

## 西面中心李少欽紀念學校

本校榮獲「香港健康學校獎勵計劃」銀獎,為本校教職員、學生及家長帶來莫大的鼓舞。推行計劃期 間,我們舉辦了多項大型活動,並在校園建立無煙的學習環境、積極美化及綠化校園,又組織健康大使、防 蚊隊等組織,讓同學從小就能養成良好的清潔衛生習慣。

為配合教育改革,本校把健康教育的元素滲透在各科目中進行教學,並建立學生個人健康檔案,定期 為學生量度身高體重及進行體適能測試。

在六大範疇中,本校在「校園及人際關係」方面取得較突出的成績。這是由於本校著意在校園內建立 一個互相關懷、信任和友愛的地方,師生間融治相處,而同學間能互相關懷、彼此包容。我們深信,在家長 和同學積極的參與下,能把健康的信念帶給我們身邊每一個人。

## Sai Kung Central Lee Siu Yam Memorial School

It is an honor for our school to receive the Silver Award of "The Hong Kong Healthy Schools Award Scheme". All the teachers, staff, students and parents in our school are very proud on this achievement. Within these years, we have organised a series of activities, such as the setting up of a smoke-free learning environment and maintaining a clean and green campus. We have also trained some students to be Health Ambassadors, Anti-mosquito Team Members, etc. to promote and educate a clean and hygienic awareness among our students.

Under the Education Reform, we have integrated some health education elements into our schoolbased curriculum. For examples, all the students have their own health portfolio; their height and weight measurements are taken along with Physical Fitness Tests being done regularly in our school.

Out of the six areas of the Scheme, we have achieved outstanding results in "School Social Environment". Our success is the result of the dedication and collaboration between the teachers, staff, parents and students. We believe that we can bring our health message to the community around us through the joint effort of our parents and students.



校園健康大使



健康活動 一 愛惜牙齒