



香港中文大學
The Chinese University of Hong Kong



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong

CUHK MEDICAL ALUMNI newsletter



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WELCOME MESSAGE

"I hope the fraternity will continue to strive to make our Faculty reach greater heights."

- *Professor Anthony Chan Tak-cheung*

陳德章教授

Associate Dean (Institutional Affairs)

It gives me great pleasure to welcome all new medical undergraduates to our ever-growing Medical Faculty family but first, I must congratulate the Admissions team, led by Professor Vincent Mok, for the most impressive admission results of medical students this new academic year. According to the Joint University Programmes Admissions System (JUPAS), of the 270 students who were admitted to do medicine in Hong Kong via JUPAS, 155 of them, or nearly 60 percent, chose to study at CUHK.

This shows that our Faculty of Medicine is becoming increasingly recognised as one of Asia's outstanding medical schools.

I am also proud that our unique Global Physician-Leadership Stream (GPS) of the MBChB programme continues to rank on top with the highest median admission score among JUPAS institutions in the territory for the fifth consecutive year. GPS is seeing a record high intake of 27 students this year, twice that of last year.

From 2019 onwards, the Faculty plans to admit around 30 medical students and our priority will be to support students and teachers in all aspects, including providing more teaching space. The PWH Phase 2 redevelopment project as well as the Faculty's expansion proposals will provide much-needed space and opportunities for further growth. In addition, the CUHK Medical Centre, scheduled to be opened in 2020, will represent a new chapter and mission in the delivery of a unique model of healthcare services to the community. The transformational changes in the Faculty will expand our manpower and resources and we are most grateful for the support of all collaborators and stakeholders who share our vision. I am delighted to witness the deep engagement of our alumni in the Faculty's teaching and development projects and I hope the fraternity will continue to strive to make our Faculty reach greater heights.

I wish to take this opportunity to wish everyone - from staff to students - the very best and would like to end with this quote by the 18th Century British poet and writer, Samuel Johnson: "Great works are performed not by strength but by perseverance."



A peek into the lives of doctors whose passion for the Arts is shaping their world...

SONGWRITING DEEPENS PSYCHIATRIST'S UNDERSTANDING OF HUMANITY



Dr Chan Kai-tai's wife can count herself as one of the luckiest women in Hong Kong. During her wedding day, not only did her husband write his own Cantonese lyrics to the melodies of two popular English songs (*She and Dream a little dream of me*), he also created words to the tune of a Taiwanese song, to express his love for her. And, as if three songs were not enough, he jumped on stage with his guitar to serenade her with a fourth song - his very own composition.

Dr Chan, a psychiatrist at Castle Peak Hospital, laughs as he recalls the event. "I wasn't really that good a singer."

Dr Chan started singing in church in his early teens and was greatly influenced by a composer friend. "Those days we didn't have computers or a garage band or any computer software. This classmate - he was actually a pioneer in open reel recording - used to compose songs and made all the arrangements. He invited me to sing for a demo one day. But after that I thought...why don't I just write the lyrics and music instead?"

In 1989, while playing in a joint school band with his classmates at a charity concert, he met Hacken Lee who was also

"Songwriting, music, medicine and psychiatry... they all share a common ground in humanity."

- Dr Chan Kai-tai
(陳啟泰醫生, MBChB 1996)

performing that day. "I gave him a demo tape containing an original song, called "Silent Night" (靜夜), written by me and my composer partner, and much to our surprise, Lee subsequently published the song in his album '一千零一夜'. The song was about the existential issues youths faced...the coldness of society and urbanisation." His journey into "idealistic, introspective and humanistic" themes thus began.

While a student at CUHK Faculty of Medicine, he was invited to write the Faculty Song. He is also well-known for three songs he wrote for the Hong Kong Children's Choir, two of which became household names. One is for the promotion of the charitable organisation, Orbis. The other, entitled "Everyone is important", emphasises children's rights with the message that children are equally important. The song is still sung in schools and has been published time and again.

Dr Chan has also written songs for popular TV cartoons, one being *Sailor Moon Super S*. He was amazed that when a Sailor Moon fan uploaded the song on Youtube, it received over 600,000 hits. "A decade ago, that figure was considered really very high," he says.

