

1.1

$$(a) \quad \underline{X} = \frac{m_1 x_1 + m_2 x_2}{m_1 + m_2} \quad x = x_1 - x_2$$

$$\begin{aligned} \therefore \frac{\partial}{\partial x_1} &= \frac{\partial \underline{X}}{\partial x_1} \frac{\partial}{\partial \underline{X}} + \frac{\partial x}{\partial x_1} \frac{\partial}{\partial x} \\ &= \frac{m_1}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} + \frac{\partial}{\partial x} \end{aligned} \quad \begin{aligned} \frac{\partial}{\partial x_2} &= \frac{\partial \underline{X}}{\partial x_2} \frac{\partial}{\partial \underline{X}} + \frac{\partial x}{\partial x_2} \frac{\partial}{\partial x} \\ &= \frac{m_2}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} - \frac{\partial}{\partial x} \end{aligned}$$

The 2nd-order derivatives :

$$\begin{aligned} \frac{\partial^2}{\partial x_1^2} &= \frac{\partial}{\partial x_1} \frac{\partial}{\partial x_1} = \left(\frac{m_1}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} + \frac{\partial}{\partial x} \right) \left(\frac{m_1}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} + \frac{\partial}{\partial x} \right) \\ &= \left(\frac{m_1}{m_1 + m_2} \right)^2 \frac{\partial^2}{\partial \underline{X}^2} + \frac{\partial^2}{\partial x^2} + \frac{2m_1}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} \frac{\partial}{\partial x} \end{aligned}$$

$$\begin{aligned} \frac{\partial^2}{\partial x_2^2} &= \frac{\partial}{\partial x_2} \frac{\partial}{\partial x_2} = \left(\frac{m_2}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} - \frac{\partial}{\partial x} \right) \left(\frac{m_2}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} - \frac{\partial}{\partial x} \right) \\ &= \left(\frac{m_2}{m_1 + m_2} \right)^2 \frac{\partial^2}{\partial \underline{X}^2} + \frac{\partial^2}{\partial x^2} - \frac{2m_2}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} \frac{\partial}{\partial x} \end{aligned}$$

The KE term :

$$-\frac{\hbar^2}{2m_1} \frac{\partial^2}{\partial x_1^2} - \frac{\hbar^2}{2m_2} \frac{\partial^2}{\partial x_2^2}$$

$$= -\frac{\hbar^2}{2} \left\{ \frac{1}{m_1} \left[\left(\frac{m_1}{m_1 + m_2} \right)^2 \frac{\partial^2}{\partial \underline{X}^2} + \frac{\partial^2}{\partial x^2} + \frac{2m_1}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} \frac{\partial}{\partial x} \right] \right. \\ \left. + \frac{1}{m_2} \left[\left(\frac{m_2}{m_1 + m_2} \right)^2 \frac{\partial^2}{\partial \underline{X}^2} + \frac{\partial^2}{\partial x^2} - \frac{2m_2}{m_1 + m_2} \frac{\partial}{\partial \underline{X}} \frac{\partial}{\partial x} \right] \right\}$$

$$= -\frac{\hbar^2}{2} \left[\frac{1}{m_1 + m_2} \frac{\partial^2}{\partial \underline{X}^2} + \left(\frac{1}{m_1} + \frac{1}{m_2} \right) \frac{\partial^2}{\partial x^2} \right]$$

$$= -\frac{\hbar^2}{2M} \frac{\partial^2}{\partial \underline{X}^2} - \frac{\hbar^2}{2\mu} \frac{\partial^2}{\partial x^2}$$

$$\text{Total mass : } M = m_1 + m_2$$

$$\text{Reduced mass : } \mu = \left(\frac{1}{m_1} + \frac{1}{m_2} \right)^{-1}$$

1.1

(a)

