

2019/20

Certificate Course in

1. Grief Experience in Pregnancy (Full Course)

(which is equal to the course OBSC5009 in MSc in Obstetric and Midwifery Care)

Date: 2 September – 26 October 2019

Professional Training Course in

1a. Facing death and loss, skills in breaking bad news and support from health care professionals

Date: 5 September – 12 September 2019

Venue: Allan Chang Seminar Room, Block E, 1/F,
Prince of Wales Hospital

Aim

Enhance competencies of midwives in counseling skills

After completing of this course, students are expected to

- ✓ Identify types of grief reactions women are experiencing
- ✓ Enhance understanding and utilization of theories related to grief
- ✓ Appropriately ask questions that lead to identification of loss experiences
- ✓ Improve skill in working with families during the crisis
- ✓ Identify when the bereaved may require additional support from mental health experts

Organiser

Department of Obstetrics and Gynaecology, The Chinese University of Hong Kong

Teaching panel:

Obstetricians, psychiatrist, clinical psychologists, medical social workers, midwives.

Entry Requirement

Applicants should possess a degree or relevant diploma and currently working in the relevant field

Target Participants

For midwives who are currently working in the relevant field.

Course Design

The course is delivered through lectures, role-play, and group discussion in 39 teaching hours.

Outline for Full Course

- Theoretical concepts of grief, grieving process and griefing reaction
- Pregnancy loss, from disclosure to answering questions
- Physical and psychological impact of losing a uterus in childbearing age
- Support to family after maternal death, miscarriage and stillbirth
- Complicated grief, when to consult and how to manage
- Care of carers: how to process intense emotions
- Sharing of real story from mother and counselling

Assessment

- Demonstration of counseling skills through role play (not more than 20 min) (on 19 or 26 Oct 2019)
- Short Reflection (not more than 400 words)
- Personal Awareness Journal Writing (not more than 1000 words)

Language

English and Cantonese

Graduation Requirement

Students must fulfill all of the following criteria to be granted a *Certificate of Completion*

- ✓ An overall attendance rate of 80% of lectures
- ✓ Pass the assessments

Certificate of Attendance will be given to the student who failed the assessments but achieved 80% attendance rate

Application Deadline

24 July 2019



Certificate Course in

1. Grief Experience in Pregnancy (full course) Teaching Timetable

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|-------------|-------|-------------|
| Date | | Time |
| 02 Sep 2019 | (Mon) | 18:30-21:30 |
| 05 Sep 2019 | (Thu) | 18:30-21:30 |
| 09 Sep 2019 | (Mon) | 18:30-20:30 |
| 12 Sep 2019 | (Thu) | 18:30-21:30 |
| 16 Sep 2019 | (Mon) | 18:30-21:30 |
| 19 Sep 2019 | (Thu) | 18:30-21:30 |
| 23 Sep 2019 | (Mon) | 18:30-21:30 |
| 26 Sep 2019 | (Thu) | 18:30-21:30 |
| 30 Sep 2019 | (Mon) | 18:30-21:30 |
| 03 Oct 2019 | (Thu) | 18:30-21:00 |
| 11 Oct 2019 | (Fri) | 18:30-21:30 |
| 12 Oct 2019 | (Sat) | 09:00-12:30 |
| 14 Oct 2019 | (Mon) | 17:30-21:30 |
| 19 Oct 2019 | (Sat) | 09:00-16:00 |
| 26 Oct 2019 | (Sat) | 09:00-16:00 |
| | | |

Tuition fee:

\$15,000 (for Standard)

\$11,550 (for MSc in Obstetric and Midwifery Care graduates only)

Accreditation

39 **PEM** points accredited by Dept of O&G, CUHK

39 CNE points accredited by Dept of O&G, CUHK

Professional Training Course in

1a. Facing death and loss, skills in breaking bad news and support from health care professionals (No Assessment)

Course outline:

- Pregnancy loss, from disclosure to answering questions
- Physical and psychological impact of losing a uterus in childbearing age
- Support to family after maternal death, miscarriage and stillbirth
- Complicated grief, when to consult and how to manage

Timetable

| Date | | Time |
|-------------|-------|-------------|
| 05 Sep 2019 | (Thu) | 18:30-21:30 |
| 09 Sep 2019 | (Mon) | 18:30-20:30 |
| 12 Sep 2019 | (Thu) | 18:30-21:30 |

Tuition fee: \$3,080

Accreditation

8 **PEM** points accredited by Dept of O&G, CUHK 8 **CNE** points accredited by Dept of O&G, CUHK

Registration and Enquiry

Miss Joey Sio

Tel: 852-3505 2580 Fax: 852-2636 0008

Email: waiisio@cuhk.edu.hk

Personal information

| Title: | | Prof. □ | Dr. □ | Mr. □ | Ms. □ | |
|--|-----------------|-------------|------------|----------|---------------------------------|--|
| Name: | | (Eng) | | | | |
| | | (Chinese | e) | | | |
| Sex: | | М 🗆 | F□ | | | |
| Department: | | | | | | |
| Hospital/organ | ization: | | | | | |
| Midwife/Nurse | : : | Yes □ | No □ | | | |
| Address: | | | | | | |
| Tel: | | | | | | |
| Fax: | | | | | | |
| Email: | | | | | | |
| Payment Met | thod | | | | | |
| Category | Fee | | | | | |
| ☐ Full Course | \$15,000 | | | | | |
| ☐ Full Course | \$11,550 | MSc in Obs | stetrics a | nd Midwi | fery Care graduates ONLY | |
| ☐ Course 1a | \$3,080 | | | | | |
| \square By Cheque (Payable to The Chinese University of Hong Kong) | | | | | | |
| Cheque no. | : | | Bank Na | ıme: | | |
| ☐ By Credit Card | (in Hong Ko | ong Dollars | only) | | | |
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| Credit Card | l Number | | | | Expiry Date (mm/yy) | |
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| **Please return this reply slip to Miss Joey Sio via email (waiisio@cuhk.edu.hk) | | | | | | |

**Please return this reply slip to Miss Joey Sio via email (waiisio@cuhk.edu.hk), fax (2636 0008) or by post (Department of Obstetrics and Gynaecology, Block 1E, Prince of Wales Hospital, 30 Ngan Shing Street, Shatin (Attn: Miss Joey Sio)