Songwriting is not always that straightforward - sometimes it involves in-depth studies. "When I was invited to write a song for a society of Lingnan painters, I had no idea what Chinese painting was about. So I had to do research on it." The whole endeavour took him months.

Being a songwriter has helped him



understand patients better, he says. "Songwriting and music is about the culture of human beings, medicine is about health and suffering of human beings, and psychiatry is about our intricate human mind. So they all share a common ground in humanity." He has written and produced a number of songs on mental health education.

With roots in culture, music and psychiatry, Dr Chan decided to turn more towards academia and pursue an interdisciplinary study in humankind and society. "I started to think how popular culture can be analysed and framed in a more academic way. Some say popular culture like K-Pop, J-Pop, films, books even social media, is not serious, it's very superficial and so on. But I think it's a reflection of people's minds."

In 2016, he was invited by the Department of East Asian Studies of the Faculty of Asian and Middle Eastern Studies of the University of Cambridge to give a seminar on Cantopop and Hong Kong society. His most recent academic interest is exploring, what he describes as, "Digitalization, Human Mind and Society."

Dr Chan's message: "Learn to be independent, resilient and expose yourself more to culture and humanity."

LIGHTING UP THIS PATHOLOGIST'S LIFE

"Medicine is about human beings and arts is also about human beings..."

- Dr Amy Chan Bik-wan
(陳碧雲醫生, MBChB 1999)

Looking down microscopes for tell-tale signs of diseases is not Dr Amy Chan's only passion. Stage lighting is her other love.

Dr Chan's interest in theatre began after she won a trophy for Best Performer in a school play. "I was in Form Five and after my HKCEE exams, I took part in a school play for a territory-wide competition organised by the Urban Council," she recalls. "It was my first major role, and I was one of eight people in the competition who won a trophy. It was such an exciting and rewarding experience. I decided then that I wanted to pursue theatre."

Just because she found this new passion, she was certainly not going to abandon her dream of becoming a doctor. So she told herself she will have one foot in medicine and the other, exploring the theatre world...and make both work.



While studying medicine at Chinese University, she took up a scientific research project to earn an extra Bachelor of Medical Science degree during her intercalated year. At the same time, she also took up a part-time

certificate course in Theatre Studies at CUHK's School of Continuing and Professional Studies.

Any misgivings she had had about her passion for theatre flew out the window after CUHK Professor, John Chow (now retired), became her mentor and project supervisor. "His love for the arts and theatre inspired me and reassured me that my passion was not out of the ordinary, weird or strange."

Her hard work in both fields paid off... she is now an Honorary Clinical Associate Professor at The Chinese University of Hong Kong's Department of Anatomical and Cellular Pathology and holds a Master of Fine Arts degree (with Distinction), majoring in light design from the Hong Kong Academy for Performing Arts. In her thesis performance, *Morbid Anatomy*, she showcased her love for lights in a solo act which took place in PWH's Pathology Teaching Laboratory. "Most of the time, light holds a supporting role. But this time, I made light the main protagonist, with me interacting with it. It was all about the humanistic reflections on medicine and pathology."

Most who start out as performers or actors would eventually turn to directing, but Dr Chan bucked the trend and decided to concentrate on stage lighting. "I had done theatre performances, directing, writing plays and doing my own production," she says. One of her earlier works was a Chinese play she had written, called *Two Girls from Ngau Tau Kok* - a personal story about her and a friend. It was played in different theatre venues at least five times from 2001-2009. The play was also adapted into English and was broadcast by the BBC.



Photo courtesy of The Hong Kong Academy for Performing Arts (HKAPA).

"But now I see myself more of a light artist rather than just a theatre lighting designer. Light is my major medium of creation," she explains.

Dr Chan thinks her father has something to do with her love for lights. "I only realised this recently," she says laughingly. Growing up in Ngau Tau Kok as a child, she used to observe her father, an electrician, work his magic. He would be fixing stuff, disentangling electrical cords or connecting wires. "My father was very hands-on with his work. I find that I also like to be very hands-on when I'm working with stage lighting. Those pre-mix computer programmes or systems can't really satisfy my artistic needs."

