

LI Jia (Jessica), Ph.D.

Assistant Professor

Department of Social Work, The Chinese University of Hong Kong

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EDUCATION

- 09/2014 - 09/2017 **Doctor of Philosophy**
The University of Hong Kong, Department of Social Work and Social Administration
- 08/2012 - 06/2014 **Master of Arts (Thesis-based)**
University of Alberta, Department of Earth and Atmospheric Sciences
- 07/2008 - 06/2012 **Bachelor of Management**
Zhejiang University, School of Public Administration

PROFESSIONAL EXPERIENCE

- 08/2022 - Present **Assistant Professor**
The Chinese University of Hong Kong, Department of Social Work
- 01/2022 - 07/2022 **Scientific Officer**
The Chinese University of Hong Kong, Jockey Club School of Public Health and Primary Care
- 08/2020 - 12/2021 **Postdoctoral Fellow**
The Chinese University of Hong Kong, Jockey Club School of Public Health and Primary Care
- 11/2017 - 07/2020 **Postdoctoral Fellow**
The Hong Kong Polytechnic University, Department of Applied Social Sciences
- 08/2016 - 06/2017 **Fulbright Visiting Scholar**
University of Southern California, Suzanne Dworak-Peck School of Social Work

RESEARCH INTERESTS

Ageism and Age-Friendly Environments
Geron-technology
Intergenerational Relationship and Family Caregiving
Preventive Medicine and Lifestyle Intervention

RESEARCH FUNDINGS

- 01/2021 - 12/2023 **Co-Investigator**
Health Differences among South Asian and Chinese Older Adults in Hong Kong: the Role of Social Capital, General Research Fund (GRF), HKD902,148
- 06/2020 - 12/2020 **Co-Investigator**
Effects of Social and Political Unrests on Mental Health of Older People in Hong Kong, Public Policy Research Funding Scheme (Special Round), HKD492,200
- 09/2019 - 02/2020 **Co-Investigator**
Understanding the Financial and Medical Needs of Older Adults in Hong Kong, British Council, HKD87,500

PUBLICATIONS

1. Wong, E.L.Y, **Li, J.**, Yuen, S, Lai, A.H.Y, Cheung, A.W.L, Yau, P.S.Y, & Yeoh, EK (2022, *in press*) Vulnerable populations during COVID-19 response: Health-related quality of life among Chinese population and its influence due to socio-demographic factors and loneliness. *Frontiers in Public Health*. doi: 10.3389/fpubh.2022.857033
2. **Li, J.**, Zhou, X.C., & Wang, Q. (2022). Interventions to reduce loneliness among Chinese older adults: A network meta-analysis of randomized controlled trials (RCTs) and quasi-experimental studies. *Applied Psychology: Health and Well-Being*, 1-21. Doi: <https://doi.org/10.1111/aphw.12375>
3. Lei, L. K., Lam, B. Y., Lai, D.W.L., Bai, X., **Li, J.**, Zou, Z., & Chan, C. C. (2022). Stability of Montreal Cognitive Assessment in Individuals with Mild Cognitive Impairment: Potential Influence of Practice Effect. *Journal of Alzheimer's Disease*, 1-12.
4. **Li, J.**, Lai, D.W.L., & Chappell, N. L. (2022). The older, the happier?: A cross-sectional study on the “paradox of aging” in China. *Research on Aging*, 44(1), 34-43.
5. Zhou, X., **Li, J.**, & Wang, Q. (2022). Making best friends from other groups and mental health of Chinese adolescents. *Youth & Society*, 54(1), 123-147.
6. Mo, P.K.H, Wong, E.L.Y, Yeung, N.C.Y, Wong, S.Y.S, Chung, R., Tong, A.C.Y, Ko, C.C.Y., **Li, J.**, & Yeoh, E.K. (2022). Differential associations among social support, health-promoting behaviors, health-related quality of life and subjective well-being in older and younger persons: a structural equation modelling approach. *Health and Quality of Life Outcomes*, 20(1), 1-12.
7. Lai, D.W.L., & **Li, J.** (2021). Personality and health-related quality of life (HRQoL) of Hong Kong Chinese older people: Resilience as a mediator and financial status as a moderator. *Aging and Mental Health*, 1-8.

