



香港中文大學
The Chinese University of Hong Kong



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong

Accredited Training on SOPHIE

Safe Obstetric Practice for High risk and Emergency (SOPHIE)

SOPHIE is not simply a training course on practical skills, but it also emphasizes on the *wisdom* (the meaning of '*sophie*' in Greek) in applying those skills in real emergent situation

Mode of Study

Certificate of Completion

HK\$2,888

PASS

Online Exam (1hr)

Hands-on Workshop (3hrs)

9 webinars
(1 hour each
Total 9 hrs)

Free



Webinar Curriculum

based on our own publication



1. Shoulder dystocia (25 Feb, 5-6pm)
2. ECV and vaginal breech delivery (25 Mar, 5-6pm)
3. Cord prolapse and vaginal twin delivery (13 May, 5-6pm)
4. Instrumental delivery and second stage Caesarean
5. Fetal distress and neonatal arrest (20 May, 5-6pm)
6. PPH after vaginal delivery
7. Maternal collapse and resuscitation
8. Maternal sepsis
9. Hypertensive disorders and eclampsia

<https://www.obg.cuhk.edu.hk/sophie3-reg/>



Accredited Professional Training Course in SOPHIE

Safe Obstetric Practice for High Risk & Emergency

HANDS-ON WORKSHOP *On 19 June 2021*

Stations

1. Shoulder dystocia
2. Vaginal breech delivery, cord prolapse
3. External cephalic version
4. Neonatal resuscitation
5. 2nd stage CS / internal podalic version
6. Maternal resuscitation & perimortem CS

Hands-on Workshop will be held at our newest established hospital:

CUHK Medical Centre



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