Dr Chan believes medicine and performing arts are similar. "Medicine is all about the well-being of human beings and performing arts is also about human beings...so there is no conflict there," she explains. "In fact, as a doctor, the artistic process allows me to reflect on my medical practise, especially with this context of growing awareness of medical humanity and bioethics."

Her advice: "Never limit your dreams, imaginations and potentialities."

EMERGENCY DOCTOR ATTRIBUTES DETAIL-MINDEDNESS TO MUSIC

“Even if I have to make decisions quickly, I would still dig deep into the patients’ medical details...”

- *Dr William Ng Hing-yin*
(伍慶賢醫生, MBChB 2008)

As soon as he started music lessons at the tender age of four, his endurance was put to the test when his teacher turned out to be “very, very strict.”

“She gave passes to students, who I thought weren’t very good, but was very picky with me and would even scold me,” he says. “She would talk about very abstract things - about colours, the mood of the music, the shaping of the phrase, about curves and swell. I was so young then and found it all too difficult to understand, but those turned out to be important.”

On top of that, he was easily distracted by the big ships at Victoria Harbour and airplanes flying in and out of Kai Tak airport at the time. “Whenever I looked out of the window, my teacher would hold the top of my head and turn it towards the piano,” he recalled.

When he was about 10 he wanted to give up as things got even more difficult but his mother told him she would never give him another chance if he gave up. He knew she was not just talking about the piano. So he continued and today, he has no regrets. In retrospect, he realised his music teacher was hard on

him because she wanted him to excel.

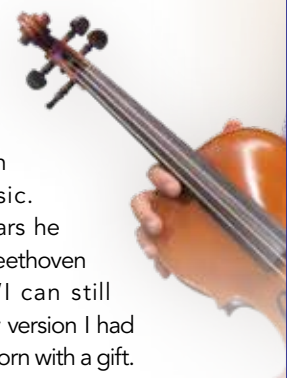
Dr Ng has always been drawn to classical music. During his childhood years he would listen to Chopin, Beethoven and Antonin Dvorak. “I can still remember each and every version I had listened to. Perhaps I was born with a gift. I was sensitive to music and the gift was the enjoyment of music.”

His “major concert” was during his 22nd birthday where he played a full-length recital at CUHK’s Concert Hall to a full-house. “It was an unforgettable event.”

He was appointed Artist-in-Residence at the University while still a medical student, and served in the same post for two more terms after his graduation. As Artist-in-Residence in 2011, he established a string quartet comprising students. He eventually joined them to form a piano quintet. To commemorate the death anniversary of his favourite composer, Robert Schumann, he organised a concert that year where all the music he played were by Schumann. “It was really memorable,” he recalls.

Dr Ng says while music makes him more empathetic towards his patients, it also taught him to be very detail-minded. “As an emergency doctor, even if I have to make decisions quickly, I would still dig deep into their medical details to find out more. A lot of my colleagues are also very detail-minded, but for me, I think I picked up this trait from my music.”

His advice: “Be considerate, listen to other people’s opinions and learn to live harmoniously with others.”



While most of us, at ten months of age, were struggling to stand or were crawling about happily with our toys, Dr William Ng was eyeing a piano - a real one at that too. “I had a cousin who played the piano and she would practise where I could see her. I was drawn to the sound of piano. So my mother would seat me in front of the piano and let me do finger exercises on the keys,” he says.

At the age of three he asked his mother if he could have a piano of his very own. “She said I should wait for a year and see if I was still interested.” Young as he was, he took it as a lesson from her initial refusal “that opportunities do not come free and they do not come easily.” It also taught him about persistency, he adds. A year later, much to his delight, his mother relented due to his persistency and gave him a choice of either a violin or a piano. Of course, he chose the piano. “It was such a wonderful feeling”, he recalls.



PSYCHIATRIST CAN'T IMAGINE LIFE WITHOUT MUSIC

"Music gives me mindfulness and peace."

- Dr Arthur Mak Dun-ping
(麥敦平醫生, MBChB 2000)



Every Wednesday night, a factory building in Cheung Sha Wan would resonate with the beautiful sounds of music. Peek into a room on one of the floors and you will find the Hong Kong Medical Association Orchestra practising, with our very own Dr Arthur Mak in attendance with his violin.

