



## 保良局方錦全小學

「健康生活習慣應從小養成」這句話我們都十分認同，也促使了本校參與「香港健康學校獎勵計劃」。這兩年間，加深了本校成員的健康知識，掌握有關技能；健康學校的形象也逐步鞏固起來。

學校處處貼滿了健康金句與標語，時刻提醒師生健康的重要；舉辦各類型的健康講座，提供機會讓學校成員對健康生活增加瞭解；發展社區關係，令師生家長藉此向社區推廣健康知識。一群熱心的家長更組織起來，在新界西

作巡迴健康推廣活動。為了推廣健康學校的訊息，本校更舉辦了「健康學校結伴行計劃」，旨在透過各種策略帶領一所幼稚園邁向健康學校。今天，歡迎你到「方小」這所洋溢歡樂氣氛的健康學校，分享我們的喜悅。

本校獲得的美滿成果，有賴學校全人的參與，而獲取這個獎項，大大激發了本校各成員的決心，在往後的日子裏，我們會加倍努力，讓全校師生實踐健康行為在日常生活中。

### ◎ 寶書包



### 鼓勵學生多喝水

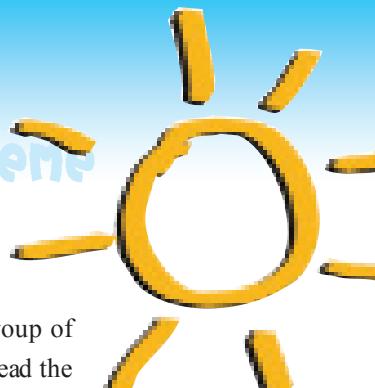


### ◎ 健康樂滿園嘉年華



# The Hong Kong Healthy Schools Award Scheme

Po Leung Kuk Fong Wong Kam Chuen Primary School



We all agree that healthy living habits should be cultivated at an early age. This is the reason why we join this scheme. During the recent two years, we learn a lot about health education. At the same time, the image of our school as a healthy school is gradually built up.

Slogans and sentences about health are found everywhere in school. They remind us of the importance of a healthy life. Talks on health are given to provide us opportunities to learn more. In addition, we also run a programme to promote

healthy living habits in the district. A group of enthusiastic parents gather together to spread the messages of healthy living in the New Territories West. Our school has implemented the "Healthy School Partnership Scheme" with a kindergarten. We welcome you to visit us to share our joy.

Our success is the result of the joint effort of the members of the school. The prize has strengthened our determination. In future we will do our best to put the healthy living concepts into practice.

## 健康學校咭伴行計劃

★ 向小朋友傳遞  
護齒常識



健康教育資源中心

★ 藥箱禮 ★



一批參加由中文大學舉辦健康課程  
的東南亞人士到訪本校



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