

The Chinese University of Hong Kong
Faculty of Education – Hong Kong Institute of Educational Research
Short-term Courses: Guidance and Counselling and Personal Growth
 短期課程：輔導與個人成長
Tentative Teaching Timetable 2022-2023

C/E	Module Code	Group No.	Title	Day	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Reserved for Contingency	Lecturer ¹	Venue
Elective	CGC0101	A	輔導概論 Introduction to Guidance and Counselling	Tue	6:30 p.m. – 9:30 p.m.	7-Mar-2023	14-Mar-2023	21-Mar-2023	28-Mar-2023	18-Apr-2023	25-Apr-2023	2-May-2023	No	Lee Lai Chu, Leanna	Room 402, 4/F, Wu Ho Man Yuen Building, CUHK (香港中文大學伍何曼原樓)
Elective	CGC0102 ²	A	團體輔導概論 Introduction to Group Guidance and Counselling	Tue	6:30 p.m. – 9:30 p.m.	9-May-2023	16-May-2023	23-May-2023	30-May-2023	6-Jun-2023	13-Jun-2023	20-Jun-2023	27-Jun-2023	Lo Tak Yin, Tracy	Room 108, 1/F., Chen Kou Bun Building, Chung Chi College, CUHK (香港中文大學崇基學院陳國本樓)
Elective	CGC0103	A	青少年的成長與需要 Understanding Adolescents' Development and Needs	Tue	6:30 p.m. – 9:30 p.m.	1-Nov-2022	8-Nov-2022	15-Nov-2022	22-Nov-2022	29-Nov-2022	6-Dec-2022	13-Dec-2022	20-Dec-2022	Tang Kit Sum, Connie	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
Elective	CGC0104	A	提升自尊和自我形象 Enhancing Self-esteem and Self-image	Fri	6:30 p.m. – 9:30 p.m.	19-May-2023	2-Jun-2023	9-Jun-2023	16-Jun-2023	23-Jun-2023	30-Jun-2023	7-Jul-2023	14-Jul-2023	Cheng Kai Chi, Wallace	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
Elective	CGC0106 ³	A	工作坊 – 個人成長歷程 Personal Growth Group Experience	Sat	2:00 p.m. – 9:30 p.m.	29-Apr-2023	6-May-2023	13-May-2023					20-May-2023	Ng Wing Yin, Winnie	To be announced
Elective	CGC0107	A	有效的溝通技巧 Effective Communication Skills	Thur	6:30 p.m. – 9:30 p.m.	8-Sep-2022	15-Sep-2022	22-Sep-2022	29-Sep-2022	6-Oct-2022	13-Oct-2022	20-Oct-2022	27-Oct-2022	Poon Wai Sze, Chiffon	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
Elective	CGC0108	A	如何提升個人的情緒智商 Enhancing Emotional Intelligence (EQ) Workshops	Tue	6:30 p.m. – 9:30 p.m.	6-Sep-2022	13-Sep-2022	20-Sep-2022	27-Sep-2022	11-Oct-2022	18-Oct-2022	25-Oct-2022	No	Ng Wing Yin, Winnie	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
Elective	CGC0115	A	全面的學生關顧與支援系統 Comprehensive Student Care and Support System	Thur	6:30 p.m. – 9:30 p.m.	5-Jan-2023	12-Jan-2023	2-Feb-2023	9-Feb-2023	16-Feb-2023	23-Feb-2023	2-Mar-2023	9-Mar-2023	Chan Tze Kwan	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
Elective	CGC0116	A	從身分認同至親密關係 From Identity to Intimacy	Fri	6:30 p.m. – 9:30 p.m.	17-Mar-2023	24-Mar-2023	31-Mar-2023	21-Apr-2023	28-Apr-2023	5-May-2023	12-May-2023	No	Iu Kan Siu Mee Amy	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)
Elective	CGC0117 ²	A	分離與喪親 Separation and Loss	Mon	6:30 p.m. – 9:30 p.m.	8-May-2023	15-May-2023	22-May-2023	29-May-2023	5-Jun-2023	12-Jun-2023	19-Jun-2023	26-Jun-2023	Hung Man Wai, Polly	Room 205, 2/F., Esther Lee Building, Chung Chi College, CUHK (香港中文大學崇基學院利黃瑤璧樓)

Remarks:

¹ For staff profile, please refer to programme website: www.hkier.cuhk.edu.hk/stcourse

² Basic training in counselling or the completion of CGC0101 is a pre-requisite for CGC0102 & CGC0117.

³ Basic training in counselling through CGC0101 or the equivalent is a prerequisite for CGC0106. Full attendance is required for CGC0106.