Dr Mak, who heads the Division of Psychosomatic Medicine and is Assistant Professor at CUHK's Department of Psychiatry, is a psychiatrist by day and by most nights, he crystallises into a musician. Although his preferred musical instrument with the HKMA Orchestra is the violin, he is also adept with the viola, piano and electric guitar.

Dr Mak could not say for sure if music influenced his career choice. "From a scientific standpoint, I have no controlled comparisons to say if it did. But from my personal perspective, I find it very difficult to disentangle the relationship between the two because music has always been there for me. It would be very difficult for me to imagine existing without music."

Taking up music happened "by chance" for him. He used to watch his older sister learn to play the piano when he was six years old and being the "naughty little

brother", he would constantly disrupt her practice sessions. "I was interrupting and disturbing her so much to the extent that my mother finally said... 'okay, why don't you have lessons as well?'"

Very quickly, teachers discovered he had the perfect pitch. "I thought everyone could pick up notes or recognise tones," he says. So imagine his surprise when someone told him that not everyone was musically inclined. Teachers then urged his parents to send him to Shanghai to further his studies in music. But they were reluctant as they wanted a balanced education for their son.

As a psychiatrist, Dr Mak treats patients with affective disorders - like bipolar disorder, depression and anxiety. So with his music background does he believe in the adage... "*music has the charms to soothe the savage beast*". Sadly, this does not apply to everyone, he says. However, music therapy has been known to help children with developmental issues and some elderly people with cognitive problems, he adds.

Still, music can be used in other ways like educating the public on issues such as affective disorders. In June, the HKMA Orchestra Chamber Ensemble performed a concert with music by

Austrian composer, Franz Schubert and German composer, Robert Schumann - both of whom had bipolar disorder. "We were hoping that if the audience felt connected with these composers, it will also help them connect with people with affective disorders," Dr Mak explains.

According to him, there are certain intrinsic values for people who are passionate about music - in any form, whether playing, listening or just reading about music - to become good doctors. "There is scientific evidence to suggest that those who have experience, for example in classical music training, do have better verbal memory, better vocabulary, better work routine and are a bit more perfectionistic."

Also, Dr Mak says, one's brain is given a work-out when one plays in an orchestra. "It's a unique kind of experience because you have to keep a cool head, be extremely aware of what is going around you. You must be focussed on your musical instrument, on the other musicians as well as the conductor's baton."

Dr Mak takes his hat off to the HKMA Orchestra's medical student members. "To see these future doctors, working together and sharing their passion in music - even to the point of being obsessional - and their motivation to excel for the sole purpose of reaching some kind of perfection in the beauty of music and not take anything for granted, is very touching and meaningful."

For him personally, music gives him "mindfulness and peace, like in yoga, although I don't do yoga," he says laughingly.

His advice: "Hold on to your passions... as long as they're not bad for health."



HALL MANAGER OF HOSTEL FOR MEDICAL STUDENTS TAKES A FINAL BOW AFTER NEARLY THREE DECADES OF SERVICE

"Life is like a pilgrimage...we have to keep moving as we approach different stages."

- Mr Stephen Hui Lap-chung

許立中先生

Former Hall Manager of the Madam S.H. Ho Hostel for Medical Students

Dear Stephen
Wish you all the best
Simon Ng

Stephen Hui sips his coffee, sits back and looks relaxed. He has just retired as Hall Manager of the Madam S.H. Ho Hostel for Medical Students at the Prince of Wales Hospital after 28 years. Was he sad? He looks pensive but only for a moment and replies: "Not really." But he quickly adds: "It's not that I didn't like the job but I think it was time for me to leave."

Mr Hui was supposed to have retired two years ago but was asked to stay on.

"One of the main reasons I stayed on for so long is because my superiors trusted me to do my work and they hardly interfered in what I was doing. Some colleagues told me once that they had overheard a very senior administrative staff saying that no matter how high you rise, you will always

be a slave to your boss. This was not the case for me," he says. "I was treated as a co-worker and partner by my bosses. That's why I joined as Hall Manager and left as Hall Manager after 28 years."

He also believes his long tenure with CUHK could be put down to his philosophy about simple living. "To live satisfactorily, we need very few things. For me, job satisfaction is the most important thing. That's why I didn't mind staying in the same position for this long. Of course, some people might think it quite unthinkable and ask 'how can you stay on the job for so long without promotion?' And some might

think I was too lazy to change...maybe that's true," he laughs. "But I'm not an aggressive person and I don't need promotions to keep me going."

