| \leq M \forall n \in \mathbb{N}$), then $\lim_{n \rightarrow \infty} a_n b_n = 0$.

proof :

FACT (without proof)

$$\lim_{n \rightarrow \infty} a_n = 0 \Leftrightarrow \lim_{n \rightarrow \infty} |a_n| = 0$$

$$\text{Note : } -|a_n| \leq a_n \leq |a_n|$$

$$-M \leq b_n \leq M$$

$$\therefore -M|a_n| \leq a_n b_n \leq M|a_n|$$

$$\lim_{n \rightarrow \infty} a_n = 0 \Leftrightarrow \lim_{n \rightarrow \infty} |a_n| = 0 \Rightarrow \lim_{n \rightarrow \infty} -M|a_n| = \lim_{n \rightarrow \infty} M|a_n| = 0$$

By sandwich theorem, $\lim_{n \rightarrow \infty} a_n b_n = 0$.

Ex: Prove $\lim_{n \rightarrow \infty} \frac{(-1)^n}{n^2} = 0$

Hint: By using the above result.

Monotonic Sequence Theorem

Definition

Let $\{a_n\}$ be a sequence of real numbers.

(i) $\{a_n\}$ is said to be **bounded above** if $\exists M > 0$ s.t. $a_n < M$ — called an upper bound

(ii) $\{a_n\}$ is said to be **bounded below** if $\exists M > 0$ s.t. $a_n > -M$ — called a lower bound

(iii) $\{a_n\}$ is said to be **bounded** if $\exists M > 0$ s.t. $|a_n| < M$ (i.e. $-M < a_n < M$)

bounded = both bounded above and below

(iv) $\{a_n\}$ is said to be **monotonic increasing** if $a_{n+1} \geq a_n \quad \forall n \in \mathbb{N}$

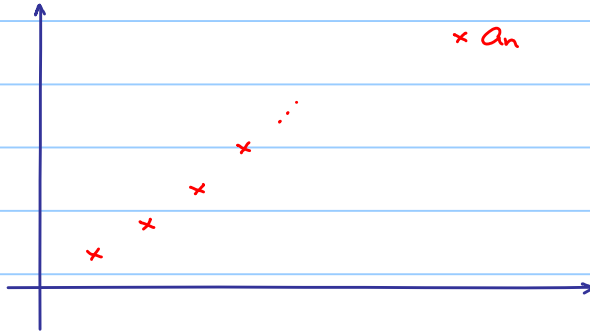
(v) $\{a_n\}$ is said to be **monotonic decreasing** if $a_{n+1} \leq a_n \quad \forall n \in \mathbb{N}$

Geometrical meaning:



$\{a_n\}$ is bounded above by M

But it may happen that a sharper bound M'



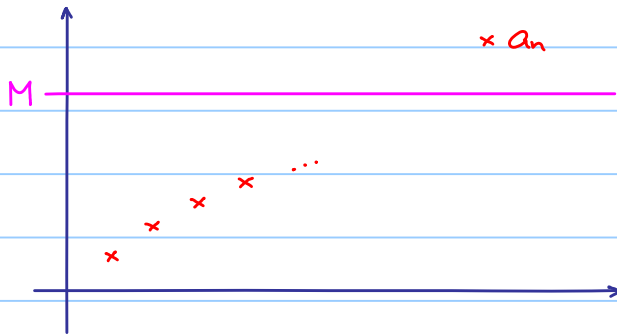
$\{a_n\}$ is monotonic increasing.

Combining together :

Monotonic Sequence Theorem :

If $\{a_n\}$ is bounded above (resp. below) and monotonic increasing (decreasing), then $\lim_{n \rightarrow \infty} a_n$ exists.

