

The Chinese University of Hong Kong
Physical Education Unit

Required and Elective Physical Education Courses Assessment in 2021-22 Second Term

To prevent infection by novel coronavirus, all the required and elective P.E. courses in 2021-22 Second Term will be delivered by online teaching mode. Regarding the P.E. courses assessment, students can choose either one of the following options:

- 1) Video / PowerPoint Presentation (40%) + Article (40%) + Attendance and Participation (20%);
or
- 2) *Practical examination (with one skill item to be assessed)(40%) + Article (40%) + Attendance and Participation (20%); or
- 3) *Practical examination (with two skill items to be assessed)(80%) + Attendance and Participation (20%)

The practical examination of the P.E. courses will be scheduled on 3, 4, 17, 18 September 2022. If COVID-19 situation does not improve, PEU will announce on 15 August 2022 that the practical examinations will be **POSTPONED** to 26, 27 November and 3, 4 December 2022. Further announcement of all P.E. practical examinations **CANCELLATION** will be made on 11 November 2022 if the COVID-19 situation is still severe. Students will then have to submit video / PowerPoint presentation and article for their P.E. course assessment before 23:59:59 on 4 December 2022.

- *i). *For Physical Conditioning classes' students, please select one from '1.5 /1Miles Run or Pull-ups/ Inclined pull-up' and 'Plank or Sit and Reach' for the examination. For Tai Chi, Yoga or Modern Dance classes' students, please perform series of movement or performance.*
- *ii). *If students in Physical Conditioning, Tai Chi, Yoga or Modern Dance classes choose the second option, the examination will count for 40% of your assessment. If the students choose the third option, the examination will count for 80% of your assessment.*