Prior to CUHK, Mr Hui was the editor-in-chief of a local monthly youth magazine, called *Breakthrough*. After eight years, he became disillusioned with the magazine's editorial direction. "The pressure from the sales department was quite acutely felt and that began to affect the editorial autonomy. At the same time, I felt that the print media was on the decline so I decided that it was time for me to move on to other things."

The Hall Manager's position was the first job he applied for since leaving the magazine, and he was successful. Although the duties of a Hall Manager was a far cry from those of an editor, he was prepared to take up the challenge.



許生 一眾人的集體懷念

Best wishes
Bonita

Dear Mr. Hui,
Happy retirement!

Justin Wu

Packing all his belongings and with his wife and one-year-old son in tow, they moved into their living quarters on PWH premises in 1990. A sidebar: His son, who is now 29 years old and lives in Denmark, could often be seen with his father at hostel social gatherings when he was young.

Mr Hui shares an interesting anecdote... some might call it "a coincidence", while others might say, it was "meant to be." He elaborates.

"In 1989, a year before I joined CUHK, I took a 11-day leadership programme by Outward Bound. The programme was strenuous and involved things like mountaineering, canoeing and other survival skills."

His team included employees from large corporations and two CUHK students - one of them, Axel Siu. Dr Siu is currently an emergency doctor at a public hospital. After the Outward Bound adventure, they all went their separate ways and it was not until he joined CUHK a year later that he bumped into Dr Siu again. Dr Siu was a student living in the hostel at the time. "That episode of meeting Dr Siu at Outward Bound and again at CUHK, without premeditation, left me in awe with the idea of fate," he says.

As Hall Manager, Mr Hui spent much of his time managing and doing administrative work, leaving him little time to interact with the medical students. However, at least in the first three to five years, he had a number of interactions with some of them who had read the magazine *Breakthrough* and thus knew of Mr Hui's journalistic



background. "The students would come to me for a chat, with or without actual problems. I found it really rewarding."

To maintain a healthy work-life balance, he pursued several outdoor activities. He was a member of the Hong Kong Rifle Association since 1995, but has since surrendered his firearms license three years ago. He also contributed to local magazines, mostly writing analytical and critical pieces. Once a week, for the past six years, he would hop on his bicycle after work and, with a couple of friends, would cycle long distances. They would start from Prince of Wales Hospital and end up in places like Fan Ling, Sheung Shui or Kwu Tung.

Last October, he embarked on, what he has described as a "memorable" cycling adventure, with three of his friends in the Japanese city of Hiroshima on Honshu Island. They rode their bicycles on the famous Hiroshima-Shimanami Kaido trek which is a spectacular 60km-70km road-and-bridge network spanning six smaller islands.

He also participated in the annual Hong Kong Cyclothon. "I took part just for the fun of it," he says. Sometimes at work, he would take a break by doing push-ups or work out with dumbbells. To this day, he keeps healthy with whatever exercise-related opportunities that are at hand.

Dear 許生,
多謝您的多年照顧!
With you at the boss!
Alice 汪碧瑩



So will retirement slow him down? He laughs: "Retirement is not a problem for me. I have always been active and will continue to be so. I'm not excluding the possibility of being employed again though, if the job's not too engaging or stressful."

Asked, again, if he was sad at leaving CUHK, he offers this philosophical response: "Life is like a pilgrimage...we have to keep moving as we approach different stages. This is just another stage in my life."



Best wishes. Happy Retirement
Jacq Choi js'

HOMECOMING DAY OF MADAM S.H. HO HOSTEL



The usually quiet hostel for senior medical students at Prince of Wales Hospital rang out with sounds of laughter and chatter on August 25 2018 as celebrations of the Homecoming Day of Madam S.H. Ho Hostel for Medical Students got underway. Many activities were planned for the occasion...starting with a tour of the hostel and some PWH facilities. Participants were then treated to a "throwback" tea spread consisting of "Med Can" specialities - lemon tarts, fruit tarts, little assorted cakes and mango rice dumplings.