Geometrical meaning :



Caution :

$\{a_n\}$ is bounded above by M ,

but $\lim_{n \rightarrow \infty} a_n$ is NOT necessary to be M .

eg. Let $\{a_n\}$ be a sequence of real numbers defined by

$$a_1 = 1 \text{ and } a_{n+1} = 1 + \frac{a_n}{1+a_n} \quad (n \geq 1)$$

Does $\lim_{n \rightarrow \infty} a_n$ exist?

i) Claim: $\{a_n\}$ is monotonic increasing

(Note: From the construction of the sequence, $a_n \geq 0 \forall n \in \mathbb{N}$)

Prove the statement " $a_{n+1} \geq a_n$ " by induction:

$$\text{Step 1: } a_2 - a_1 = \left(1 + \frac{a_1}{1+a_1}\right) - a_1 = \frac{3}{2} - 1 = \frac{1}{2} > 0$$

Step 2: Assume $a_{k+1} \geq a_k$ for some $k \in \mathbb{N}$

$$\begin{aligned} a_{k+2} - a_{k+1} &= \left(1 + \frac{a_{k+1}}{1+a_{k+1}}\right) - \left(1 + \frac{a_k}{1+a_k}\right) \\ &= \frac{a_{k+1}}{1+a_{k+1}} - \frac{a_k}{1+a_k} \\ &= \frac{a_{k+1} - a_k}{(1+a_{k+1})(1+a_k)} \geq 0 \end{aligned}$$

ii) $\{a_n\}$ is bounded above by 2.

\therefore By monotonic sequence theorem, $\lim_{n \rightarrow \infty} a_n$ exists (But, what is the value?)

Let $\lim_{n \rightarrow \infty} a_n = A$

Note that $a_{n+1} = 1 + \frac{a_n}{1+a_n}$, taking limit on both sides

$$\lim_{n \rightarrow \infty} a_{n+1} = \lim_{n \rightarrow \infty} \left(1 + \frac{a_n}{1+a_n} \right) = 1 + \frac{\lim_{n \rightarrow \infty} a_n}{1 + \lim_{n \rightarrow \infty} a_n}$$

$$A = 1 + \frac{A}{1+A}$$

$$A^2 + A - 1 = 0$$

$$A = \frac{1+\sqrt{5}}{2} \text{ or } \frac{1-\sqrt{5}}{2} \text{ (rejected)}$$

Note: the limit is NOT 2.

Constant e :

Consider a number $(1 + \frac{1}{m})^n$ that depends on m and n and then

1) fix m , say $m=100$, n is getting larger and larger.

$n=10$	$n=100$	$n=1000$	$\rightarrow +\infty$
$(1 + \frac{1}{m})^n = 1.01^{10}$	$(1 + \frac{1}{m})^n = 1.01^{100}$	$(1 + \frac{1}{m})^n = 1.01^{1000}$	$\rightarrow +\infty$

2) fix n , say $n=100$, m is getting larger and larger.

$m=10$	$m=100$	$m=1000$	$\rightarrow +\infty$
$(1 + \frac{1}{m})^n = 1.1^{100}$	$(1 + \frac{1}{m})^n = 1.01^{100}$	$(1 + \frac{1}{m})^n = 1.001^{100}$	$\rightarrow 1$

How about setting $m=n$ and let them become larger and larger?

$(1 + \frac{1}{n})^n \rightarrow ?$ as $n \rightarrow +\infty$ (i.e. limit exists?)

something between $+\infty$ and 1 ??)

$n=10$	$n=100$	$n=1000$	$\rightarrow +\infty$
$(1 + \frac{1}{n})^n = 1.1^{10}$	$(1 + \frac{1}{n})^n = 1.01^{100}$	$(1 + \frac{1}{n})^n = 1.001^{1000}$	
≈ 2.59374	≈ 2.70481	≈ 2.71692	$\rightarrow 2.71828 \dots$

limit exists and call it e .

Idea of proof:

Let $a_n = (1 + \frac{1}{n})^n$

1) Prove $\{a_n\}$ is monotonic increasing

2) Prove $\{a_n\}$ is bounded above by 3.

Limits Involving e :

e.g. Find $\lim_{n \rightarrow \infty} \left(1 + \frac{2}{n}\right)^n$

$$\begin{aligned}\lim_{n \rightarrow \infty} \left(1 + \frac{2}{n}\right)^n &= \lim_{n \rightarrow \infty} \left[\left(1 + \frac{1}{\left(\frac{n}{2}\right)}\right)^{\frac{n}{2}} \right]^2 \\ &= e^2\end{aligned}$$

