

新亞書書院學長計劃 NAC Mentorship Programme

本計劃是...
Our Programme is...

書院 College

配對
Matching
分享平台
Sharing Platforms
校友網絡
Alumni Network
傳承新亞精神
Inheriting New Asia Spirit

非形式教育
Informal Education

配對
Matching
學習及分享平台
Learning and Sharing Platforms
認識更多同學
Expanding your network
認識書院
Learn more about the College

學長 Mentors

學員 Mentees

傳授職業知識、技巧、經驗
Passing on career knowledge, skills and experiences
讓學長了解年輕人的創意和生活模式
Inspire your mentors with your creativities and life styles
透過學長更了解自己
Explore yourself with the guidance from your mentors

為何您要參與學長計劃？

Why is it important for you to join the programme?

學員 Mentees

及早為未來準備 Start planning earlier

很多同學以為「學長計劃」是即將畢業的同學才需要參加，其實職業規劃要及早開始！
職業規劃不應遲過二年級開始，如能早於一年級開始準備，畢業時你將會在找工作時更得心應手！

Many students might think "Mentorship Programme" is for final year students only. In fact, Career Planning should start no later than Year 2 of your study! You will find it easier to find jobs if you start planning your career path earlier.

學員在學長計劃中可以：

In our programme, mentees can:

認識新朋友
Meet new friends

學習上的指導
Study Advices

獲得
計劃事業的指導
Obtain
Career Advices

認識不同專業
Explore different
expertise

學長 Mentors

啟發年青人也啟發自己 Inspire youngsters and yourself

非常多參與過「學長計劃」的學長都會指出，和同學相處，可以真切見到年輕人的世界。
無論在自己的事業、家庭、個人生活上都有新的啟發。

Many Mentors of this programme comment that being able to get along with youngsters can inspire new ways of looking at their own careers, families and personal lives.

學長在計劃中可以：

In our programme, mentors can:

認識新一代
Know about
youngsters

找到好的學員
Find a suitable
apprentice

受新事物啟發
Refresh yourself

認識更多校友
Expand your
Alumni Network

計劃要求

Programme Requirements

時間 Time

至少會面兩次 (包括網上會議)
Face to Face / Virtual meeting twice



以任何形式
每月接觸一小時
Setting aside about 1 hour
each month for interactions



IMPORTANT

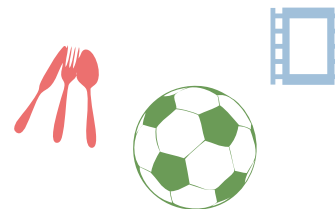
學員須出席
成立典禮及職業講座日

Mentees must attend
the Inauguration Ceremony and
the Career Talks Day

投入參與 Keen Participation



積極投入大組活動，增進友誼。
Strengthen the relationships by participating in activities.



學員提交活動/會面報告*

Mentees submit
Activity Meeting Reports*



設定目標 共同達成 Set a goal and accomplish together

為學習、職業發展定下目標，共同達成。
Set a goal for studies and/or career planning, accomplish together.



學長提交學員評核

Mentors submit
Mentee Assessments



*受新冠病毒疫情影響，如未能進行實體活動，可選擇提交其中一次網上會面報告。

Due to the impact of COVID-19, if face-to-face activities cannot be held, the submission can be a report of one of the virtual meetings.

報名參與 To Apply

學員 Mentees



<https://qrgo.page.link/MQDQB>

學長 Mentors



<https://qrgo.page.link/RqFMT>

報名截止日期
Application Deadline

25.9.2020

查詢
Enquiries

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新亞書院
NEW ASIA COLLEGE