

# Meet the Experts: Pelvic Floor Workshop

### Date: **31 October 2015 (Sat)** Time: **09:00 - 17:30**

Kai Chong Tong Clinical Sciences Learning Centre,

2/F, Lui Che Woo Clinical Sciences Building, Prince of Wales Hospital

### Organisers

Department of Obstetrics and Gynaecology, Prince of Wales Hospital, The Chinese University of Hong Kong The Hong Kong Urogynaecology Association

## Accreditation (Pending)

**CME points** accredited by Hong Kong College of Obstetricians and Gynaecologists for the O&G

**CME points** accredited by Faculty of Medicine, CUHK for the practising doctors

**PEM points** accredited by Department of Obstetrics and Gynaecology, CUHK for the midwives

**CNE points** accredited by The Nethersole School of Nursing, CUHK for the nurses

### Language

English

### Registration and enquiry

Miss Clara Lau

1/F, Block E, Department of Obstetrics and Gynaecology,
Prince Wales Hospital, Shatin, Hong Kong
Tel: 852-2632 1535 Fax: 852-2636 0008
Email: clarayyl@cuhk.edu.hk

### **Registration Form**

Surname	First Name
Title	Prof. / Dr. / Mr. /Ms.
Specialty	OG specialist / Nurse / Midwife / Trainee
	Others:
Department	
Organization	
Address	
Tel	Fax
Email	

### **Payment Method**

### Registration Fee (Lunch will NOT be provided.)

	Lecture ONLY	Lecture + Hands on Workshop
Doctors & Specialists	🗆 HKD 500	□ HKD 800
HKUGA members /		
Nurses / Midwives /	🗆 HKD 300	□ HKD 500
Trainees		

□ If car park is required, car plate number: \_\_\_\_\_

Please return the registration form with payment (non-refundable) to

Miss Annie YAU, Dept. of O&G, 1E, Prince of Wales Hospital, Shatin, HK

### $\hfill\square$ By Cheque (Payable to The Chinese University of Hong Kong)

Cheque no.: \_\_\_\_\_ Bank Name: \_\_\_\_\_

□ By Credit Card (in Hong Kong Dollars only)

### $\Box$ Visa $\Box$ MasterCard

Card holder's name (Block letter): \_\_\_\_\_

Credit Card	Numb	ber				Exp	iry D	)ate	э (r	nm	/уу	')
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Please charge the above credit card of amount HKD\_\_\_\_\_

Signature:

\_ Date: \_\_\_\_\_

### **Program Details**

Time	Title	Speaker				
08:30	Registration					
Session I: Perineal Tear						
Chaired by TBC						
09:00	Introduction	A SULTAN				
09:10	Anatomy of anal sphincter	R THAKAR				
09:40	OASIS: classification and detection – tips and tricks	A SULTAN				
10:15	Episiotomy: effect on OASIS	R THAKAR				
10:35	Repair of OASIS	A SULTAN				
11:00	Coffee Break					
Session II: Imaging Chaired by TBC						
11:10	Endoanal USG: how to perform and how to detect OASIS	A SULTAN				
11:30	USG in assessing pelvic floor dysfunction	R THAKAR				
12:00	Live demonstration of 2 patients Patient 1: Perineal USG and endoanal USG Patient 2: Perineal USG and endoanal USG					
13:00	Lunch					
Session III: Faecal incontinence Chaired by TBC						
14:00	Investigations for faecal incontinence	A SULTAN				
14:20	Management of faecal incontinence	R THAKAR				
14:40	OASIS: mode of delivery in next pregnancy	A SULTAN				
15:00	Perineal complications following childbirth	R THAKAR				
15:30	Coffee Break					
Workshop Session: Hands on Perineal Repair						
15:45	Hands on Perineal Repair Workshop					

# **Speakers**



#### Abdul SULTAN

Consultant Obstetrician and Gynaecologist, Urogynaecology and Pelvic Floor Dysfunction Unit, Croydon University Hospital, UK

Abdul H Sultan is a Consultant Obstetrician and Gynaecologist (Clinical Lead since 2009) with a special interest in urogynaecology at Croydon University Hospital and honorary Reader at St George's University of London. He completed his basic medical training (MB.ChB) in South Africa prior to moving to the United Kingdom in 1984 and obtained the MRCOG degree in 1990 (FRCOG 2003). He subsequently took up a research post under the supervision of Prof Chris Hudson at St Bartholomews and Homerton Hospitals and Professors Clive Bartram and Mike Kamm at St Mark's Hospital. The research involved studying the effects of childbirth on the pelvic floor and anal sphincters. This led to a landmark paper published in the New England Journal of Medicine and to a Doctorate (MD). His pioneering work highlighted the deficiencies in training of doctors and midwives in detecting and repairing injuries to the perineum and anal sphincter after childbirth.



#### Ranee THAKAR

Consultant Obstetrician and Gynaecologist, Urogynaecology and Pelvic Floor Dysfunction Unit, Croydon University Hospital, UK

Ranee Thakar is a Subspecialist in Urogynaecology and Consultant Obstetrician and Gynaecologist at Croydon University Hospital as well as an honorary senior lecturer at St George's University of London. She completed her basic medical training in India prior to moving to the UK. She obtained her MRCOG degree in 1994. Subsequently she took up a research post under the supervision of Mr Isaac Manyonda in St George's Hospital and Medical School. The research involved studying bowel, bladder and sexual function following hysterectomy. This led to a landmark paper which was published in the New England Journal of Medicine and to a Doctorate (MD) from the University of London. She is deeply involved in researches on pelvic floor dysfunction and undergraduate and postgraduate teaching and training.