(let $y = \frac{n}{2}$, as $n \rightarrow \infty$, $y \rightarrow \infty$
 $\lim_{n \rightarrow \infty} \left(1 + \frac{1}{\left(\frac{n}{2}\right)}\right)^{\frac{n}{2}} = \lim_{y \rightarrow \infty} \left(1 + \frac{1}{y}\right)^y = e$)

e.g. Find $\lim_{n \rightarrow \infty} \left(1 + \frac{1}{2n-1}\right)^n$

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$$\lim_{n \rightarrow \infty} \left(1 + \frac{1}{2n-1}\right)^n = \lim_{n \rightarrow \infty} \left(1 + \frac{1}{2n-1}\right)^{\frac{1}{2}(2n-1) + \frac{1}{2}}$$

$$= \lim_{n \rightarrow \infty} \left[\left(1 + \frac{1}{2n-1}\right)^{2n-1}\right]^{\frac{1}{2}} \cdot \left(1 + \frac{1}{2n-1}\right)^{\frac{1}{2}}$$

$$= e^{\frac{1}{2}} \cdot 1$$

$$= e^{\frac{1}{2}}$$

e.g. Find $\lim_{n \rightarrow \infty} (1 - \frac{1}{n})^{-n}$

e.g. Find $\lim_{n \rightarrow \infty} (1 - \frac{1}{n})^{-n}$

$$\lim_{n \rightarrow \infty} (1 - \frac{1}{n})^{-n} = \lim_{n \rightarrow \infty} (\frac{n-1}{n})^{-n}$$

$$= \lim_{n \rightarrow \infty} (\frac{n}{n-1})^n$$

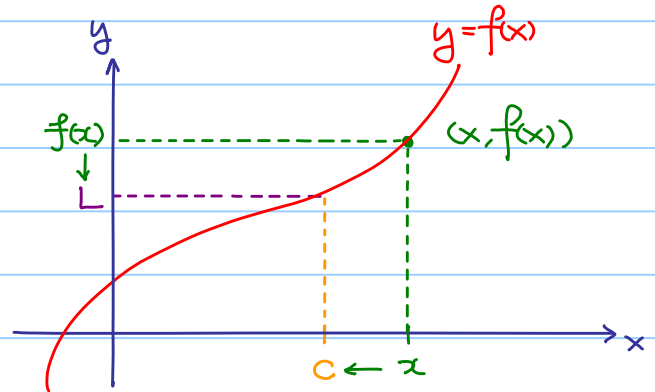
$$= \lim_{n \rightarrow \infty} (1 + \frac{1}{n-1})^{n-1} \cdot (1 + \frac{1}{n-1})$$

$$= e \cdot 1 = e$$

Limits of Functions :

Limit of a function :

If $f(x)$ gets closer and closer to a real number L as x gets closer and closer[†] to c from both sides, then L is called the limit of $f(x)$ at c . We write $\lim_{x \rightarrow c} f(x) = L$



† Note : a little bit misleading !

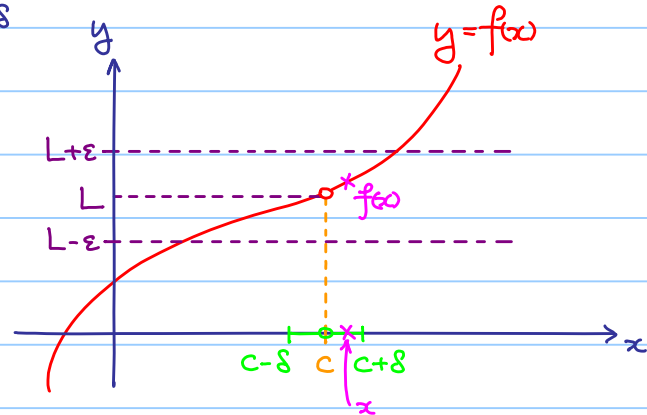
$f(c)$ may NOT equal to L , even it may be undefined !

Definition

Let $f: \mathbb{R} \rightarrow \mathbb{R}$ be a function and $c \in \mathbb{R}$.

