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Organised by:



香港中文大學醫學院  
Faculty of Medicine  
The Chinese University of Hong Kong

**Course Name:**

Strabismus Basic Training Course for Resident Trainees

**Course Objectives:**

- (1) Identify relevant anatomy associated with rectus muscle recession and resection
- (2) Describe and perform the steps of a rectus muscle recession and resection
- (3) Conjunctival incisions: fornix and limbal approaches
- (4) Correct steps in identifying and isolating horizontal muscles
- (5) Attempt, under supervision of instructor, a safe scleral pass on an eyeball and know the points of high risk
- (6) Demonstrate the technique of EOM reattachment
- (7) Identify and show different instruments used in strabismus surgery
- (8) Identify and choose the correct needle type and suture type for strabismus surgery

**Course Instructors:**

Dr. Simon KO  
Dr. Agnes TSE  
Dr. Wilson YIP  
Dr. Connie LAI  
Dr. WH CHAN  
Dr. Winnie LAU  
Dr. Emily TANG

**Course Coordinators:**

Dr. Jason Yam  
Assistant Professor, Department of Ophthalmology and Visual Sciences, The Chinese University of Hong Kong  
Dr. Joyce Chan  
Hong Kong Eye Hospital

**Target Participants:**

Ophthalmology Resident Trainees (2nd year or above) of the Hong Kong Hospital Authority

**Date:**

18<sup>th</sup> November 2018 (Sun) 09:15 – 14:00

**Venue:**

4/F Hong Kong Eye Hospital, Lee Wing Kit Advanced Ophthalmic Training and Education Centre (AOTEC), 147K Argyle Street, Kowloon, Hong Kong



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### Course Fee:

Free of Charge for Ophthalmology Resident Trainees of the Hong Kong Hospital Authority

### Course Programme:

Time	Location	Topic	Instructor(s)
09:15-09:30	4/F Room 428-429	Registration	
09:30-09:45	4/F Room 428-429	Lecture 1: Surgical management of strabismus - Indications and pre-operative assessment	Dr. Simon KO
09:45-10:00	4/F Room 428-429	Lecture 2: Surgical techniques and tips – horizontal muscle recession	Dr. Agnes TSE
10:00-10:15	4/F Room 428-429	Lecture 3: Surgical technique and tips – horizontal muscle resection	Dr. Wilson YIP
10:15-10:30	4/F Room 428-429	Lecture 4: Post-operative management	Dr. Connie LAI
11:00-12:30	3/F CUHK Eye Centre	Wet-lab with instructors session 1 / brunch	Dr. Simon KO, Dr. Connie LAI, Dr. Agnes TSE
12:30-14:00	3/F CUHK Eye Centre	Wet-lab with instructors session 2 / brunch	Dr. WH CHAN, Dr. Winnie LAU, Dr. Emily TANG

### Practice Session:

15 hours of self-practice session on workstation.

### Course Certificate:

Upon satisfactory participation, a course certificate will be awarded to trainees.

### Online Registration:

[https://docs.google.com/forms/d/e/1FAIpQLSe\\_9XRaW3kk3GWW21RNch2hLdG1rOg6zWmwKc8JEncfDusrAw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe_9XRaW3kk3GWW21RNch2hLdG1rOg6zWmwKc8JEncfDusrAw/viewform)

For enquiries: please contact Ms. Ella Fung (Programme Manager) at (852) 3943 5850 or yukyanfung@cuhk.edu.hk