



粉嶺公立學校

本校自二零零三年加入香港健康學校獎勵計劃，至今已第三年了。計劃由香港中文大學醫學院健康教育及促進中心主辦，是本港首個獲取世界衛生組織西太區認可的健康推廣學校計劃。計劃引導我們以「學校健康政策」、「健康服務」、「個人健康生活技能」、「校風/人際關係」、「社區關係」及「學校環境」等六個範疇作指標，幫助我校成立、改善及持續推廣健康學校；同時，亦讓我們重新理解「健康」的真義。



這三年來，我校嘗試採用課程統整的模式分別推行了「疾病的預防」、「健康飲食」及「個人衛生與環境清潔」的健康主題。這種模式讓學校可以從主題式重點發展相關的健康主題，讓科目與活動相配合；同時讓學生透過活動愉快地學習健康的知識。

總括而言，健康對我們每一個人來說，都是十分重要的，若能有系統地推行健康學校，具目標地去推廣健康訊息，對整間學校，甚至整個社區，都有莫大裨益的。

Fanling Public School (Whole Day)

This is the third year since our school has joined the Hong Kong Healthy Schools Award Scheme in 2003. The Scheme was launched by the Centre for Health Education and Health Promotion, Faculty of Medicine, The Chinese University of Hong Kong, which is the first territory wide healthy schools movement recognized by the World Health Organization Western Pacific Region. The Scheme leads us to develop the six key areas: Health Policy, Health Services, Personal Health Skills, Social Environment, Community Relationships and Physical Environment. Development on these areas helps us to establish and refine the framework of a healthy school constantly. At the same time, the Scheme also helps us to understand the true meaning of "health".



Throughout these three years, our school has adapted the curriculum datum module to carry out health education topics on "prevention of infectious diseases", "healthy eating" and "personal and environmental hygiene" respectively. This module leads our school to develop the related health topics and also encourage our students to learn health knowledge through different activities under cheerful atmosphere.

To sum up, "health" is very important to every single person. If we can implement the concepts of healthy school systematically, and also deliver the message of health objectively, it would benefit our school and also the community as a whole.



得獎學校分享——粉嶺公立學校

AWARDEE SCHOOL SHARING: FANLING PUBLIC SCHOOL (WHOLE DAY)