## 香海正覺蓮社佛教黃藻森學校



「健康生活 從小做起 快樂人生 璀璨完美」是本校推動健康教 育工作的理念,我們相信從少養成良好之飲食及個人生活習慣,可促 進學生成長後的健康愉快生活。參加「香港健康學校獎勵計劃」,令 我們上下一心,結合了社區、學校及家庭三方面之力量,眾志成城, 邁向優質教育之路,提升學校教育之效能。

我們舉辦及參與各類健康推廣活動,例如:「磅磅書包有幾 重」、「健康日攤位遊戲」、「我們牙擦擦」、「美化校園計劃」、 「健康小食試食會」及「萬人萬步Go 高Goal」等,每項活動的推行均 十分成功。「香港健康學校獎勵計劃」的獎項,肯定了我們過去多年

的努力,老師的專業、家長的熱誠、地區機構及有關專業人士的協助是我們成功之主要因素。 「健康教育」之路,影響深遠,實有賴社曾各單位共同努力,才能獲得美滿的成果。

## HHCKLA Buddhist Wong Cho Sum School

"Healthy life is parallel to happy and perfect life. It must begin from young" is the target concept our school recommends in the work of health education. We believe that fostering a good habit in diet and individual lifestyle can promote a healthy and pleasant life for our students. Taking part in the "Hong Kong Healthy Schools Award Scheme" enables us to integrate the strength of three parties - the community, school and family, marching onward the road of quality education and thus enhancing the effectiveness of school education simultaneously.

We have held and participated in various health promotion activities such as "Weighing the schoolbags", "Healthy Day Fun Fair", "Brushing our teeth", "Prettify the campus", "A taste of the healthy snack" and "Walkathon Go Go Goal", etc, and the activities are all found to be admittedly successful.

Achieved the "Healthy School Award" ensures the recognition of our endeavours and effort during the past years. The professionalism of the teachers, the enthusiasm of the parents and the assistance rendered by the district institutions

all link together to become the significant elements of our success. The road of "Health Education" has a profound impact which is indispensable to the joint effort from various social strata to acquire a fruitful result.