$L \in \mathbb{R}$ is said to be the limit of f at the point c if

$$\forall \varepsilon > 0, \exists \delta > 0 \text{ s.t. } |f(x) - L| < \varepsilon \quad \forall 0 < |x - c| < \delta$$



Meaning: No matter how small ε you give me,

I can always find $\delta > 0$ s.t. if x is a point with $0 < \text{dist}(x, c) < \delta$

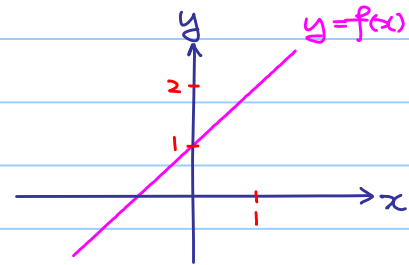
then $f(x)$ lies in the ε -tunnel (ε -neighborhood of L)

i.e. $x \neq c$



e.g. If $f(x) = x+1$, find $\lim_{x \rightarrow 1} f(x)$

x	0.9	0.99	0.999	1	1.001	1.01	1.1
$f(x)$	1.9	1.99	1.999	2	2.001	2.01	2.1



$f(x)$ tends to 2 as x tends to 1.

We write $\lim_{x \rightarrow 1} f(x) = 2$.

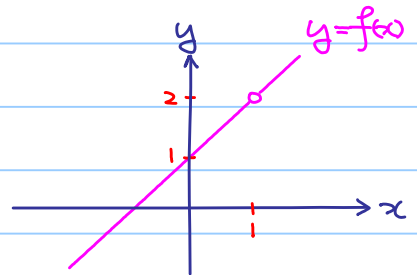
Remarks:

- 1) \dagger The table only gives an intuitive idea, but **NOT** a rigorous proof!
- 2) Do **NOT** regard as putting $x=1$ into $f(x)$ and get $f(1)=2$!

e.g. Let $f: \mathbb{R} \setminus \{1\} \rightarrow \mathbb{R}$ defined by $f(x) = \frac{x^2-1}{x-1}$, $x \neq 1$.

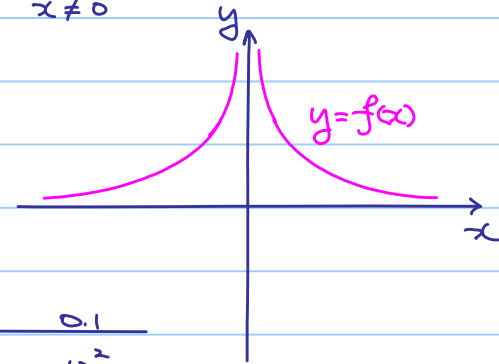
We can rewrite f as the following:

$$f(x) = \begin{cases} x+1 & \text{if } x \neq 1 \\ \text{undefined} & \text{if } x = 1 \end{cases}$$



x	0.9	0.99	0.999		1.001	1.01	1.1
$f(x)$	1.9	1.99	1.999	undefined	2.001	2.01	2.1

eg. Let $f: \mathbb{R} \setminus \{0\} \rightarrow \mathbb{R}$ defined by $f(x) = \frac{1}{x^2}$, $x \neq 0$



x	-0.1	-0.01	-0.001	0	0.001	0.01	0.1
$f(x)$	10^2	10^4	10^6	undefined	10^6	10^4	10^2

$f(x)$ tends to $+\infty$ (NOT a real number) as x tends to 0

$\therefore \lim_{x \rightarrow 0} f(x)$ does NOT exist.

(But, some still write $\lim_{x \rightarrow 0} f(x) = +\infty$.)

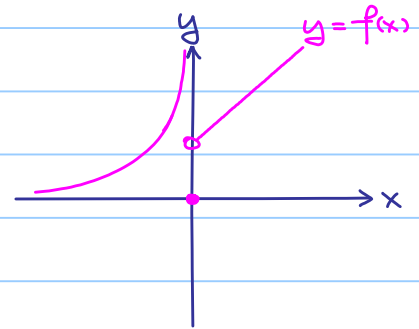
Right Hand Limit and Left Hand Limit :

If $f(x)$ gets closer and closer to a real number L as x gets closer and closer to c from right (resp. left) hand side, then L is called the right (resp. left) hand limit of $f(x)$ at c .