The Hamiltonian :

$$\begin{aligned}\hat{H} &= -\frac{\hbar^2}{2m_1} \frac{\partial^2}{\partial x_1^2} - \frac{\hbar^2}{2m_2} \frac{\partial^2}{\partial x_2^2} + U(x_1 - x_2) \\ &= -\frac{\hbar^2}{2M} \frac{\partial^2}{\partial \bar{x}^2} - \frac{\hbar^2}{2\mu} \frac{\partial^2}{\partial x^2} + U(x)\end{aligned}$$

(b)

Writing $\psi(x_1, x_2) = \Phi(\bar{x}) \phi(x)$, the TISE is

$$\left[-\frac{\hbar^2}{2M} \frac{\partial^2}{\partial \bar{x}^2} - \frac{\hbar^2}{2\mu} \frac{\partial^2}{\partial x^2} + U(x) \right] \Phi(\bar{x}) \phi(x) = E \Phi(\bar{x}) \phi(x)$$

$$-\frac{\hbar^2}{2M} \phi(x) \frac{\partial^2}{\partial \bar{x}^2} \Phi(\bar{x}) - \frac{\hbar^2}{2\mu} \Phi(\bar{x}) \frac{\partial^2}{\partial x^2} \phi(x) + U(x) \Phi(\bar{x}) \phi(x) = E \Phi(\bar{x}) \phi(x)$$

$$-\frac{\hbar^2}{2M} \frac{1}{\Phi(\bar{x})} \frac{\partial^2}{\partial \bar{x}^2} \Phi(\bar{x}) - \frac{\hbar^2}{2\mu} \frac{1}{\phi(x)} \frac{\partial^2}{\partial x^2} \phi(x) + U(x) = E$$

$$\underbrace{-\frac{\hbar^2}{2M} \frac{1}{\Phi(\bar{x})} \frac{\partial^2}{\partial \bar{x}^2} \Phi(\bar{x})}_{\text{Depend on } \bar{x} \text{ only}} = \underbrace{-\left[-\frac{\hbar^2}{2\mu} \frac{1}{\phi(x)} \frac{\partial^2}{\partial x^2} \phi(x) + U(x) - E \right]}_{\text{Depend on } x \text{ only}}$$

Therefore, LHS and RHS of this equation equal to a constant ϵ simultaneously

$$\begin{cases} -\frac{\hbar^2}{2M} \frac{\partial^2}{\partial \bar{x}^2} \Phi(\bar{x}) = \epsilon \Phi(\bar{x}) & \dots (1) \\ -\frac{\hbar^2}{2\mu} \frac{\partial^2}{\partial x^2} \phi(x) + U(x) \phi(x) = (E - \epsilon) \phi(x) & \dots (2) \end{cases}$$

Obviously $\Phi(\bar{x}) = e^{iK\bar{x}}$ is a solution of (1) and we have

$$-\frac{\hbar^2}{2M} (-K)^2 e^{iK\bar{x}} = \epsilon e^{iK\bar{x}} \Rightarrow \epsilon = \frac{\hbar^2 K^2}{2M}$$

 $\therefore$ The center-of-mass motion is free with energy $\epsilon = \frac{\hbar^2 K^2}{2M}$

1.2

$$(a) \quad \begin{vmatrix} H_{11} - ES_{11} & H_{12} - ES_{12} \\ H_{21} - ES_{21} & H_{22} - ES_{22} \end{vmatrix} = 0$$

$$(H_{11} - ES_{11})(H_{22} - ES_{22}) - (H_{12} - ES_{12})(H_{21} - ES_{21}) = 0$$

$$(S_{11}S_{22} - S_{12}S_{21})E^2 + (H_{12}S_{21} + H_{21}S_{12} - H_{11}S_{22} - H_{22}S_{11})E + H_{11}H_{22} - H_{12}H_{21} = 0$$

Denote $A = S_{11}S_{22} - S_{12}S_{21}$

$$B = H_{12}S_{21} + H_{21}S_{12} - H_{11}S_{22} - H_{22}S_{11}$$

$$C = H_{11}H_{22} - H_{12}H_{21}$$

$$E = \frac{-B \pm \sqrt{B^2 - 4AC}}{2A}$$

(b)

