

中華基督教會基順學校暨資源中心

我校奉行的教育哲學是「全人教育」，故而將「健康學校」列入關注事項，按學校的實際情況及學生的需要，制定學校的健康政策，把「健康學校」的理念融入日常課程及活動當中，使學生的身心變得更健康，讓他們能活出豐盛的人生，貫徹全人教育的理念。

本校成立專責小組，制定、監察及檢討「學校健康政策」；配合課程改革，把「十大健康主題」融入課程及活動中，強化學生的個人健康生活技能；透過推行「一生、一師、一體藝、一團隊」，培育學生對體藝的興趣和追求。本校亦積極改善學校環境，以提供一個既安全、又舒適的學習地方。我們舉辦了多元化的健康活動，如「無污染旅行」、「食物與營養」專題研習及教育營等提升學生的健康技能。經過多年的實踐，學生、家長及教職員的健康意識已大為提高。

今次獲獎乃是本校一大鼓舞，在此，我們感謝香港中文大學醫學院健康教育及促進健康中心給予我們寶貴的意見及鼓勵，也感謝家長教職員會積極的參與及支持。而參與計劃的寶貴經驗有助我校更瞭解本身之強弱，有助作出反思及改進；我校會繼續推動健康教育，使學生能健康愉快地成長。

The Church of Christ Kei Shun Special School Cum Resource Centre

As our school's educational philosophy is "Whole Person Education", we joined "The Hong Kong Healthy Schools Award Scheme" and set promoting a "Healthy School" as one of our concerns. We have formulated a series of health policies and integrated the concepts of "Healthy School" into our curriculum and daily activities. With the faith of "Whole Person Education", we nourish our student through a holistic approach.

We established a committee to plan, to promote and to launch the "School Health Policies". To align with the educational reform, we have integrated the "Ten Health Themes" in the curriculum and activities to strengthen student's personal health skill. We implement the program "One student, One teacher, One Sport and Art, One Team" to motivate our students' interest in sport and art. Furthermore, our school has made great efforts in improving the school environment by providing a secure and comfortable place for our students to learn safely and happily. We have organized a series of health educational activities, such as "Pollution-free Picnic", project learning on "Food and Nutrition" and "Education Camp", etc, which would help students to acquire healthy life skills. Over the past three years, our students, parents and staff have learnt a lot about health education.

It is encouraging that our school has been awarded in "the Hong Kong Healthy Schools Award Scheme". We are grateful to the Centre for Health Education and Health Promotion of the Chinese University of Hong Kong for giving their valuable advices and encouragements. We also have to express our thanks to our Parents and Staff Association for their active participation and support. The precious experience of joining the Award Scheme has helped us to understand more about our strengths and weaknesses, and to reflect our development and improvement. We will continue to promote health education and to help our students to enjoy a healthy and happy life.



舞蹈表演

無污染旅行



綠化環境親子標語創作比賽

