



邊信會永隆中學

數年前，本校參與了由香港中文大學醫學院健康教育及促進健康中心舉辦的香港健康學校獎勵計劃。今天，本校達致世界衛生組織所訂之健康促進學校標準而獲頒發獎項，實在感到欣喜及鼓舞。這一切確實有賴學校政策之配合、校長的領導，與及健康教育及促進健康中心總監李大拔教授和中心同事的支援及協調，助我校認清推動健康教育的路向。

我校發展了一套校本的健康管理系統，成立環境管理及健康教育委員會、建立學生個人健康資料檔案、舉辦全校疫苗注射等。此外，計劃提倡的健康生活正實踐了本校一向重視環境教育的精神，透過不同活動成功為學生建立整全的健康生活模式。最後，我想本計劃最成功之處就是與區內多間小學及大興花園協辦活動，把健康意識伸展到社區，令更多人重視健康生活。



有機耕種



親子戶外遊



清潔校園大行動

Baptist Wing Lung Secondary School

A few years ago, we took part in the Hong Kong Healthy Schools Award Scheme organized by the Centre for Health Education and Health Promotion, Faculty of Medicine of CUHK. Today, we are the most honoured and grateful to receive an award from the Scheme for achieving the World Health Organisation's standard on health promoting school. The implementation of the school policy, the leadership of our principal and the collaboration with Professor Albert Lee, Director of the Centre for Health Education and Health Promotion and his colleagues all contribute to our success and guide us along the path of promoting health education.

Looking back, we have really travelled a long way. A school-based health management system has been developed. This includes the formation of the Environmental Management and Health Education Committee, a student health database and the launching of a school vaccine injection campaign. Besides promoting healthy lifestyle, as stated as one of the programme's main objectives, we have realized our vision in environmental education and have helped our students incorporate comprehensive health knowledge into everyday life.

Above all, I believe it is our greatest achievement to have spread the sense of health and have aroused public awareness of a healthy lifestyle in our community. We are working closely with a number of primary schools and Tai Hing Gardens by initiating various activities in our neighbourhood.

