

# Family-based Arts Practice in Counselling and Group

By Dr. Fiona CHANG

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## Objectives

1.

Learn about the concepts of family-based arts practice in counselling and group work

2.

Grasp the empowering facilitation of arts in family work

3.

Taste the process of building family cohesion and strength through arts

## Content

- Integrated concept of family-based practice and person-centered expressive arts approach
- A variety of family arts activities
- Therapeutic facilitation of arts-based family practice



# Workshop Description

The Arts is a useful means to strengthen family communication, cohesion, love and intimacy. To apply arts in family counselling and groups, the facilitation process is arts-based, family-centered and process-focused. This workshop is a creative laboratory for the participants to taste the therapeutic potentials of arts in family work at individual, relational and group levels. Participants will have the opportunity to explore their own families through a variety of creative arts activities. The core concepts and working principles of family-based arts practice will be synthesized through their first-hand experience and sharing of clinical experience.



## Format

Experiential activities, facilitation demonstration, experience sharing and group discussion


## Trainer's Biography

Fiona is a Registered Expressive Arts Therapist with the International Expressive Arts Therapy Association (IEATA) and a Registered Social Worker. She has been practicing person-centered expressive arts in diverse settings for 30 years, including health-mental challenges, couple work, family groups, grief work, elders and their caregivers, trauma survivors and humanitarian work.



She completed the M.Phil/Ph.D in Social Welfare Program at the Chinese University of Hong Kong in 2020. She investigated the therapeutic elements of arts-based couple groups to cope with breast cancer challenges. She is now teaching at the Social Work Department of the University of Hong Kong and the Chinese University of Hong Kong as an honorary/part-time lecturer. She provides training and clinical supervision to expressive arts therapists, creative arts therapists, helping professionals and social workers of NGOs.

Course Code CE20220107  
 Course Name Family-based Arts Practice in Counselling and Group  
 Date January 7 & 14, 2022 (Fridays)  
 Time 9:30 am - 5:30 pm  
 Venue The Chinese University of Hong Kong  
 Language Cantonese (Supplemented with English)  
 Class Size 24 participants  
 Course Fee HK\$ 2,800  
 Application Deadline December 23, 2021



### Application

Register online via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

Send the following application form with a crossed cheque payable to *The Chinese University of Hong Kong* to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong

CPE Points for Registered Social Workers: 14

**Discount Scheme (on or before November 25, 2021)**

- 10% (HK\$2,520) discount for Early Bird Registration
- 20% (HK\$2,240) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)

**[20% discount is applicable by POST only]**

Family-based Arts Practice in Counselling and Group Application Form

Full Name (English)  Mr

Please tick (✓) appropriate boxes  Ms

(中文)

Name of Organization: \_\_\_\_\_

Position: \_\_\_\_\_

Field: \_\_\_\_\_

Phone No.: \_\_\_\_\_

E-mail: \_\_\_\_\_

Academic Training Background: \_\_\_\_\_

Highest Educational Level obtained: \_\_\_\_\_

*Payment Information*

Cheque No.: \_\_\_\_\_

Bank name : \_\_\_\_\_

Amount (HK\$):  \$2,800  \$2,520  \$2,240

Membership  Yes  No;

If Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: \_\_\_\_\_

# Please delete as appropriate

CE20220107




**I acknowledge that I have read and agree to the Terms and Conditions.**

## Important Terms and Conditions

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent to you only when application and payment have been received by the Division of Continuing Professional Education (CPE). It is suggested to first try checking your junk or spam email folders for the missing emails. If they are not there, please contact us if you do not receive any notification after 7 working days.
3. Application is regarded as successful only after a confirmation email is issued to you.
4. Cancellation of course will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to another course once application is confirmed.
6. Receipt of course fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. All course training materials, including but not limited to lecture notes, worksheets, PowerPoint slides, and demonstration videotapes, are prepared by the trainer of the course and are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and CPE.
8. No form of recording, including audio- or video-recording, during the course is allowed without prior permission by the trainer and CPE.
9. Certificate of Attendance will be given to participants who have attained at least 75% attendance of the course.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is hoisted by 7am, class will be cancelled. Details of postponement or other arrangements will be announced by email afterwards.
11. Personal data provided on course application form are used only for course application, course administration and future promotion purposes. All personal data collected will be treated with strict confidentiality. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit a written request to CPE by email to [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk).
12. The right of interpretation and amendment of the above terms belong to CPE.



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