

# SUPERVISED CHILD-CENTERED PLAY THERAPY EXPERIENCE\*

By Ms Lau Suet Ha, Lottie B.Soc.Sc. & M.Ed.

\*Previous course name: Practicum Course on Child-centered Play Therapy

### Introduction



This course is a continuation of the basic training program on child-centered play therapy conducted by Ms Lottie Lau and organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

### Objectives

- 1.To encourage participants to practise child-centered play therapy with children.
- 2.To develop participants' practice competence in using the therapy in the following aspects:
  - (a) sensitivity in identifying children's significant play behaviours,
  - (b) refinement of micro-skills and techniques,
  - (c) expansion of varieties of facilitative responses,
  - (d) handling of various issues in the play therapy process, and
  - (e) self-reflexive abilities.

### Trainer

Ms Lau Suet Ha, Lottie is a pioneer who has introduced and cultivated the approach of Childcentered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her bachelor's degree in social work from the Chinese University of Hong Kong. She pursued her postgraduate counseling studies in The University of North Texas, where she specialized in learning Child-centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child-centered Play Therapy (CCPT). In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of CCPT in Hong Kong by pioneering systematic training programs, of various levels, on the therapy. Over the years, Ms LAU has laid down the cornerstone of the therapy in the local scene, through hundreds of related training courses conducted with continual refinements. Accumulatively, over 10,000 participants, including around 4,950 helping professionals and 5,100 parents, have completed the basic level of play therapy training that she conducted. Throughout the years, Ms Lau has received numerous positive comments, and her courses have always been fully enrolled with enthusiastic recommendations from participants.

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### Content & Formats

#### **Part One: Pre-course meeting**

- 1. Briefings on course assignments;
- 2. Issues and ethical considerations on starting and videotaping play sessions with children; and
- 3. Confirmation of participants' presentation schedules in the course.



#### **Part Two: Course Sessions**

- 1. Participants' video-presentations on special playtime with children using CCPT principles and skills;
- 2. Trainer's feedback on participants' presentations; and
- 3. Class discussions on children's play behaviours and the therapist's facilitative responses.

### Target Participants

- 1. Helping professionals who
- (a) have attended a basic course (4-day or 5-day workshop) on child-centered play therapy conducted by Ms Lottie Lau, and
- (b) will surely be able to attend the pre-course meeting.
- 2. The course will consist of a maximum of 18 participants.

# Course Requirements (Conditions for Certificate of Attendance)

#### Each participant will be required to:

- 1. attend the pre-course meeting\*;
- 2. submit a reflection paper on required readings (Landreth, 2012) to the trainer (by email to swkcpe@cuhk.edu.hk) at least two weeks before the pre-course meeting (readings will be announced in the course confirmation email);
- 3. complete assigned readings in preparation for class discussions (readings will be sent to accepted applicants together with course confirmation email);
- 4. conduct at least 4 videotaped special play sessions\*\*, using CCPT principles and skills, outside the course hours;
- 5. do 2 rounds of video-presentations during the course time on the special play sessions conducted and submit presentation notes beforehand.
- \*Absentees of the pre-course meeting due to unexpected circumstances are required to:
  - a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
  - b) come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.
- \*\* The children shown in the videotape do not necessarily have to be in treatment. They can be well-adjusted children.