Now, $A = 1$

$$B = -E^{(0)} - H'_{11} - E^{(0)} - H'_{22} = -2E^{(0)} - H'_{11} - H'_{22}$$

$$\begin{aligned} C &= (E^{(0)} + H'_{11})(E^{(0)} + H'_{22}) - |H'_{12}|^2 \\ &= E^{(0)2} + (H'_{11} + H'_{22})E^{(0)} + H'_{11}H'_{22} - |H'_{12}|^2 \end{aligned}$$

$$\begin{aligned} B^2 - 4AC &= H'^2_{11} + H'^2_{22} - 2H'_{11}H'_{22} + 4|H'_{12}|^2 \\ &= (H'_{11} - H'_{22})^2 + 4|H'_{12}|^2 \end{aligned}$$

$$E = E^{(0)} + \frac{H'_{11} + H'_{22}}{2} \pm \frac{1}{2} \sqrt{(H'_{11} - H'_{22})^2 + 4|H'_{12}|^2}$$

1.3

(a) Eigenvalue : E_A

Corresponding eigenvector : $(1 \ 0)^T$

Eigenvalue : E_B

Corresponding eigenvector : $(0 \ 1)^T$

(b)

$$\begin{vmatrix} E_0 - E & \Delta \\ \Delta & E_0 - E \end{vmatrix} = 0$$

$$(E_0 - E)^2 - \Delta^2 = 0$$

$$(E_0 - E + \Delta)(E_0 - E - \Delta) = 0$$

$$E = E_0 + \Delta \text{ or } E_0 - \Delta$$

For $E = E_0 + \Delta$

$$\begin{cases} E_0 c_1 + \Delta c_2 = (E_0 + \Delta) c_1 \\ \Delta c_1 + E_0 c_2 = (E_0 + \Delta) c_2 \end{cases}$$

$$\Rightarrow c_1 = c_2$$

$$\text{Normalization : } c_1^2 + c_2^2 = 2c_1^2 = 1 \Rightarrow c_1 = c_2 = \frac{1}{\sqrt{2}}$$

$$\text{Normalized eigenvector : } \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ 1 \end{pmatrix}$$

1.3(b) For $E = E_0 - \Delta$,

$$\begin{cases} E_0 c_1 + \Delta c_2 = (E_0 - \Delta) c_1 \\ \Delta c_1 + E_0 c_2 = (E_0 - \Delta) c_2 \end{cases}$$

One can also choose

$$c_1 = -\frac{1}{\sqrt{2}} = -c_2$$

These 2 choices correspond to the same state

$$\Rightarrow c_1 = -c_2$$

$$\text{Normalization: } c_1^2 + c_2^2 = 2c_1^2 = 1 \Rightarrow c_1 = \frac{1}{\sqrt{2}} = -c_2$$

$$\text{Normalized eigenvector: } \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ -1 \end{pmatrix}$$

$$\therefore \text{Eigenstates: } \psi_{\pm} \sim \frac{1}{\sqrt{2}} \phi_1 \pm \frac{1}{\sqrt{2}} \phi_2$$

Both eigenstates are EQUAL mixing of the original basis ϕ_1 and ϕ_2

(c)

$$\begin{vmatrix} E_A - E & \Delta \\ \Delta & E_B - E \end{vmatrix} = 0$$

$$(E_A - E)(E_B - E) - \Delta^2 = 0$$

$$E^2 - (E_A + E_B)E + (E_A E_B - \Delta^2) = 0$$

$$E = \frac{(E_A + E_B) \pm \sqrt{(E_A + E_B)^2 - 4E_A E_B + 4\Delta^2}}{2}$$

$$E = \frac{1}{2} \left[E_A + E_B \pm \sqrt{(E_A - E_B)^2 + 4\Delta^2} \right]$$

$$= \frac{1}{2} \left[E_A + E_B \pm (E_B - E_A) \sqrt{1 + \frac{4\Delta^2}{(E_B - E_A)^2}} \right] \quad (E_B > E_A)$$

