September 2022 Communal Dinner Menu			
Tuesday	Wednesday	Thursday	
6-Sep-2022	7-Sep-2022	8-Sep-2022	
香脆雞塊 Crispy Chicken Cutlets	泰式咖喱炒雞球 Thai-style Spicy Curry Chicken	茄子燴肉絲 Shredded Pork Sautéed with Eggplant	
紅腰豆燴豬柳 Braised Pork Loin with Red Kidney Beans and Diced Potatoes	泰式甜酸炸魚 Thai Fried Fish in Sweet & Sour Sauce	青瓜炒魚片 Stir-fried Cucumbers with Fish Cakes	
香草白汁焗魚 Baked Fish Fillets in Thyme Cream	泰式香葉炒肉碎 Stir-fried Minced Pork with Thai Basil	西芹草菇炒雞柳 Stir-fried Chicken Fillets with Celery and Straw Mushrooms	
V碎茄燴三蔬 V Sautéed Carrots, Cauliflowers & Beans with Chopped Tomatoes	✔泰式炒椰菜 ✔Thai-style Stir-fried Cabbages	V蒜蓉炒菜心 VStir-fried Choy Sum with Garlic	
蒜香意粉 Garlic Pasta	白飯 Rice	白飯 Rice	
✔ ★離菌燴紅腰豆 ✔ Sautéed Assorted Mushrooms & Red Kidney Beans 香蕉蛋糕 Banana Cake	✔素式青咖喱雜菜豆腐 ✔Green Curry Vegetables & Tofu 椰汁西米糕 Coconut Sago Cake	▼紅燒豆腐雜菜 ▼ Braised Tofu with Mixed Vegetables ▼生果拼盤 Fresh Fruit Platter	
13-Sep-2022	14-Sep-2022	15-Sep-2022	
Sesame Chili Chicken  肉末炆南瓜 Braised Minced Pork with Pumpkin  鮮茄滑蛋牛肉 Stir-fried Beef and Tomato with Scrambled Egg  ✓ 面醬炒通菜 ✓ Stir-fried Water Spinach with Bean Paste  紅米飯 Red Grain Rice  ✓ 雜菌翠玉瓜炒素鴨 ✓ Fried Veggie Duck with Chinese Zucchini and Mushrooms  ✓ 生果拼盤	Formal Hall Dinner	審汁叉燒 Honey Glazed BBQ Pork 豆腐魚肉 Steam Fish Meat with Tofu 冬菇雲耳蒸雞 Steamed Chicken with Chinese Mushrooms and Black Fungus  V蒜子娃娃菜 V Sautéed Baby Chinese Cabbages with Garlic 白飯 Rice  V時菜粟米素魚 V Seasonal Vegetables, Sweet Corn and Veggie Fish Fillet  V生果拼盤 Fresh Fruit Platter	





Tuesday	Wednesday	Thursday
20-Sep-2022	21-Sep-2022	22-Sep-2022
西檸軟雞	牛油煎魚柳	肉鬆扒豆腐
Deep-fried Chicken in Lemon Sauce	Pan-fried Fish Fillets with Butter	Braised Bean curd with Minced Pork
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彩椒炒肉絲 Stir-fried Belle Pepper with Sliced Pork	非洲雞 African Chicken	薑蔥蒸魚柳 Steamed Fish Fillets with Ginger and
Sui-med belie repper with Sliced Fork	Airican Chicken	Scallion
欖菜蒸魚	香草燒豬柳	o samen
Steamed Fish with Preserved Olive	Roasted Pork Loin with Herbs	乾葱豆豉雞
Leaves		Wok-fried Diced Chicken with Black
V+++++++	Y雜菜沙律	Bean & Shallot
▼蒜茸椰菜花	VAssorted Vegetables Salad	✔香蒜翠玉瓜
V Sautéed Cauliflowers with Garlic	蒜香意粉	V Sautéed Zucchini with garlic
白飯	Garlic Pasta	T dadtodd Zaddinin Willi gaine
Rice		紅米飯
	▼ 意式雜菜蘭度豆	Red Grain Rice
<b>V</b> 金菇豆腐扒節瓜脯	√ Italian Mixed Vegetables &	
√Chinese Zucchini with Enoki	Lentil	<b>が</b> 新汁焗四蔬紅腰豆
Mushrooms & Tofu	<b>生</b> 十十四层	V Baked Red Kidney Beans with
▼ 1	朱古力班尼 Chocolate Brownie	Assorted Vegetables in Portuguese Coconut Sauce
▼ 生来拼盤 Fresh Fruit Platter	Chocolate Brownie	iii chagass seemat saass
r restri full Flatter		<b>∀</b> 生果拼盤
		Fresh Fruit Platter
27-Sep-2022	28-Sep-2022	29-Sep-2022
瑞士雞翼	牛油雞	吉列魚柳卷
Swiss Chicken Wings	Buttered Chicken	Fish Cutlets in Tartar Sauce
菠蘿咕嚕肉	印度烤魚塊	   牛油檸檬燒豬扒
Sweet and Sour Pork	Tandoori Fish Fillets	Buttered Lemon Pork Chop
粟米魚塊	印度咖哩牛腩	香橙燒雞
Fried Fish Fillets with Creamy	Indian Curry Beef Brisket	Roasted Orange Chicken
Sweetcorn	17+77 7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7-7	
<b>▽</b> 欖菜四季豆	がお子薯仔燴咖喱	がお子青瓜蕃茄燴
V Stir-fried String Beans with	V Curry Eggplant & Potato Stew	V Braised Tomato , Zucchini , Eggplant Stew
Preserved Olive Leaves	白飯	Едуріані Зіем
	Rice	牛油香草意粉
白飯		Buttered Pasta
Rice	V燒茄子蓉燴豆腐	
VWVV4 = 12 11 11 11 11 11 11 11 11 11 11 11 11	√ Indian Eggplant Bhurtha with	<b>V</b> 意式雜菜素肉丸
V 粉絲豆腐雜菜窩	Tofu	V Italian Veggie Meatball
V Braised Mixed Vegetables with Vermicelli	   玉桂燕麥提子曲奇	 
VOITHOOM	工任無多挺丁曲可 Oatmeal Raisin Cookies	│
<b>∀</b> 生果拼盤	Cambai Maloin Cooliico	1 100111 Tallet Tallet
Fresh Fruit Platter		