#### **COURSE** Course Code & Name: CE20210707 Supervised Child-centered Play Therapy Experience **Pre-course Meeting (3 hours)** Date: Jul 7, 2021 (Wed) 2:45 pm - 5:45pm Venue: The Chinese University of Hong Kong \* Depending on actual operational need, the meeting may adopt face-to-face or online teaching, or both. 11 Course Sessions (36 hours) : Sep 18, 2021 (Sat) 9:30 am - 12:45 pm & 2:00 pm - 5:30 pm | Oct 16, 2021 (Sat) 9:30 am - 12:30 pm : Oct 2, 2021 (Sat) 9:30 am - 12:45 pm & 2:00 pm - 5:30 pm Oct 23, 2021 (Sat) 9:30 am - 12:30 pm & 2:00 pm - 5:30 pm : Oct 9, 2021 (Sat) 9:30 am - 12:45 pm & 2:00 pm - 6:15 pm Oct 30, 2021 (Sat) 9:30 am - 12:30 pm & 2:00 pm - 5:30 pm : The Chinese University of Hong Kong Venue Class Size: 18 participants : Cantonese (supplemented with English) Language CPE Points for Registered Social Workers: 39 Course Fee: HK\$8,580 **Application Methods** Discount Scheme (on or before May 4, 2021) 1. Send the following application form with a crossed cheque • 10% (HK\$7,730) discount for Early Bird Registration payable to 'The Chinese University of Hong Kong' to CPE, • 20% (HK\$6,870) discount for CUHK Department of Social Department of Social Work, CUHK, Shatin, N.T. Hong Kong. Work's members (Current staff, current students, SWK OR

Alumni Association members, or CPE members)

[20% discount is applicable by POST only] **Application Deadline: June 22, 2021** 

swkcpe@cuhk.edu.hk.

12. The right of interpretation and amendment of the above terms belong to CPE.

2. Register the course online via our website: https://web.swk.cuhk.edu.hk/en-gb/continuingprofessional-education/programmes-information

Supervised Child-o	centered Play Therapy Exp	erience CE20210707
# Please delete as appropriate	pplication Form	
Full Name: (English) # Mr/Ms:	(中文 <b>)</b> :	Nickname:
Name of Organization:		Field of service:
Email:	Tel. No. (m):	(o):
Occupation Please tick (V) appropriate boxes: ☐ Social ☐ Clinical Psychologist ☐ Educational Psychologist ☐	worker (RSW number:	
Highest educational level obtained (for the above academ ☐ PhD ☐ Master ☐ Bachelor ☐ Associate Degree ☐ No. of years working with children:	,	☐ Others (please specify:)
Course on Child-centered Play Therapy Previously Attendum 4-day workshop 5-day workshop; Date (mm/yy):		,
Have you ever attended any relevant practicum courses?	<sup>2</sup> □ No □ Yes (Date:	Organizer:)
Payment Information		#
Cheque No.: Bank name:	Amo	ount: HK\$8,580/ HK\$7,730/ HK\$6,870
Membership:		
I am committed to attending the pre-course meeting. (Abduring office hour to watch meeting recording at the Department	·	
I acknowledge that I have read and agree to the above To	_	-
Attendance) on page 2.  1. Application will be accepted on a first-come-first-served basis.	·	
2. Email notification on application status will be sent only when application notification after 7 days.	olication and payment have been receiv	ed by CPE, please contact us if you do not receive
3. Application will be regarded as successful only when confirmation	n email has been issued.	
4. Cancellation of courses will be announced via email at least one w	veek before the commencement of the	course. No separate notification will be issued by post.
5. Course fee is non-refundable or non- transferable to other course	once the enrollment is confirmed.	
6. Receipt of application fee will be issued on the first day of the cou	• •	·
7. The training materials of the program, including its lecture notes, all materials contained therein are the property of the trainer. No trainer and Continuing Professional Education (CPE).		
8. Certificate of Attendance will be given to participants who have a	ttended at least 80% of the course.	
<ol> <li>No form of recording, including audio- or video-recording, during Professional Education, Department of Social Work, The Chinese I</li> </ol>		prior permission by the trainer and the Continuing
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning is issued by 7am, the lesson will be cancelled. Details of postponer		•
11 Personal data provided on application forms are used by only for	enrollment course administration and	future promotion nurnoses. All personal data collected

will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make

Enquiry: 3943 1704 Email: swkcpe@cuhk.edu.hk Website: http://www.cuhk.edu.hk/swk

correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to