Dr Siu Wing-tai, Convener of the CU Medical Alumni Buddy Programme, kicked off the evening festivities with his welcome message, while Dr Alice Kong from the Department of Medicine and Therapeutics was the moderator.

There was a slideshow of days gone by plus a "walk-down-memory-lane" session by former hostel residents, Dr Siu, Dr Bonita Law, Dr Jacqueline Choi as well as the former Hostel Warden, Professor Raphael Chan from the Department of Microbiology and recently retired Hall Manager, Stephen Hui (see pp. 7-8). Event highlights included musical performances by Dr Arthur Mak (keyboard); Dr Bonaventure Ip (guitar); Dr Thomas Leung (flute) and a ukelele performance by our very own Senior Event Manager, Kat Wong.



Attendees also belted out songs like "Those were the days" and "Yesterday once more" led by Dr Kevin Li, Dr Tony Chau and Mr Hui. Prior to the sing-a-long, souvenirs were presented to Professor Chan and Mr Hui. To cap the event, a buffet dinner was laid out at the foyer of the Postgraduate Education Centre. Some 100 alumni, medical students, their families and friends attended the Homecoming Day event.

L FOR MEDICAL STUDENTS



DR AND MRS TZU LEUNG HO HONOR SOCIETY OUTSTANDING ACADEMIC AWARDS PRESENTATION CEREMONY CUM ANNUAL DINNER



The 8th Dr and Mrs Tzu Leung Ho Honor Society Outstanding Academic Awards Presentation Ceremony cum Annual Dinner took place on 18 May 2018 in which 18 medical students received medals for their distinguished academic performance.

The event was held at Ho Sin Hang Hall, S.H. Ho College, The Chinese University of Hong Kong.

Besides the Guests of Honour, Dr and Mrs Tzu Leung Ho, other prominent guests included Professor Fok Tai-fai, the Pro-Vice-Chancellor and Professor Francis Chan, Dean of the Faculty of

Medicine. The 120-plus guests were treated to a sumptuous dinner and were entertained with music and songs by a group of undergraduates, called "MedBand23".

Dr and Mrs Tzu Leung Ho are well-known for their extensive public service and charitable work in education, health and social welfare and are staunch supporters of our University and Faculty.

To honour their unwavering generosity, they were presented with a box of marshmallows with their photos printed on it and two bouquets of marshmallow flowers with photos of the award recipients.

Every year, the Dr and Mrs Tzu Leung Ho Honor Society selects outstanding students to become its members and present them with Grand, Gold, Silver and Bronze medals.



DEBUT OF CU MEDICAL ALUMNI PLATFORM (CU MAP)



The Faculty of Medicine has nurtured over 4,000 medical alumni over the past 36 years and plans to train over 200 medical students each year. To forge a life-long fraternity and network among alumni and the Faculty, a social media platform, "CU Medical Alumni Platform" (CU MAP), is now under production. CU MAP encompasses many key functions, one of which is to enable individual alumnus or alumna to hook-up with other members for activities or events of common interests and causes.

CU MAP requires prior registration and runs on a membership system similar to that of Facebook, Instagram, LinkedIn, etc. On becoming members, our alumni can conduct simple or advanced searches for alumni of any graduation year, specialties and sub-specialties, clinical expertise, interests and hobbies. It allows members to add friends who are also MBChB alumni, upload their business cards, personalise privacy settings to their posts and messages and send private messages. CU MAP supports desktop or mobile devices with automated size responsive function that our alumni can use to log into the system with their smartphones. CU MAP is expected to go on stream in the first quarter of 2019.

CU MEDICAL ALUMNI BUDDY PROGRAMME

Since its inception in 2016, the CU Medical Alumni Buddy Programme has grown from strength to strength. As usual, yearly activities have been held to foster the bond between alumni and medical students.

PRE-O CAMP DINNER

The Pre-O Camp dinner was held on 16 July 2018 at the Chung Chi College Staff Club, CUHK. During the gathering, alumni shared stories about their student days and the challenges they now face as doctors. The students, for their part, took the opportunity to find out more about the different medical specialties.

The dinner was just the first step to building relationships and networks among alumni buddies and student leaders before meeting the freshmen at O Camp.