We write $\lim_{x \rightarrow c^+} f(x) = L$ (resp. $\lim_{x \rightarrow c^-} f(x) = L$)

e.g.

$$f(x) = \begin{cases} x+1 & \text{if } x > 0 \\ 0 & \text{if } x = 0 \\ \frac{1}{x^2} & \text{if } x < 0 \end{cases}$$



$$\lim_{x \rightarrow 0^+} f(x) = \lim_{x \rightarrow 0^+} x+1 = 1$$

$$\lim_{x \rightarrow 0^-} f(x) = \lim_{x \rightarrow 0^-} \frac{1}{x^2} \quad (\text{does NOT exist})$$

$$f(0) = 0$$

Remark:

Right hand limit and left hand limit of a function at a point is **NOT** necessary to be the same!

FACT :

$\lim_{x \rightarrow c} f(x) = L$ if and only if $\lim_{x \rightarrow c^+} f(x) = \lim_{x \rightarrow c^-} f(x) = L$
(i.e. both right and left hand limit exist and equal to L .)

FACT (without proof)

(1) If k is a constant, $\lim_{x \rightarrow c} k = k$

(2) $\lim_{x \rightarrow c} x = c$

↑
regarded as constant function $f(x) = k$

Algebraic Properties of Limits :

If $\lim_{x \rightarrow c} f(x)$ and $\lim_{x \rightarrow c} g(x)$ exist ^{← (very important !)}, then

$$(1) \lim_{x \rightarrow c} (f(x) + g(x)) = \lim_{x \rightarrow c} f(x) + \lim_{x \rightarrow c} g(x)$$

$$(2) \lim_{x \rightarrow c} (f(x) - g(x)) = \lim_{x \rightarrow c} f(x) - \lim_{x \rightarrow c} g(x)$$

$$(3) \lim_{x \rightarrow c} (f(x)g(x)) = \lim_{x \rightarrow c} f(x) \cdot \lim_{x \rightarrow c} g(x)$$

$$(4) \lim_{x \rightarrow c} \left(\frac{f(x)}{g(x)} \right) = \frac{\lim_{x \rightarrow c} f(x)}{\lim_{x \rightarrow c} g(x)} \quad \text{if } \lim_{x \rightarrow c} g(x) \neq 0$$

e.g. Find $\lim_{x \rightarrow 2} 3x^2 - 5$

① $\lim_{x \rightarrow 2} x = 2$, so $\lim_{x \rightarrow 2} x^2 = \lim_{x \rightarrow 2} (x \cdot x) = \lim_{x \rightarrow 2} x \cdot \lim_{x \rightarrow 2} x = 2 \cdot 2 = 4$

By (3)
↓

② $\lim_{x \rightarrow 2} 3 = 3$, $\lim_{x \rightarrow 2} x^2 = 4$, so $\lim_{x \rightarrow 2} 3x^2 = \lim_{x \rightarrow 2} 3 \cdot \lim_{x \rightarrow 2} x^2 = 3 \cdot 4 = 12$

By (3)
↓

③ $\lim_{x \rightarrow 2} 3x^2 = 12$, $\lim_{x \rightarrow 2} 5 = 5$, so $\lim_{x \rightarrow 2} 3x^2 - 5 = \lim_{x \rightarrow 2} 3x^2 - \lim_{x \rightarrow 2} 5 = 12 - 5 = 7$

By (2)
↓

But what we write :

$$\lim_{x \rightarrow 2} 3x^2 - 5 = 3(\lim_{x \rightarrow 2} x)^2 - 5 = 7$$

eg. Find $\lim_{x \rightarrow 1} \frac{3x^2 - 8}{x - 2}$

$$\lim_{x \rightarrow 1} \frac{3x^2 - 8}{x - 2} = \frac{3(\lim_{x \rightarrow 1} x)^2 - 8}{(\lim_{x \rightarrow 1} x) - 2} = \frac{3(1) - 8}{1 - 2} = 5$$

e.g. Think:

$$\lim_{x \rightarrow 0} \frac{1}{x} = \lim_{x \rightarrow 0} x \cdot \frac{1}{x^2} = \lim_{x \rightarrow 0} x \cdot \lim_{x \rightarrow 0} \frac{1}{x^2} = 0$$

\parallel
 0

\uparrow
 $(*)$

But we know $\lim_{x \rightarrow 0} \frac{1}{x}$ does NOT exist.

What's wrong?