1.3

$$(c) \quad E_1 = \frac{1}{2} \left[E_A + E_B - \sqrt{(E_A - E_B)^2 + 4\Delta^2} \right] \rightarrow \text{Eigenvalue closer to } E_A$$

For $E = E_1$,

$$\begin{cases} E_A C_1 + \Delta C_2 = E C_1 \\ \Delta C_1 + E_B C_2 = E C_2 \end{cases}$$

$$\Rightarrow C_2 = \frac{(E - E_A)}{\Delta} C_1$$

$$\text{Eigenvector} = C_1 \begin{pmatrix} 1 \\ \frac{E_B - E_A - \sqrt{(E_A - E_B)^2 + 4\Delta^2}}{2\Delta} \end{pmatrix}$$

One has the freedom to choose any non-zero complex number C_1 and they correspond to the same quantum state. However, the requirement of normalized eigenvector would fix the value of C_1 .

$$E_2 = \frac{1}{2} \left[E_A + E_B + \sqrt{(E_A - E_B)^2 + 4\Delta^2} \right] \rightarrow \text{Eigenvalue closer to } E_B$$

For $E = E_2$,

$$\begin{cases} E_A C_1 + \Delta C_2 = E C_1 \\ \Delta C_1 + E_B C_2 = E C_2 \end{cases}$$

$$\Rightarrow C_2 = \frac{(E - E_A)}{\Delta} C_1$$

$$\text{Eigenvectors} = C_1 \begin{pmatrix} 1 \\ \frac{E_B - E_A + \sqrt{(E_A - E_B)^2 + 4\Delta^2}}{2\Delta} \end{pmatrix}$$

1.3

(d)

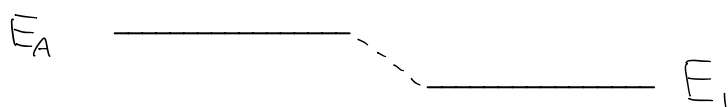
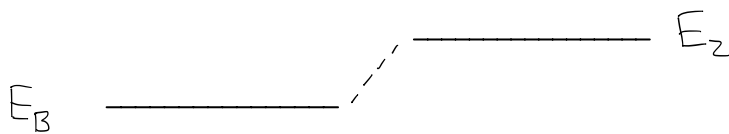
$$\begin{aligned} E &= \frac{1}{2} \left[E_A + E_B \pm \sqrt{(E_A - E_B)^2 + 4\Delta^2} \right] \\ &= \frac{1}{2} \left[E_A + E_B \pm (E_B - E_A) \sqrt{1 + 4\Delta^2 / (E_B - E_A)^2} \right] \quad (E_B > E_A) \\ &\approx \frac{1}{2} \left[E_A + E_B \pm (E_B - E_A) \left(1 + 2\Delta^2 / (E_B - E_A)^2 \right) \right] \end{aligned}$$

(We assume $|\Delta| \ll |E_B - E_A|$ such that $\Delta^2 / (E_B - E_A)^2 \ll 1$ and we can expand the square root as $\sqrt{1+x} \approx 1 + \frac{1}{2}x + \dots$)

Two eigenvalues :

$$\begin{aligned} E_1 &\approx \frac{1}{2} \left[E_A + E_B - (E_B - E_A) - 2\Delta^2 / (E_B - E_A) \right] \\ &= E_A - \frac{\Delta^2}{E_B - E_A} \quad \left(\text{close to and lower than } E_A \right. \\ &\quad \left. \text{since } E_B - E_A > 0 \right) \end{aligned}$$

$$\begin{aligned} E_2 &\approx \frac{1}{2} \left[E_A + E_B + (E_B - E_A) + 2\Delta^2 / (E_B - E_A) \right] \\ &= E_B + \frac{\Delta^2}{E_B - E_A} \quad \left(\text{close to and higher than } E_B \right) \end{aligned}$$



1.3

(d) Eigenvector of $E_1 \sim \begin{pmatrix} 1 \\ \Delta / (E_A - E_B) \end{pmatrix}$

