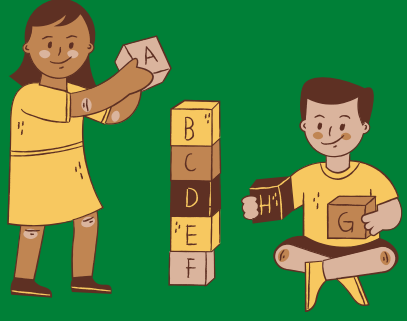


# GROUP PLAY USING CHILD-CENTERED PLAY THERAPY PRINCIPLES AND SKILLS

By Ms Lau Suet Ha, Lottie  
B.Soc.Sc. & M.Ed.



## About the Program

This program is a continuation of the series of training courses on Child-centered Play Therapy (CCPT) conducted by Ms Lottie Lau and organized by the Department of Social Work of CUHK.

Helping professionals conducting CCPT may sometimes need to **conduct the therapy in a group context**, placing more than one child in the process. Such a group therapy modality would be especially helpful when working on children's difficulties mainly related to socialization rather than personal ones (Axline, 1969; Ginott, 1961; Landreth, 2001). In group play therapy, therapists would need to acquire therapeutic responses facilitative of children's self-expressions not only on an individual level but in a relationship context as well. And, principles and skills behind these therapeutic responses, apart from being **socialization-enhancing for children**, could be **relationship-strengthening between parents and children** too. (Information provided by Lottie Lau.)

## Objectives

1. To widen CCPT practitioners' perspectives in using the therapy from an individual context to a group one.
2. To prepare participants to conduct child-centered group play therapy by equipping them with related concepts, principles, and skills.

## Content

A 21-hr training course, in which explorations and discussions will be made around:

1. Theoretical concepts of child-centered group play therapy, including its rationale, beliefs, and goals;
2. Practical issues around child-centered group play therapy, such as principles of case selection, considerations of group arrangements, and group dynamics to be observed; and
3. The use of CCPT principles, skills, and facilitative responses in a relationship context:
  - a. where more than one child is placed in the special play time.
  - b. where the parent is present in the child's special play time.

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## Trainer

Ms Lau Suet Ha, Lottie is a pioneer who has introduced and cultivated the approach of Childcentered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her bachelor's degree in social work from the Chinese University of Hong Kong. She pursued her postgraduate counseling studies in The University of North Texas, where she specialized in learning Child-centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child-centered Play Therapy (CCPT). In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of CCPT in Hong Kong by pioneering systematic training programs, of various levels, on the therapy. Over the years, Ms LAU has laid down the cornerstone of the therapy in the local scene, through hundreds of related training courses conducted with continual refinements. Accumulatively, over 10,000 participants, including around 4,950 helping professionals and 5,100 parents, have completed the basic level of play therapy training that she conducted. Throughout the years, Ms Lau has received numerous positive comments, and her courses have always been fully enrolled with enthusiastic recommendations from participants.

## Formats

Mini-lecture, Video demonstration,  
Case illustration, Exercise  
& Discussion



## Participants

Helping professionals who have satisfied the required attendance in the following training programs conducted by Ms Lottie Lau:

1. 5-day Basic Training on Child-centered Play Therapy, &
2. Practicum Course on Child-centered Play Therapy , or  
Supervised Child-centered Play Therapy Experience

## COURSE

Course Code : CE20210728  
Course Name : Group Play Using Child-centered Play Therapy Principles and Skills  
Date : Jul 28, Aug 4, 5, 2021  
Time : 9:30 am - 5:30 pm (21 hours)  
Venue : The Chinese University of Hong Kong  
Language : Cantonese (supplemented with English)  
Class Size : 40 participants  
Course Fee : HK\$4,410

CPE Points for  
Registered  
Social Workers: 21

### Discount Scheme (on or before May 25, 2021)

- 10% (HK\$3,970) discount for Early Bird Registration
  - 20% (HK\$3,530) discount for CUHK Department of Social Work's members (Current staff, current students, SWK Alumni Association members, or CPE members)
- [20% discount is applicable by POST only]**

**Application Deadline: July 13, 2021**

### Application Methods

1. Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, Department of Social Work, CUHK, Shatin, N.T. Hong Kong.  
**OR**
2. Register the course online via our website:  
<https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

## Group Play Using Child-centered Play Therapy Principles and Skills

CE20210728

# Please delete as appropriate

### Application Form

Full Name: (English) # Mr/Ms: \_\_\_\_\_ (中文): \_\_\_\_\_ Nickname: \_\_\_\_\_  
Name of Organization: \_\_\_\_\_ Position: \_\_\_\_\_ Field of service: \_\_\_\_\_  
Email: \_\_\_\_\_ Tel. No. (m): \_\_\_\_\_ (o): \_\_\_\_\_

**Occupation** Please tick (V) appropriate boxes:  Social worker (RSW number: \_\_\_\_\_)  Counselor  
 Clinical Psychologist  Educational Psychologist  Others (please specify: \_\_\_\_\_)

**Highest educational level obtained** (for the above academic training background)

PhD  Master  Bachelor  Associate Degree  Higher Diploma  Certificate  Others (please specify: \_\_\_\_\_)

No. of years working with children: \_\_\_\_\_

**Prerequisite (Please attach a copy of the attendance certificate obtained from the courses)**

"5-day Basic Training on Child-centered Play Therapy" attended

Date (Month/Year): \_\_\_\_\_ Organizer: \_\_\_\_\_

"Practicum Course on Child-centered Play Therapy" or "Supervised Child-centered Play Therapy Experience" attended

Date (Month/Year): \_\_\_\_\_ Organizer: \_\_\_\_\_

### Payment Information

Cheque No. : \_\_\_\_\_ Bank name : \_\_\_\_\_ Amount : # HK\$4,410/ HK\$3,970/ HK\$3,530

Membership :  No  Yes, if Yes, #Staff ID/ Student ID/ Alumni Association membership ID/ CPE Membership No.: \_\_\_\_\_

### Important Terms and Conditions

I acknowledge that I have read and agree to the above terms and conditions.

1. Application will be accepted on a first-come-first-served basis.
2. Email notification on application status will be sent only when application and payment have been received by CPE, please contact us if you do not receive any notification after 7 days.
3. Application will be regarded as successful only when confirmation email has been issued.
4. Cancellation of courses will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
5. Course fee is non-refundable or non-transferable to other course once the enrollment is confirmed.
6. Receipt of application fee will be issued on the first day of the course and payment method will be indicated on the receipt.
7. The training materials of the program, including its lecture notes, worksheets, power-point slides, and demonstration videotapes, were prepared by the trainer and all materials contained therein are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and Continuing Professional Education (CPE).
8. Certificate of Attendance will be given to participants who have attended at least 80% of the course.
9. No form of recording, including audio- or video-recording, during the training program is allowed without prior permission by the trainer and the Continuing Professional Education, Department of Social Work, The Chinese University of Hong Kong.
10. If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is issued by 7am, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
11. Personal data provided on application forms are used by only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk).
12. The right of interpretation and amendment of the above terms belong to CPE.

Enquiry : 3943 1704 Email : [swkcpe@cuhk.edu.hk](mailto:swkcpe@cuhk.edu.hk) Website: <http://www.cuhk.edu.hk/swk>