O CAMP GATHERING

During O Camp, held from 20 August to 24 August 2018, the undergraduates were introduced to the Medical Alumni Buddy Programme. About 370 students, including freshmen and student group leaders, met their alumni buddies for the first time during the five-day camp. During the get-together, mentors and mentees were able to learn about each other, gain each other's trust and form alliances.

A reminder - there is a Facebook fanpage for medical students to link up with graduates for advice and career guidance. The page has currently over 2,700 fans.



A TRIBUTE TO CUHK MEDICAL ALUMNI

- *Professor Martin CS Wong*
(黃至生教授, MBChB 2000)
Assistant Dean (Alumni Affairs)



As an alumnus of the Faculty of Medicine, I wish to express my heartfelt appreciation to my fellow alumni for their substantial and unfailing support of our alma mater over the past years. Their strong dedication and commitment to participating in various activities such as career talks, white coat parties, forums and mentorship programmes are truly remarkable, and of course, not forgetting their generous donations towards the Faculty's development. The strong bond among our faculty members, alumni and students is something we can take pride in and serves as the cornerstone of future success on different fronts.

Over the years, the CUHK medical school has been committed to nurturing local and global leaders in different sectors of the medical profession, ranging from public healthcare services and humanitarian initiatives to groundbreaking scientific researches that had made a real impact

on society. We are proud to witness our alumni making remarkable achievements in their respective fields and earning a notable reputation at local, national and global levels. At the same time, it is heartening to see our alumni taking precious time from their busy schedules to support our new students in a wide spectrum of campaigns. Every piece of advice, story or experience-sharing does make a difference, not just in their academic work, but also in the core virtues of being a great physician. Our alumni community has played a crucial role in helping students along their journey with its tremendous contributions and unconditional commitment.

Our Faculty members are committed to fostering a stronger partnership among our alumni, students and the younger generation. We are planning a mentorship programme that establishes teams of alumni, medical students and secondary school students to serve the community

via health talks, patient self-help groups and other health promotion activities – with the aim of devising an alumni-led, experiential learning model. This project will be a three-layered initiative to serve the youngsters in Hong Kong, with a particular focus on disadvantaged youths, whilst providing training opportunities for our medical students under the leadership of our alumni. We hope these new initiatives will further transform our passion into actual benefits for our community!

WHITE COAT INAUGURATION CEREMONY 2018

It's a new academic year and some 239 medical freshmen have had their white coats presented to them during the annual White Coat Inauguration Ceremony, held on 15 September 2018 at the Sir Run Run Shaw Hall on CUHK campus.

In his opening remarks, Professor Fok Tai-fai, Pro-Vice-Chancellor of CUHK reminded the budding doctors to serve with integrity and kindness. "Use your passion and energy to help especially those in need: the minority and underprivileged groups," he said.

The Guest of Honour, Professor Arthur Li, Chairman of the Council of the University

of Hong Kong and EXCO member, told the students that the community "expects medical professionals to be individuals of integrity, to exhibit a strong sense of responsibility, and to have compassion for sufferers". He also pointed out that they must be prepared to humble themselves in front of patients and attend to them with "open hearts and great patience." After being presented with their white coats, the students took an oath of professionalism under the guidance of Professor Vincent Mok, Assistant Dean (Admission).

In his closing remarks, Professor Francis Chan, Dean of the Faculty of Medicine, urged the freshmen to take full



advantage of the extracurricular activities during their studies, and expressed hope they will, among other things, allow their "humanistic spirit to flourish."

A tea reception was then held at the open piazza facing the University Science Centre and Choh-Ming Li Basic Medical Sciences Building.

INTRODUCTION OF FOUNDING PROFESSOR LEUNG PING-CHUNG



Information Services Office, CUHK

The Chinese University of Hong Kong's Department of Orthopaedics and Traumatology was established in 1982 under the leadership of Professor Leung Ping-chung.

Professor Leung received his MBBS from the University of Hong Kong in 1966 and trained as a general surgeon at Queen Elizabeth Hospital (QEH). He became a Fellow of the Australasian College of Surgeons and the Edinburgh College of Surgeons in 1970. He obtained a Master's degree in Surgery in 1981 from the University of Hong Kong.

