

Two-day Workshop on Application of Music Therapy Techniques in Group Counselling



「音樂治療：團體心理輔導應用」兩天工作坊

By Dr. Ng Wai Man
PhD, MA, MA, PG Dip, Grad Dip, BSc, BMus

Workshop Description

It is well-known that music is a fantastic medium to express our feelings and reflect our inner self. Music is able to create a wonderful group atmosphere and unite the members in group counselling. However, counsellors, social workers and helping professionals find it difficult to use music in their counselling sessions because of their limited music and music therapy techniques. This course is to provide both theoretical foundation and practical techniques of music therapy for any helping professionals who are interested in applying music to enhance their group counselling quality for all ages of clients. This course does not have any musical prerequisite. We welcome all participants who are either musicians or non-musician without any musical background.

Objectives

Upon completion of this workshop, participants will be able to:

- Understand the creative and therapeutic use of percussion instruments;
- Understand the basic music therapy principle and its application;
- Design and lead a series of musical activities for group counselling.



TRAINER

Dr. Ng Wai Man (PhD, MA, MA, PG Dip, Grad Dip, BSc, BMus) is a Registered Music Therapist (BAMT & HCPC, UK) and a Registered GIM Therapist (FAMI, US). He received formal music therapy training in England (Roehampton and ARU) and GIM training in Australia (Melbourne). He completed his PhD entitled 'The Application of Chinese Music and Chinese Yin-Yang Concept in Guided Imagery and Music' in 2018 from the University of Melbourne. He has been working as a music therapist at the Professional Music Therapy Centre for 18 years. He is also an experienced Adjunct Assistant Professor and Clinical Supervisor for the local universities and organizations to provide music therapy training and supervision for different helping professionals in Hong Kong.

Content

Upon completion of this workshop, participants will be able to:

- Music therapy principle
- Introduction to percussion and melodic instruments
- Creative methods on percussion instruments
- Basic piano accompaniment methods for non-musicians
- Musical activities for ice-breaking
- Musical activities for relationship building
- Singing and lyrics appreciation for inner-self expression
- Unconscious reflection through ocean drum
- Creative arts supported and contained by music
- Skills on designing and leading musical activities
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- Skills on designing and leading musical activities




Target Participants

- Social workers
- Social work students
- Counsellors
- School counselling workers
- Helping professionals


Format

- Interactive lectures
- Group sharing and group discussion
- Demonstration of musical activities
- Experiential musical activities


Course Code	CE20221214
Course Name	Two-Day Workshop on Application of Music Therapy Techniques in Group Counselling
Date	Dec 14 & 21, 2021 (Wednesdays)
Time	9:30 am - 6:00 pm
Venue	The Chinese University of Hong Kong
Language	Cantonese (Supplemented with English)
Class Size	30 participants
Course Fee	HK\$ 3,000
Application Deadline	Nov 30, 2022



Application



Register online via our website:
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>



Send the following application form with a crossed cheque payable to *The Chinese University of Hong Kong* to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong

CPE Points for Registered Social Workers: 15

Discount Scheme (on or before Oct 19, 2022)

- 10% (HK\$2,700) discount for Early Bird Registration
- 20% (HK\$2,400) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

[20% discount is applicable by POST only]

Two-Day Workshop on Application of Music Therapy Techniques in Group Counselling
Application Form

Full Name (English) Mr Ms Ms (中文)

Please tick (✓) appropriate boxes

Name of Organization: _____ Position: _____ Field: _____

Phone No.: _____ E-mail: _____

Academic Training Background: _____ Highest Educational Level obtained: _____

Payment Information

Cheque No.: _____ Bank name : _____ Amount (HK\$): \$3,000 \$2,700 \$2,400

Membership Yes No;
 If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: _____
Please delete as appropriate

CE20221214

 **I acknowledge that I have read and agree to the Terms and Conditions.**

Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are pre-pared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to swkcpe@cuhk.edu.hk.
12. The right of interpretation and amendment of the above terms belong to CPE.