E_1 is close to E_A and its eigenvector has a larger proportion of ϕ_A as $\left| \frac{\Delta}{E_A - E_B} \right| \ll 1$
 $\uparrow$
 $(1 \ 0)^T$

Eigenvector of $E_2 \sim \begin{pmatrix} 1 \\ \frac{E_B - E_A}{\Delta} + \frac{\Delta}{E_B - E_A} \end{pmatrix}$

E_2 is close to E_B and its eigenvector has a larger proportion of $\phi_B = (0 \ 1)^T$ as $\left| \frac{E_B - E_A}{\Delta} \right| \gg 1$

(e)

For $\Delta = 2$,

Exact eigenvalues : 12.4244 , 2.5756

Approximation : 12.4444 , 2.5556

Use $E_1 = E_A + \Delta^2 / (E_A - E_B)$
 $E_2 = E_B + \Delta^2 / (E_B - E_A)$
and $E_A = 3$, $E_B = 12$

For $\Delta = 0.5$,

Exact eigenvalues : 12.02769 , 2.97231

Approximation : 12.02778 , 2.97222

1.4

$$(a) \quad \phi_{\text{trial}}(x) = A e^{-\lambda x^2}$$

Normalization condition :

$$\int_{-\infty}^{\infty} |\phi_{\text{trial}}(x)|^2 dx = 1$$

$$A^2 \int_{-\infty}^{\infty} e^{-2\lambda x^2} dx = 1$$

$$\left(\int_{-\infty}^{\infty} e^{-ax^2} dx = \sqrt{\frac{\pi}{a}} \right)$$

$$A^2 \sqrt{\frac{\pi}{2\lambda}} = 1$$

$$A = \left(\frac{2\lambda}{\pi} \right)^{1/4}$$

Expectation value of Hamiltonian :

$$\langle \hat{H} \rangle = \int_{-\infty}^{\infty} \phi_{\text{trial}}^*(x) \hat{H} \phi_{\text{trial}}(x) dx$$

$$= A^2 \int_{-\infty}^{\infty} e^{-\lambda x^2} \left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} + \frac{1}{2} m \omega^2 x^2 \right) e^{-\lambda x^2} dx$$

$$= A^2 \int_{-\infty}^{\infty} \left[e^{-\lambda x^2} \left(-\frac{\hbar^2}{2m} \right) (-2\lambda e^{-\lambda x^2} + 4\lambda^2 x^2 e^{-\lambda x^2}) \right. \\ \left. + \frac{1}{2} m \omega^2 x^2 e^{-2\lambda x^2} \right] dx$$

$$= A^2 \left[\int_{-\infty}^{\infty} \frac{\hbar^2}{m} \lambda e^{-2\lambda x^2} dx - \int_{-\infty}^{\infty} \frac{2\hbar^2}{m} \lambda^2 x^2 e^{-2\lambda x^2} dx \right. \\ \left. + \int_{-\infty}^{\infty} \frac{1}{2} m \omega^2 x^2 e^{-2\lambda x^2} dx \right]$$

