

Module Head: Dr. Ronald Wong

Last update: 9/8/2021

Session	1	2	3	4	5	6	7	8	Exam
Date	10/9 (F)	17/9 (F)	24/9 (F)	8/10 (F)	15/10 (F)	22/10 (F)	29/10 (F)	5/11 (F)	27/11 (S)
Time	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	1830-2130	PM
Venue	OLC	OLC	OLC	OLC	OLC	OLC	OLC	OLC	

Content	Speakers	Session	Date
1. Management of bladder in geriatric orthopaedic patients	Dr. WONG Kwok Keung	1	10/9 (F)
2. Rehabilitation of geriatric patients – special considerations in patient with orthopaedic problems	Dr. MOK Chun-Keung Francis		18:30-21:30
1. Management of bowel during rehabilitation phase 2. Rehabilitation of osteoporosis and fragility fractures in elderly	Dr. CHU Chun-Kwok	2	17/9 (F) 18:30-21:30
1. Wheelchair, seating and assistive technology for disability reduction in elderly 2. Rehabilitation of elderly patients with spinal and spinal cord pathologies	Dr. CHAN Po-Shan Alice Dr. CHIN Ping-Hong Raymond	3	24/9 (F) 18:30-21:30
1. Physical agents, manipulation, massage and traction, electrical stimulation 2. Exercise physiology, therapeutic exercise, aquatic rehabilitation	Mr. NGAI Chi-Wing Gorman	4	8/10 (F) 18:30-21:30
1. Introduction of International Classification of Functioning, Disability and Health (ICF) 2. Quality and outcome measures of rehabilitation	Ms. CHEUNG Tsz-Ying Joyce	5	15/10 (F) 18:30-21:30
1. Common orthoses used in the elderly 2. Principles of prosthetic prescription in the elderly	Ms. Margaret HO	6	22/10 (F) 18:30-21:30
1. Elderly Rehabilitation and Step Down unit	Dr. NG Wai-Kit Raymond	7	29/10 (F) 18:30-21:30
1. Sarcopenia workshop	Dr. Kenneth CHENG	8	5/11 (F) 18:30-21:30
Written Examination		----	27/11 (Sat)

Venue: OLC Seminar Room, Orthopaedics Learning Centre, 1/F, Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Brief Description:

Introduction of geriatric in falls: medical assessment, gait disorders, comprehensive geriatric assessment, and long term care, anti-ageing and exercise, perioperative management of hip fracture patients: medical aspects, dementia and delirium, nutrition and wound, neurological conditions: stroke and parkinsonism, osteoporosis and sarcopenia and peri-discharge and post discharge planning and support. Introduction to evaluation and management of daily self care activities; quality and outcome measures of rehabilitation, rehabilitation of geriatric patients, rehabilitation of specific disorders, etc.

老年人跌倒的問題：醫療評估，步態障礙，綜合老年人評估，長期護理，抗衰老和運動，髖關節骨折患者手術前後管理；醫學方面：腦退化症，營養和傷口；神經系統疾病：中風和帕金森綜合症，骨質疏鬆症和少肌症，手術前和出院後規劃和支持。 日常自理活動評估與管理介紹；老年患者康復，個別疾病康復質素和效果措施。

Learning Outcome:

Students should be able to understand and apply:

1. Falls: medical assessment, gait disorders, comprehensive geriatric assessment, and long term care
2. Anti-ageing and exercise
3. Perioperative management of hip fracture patients: medical aspects, dementia and delirium, nutrition and wound
4. Neurological conditions: stroke and parkinsonism, osteoporosis and sarcopenia
5. Peri-discharge and post discharge planning and support
6. Daily self care activities; quality and outcome measures of rehabilitation, rehabilitation of geriatric patients, rehabilitation of specific disorders

Assessment:

Written assessment

Date: 27/11/2021 (Sat)

Time: 15:30 – 16:30 (*to be confirmed*)

Online / face-to-face (Venue: Room 303, Li Ka Shing Institute of Health Sciences, Prince of Wales Hospital (*to be confirmed*))

Speakers:

Prof. Ronald Wong (Module Director)	BCMPH, MBChB (CUHK), MRCSEd, PhD (CUHK), FHKCOS, FHKAM (Orth) Clinical Assistant Professor, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong
Dr. Kwok-Keung WONG	Kwong Wah Hospital
Dr. Francis Chun-Keung MOK	MBBS, MRCP, FHKCP, FHKAM, FRCP(Glasg, Edin, London), MHA(NSW) Consultant, Medicine & Geriatrics Department, Tuen Mun Hospital
Dr. Chun-Kwok CHU	MRCP (UK), FHKAM, PgDip (ID), PgDip (OM) Associate Consultant, Deputy team head, Rehabilitation Team, Department of Medicine & Geriatrics, Tuen Mun Hospital
Dr. Alice Po-Shan CHAN	DHSc, MSc, PDOT Senior Occupational Therapist, Occupational Therapy Department, Tai Po Hospital
Dr. Raymond Ping-Hong CHIN	FRCS (Edin), FHKCOS, FHKAM (Ortho), FHKAM (Rehab) Orthopaedic Surgeon, in private practice
Ms. Joyce Tsz-Ying CHEUNG	MSC (Clinical Gerontology), MSC (Health & Hospital Management), PDOT, OTR Cluster Coordinator (Occupational Therapy), NT West Cluster, and Department Manager (Occupational Therapy), Tuen Mun Hospital
Dr. Raymond Wai-Kit NG	MBChB, FHKAM (Orthopaedic Surgery) Specialist, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Ms. Margaret HO	Certified Prosthetist and Orthotist, MSc in Health Care (Health Technology), HKSCPO Department Manager of Prosthetic and Orthotic Department, Hong Kong East Cluster
Mr. Gorman Chi-Wing NGAI	MSc HealthCare, BSc (PT), Dip MDT, Cert Acup, ACSM Exercise Specialist (R), MMCTA
Dr. Kenneth CHENG	B.A.Sc. (Hons) (Simon Fraser University, CANADA), M.A.Sc. (University of Toronto, CANADA), Ph.D. (University of Toronto, CANADA) Scientific Officer, Department of Biomedical Engineering, The Chinese University of Hong Kong