

**The Chinese University of Hong Kong**  
**Physical Education Unit**  
**Arrangement on Make-up Practical Examination of Required and Elective Physical Education Courses**

In view of the latest situation of COVID-19, to reduce social contact and minimize the risk of virus spreading, the P.E. make-up practical examinations scheduled on 29, 30 August and 5, 6 September 2020 will be **POSTPONED** to 28, 29 November and 5, 6 December 2020. **If students would like to submit video and article instead of taking the practical examination for their P.E. course assessment in 2nd term 2019-20, they are welcome to do so.** The assessment (100%) on P.E. course includes: Video (40%) + Article (40%) + Attendance and Participation (20%).

The health and safety of students is always our top priority. If COVID-19 situation does not improve in late November, the practical examination will be **CANCELLED**, and students have to submit video and article for their P.E. course assessment.

If students would like to take the P.E. make-up practical examinations on 28, 29 November and 5, 6 December 2020, they have to make a **NEW REGISTRATION** via the following URL ([http://cuhk.au1.qualtrics.com/jfe/form/SV\\_bEnqEqSSEawT3wx](http://cuhk.au1.qualtrics.com/jfe/form/SV_bEnqEqSSEawT3wx)) and select the examination date ([http://www.peu.cuhk.edu.hk/images/content/other/2019-20-T2-Make-up-Practical-Examination-TimetableSTD\\_Postponed.pdf](http://www.peu.cuhk.edu.hk/images/content/other/2019-20-T2-Make-up-Practical-Examination-TimetableSTD_Postponed.pdf)) before **13:00 on 7 August 2020**. All the required and elective P.E. courses' examinations will be held on two separate days and students can register either one of them.

If students fail to register via the website before the deadline, they will be assumed to submit reflection articles and videos for their course assessment. Students can refer to the following for details.

Details of the video (40%) are as follows:

Student should submit a video with a total length of 3 to 5 minutes to summarize what you have learned in the course. The theme of the video is:

**Analyze and demonstrate the basic skill of the sports item according to the course content**

Student has to choose a basic skill for analysis and self-demonstration according to the course content. Video content can include the key points of posture and movement, their application to the game, the use of relevant physical fitness and the practice methods, etc.

\*\*\* Please upload the video to the default folder in the **Panopto Cloud** of the Blackboard **before 23:59:59 on 1 September 2020**. The file of the video has to be named as: Student's Name\_Student's ID No. (E.g: CHANTaiMan\_1155123444)

To avoid the network congestion, students should submit the video as soon as possible and plan at least an extra day for uploading the video. Otherwise, you may not finish the video submission on time. Besides, please try your best to reduce video size of the assignment. It is recommended that video resolution is not larger than 720p.

For detailed guidelines on uploading videos, please visit the following URL:

<http://www.peu.cuhk.edu.hk/images/content/other/PanoptoAssignmentSubmitForStudent.pdf>

Details of the reflection article (40%) are as follows:

Please write a reflection article (in no more than 800 words in Chinese or 500 words in English, punctuation is counted) **about the experience of the PE course you took in this semester**, which can include the experience during the lessons, what you have gained from the lessons, and / or the impact on your sports knowledge and exercise habits, etc.

\*\*\*Please submit your article via the following **VeriGuide Express** website **before 23:59:59 on 1 September 2020**:

<https://express.veriguide.org/cuhk/login>

The assessment rubrics of the video and article can be checked through the following link:

[http://www.peu.cuhk.edu.hk/images/content/other/PE-Article--Video-Assignment\\_19-20-Rubrics.pdf](http://www.peu.cuhk.edu.hk/images/content/other/PE-Article--Video-Assignment_19-20-Rubrics.pdf)