



## 塘尾道官立下午小學

自參加「香港健康學校獎勵計劃」後，我們便以「學校家庭齊合作，促進健康好快樂」為口號，致力共建「健康校園」，培養身心健康新一代。

健康促進委員會制定健康政策，令全體員生有明確的方向。為了將健康訊息傳遍校園，本校先譜出健康歌「跳跳笑」，再透過「康健聖誕樂歡欣」、「無污染旅行」、「健康生活樂滿分」、「健康好友營」、「無煙校園」及簽署「衛生約章」，讓學生強化個人健康生活技能。而本年更定為「健康學校活動

年」，每月以不同主題鞏固有關健康的知識；此外，各服務團隊積極參與校內及社區服務，齊建健康的學習與良好社區關係的環境。本校更編製「學生個人健康紀錄冊」，並以校管電腦系統作紀錄，使健康服務更臻完善。

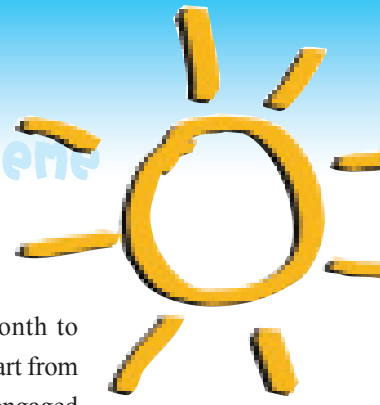
面對社會環境的不斷改變，本校相信健康是學習的原動力，有助推動學生的全人發展。對是次獲獎，本校全體師生除感到非常興奮及開心外，繼往開來，大家將會繼續努力，持續地去發展健康學校的理念。

# ★ 學校家庭齊合作 促進健康好快樂 ★



# The Hong Kong Healthy Schools Award Scheme

## Tong Mei Road Government Primary P.M. School



The Hong Kong Healthy Schools Award Scheme

Since participating in “The Hong Kong Healthy Schools Award Scheme”, we have been establishing a “Healthy Campus” and fostering “The Healthy New Generation” by adopting the slogan of “Cooperation Between School and Family, Happiness Achieved Through Health Promotion”.

The Health Promoting Committee formulated the health policies of our school, so that all of our staff and students had a clear and precise direction on the policies. Strategies have also been laid down to convey the health messages throughout the campus. The health song “Jump Jump Laugh” was firstly composed, following with the reinforcement of personal skills in healthy life through studies, such as the tran-programmatic activity “Joyful Christmas in Health”. A series of activities were also organized for students’ practice, like “Pollution-free Picnic”, “Healthy Life with Joy and Fun”, “Good Friends in Health Camp”, “Smoking-free Campus” and the signing of “Hygiene Charter”. The school also assigned this year as “Healthy School Activity

Year” with different themes in every month to strengthen students’ health knowledge. Apart from these, different community service groups engaged in school and community services to establish a healthy learning and good community relationship environment.

Our school published “Student Personal Health Record” so as to encourage students to look personal health in the face and we also recorded students’ health data in our computer system to make the betterment of our health service.

All the staff and students of our school are most gratified and excited about our achieving the award. In view of the ever-changing social environment, we believe health is the genuine force of learning, promoting the all-round growth of students. We will try all our best to continue our theme in healthy school development in future.

真心康健迎聖誕



學生個人健康紀錄冊

