



CADENZA Community Project:

Chronic Disease Self-Management Programme Shared Care Seminar  
流金頌社區計劃 - 「活得自在」健康生活行動「自我管理：匯聚與延展」研討會

Organized by The Salvation Army & Shatin Hospital on September 4, 2009

**Programme 程序**

**1. Overview of the Research Study on the Effectiveness of CDSMP and  
Launching of CDSMP Reunion-club 研究概述 及 「活得自在」同學會啟動禮**

| Time 時間   | Theme 題目   | Speakers 講者   |
|-----------|--|---|
| 2:15-2:30 |  | Registration 登記   |
| 2:30-2:40 |  | Opening 致辭  |
| 2:40-3:15 | Research Results: Keys Factors which Contribute to Effective CDSMP in Chinese Aging Population<br>病裡有匙：「活得自在」研究的啓示 | Dr. Elsie Hui 許鷗思醫生<br>Senior Medical Officer, Medical & Geriatric Unit, Shatin Hospital<br>沙田醫院內科及老人科高級醫生<br><br>Mr. Wayne Chan 陳立新先生<br>Physiotherapist II, CADENZA 「流金頌」二級物理治療師<br><br>CDSMP Elderly Participants 「活得自在」參加長者<br><br>Ms. Shirley Wong 黃建慧女士<br>Project Manager, CCP-CDSMP, The Salvation Army<br>流金頌社區計劃 - 「活得自在」健康生活行動<br>救世軍 項目經理 |
| 3:15-3:30 | Where to From Now – Applicability of the Research Findings to Practice<br>活出新天：科研與實踐                               | Professor Jean Woo 胡令芳教授<br>CADENZA Project Director and Professor of Medicine,<br>Head of Division of Geriatrics, Department of Medicine & Therapeutics,<br>Faculty of Medicine, The Chinese University of Hong Kong<br>「流金頌」計劃總監、香港中文大學醫學院內科講座教授、<br>內科及藥物治療學系老人醫學科主任   |
| 3:30-3:50 | Elder Lay-leader Sharing & Launching Ceremony of CDSMP Reunion-club<br>病裡彩虹：「活得自在」同學會啟動禮                           | CDSMP Elder lay-leaders 「活得自在」長者組長  |
| 3:50-4:05 |  | Break 小休  |

## Programme 程序

### 2. Open Forum 公開論壇：

**The Future is now - Integrating CDSMP as a sustainable strategy and territory-wide movement in the management of chronic disease in Hong Kong 活現明天：推動與前瞻**

| Time 時間   | Theme 題目 / Speakers 講者  |   |
|---|---|---|
| Part I: Self-Management in Elderly Patient: Operational Issues 自我管理與老齡病者：運作層面         |   |   |
| 4:05-4:30   | <p>Moderator 論壇主持人：</p> <p>Ms. Perina Li 李笑芬女士<br/>Chief Manager of Senior Citizens &amp; Rehabilitation Services,<br/>The Salvation Army<br/>救世軍長者及復康服務總經理</p> | <p>Guest Speakers 分享嘉賓：</p> <p>Dr. Wing Yee So 蘇詠儀醫生<br/>Associate Consultant, Department of Medicine and Therapeutics,<br/>Prince of Wales Hospital<br/>威爾斯親王醫院內科及藥物治療學系副顧問醫生</p> <p>Dr. Jenny Lee 李舜華醫生<br/>Deputy Associate Consultant, Medical &amp; Geriatric Unit,<br/>Shatin Hospital &amp; Cadenza Fellow 2009<br/>沙田醫院內科及老人科助理副顧問醫生 及 流金頌學人 2009</p> <p>Mr. Kin Au Yeung 歐陽堅先生<br/>CCP-CDSMP Elder lay-leader representative<br/>「活得自在」長者組長</p> <p>Ms. Shirley Wong 黃建慧女士<br/>Project Manager, CCP-CDSMP, The Salvation Army<br/>流金頌社區計劃 - 「活得自在」健康生活行動<br/>救世軍 項目經理</p>   |
| Part II: Self-Management in Elderly Patient: Hospital Authority Policy 自我管理與老齡病者：政策層面 |   |   |
| 4:30-5:10   | <p>Moderator 論壇主持人：</p> <p>Mrs. Victoria Kwok 郭原慧儀女士<br/>Social Services Director,<br/>The Salvation Army<br/>救世軍社會服務總監</p>                                     | <p>Guest Speakers 分享嘉賓：</p> <p>Professor Jean Woo 胡令芳教授<br/>CADENZA Project Director and Professor of Medicine,<br/>Head of Division of Geriatrics, Department of Medicine &amp; Therapeutics,<br/>Faculty of Medicine, The Chinese University of Hong Kong<br/>「流金頌」計劃總監、香港中文大學醫學院內科講座教授、<br/>內科及藥物治療學系老人醫學科主任</p> <p>Dr. Daisy Dai 戴兆群醫生<br/>Chief Manager (Primary &amp; Community Services),<br/>Hospital Authority 醫院管理局總行政經理(社區及基健服務)</p> <p>Ms. Margaret Tay 鄭淑梅女士<br/>Chief Manager (Integrated Care Programs), Hospital Authority<br/>醫院管理局總行政經理(綜合護理計劃)</p> <p>Dr. Felix HW Chan 陳漢威醫生<br/>Chief of Service (Medicine) / Consultant Geriatrician,<br/>TWGHs Fung Yiu King Hospital<br/>東華三院馮堯敬醫院老人科顧問醫生</p> |
| 5:10-5:15   | Closing 總結  |   |