Ans: $\lim_{x \rightarrow 0} \frac{1}{x^2}$ does NOT exist, so we cannot use (3) at $(*)$.

e.g. Find $\lim_{x \rightarrow 1} \frac{x^2 - 1}{x^2 - 3x + 2}$

Note $\lim_{x \rightarrow 1} x^2 - 3x + 2 = 0$, so we cannot use (4).

$$\lim_{x \rightarrow 1} \frac{x^2 - 1}{x^2 - 3x + 2} = \lim_{x \rightarrow 1} \frac{(x-1)(x+1)}{(x-1)(x-2)} = \lim_{x \rightarrow 1} \frac{x+1}{x-2} \stackrel{\text{By (4)}}{\downarrow} = \frac{\lim_{x \rightarrow 1} x+1}{\lim_{x \rightarrow 1} x-2} = \frac{2}{-1} = -2$$

e.g. Let $f: \mathbb{R} \setminus \{1\} \rightarrow \mathbb{R}$ defined by $f(x) = \frac{\sqrt{x}-1}{x-1}$, $x \neq 1$.

Find $\lim_{x \rightarrow 1} f(x)$.

Note : For $x \neq 1$ ($x-1 \neq 0$, denominator is nonzero.)

$$\frac{\sqrt{x}-1}{x-1} = \frac{\sqrt{x}-1}{x-1} \cdot \frac{\sqrt{x}+1}{\sqrt{x}+1} = \frac{1}{\sqrt{x}+1}$$

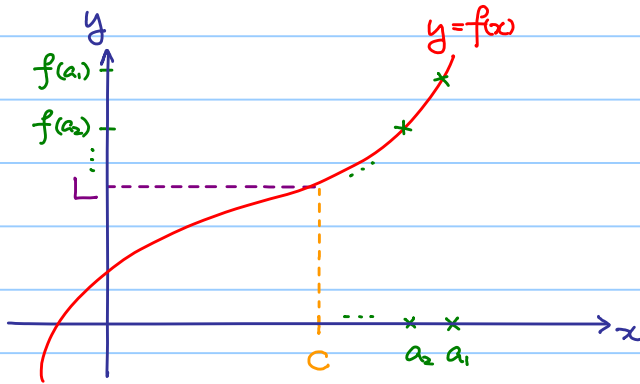
$$\lim_{x \rightarrow 1} \frac{\sqrt{x}-1}{x-1} = \lim_{x \rightarrow 1} \frac{1}{\sqrt{x}+1} \quad (\text{We only concern those } x \text{ near } 1 \text{ but NOT equal to } 1)$$

$$= \frac{1}{2} \quad (\text{Still the same, do NOT regard as putting } x=1)$$

Relation Between Limits of Sequences and Functions

Theorem:

$$\lim_{x \rightarrow c} f(x) = L \Leftrightarrow \forall \text{ sequence } \{a_n\} \text{ with } \lim_{n \rightarrow \infty} a_n = c, \text{ we have } \lim_{n \rightarrow \infty} f(a_n) = L$$



Theorem :

$$\lim_{x \rightarrow c} f(x) = L \iff \forall \text{ sequence } \{a_n\} \text{ with } \lim_{n \rightarrow \infty} a_n = c, \text{ we have } \lim_{n \rightarrow \infty} f(a_n) = L$$

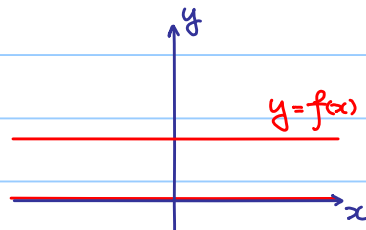
In fact, if we want to show $\lim_{x \rightarrow c} f(x) = L$, it is quite impossible to check infinitely many sequence. This statement is useful in reverse direction :

1) If $\exists \{a_n\}$ s.t. $\lim_{n \rightarrow \infty} a_n = c$, but $\lim_{n \rightarrow \infty} f(a_n)$ does NOT exist,
then $\lim_{x \rightarrow c} f(x)$ does NOT exist.