8. **Li, J.**, & Zhou, X.C. (2021). Internet use and Chinese older adults' subjective wellbeing (SWB): The role of parent-child contact and closeness. *Computers in Human Behaviors*, 119, 106725.
9. Lai, D.W.L., **Li, J.**, & Bai, X. (2021). To be or not to be: Relationship between grandparent status and health and wellbeing. *BMC Geriatrics*. 21(1), 1-10.
10. **Li, J.**, & Wang, Q. (2020). Religiosity and health among Chinese older adults: A meta-analytic review. *Ageing & Society*. 1-35. Doi: <https://doi.org/10.1017/S0144686X20000835>.
11. Lai, D.W.L., **Li, J.**, Ou, X.T., & Lee, C. (2020). Effectiveness of a peer-based intervention on loneliness and social isolation of older Chinese immigrants in Canada: A randomized controlled trial. *BMC Geriatrics*, 20(1), 1-12.
12. Mao, W.Y., **Li, J.**, Xu, L., & Chi, I. (2020). Acculturation and health behaviors among older Chinese immigrants in the United States: A qualitative descriptive study. *Nursing & health sciences*, 22(3), 714-722.
13. **Li, J.**, & Song, Y.J. (2019). Formal and Informal Care. In: Gu D., Dupre M. (eds) *Encyclopaedia of Gerontology and Population Aging*. Springer, Cham. Doi: <https://doi.org/10.1007/978-3-319-69892-2>
14. Lai, D.W.L., **Li, J.**, Lee, V.W.P., & Dong, X. (2019). Environmental factors associated with Chinese older immigrants' social engagement. *Journal of the American Geriatrics Society*, 67(S3), S571-S576.
15. Zhou, X.C., **Li, J.**, & Jordan, L. P (2019). Parental intent for children to study abroad: the role of educational aspiration and children's characteristics. *Cambridge Journal of Education*, 49(6), 789-807.
16. Lai, D.W.L., Lee, V.W.P., **Li, J.**, & Dong, X. (2019). The impact of intergenerational relationship on health and wellbeing of older Chinese Americans. *Journal of the American Geriatrics Society*, 67(S3), S557-S563.
17. **Li, J.**, Xu, L., & Chi, I. (2018). Challenges and resilience related to aging in the United States among older Chinese immigrants. *Aging and Mental Health*, 22(12), 1548-1555.
18. **Li, J.**, & Collins, D. (2017). Smoking environments in transition: The experiences of recent Chinese migrants to Canada. *Health and Social Care in the Community*, 25 (1), 65-74.
19. **Li, J.** (2015). Chinese Immigrants in Canada: profiles, challenges, and social services. In K.L. Chan. *Chinese Migration and Families at Risk (pp. 141-164)*. Newcastle upon Tyne: Cambridge Scholars Publishing Ltd.

CONFERENCE PRESENTATIONS

1. **Li, J.**, Zhou, X.C., & Wang, Q. Interventions to reduce loneliness among Chinese older adults: A network meta-analysis of randomized controlled trials (RCTs) and quasi-experimental studies. Accepted for Oral presentation at British Society of Gerontology 51st Annual Conference, 6-8, July 2022.

