## New Asia College Mentorship Programme 2021/22 Career Talks Day

The Career Talks Day aims at providing career information of various industries. The contents are suitable for student of all years, and are for participants to better equip themselves for career planning.

**Date**: 15 Jan 2022 (Sat)

**Time**: 2:00 - 6:00 p.m.

**Venue:** This activity will be conducted by **ZOOM** online.

**Target:** All students of New Asia College and alumni who graduated in or after 2017

**Enrolment**: https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13644122

**Deadline**: 11 Jan 2022 (Tue)

**Details:** Career Talks and Keynote Speech (Please scroll down for details.)

#### Remarks:

- 1. All students of New Asia College and alumni who graduated in or after 2017 are welcome. Priority will be given to mentees of Mentorship Programme 21/22. Confirmation email will be sent to successful applicants on or before 13 Jan 2022.
- 2. To fulfil the requirement of Mentorship Programme 21/22, mentees are required to join at least one of the career sharing sessions or the keynote speech.
- 3. Careers sharing sessions will be conducted in Cantonese. English interpretation will be provided in Keynote Speech, if necessary.

#### **Enquiry**:

College Development Officer (Alumni Affairs)

Mr. Kelvin Cheung (3943 9680/ kelvin@cuhk.edu.hk)

## **Career Talks**

We are pleased to have the following mentors to share their valuable expertise. Below are the details of the career sharing sessions:

## Session A

No.	Topic	Descriptions	Time	Speakers
S1	Sharing on Banking Industry	Mr Ngan has years of work experience in the banking industry. He will share with you about his work in the private bank, as well as the preparation to start this career.		Mr. NGAN Wai-hang Executive Director, JP Morgan
S2	The Real Life of Teacher	Mr Law, a secondary school teacher, will share with you his work at schools, the prospects in the industry and some points to note before you enter the education industry.		Mr. LO Yuk-kwong Assistant Principal, Caritas Wu Cheng- Chung Secondary School Co-founder, Kabaddi United Hong Kong
S3	Be a Better Intern	Other than making your CV more eye-catching, is there anything that you want to get during your internship? Ms Tsang, who has been an internship in the M+ Meseum and became one of the supervisors, will share with you her experiences and give you some advices to help you get the most from your internship experience.	2:00 -3:00	Ms. Claudia TSANG Assistant Curator (Learning and Interpretation), M+ Museum, West Kowloon Cultural District
S4	Enrich your future, seize the career opportunities in Mainland China for Hong Kong graduates (This session will be conducted via ZOOM Online)	Apart from the Greater Bay Area, there are other places in the Mainland that are suitable for Hong Kong graduates for a long-term development. Mr Pun, Chairman of the Guangxi Hong Kong Chamber of Commerce and Founder of the Hong Kong Youth (Mainland) Entrepreneurship Service Centre, will share with you the career opportunities in the Mainland and information on business, employment, internship and life in the Mainland to help you enhance your competitiveness. Mr. Pun has years of experience in helping Hong Kong youths in job hunting and development businesses in the Mainland, and has been actively providing full range of services to assist Hong Kong people in the Mainland in terms of life, career, education, medical care, and investment.		Mr. Simon PUN Chairman, Guangxi Hong Kong Chamber of Commerce Founder, The Hong Kong Youth (Mainland) Entrepreneurship Service Centre

# Session B

No.	Topic	Descriptions	Time	Speaker
S5	"What you gonna do after graduation?"— Time to Plan your Career	"What you gonna do after graduation?", an old question for every university undergraduate. You may have no or many ideas in your career plan. Ms Chan, who has been a career advisor for undergraduates for years, will refresh your mind with her sharing.	3:30 - 4:30	Ms. Pinky CHAN Career Advisor
S6	Sharing on Mobile App Start-up	A "good" mobile app start-up is not only about its own usability, but also many more marketing strategies. What can I do if I want to start my own business in this field? Mr. Siu will show you how to develop a mobile app start-up and some tips for success.		Mr. SIU Tat-man Director, Flytaxi
S7	NGO at a Glance	NGO has been a career/business option for the young generation. How can you turn an idea into an NGO? Mr. Lee, CFO of Rooftop Republic, will share with you his experience of operating an NGO and things to do before entering the industry.		Mr. Kendy Lee CFO, Rooftop Republic Co-founder, Now &, - NA Student Canteen

Keynote Speech: Are we really back to normal? - How do students cope with the pressure in study as well as job hunting in the era of "going back to normal"?

**Time**: 5:00 – 6:00 p.m.

Speaker: Miss Zanonia CHIU - Registered Clinical Psychologist

In 2021, we are still living under the threat of virus variants. Fortunately, we can resume normal teaching and see each other faces after more than a year of online classes. However, this is again a change for us, who have got used to the "new normal" life. The academic requirements and social activities increased. These changes in our daily routines, studies, and time management become new challenges.

At the same time, our final year students and graduates may also face difficulties in job hunting.

We are glad to have alumni Miss Chiu, a registered clinical psychologist, to share with us some positive ways to relieve stress and help us adjust our mentality and deal with stress positively.

#### **Introduction of Speaker:**

Miss Zanonia CHIU graduated in CUHK, majored in Nursery. She then obtained the General Counselling Diploma and Postgraduate Diploma in Psychology, CUHK. She is a Registered Clinical Psychologist and Associate Fellow of The Hong Kong Psychological Society. She is also the member of the Division of Clinical Psychology, The Hong Kong Psychological Society, moreover, she had been the Honorary Secretary, Hong Kong Clinical Psychologists Association in 2012-2017. She is the director of the "Wellness Psychological Consultancy Services", and as a guest Registered Clinical Psychologist in many private hospitals and clinics in Hong Kong. She is also a guest lecturer in many tertiary institutions in Hong Kong.

Zanonia has been invited as the guest speaker in events and interviews from large-scale enterprises, media and tertiary institution. She is also a columnist of newspapers which cover information of mental health. Mr. Chiu was the speaker of our keynote speech of Career Talks Day last year.

Remark: There will be a Q&A session after the speech. Participants are welcome to submit questions in the enrolment form in advance.