2) If $\exists \{a_n\}, \{b_n\}$ s.t. $\lim_{n \rightarrow \infty} a_n = \lim_{n \rightarrow \infty} b_n = c$, but $\lim_{n \rightarrow \infty} f(a_n) \neq \lim_{n \rightarrow \infty} f(b_n)$
then $\lim_{x \rightarrow c} f(x)$ does NOT exist.

e.g. Let $f: \mathbb{R} \rightarrow \mathbb{R}$ defined by

$$f(x) = \begin{cases} 1 & \text{if } x \in \mathbb{Q} \\ 0 & \text{if } x \in \mathbb{R} \setminus \mathbb{Q} \end{cases}$$



It seems the graph consists of two straight lines, but in fact infinitely many holes are there.

Consider sequences $\{a_n\}, \{b_n\}$ defined by

$$a_n = \frac{1}{n} \in \mathbb{Q}, \quad b_n = \frac{\sqrt{2}}{n} \in \mathbb{R} \setminus \mathbb{Q}$$

$$\text{Then } \lim_{n \rightarrow \infty} a_n = \lim_{n \rightarrow \infty} b_n = 0, \text{ but } \lim_{n \rightarrow \infty} f(a_n) = \lim_{n \rightarrow \infty} 1 = 1$$

$$\lim_{n \rightarrow \infty} f(b_n) = \lim_{n \rightarrow \infty} 0 = 0$$

$\therefore \lim_{x \rightarrow 0} f(x)$ does NOT exist.

In fact, with little modification, we can show $\lim_{x \rightarrow c} f(x)$ does NOT exist $\forall c \in \mathbb{R}$.

Ex: Let $f: \mathbb{R} \rightarrow \mathbb{R}$ defined by

$$f(x) = \begin{cases} \sin \frac{1}{x} & \text{if } x \neq 0 \\ 0 & \text{if } x = 0 \end{cases}$$

Show that $\lim_{x \rightarrow 0} f(x)$ does NOT exist.

Hint: Consider sequences $\{a_n\}$, $\{b_n\}$ defined by

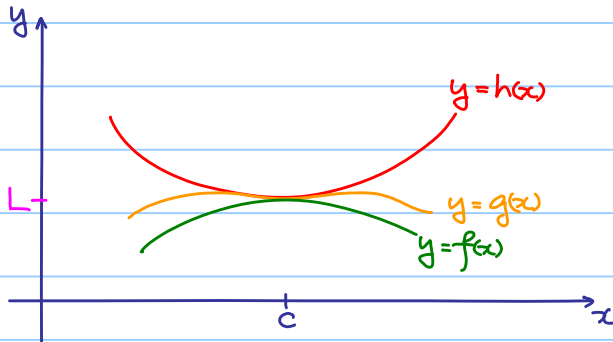
$$a_n = \frac{1}{2n\pi} \quad , \quad b_n = \frac{1}{(2n + \frac{1}{2})\pi}$$

Sandwich Theorem for Functions

Let $f, g, h: \mathbb{R} \rightarrow \mathbb{R}$ be functions and $c \in \mathbb{R}$

If $f(x) \leq g(x) \leq h(x)$ for all x in a neighborhood of c and $\lim_{x \rightarrow c} f(x) = \lim_{x \rightarrow c} h(x) = L$,
then $\lim_{x \rightarrow c} g(x) = L$

Geometrical meaning:



e.g. Prove that $\lim_{x \rightarrow 0} x^2 \cos^2 \frac{1}{x} = 0$

Note that $0 \leq x^2 \cos^2 \frac{1}{x} \leq x^2$ and $\lim_{x \rightarrow 0} 0 = \lim_{x \rightarrow 0} x^2 = 0$

By sandwich theorem, $\lim_{x \rightarrow 0} x^2 \cos^2 \frac{1}{x} = 0$.

FACT (without proof)

$$\lim_{x \rightarrow c} f(x) = 0 \Leftrightarrow \lim_{x \rightarrow c} |f(x)| = 0$$

e.g. $\lim_{x \rightarrow 0} x = 0 \Rightarrow \lim_{x \rightarrow 0} |x| = 0$

e.g. Prove that $\lim_{x \rightarrow 0} x \cos \frac{1}{x} = 0$

Note that $-|x| \leq x \cos \frac{1}{x} \leq |x|$ and $\lim_{x \rightarrow 0} -|x| = \lim_{x \rightarrow 0} |x| = 0$

By sandwich theorem, $\lim_{x \rightarrow 0} x \cos \frac{1}{x} = 0$.