



## 保良局方王錦全小學

本校參加「第二屆香港健康學校獎勵計劃」，並獲得金獎的佳績，肯定了本校的努力，而這項成就，實在有賴學校各成員的合作與支持。

參與計劃後，本校曾經舉辦多項大型的健康教育活動，如「健康樂滿園嘉年華」、「五彩蔬果計劃」、「飲水計劃」、「足部檢查」等。在恆常的學校活動中，又加入健康元素，安排早操及眼部操時段，舉辦量書包活動，每年安排流感疫苗注射等。本校又為師生及家長安排各類健康講座。在2005年度暑期，更於校內舉辦成人急救課程，務求員生及家長透過各方面培繙健康知識，掌握健康技能，提高健康意識。校方又竭力營造健康及安全的校園，所有安排由制訂政策至落實執行，均一絲不苟。



本校設有全港首間的「健康教育資源中心」，營造健康的學校氣氛，成立了「健康小先鋒」部隊，協助學校推動健康活動。我們承諾，會繼續實現健康學校的理想，發揮全校參與、家校合作的力量，把健康學校的訊息傳揚社會，惠及社群。

## Po Leung Kuk Fong Wong Kam Chuen Primary School



We attained the gold medal in the Hong Kong Healthy Schools Award Scheme. The success is due to the effort of all the members of the school.

Our School has organized various activities such as "Healthy School Carnival", "Colorful and Bright Fruits and Vegetables Project", "Drinking Water Scheme" etc. Besides, we incorporate health elements in our daily life, for example, the morning exercise, eye exercise, weighing schoolbags, and anti-flu injection. We also held workshops on different topics about health. In summer 2005, we

conducted a First Aid training course for teachers and staff members to arouse people's awareness on health as well as healthy practices. We have paid great effort in creating a healthy school environment by putting posters in school, providing drinking water for students and preventing the spread of diseases. All the above practices were carefully implemented.

We were the first school in primary section to set a "Health Education Resource Centre" and to form a Little Health Pioneer team to help the school for running activities concerned with health.

We promise to continue our mission of being a healthy school. With the corporation between the school and parents, we would send the messages about healthy life to the whole society.