Now, we use the identities

$$\int_{-\infty}^{\infty} e^{-ax^2} dx = \sqrt{\frac{\pi}{a}}$$

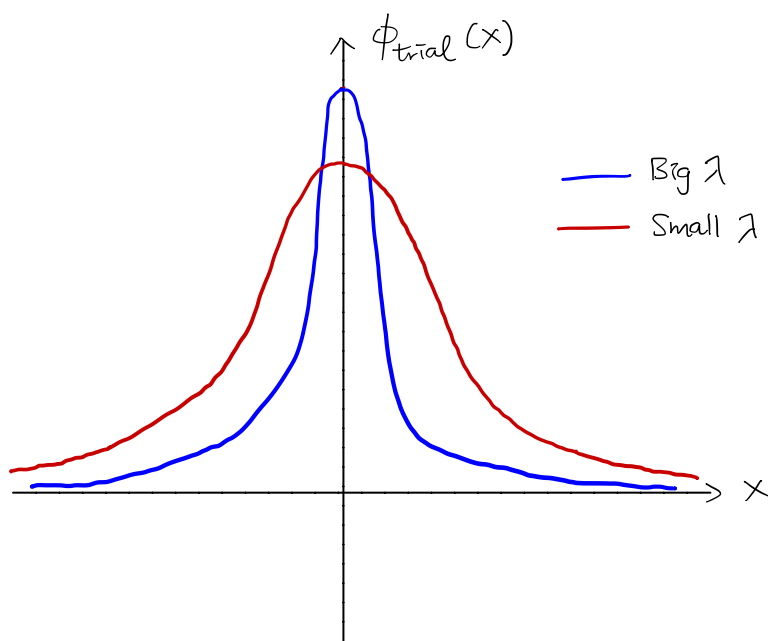
$$\int_{-\infty}^{\infty} x^{2n} e^{-ax^2} dx = \sqrt{\frac{\pi}{a}} \frac{(2n-1)(2n-3) \cdots 1}{(2a)^n}$$

1.4

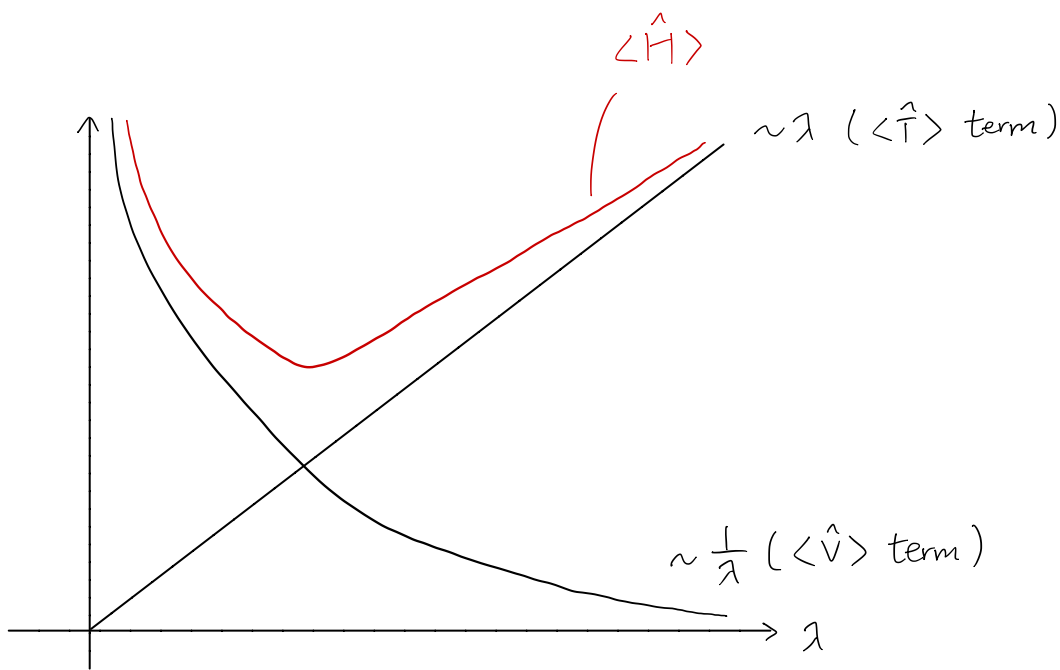
$$\begin{aligned}
 (a) \quad \langle \hat{H} \rangle &= A^2 \left(\frac{\hbar^2}{m} \lambda \sqrt{\frac{\pi}{2\lambda}} - \frac{2\hbar^2}{m} \lambda^2 \sqrt{\frac{\pi}{2\lambda}} \frac{1}{4\lambda} + \frac{1}{2} m \omega^2 \sqrt{\frac{\pi}{2\lambda}} \frac{1}{4\lambda} \right) \\
 &= \frac{\hbar^2}{m} \lambda - \frac{\hbar^2}{2m} \lambda + \frac{1}{8} m \omega^2 \frac{1}{\lambda} \quad (A^2 = \sqrt{\frac{2\lambda}{\pi}}) \\
 &= \frac{\hbar^2}{2m} \lambda + \frac{1}{8} m \omega^2 \frac{1}{\lambda}
 \end{aligned}$$

$$\therefore \langle \hat{T} \rangle = \frac{\hbar^2}{2m} \lambda \quad \langle \hat{V} \rangle = \frac{1}{8} m \omega^2 \frac{1}{\lambda}$$