2. Lai, D. W., **Li, J.**, & Lee, V. (2020). Grandparenting and Well-Being of Hong Kong Older Adults: The Mediating Role of Intergenerational Relationships. Accepted for poster presentation at The Gerontological Society of America's 73rd Annual Scientific Meeting, 11-14, November 2021, Phoenix, AZ, USA.
3. Lee, V., Lai, D., Cheung, K., Luk, C., Bai, X., **Li, J.**, & Wu, J. (2020). Factors Related to Workplace Well-Being: Occupational Health and Safety of Older Workers in Hong Kong. Accepted for poster presentation at The Gerontological Society of America's 73rd Annual Scientific Meeting, 11-14, November 2021, Phoenix, AZ, USA.
4. **Li, J.** & Wang, Q. Religiosity and Health Among Chinese Older Adults in Mainland China, Hong Kong, and Taiwan: A Meta-Analytic Review. Accepted for poster presentation at The Gerontological Society of America's 71st Annual Scientific Meeting, 13-17, November 2019, Austin, Texas, USA.
5. **Li, J.** Internet use and Chinese older adults' loneliness: will gender make a difference? Oral presentation at the 11th International Association of Gerontology and Geriatrics Asia/Oceania Regional Congress, 24-28, October 2019, Taipei, Taiwan.
6. **Li, J.** & Wang, Q. Religious Difference, Marital Satisfaction, and Psychological Wellbeing of Chinese Middle-Aged and Older Adults. Accepted for oral presentation at RC06-VSA International Conference "The Family in Modern and Global Societies: Persistence and Change", 17-19, October 2019, Hanoi, Vietnam.
7. **Li, J.**, Lai, D. W. L., & Ou, X. T. Healthy Aging and Community Learning – Findings from Lifelong Learning Courses. Oral presentation at the College of Professional and Continuing Education Health Conference 2019, 14, January 2019, Hong Kong.
8. **Li, J.**, Xu, L., & Chi, I. Challenges and Resilience of Aging in the United States of Older Chinese Immigrants. Abstract accepted for oral presentation at the 46th Annual Meeting of Canadian Association on Gerontology, 19-21, October 2017, Winnipeg, Manitoba, Canada.
9. **Li, J.** Ethnic Return Migration of the Second-Generation Hong Kong Chinese Immigrants: Motives, Re-Acculturation and Re-Adaptation. Oral presentation at the 14th East Asian Social Policy annual conference, 2-3, August 2017, Nagoya, Japan.
10. **Li, J.** Double marginalization? the experiences of the second-generation return migrants to Hong Kong. Oral presentation at the Joint World Conference on Social Work, Education and Social Development 2016, 27-30, June 2016, COEX, Seoul, Korea.
11. **Li, J.** Residential segregation and health among ethnic minorities: A meta-analytic review". Abstract accepted for presentation at the International Conference on Geographies of Health and Living in Cities: Making Cities Healthy for All, 21-24, June 2016, Hong Kong.
12. **Li, J.** Spatial distribution, and socioeconomic heterogeneity of Chinese immigrant neighborhoods in Greater Vancouver, Canada: immigrant inequalities and service provision. Abstract accepted for presentation at the 2015 Diversity in Organizations, Communities and Nations Conference, 15-17, July 2015, Hong Kong.
13. **Li, J.** Spatial distribution, neighborhood classification, and socioeconomic inequality: A preliminary study of heterogeneity of Chinese immigrants in Metro Vancouver. Oral

presentation at the 8th Global Social Science Conference, Hong Kong Baptist University, 11-13, December 2014, Hong Kong.

ACADEMIC TEACHING

- 11/2019 - 12/2019 **Seminar Teacher**
Social Policy, Hong Kong Polytechnic University
- 09/2017 **Guest Lecturer**
Research Methods of Evidence-based Social Work Practice, Nanjing Polytechnic University
- 01/2017 - 04/2017 **Co-Lecturer**
Research and Evaluation for Social Work with Adults and Older Adults, University of Southern California
- 09/2015 - 11/2015 **Tutor**
Social Work Research, The University of Hong Kong
- 09/2014 - 11/2014 **Tutor**
Family and Development in China, The University of Hong Kong
- 12/2014 - 01/2015 **Teaching Assistant**
Human Dimensions in Environmental Hazards, University of Alberta
- 12/2013 - 01/2014 **Teaching Assistant**
Cultures, Landscapes & Geographical Spaces, University of Alberta
- 09/2013 - 11/2013 **Teaching Assistant**
The Urban Environment, University of Alberta
- 09/2012 - 11/2012 **Teaching Assistant**
Cultures, Landscapes & Geographical Spaces, University of Alberta

AWARDS AND HONORS

- 05/2019 - 07/2020 **Postdoctoral Fellowship**
Hong Kong Polytechnic University
- 09/2016 - 06/2017 **RGC - Fulbright Hong Kong Research Scholar Award Programme (Junior Programme)**
The Research Grants Council
- 08/2016 **Postgraduate Travel Grant**
The University of Hong Kong

- 09/2014 - 08/2017 **Postgraduate Scholarship**
The University of Hong Kong
- 05/2014 **Graduate Travel Grant**
University of Alberta
- 04/2014 **CAG Student Travel Grant**
Canadian Association of Geographers

JOURNAL REVIEWING

Aging and Mental Health
Applied Psychology: Health and Well-Being
BMC Geriatrics
Canadian Journal on Aging
Children and Youth Services Review
China Journal of Social Work
Frontiers in Public Health
Journal of Applied Gerontology
Journal of Gerontology Series B: Social Sciences
Journal of Happiness Studies
New Media & Society