

2019/20

# Certificate Course in

**1. Grief Experience in Pregnancy (Full Course)** (which is equal to the course OBSC5009 in MSc in Obstetric and Midwifery Care)

Date: 2 September – 26 October 2019

## Professional Training Course in 1a. Facing death and loss, skills in breaking bad news and support from health care professionals

Date: 5 September – 12 September 2019

Venue: Allan Chang Seminar Room, Block E, 1/F, Prince of Wales Hospital

### Aim

Enhance competencies of midwives in counseling skills

## After completing of this course, students are expected to

- $\checkmark$  Identify types of grief reactions women are experiencing
- ✓ Enhance understanding and utilization of theories related to grief
- ✓ Appropriately ask questions that lead to identification of loss experiences
- $\checkmark$  Improve skill in working with families during the crisis
- ✓ Identify when the bereaved may require additional support from mental health experts

Department of Obstetrics and Gynaecology, The Chinese University of Hong Kong

## **Teaching panel:**

Organiser

Obstetricians, psychiatrist, clinical psychologists, medical social workers, midwives.

## **Entry Requirement**

Applicants should possess a degree or relevant diploma and currently working in the relevant field.

### **Target Participants**

For midwives who are currently working in the relevant field.

## **Course Design**

The course is delivered through lectures, role-play, and group discussion with 39 teaching hours.

## **Outline for Full Course:**

- Theoretical concepts of grief, grieving process and griefing reaction
- Pregnancy loss, from disclosure to answering questions
- Physical and psychological impact of losing a uterus in childbearing age
- Support to family after maternal death, miscarriage and stillbirth
- Complicated grief, when to consult and how to manage
- Care of carers: how to process intense emotions
- Sharing of real story from mother and counselling

#### Assessment

- Demonstration of counseling skills through role play (not more than 20 min) (on 19 or 26 Oct 2019)
- Short Reflection (not more than 400 words)
- Personal Awareness Journal Writing (not more than 1000 words)

#### Language

**English and Cantonese** 

#### **Graduation Requirement**

Students must fulfill all of the following criteria to be granted a *Certificate of Completion* 

- $\checkmark$  An overall attendance rate of 80% of lectures
- ✓ Pass the assessments

*Certificate of Attendance* will be given to the student who failed the assessments but achieved 80% attendance rate

#### Application Deadline 24 July 2019



Certificate Course in 1. Grief Experience in Pregnancy (full course) Teaching Timetable

Date		Time
02 Sep 2019	(Mon)	18:30-21:30
05 Sep 2019	(Thu)	18:30-20:30
09 Sep 2019	(Mon)	18:30-21:30
12 Sep 2019	(Thu)	18:30-21:30
16 Sep 2019	(Mon)	18:30-21:30
19 Sep 2019	(Thu)	18:30-21:30
23 Sep 2019	(Mon)	18:30-21:30
26 Sep 2019	(Thu)	18:30-21:30
30 Sep 2019	(Mon)	18:30-21:30
03 Oct 2019	(Thu)	18:30-21:00
11 Oct 2019	(Fri)	18:30-21:30
12 Oct 2019	(Sat)	09:00-12:30
14 Oct 2019	(Mon)	17:30-21:30
19 Oct 2019	(Sat)	09:00-16:00
26 Oct 2019	(Sat)	09:00-16:00

#### **Tuition fee:**

#### <u>\$15,000</u>

<u>\$11,550</u> (for MSc in Obstetric and Midwifery Care graduates only)

#### Accreditation

39 PEM points accredited by Dept of O&G, CUHK39 CNE points accredited by Dept of O&G, CUHK

Professional Training Course in 1a. Facing death and loss, skills in breaking bad news and support from health care professionals (No Assessment)

#### **Course outline:**

- Pregnancy loss, from disclosure to answering questions
- Physical and psychological impact of losing a uterus in childbearing age
- Support to family after maternal death, miscarriage and stillbirth
- Complicated grief, when to consult and how to manage

### **Teaching Timetable**

Date		Time
05 Sep 2019	(Thu)	18:30-20:30
09 Sep 2019	(Mon)	18:30-21:30
12 Sep 2019	(Thu)	18:30-21:30

Tuition fee: \$3,080

### Accreditation

8 **PEM** points accredited by Dept of O&G, CUHK 8 **CNE** points accredited by Dept of O&G, CUHK

### **Registration and Enquiry**

Miss Karen YU

Tel: 852-3505 1534

Fax: 852-2636 0008

Email: <u>kapoyu@cuhk.edu.hk</u>

### **Personal information**

Title:	Prof. 🗆 Dr. 🗆 Mr. 🗆 Ms. 🗆		
Name:	(Eng)		
	(Chinese)		
Sex:	M 🗆 🛛 F 🗆		
Department:			
Hospital/organization:			
Midwife/Nurse:	Yes 🗆 No 🗆		
Address:			
Tel:			
Fax:			
Email:			

### **Payment Method**

#### **⊡**Tuition fee

Category	Fee	Remarks
Full course	\$15,000	
Full course	\$11,550	MSc in Obstetric and Midwifery Care graduates ONLY
Course 1a	\$3 <i>,</i> 080	

Cheque no.: Bank Name:

□ By Cheque (Payable to **The Chinese University of Hong Kong**)

□ By Credit Card (in Hong Kong Dollars only)

🗌 Visa	□ MasterCard
🗌 Visa	MasterCare

Card holder's name (Block letter):		
Signature:	Date:	
Credit Card Number		Expiry Date (mm/yy)

\*\*Please return this reply slip to Miss Karen Yu via email (<u>kapoyu@cuhk.edu.hk</u>), fax (2636 0008) or by post (Department of Obstetrics and Gynaecology, Block 1E, Prince of Wales Hospital, 30 Ngan Shing Street, Shatin (Attn: Miss Karen Yu).