

New Asia College (CUHK) Mentorship Programme 2020/21

Career Talks Day

Event contents

The Career Talks Day aims at providing career information of various industries. The contents are suitable for student of all years, and are for participants to better equip themselves for career planning.

Date: 16 Jan 2021 (Sat)

The event would be conducted via ZOOM meetings.

Target Audience: ALL New Asia College Students, and New Asia Alumni graduated 5 years or less.

Registration: online registration at <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=11735156>

Registration Deadline: 13 Jan 2021. The ZOOM Meeting ID and Passcode will be sent to participants' email inbox before the meetings.

* Note: For mentees of the Mentorship Programme, please note that attending either the keynote speech or a sharing session is required. Please register as soon as possible.

The event consists of two sections:

1. Keynote Speech: held from 2PM-3PM, the content is suitable for everyone.
2. Career Sharing Sessions: there will be 2 time slots. 3 Sessions are held concurrently in each time slot. Contents cover various industries, students may select any sessions, and are welcome to attend sessions of 2 time slots.

Keynote Speech (Conducted in Cantonese, and English interpretation is available)

Coping with the pandemic: How do students cope with the pressure in study as well as job hunting in the era of "New Normal"?

Speaker: Miss Zanonía CHIU - Registered Clinical Psychologist

2020 is a year which we all adapting to the "New Normal". We have been coping with it with much efforts, and there are still lots of worries:

Students are lack of school live, social gathering, and supports from friends;

Without face-to-face tuition and extra-curricular activities, academic progress is seriously affected;

Time management becomes difficult, which affects productivity;

Economy goes worse, which may become burdens for some families;

With the increase of unemployment rate, job hunting become not easy, especially for fresh graduates.

In order to help students to cope with this "New Normal", we are glad to invite a registered Clinical Psychologist, Miss Zanonía CHIU, to share with you some ways to tackle with your pressure.

Speaker introduction (Chinese Only):

趙思雅校友是新亞護理系畢業校友，同時於香港中文大學修畢輔導學文憑及心理學學士後文憑，獲香港心理學會註冊臨床心理學家、香港心理學會副院士、香港心理學會臨床心理學組會員及香港臨床心理學家協會榮譽秘書 (2012-2017)、香港護士管理局註冊護士等專業資格。現任 思健心理諮詢中心總監，並擔任多間香港私家醫院及診所客席註冊臨床心理學家，並曾於多間大專院校擔任客席講師。趙校友曾服務於醫院管理局、香港特別行政區政府、大學、家庭服務及兒童成長中心，具多年前線臨床經驗。趙校友專長於兒童心理及智能評估、心理輔導及治療、家庭治療、健康心理學、腦神經心理學、認知行為治療、情緒及壓力管理、災難及危機處理及策劃、機構培訓及諮詢等專業領域。

趙校友曾受邀於多家大型機構、傳媒、大專院校擔任主講嘉賓及受訪嘉賓，並於報章及網上撰寫心理健康專欄。她又於 2018 年獲中大學生事務處就業策劃及發展中心之邀請，於《中大就業指南 2018-19》中跟中大學生分享她於大學生活、職涯選擇、專業發展等經驗，並於 2017-2019 年間獲邀為中大學生事務處就業策劃及發展中心之「學長計劃」擔任學長，跟學弟妹分享工作及人生經驗。

Time: 2PM-3PM

Remarks: A 15-minutes Q&A Session will follow the talk, participants may prepare some questions to ask. Questions can also be sent to kelvin@cuhk.edu.hk prior to the talk.

Sharing Session introduction: (All sessions are conducted in Cantonese, English interpretation would be provided according to the enrollment status.)

The sessions will be conducted via ZOOM.

We are pleased to have the following mentors to share their valuable expertise. Below are the details of the sessions:

	Sharing Session	Contents	Time	Speaker
S1	Tips on Start Up	And good idea can be a start of business Start Up. Mr. Kendy Lee is experienced in the commercial field for 20 years. He recently work on raising funds for the social enterprise “Rooftop Republic”. The major challenge of Start Up is to write proposals and reports to find a financial source. Kendy will share with you his experience of Start Up.	15:20-16:05	Mr. Kendy Lee CFO, Rooftop Republic
S2	Sharing on Arts and Culture administration	If you like Arts, besides becoming an artist, being an Arts and Culture administrator is also important for the development of the industry. Ms. Claudia TSANG will share with you her experiences in working in different arts institutions.		Ms. Claudia TSANG Assistant Curator (Learning and Interpretation), M+
S3	Sharing about Virtual Banking and preparation to work in this industry	Virtual Bank is becoming popular in the finance industry. Mr. Billy CHEUNG has 10 years of experience working in the audit and finance sector. He recently work in a virtual bank as a Senior Audit Manager. He will share with you about his work in the virtual bank, as well as the preparation to start this career.		Mr. Billy CHEUNG Mox Bank Limited Senior Audit Manager
S4	Investment and Finance 101	University students are busy on studies and also career planning, but learning the concepts of finance and investment management is also important. It is important to make profit, keep it, and even multiply it. Mr. Mark TO is the Managing Director of Asset Management and Head of Research of the Wing Fund Financial Group. He will share with you some basic concepts of investment and finance management.	16:25-17:10	Mr. Mark TO Managing Director, Asset Management and Head of Research, Wing Fund Financial Group
S5	Sharing on Film and TV and Advertisement industry	Mr. Eric TSANG is an independent film director. He is an awarding winning directors from international film festivals such as Fresh-wave, Sundance and Busan. He is one of the co-founders of Plate Creations and Thousand Sails Pictures Limited. He will share with you his experience in the film industry.		Mr. Eric TSANG Director of a media production company, Director of Film and TV, Columnist of Arts and Culture
S6	Preparation for job hunting in government EO and AO	Mr. Eric HUI is the former Assistant Director of Home Affairs Department. He will share with you some tips to prepare for Administration Officer and Executive Officer of the HKSAR Government, and also what characteristics are suitable for this career.		Mr. Eric HUI Former Assistant Director, Home Affairs Department

Participants may prepare questions to ask during the sharing sessions.

Enquiry: Mr. Kelvin Cheung, College Development Officer (Alumni Affairs) **Tel.:** 3943 9680 **Email:** kelvin@cuhk.edu.hk