Professor Leung's interest in orthopaedic-traumatic surgery started in 1971 when he was working in the orthopaedic surgery unit at QEH. As soon as he received a Commonwealth Scholarship, he flew to UK where he

spent two and a half years honing his skills in orthopaedic surgery.

On his return to Hong Kong, he worked at Queen Mary and Kwong Wah hospitals, specialising in general and orthopaedic-traumatic surgery and plastic surgery. By the time he joined CUHK to set up the O&T Department, Professor Leung had amassed a vast experience in the orthopaedics field. He is a pioneer in hand surgery and is one of the leading figures in toe-transplantation and microvascular bone-grafting.

Under his leadership, the O&T Department continued to expand to include subspecialties such as Hand and Microsurgery, Sports Medicine, Traumatology, Paediatric Orthopaedics, Orthopaedic Oncology, Spinal Injury, Orthopaedic Rehabilitation, Joint Reconstruction Surgery and Foot and Ankle surgery. In 1999, the Orthopaedic Learning Centre was established.

Recently retired Professor Jack Cheng of the O&T Department and a colleague of Professor Leung described him as a "true leader and mentor".

He adds: "Professor Leung had this incredible drive and dedication in the pursuit of academic excellence in education, training and frontline clinical care and

services that extend far beyond the hospital to the community. He founded *Operation Concern* - a non-governmental organisation in which local orthopaedic surgeons, physiotherapists and other medical volunteers travel to the far-flung regions in mainland China to help the underprivileged with surgeries and rehabilitation. He has never really retired and in his dictionary, you would hardly find the word 'NOT possible!' but rather, always 'Just do it!'".

Professor Patrick Yung, Chairman of the O&T Department, points out that because of Professor Leung's efforts over the years the quality of CUHK's orthopaedics surgery is widely recognised today. "While many of his former students are already retiring, Professor Leung is still actively devoting his time and energy into research. As his former student and mentee, I recently asked him why he was always so busy working, and he said... 'I'm not busy. If there's a chance, I just want to help colleagues and other medical workers to heal the sick'. This reflects his everlasting desire to teach junior doctors to do their best to help patients." Professor Yung also notes that besides excelling in orthopaedics, Professor Leung, with his *Operation Concern* venture, imbued a sense of charity in all who knew him, earning him the title of "Hero Doctor" and the Second Hong Kong Humanity Award in 2009.



CUHKMAA ANNUAL GENERAL MEETING AND DINNER 2018

The Annual General Meeting and Dinner of The Chinese University of Hong Kong Medical Alumni Association (CUHKMAA) is scheduled for 15 December 2018 (6:30 - 9:30pm) at Chung Chi College Staff Club, CUHK.

We are pleased to announce that Professor Justin Wu Che-yuen, Chief Operating Officer, CUHK Medical Centre, will be the guest speaker, on the topic: "CUHK Medical Centre: What is its relevance to the medical alumni?"

CUHKMAA members are welcome. Fee: \$400 (adult); children under 6: FOC

Reservations can be made using the QR code or via online:

✉ medical_alum@med.cuhk.edu.hk

** Please provide

- 1 your name
- 2 graduation year
- 3 institution and specialty
- 4 number of guests and
- 5 contact details



Payment will be collected on-site. Scan to Register





Class 1999



REUNION OF CLASS 1999

It was a reunion with a difference for Class 1999. They decided to catch up on a boat instead of in a restaurant. They gathered in Sai Kung on 15 July 2018 where 18 alumni and their families, totalling over 30, boarded a boat and had a whale of a time!



Class 2008



REUNION OF CLASS 2008

Tenth anniversaries are always special - they are milestones in many ways and this has not been forgotten by some 100 graduates of Class 2008. To mark this significant time of their lives, they gathered for dinner at Shatin Jockey Club on 25 August 2018...to reminisce and as always, had a wonderful time!

ARTICLE AND PHOTO CONTRIBUTION



For all those who love to write ... here is your chance.

Send us stories about your memorable experiences such as a new move in your career and life or how joyous you felt when you won a prize or an award - just anything interesting you think is worth sharing with us.

Articles can be in English or Chinese (approx: 500 words). Photos are welcome.

Only selected stories by the Editorial Board will be published.

Send your articles to:  medical_alum@med.cuhk.edu.hk

** Please provide ① your name ② graduation year ③ email ④ contact numbers



