



香港張氏宗親總會張熾昌紀念小學

我校榮獲「香港健康學校獎勵計劃」銀獎，全校師生均感到莫大的鼓舞，過去兩年的努力獲得認同。

參加「香港健康學校獎勵計劃」是因為這能夠配合學校的辦學宗旨—建立健康校園。我校是一間「全校師生皆童軍」的學校，所舉辦的活動均能配合促進健康的理念。

校長、家長及全體教職員在中心統籌的專業帶領下，建立了健康學校政策，發展健康學校行政，為學生舉辦健康活動。曾舉辦「環保

歌聲唱不停」、「親親洗手間」、「攜手同行，實踐衛生約章」、「健康飲食三重奏」、「愛心與關懷」、「誰跳得多」、「天天早操」、「書包減磅、脊骨健康」、「無煙健康」、「綠化天使」等。我校以「接受挑戰，健康成長」為目標，發展六大範疇，在連串的活動展開後，大家都掌握了健康生活的技能。

在未來，我們會把這種子散播在學校和社區每一個角落，讓每一個人人都明瞭「健康是快樂的泉源」這道理。

★ 全校師生皆童軍



健康飲食三重奏



The Hong Kong Healthy Schools Award Scheme



The Hong Kong Healthy Schools Award Scheme

HKCSCA Cheung Chi Cheong Memorial School

It is an honor for our school to receive the Silver Award of 'The Hong Kong Healthy Schools Award Scheme'. All teachers and pupils feel very inspired. Our efforts in the past two years are recognized.

The school joined the 'Hong Kong Healthy Schools Award Scheme' because the Scheme could match our school aim: Establishing a Healthy School, as well as 'Whole School Scouting', all activities we have organized that could match the idea of enhancing health.

Principal, parents and staff worked together to establish the school health policies. We have developed the School Health administration and have organized healthy activities for pupils with the professional advice from the centre coordinators. Based on our school target, 'Accept

Challenges, Grow Healthily', we have developed six health areas and organized large scale activities, such as 'Jubilee Commemoration Extends Environmental Protection Carnival', 'Everlasting Environmental Protection Songs Singing', 'Caring Washrooms', 'Practice Hygiene Charter Together', 'Healthy Eating and Drinking Trio', 'Love and Care', 'Who Can Skip Rope More', 'Everyday Morning Exercises', 'Decrease School Bags' Weight for Healthy Backbones', 'Anti-Smoking Healthy Week' and 'Green Angels', etc. School members acquired healthy skills from these activities.

In the future, we will disseminate the "Healthy" seeds to every corner of the school and the community, so as to let everyone understand the theory of 'Health is the Source of Happiness'.

天天早操



誰跳得多?



攜手同行，實踐衛生約章