(b) $\frac{1}{\lambda}$ is the characteristic "width" of the wavefunction.
 when λ goes from big to small, the width of $\phi_{\text{trial}}(x)$ increases.



(c)



As we see in the figure, $\langle \hat{T} \rangle$ term increases and $\langle \hat{V} \rangle$ term decreases when λ increases.

When λ is small, the wavefunction is very broad. Although the expectation value of KE is small because the wavefunction changes gradually in space ($\frac{-\hbar^2}{2m} \frac{d^2\phi}{dx^2}$ is small), the expectation value of PE is high because the probability density of the particle is not low at large x and the PE of harmonic oscillator increases quadratically with x as $\frac{1}{2} m \omega^2 x^2$.

When λ is large, the wavefunction is very narrow. Although the expectation value of PE is small because the probability density of the particle decays quickly with increasing x , the expectation value of KE is high because the wavefunction is more wriggling ($\frac{-\hbar^2}{2m} \frac{d^2\phi}{dx^2}$ is high).

Since $\langle \hat{H} \rangle = \langle \hat{T} \rangle + \langle \hat{V} \rangle$, we cannot have too big or too small λ for the variational ground state wavefunction. From the above figure, it is clear that there is an optimal value of λ which compromises the effects of KE and PE to obtain the lowest total energy.

1.4

(d) Let $\lambda_{\min}$ be the optimal value of λ . To find the minimum of $\langle \hat{H} \rangle$,

$$\frac{\partial}{\partial \lambda} \langle \hat{H} \rangle \Big|_{\lambda = \lambda_{\min}} = 0$$

$$\frac{\hbar^2}{2m} - \frac{1}{8} m \omega^2 \frac{1}{\lambda_{\min}^2} = 0$$

$$\lambda_{\min} = \frac{m\omega}{2\hbar}$$

The estimated ground state energy is

$$\langle \hat{H} \rangle \Big|_{\lambda = \lambda_{\min}} = \frac{1}{2} \hbar \omega$$

The variational ground state wavefunction is :

$$\phi_{\lambda = \lambda_{\min}}(x) = \left(\frac{m\omega}{\pi \hbar} \right)^{1/4} e^{-\frac{m\omega}{2\hbar} x^2}$$

They are equal to the exact results we learnt in QM I course because we have guessed the correct form of the wavefunction

($\sim e^{-\lambda x^2}$) in the beginning

1.5

The trial wavefunction is the same as problem 1.4.

$$\phi(x) = A e^{-\lambda x^2}$$

$$A = \left(\frac{2\lambda}{\pi}\right)^{1/4}$$

Normalization constant

The expectation value of Hamiltonian is :

$$\langle \hat{H} \rangle = \int_{-\infty}^{\infty} \phi^*(x) \hat{H} \phi(x) dx$$

$$= A^2 \int_{-\infty}^{\infty} e^{-\lambda x^2} \left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} + ax^4 \right) e^{-\lambda x^2} dx$$

For kinetic energy part,

$$A^2 \int_{-\infty}^{\infty} e^{-\lambda x^2} \left(-\frac{\hbar^2}{2m} \frac{d^2}{dx^2} \right) e^{-\lambda x^2} dx = \frac{\hbar^2}{2m} \lambda \quad (\text{already computed in 1.4})$$

For potential energy part,

$$A^2 \int_{-\infty}^{\infty} e^{-\lambda x^2} ax^4 e^{-\lambda x^2} dx$$

$$= a A^2 \int_{-\infty}^{\infty} x^4 e^{-2\lambda x^2} dx$$

$$= a A^2 \sqrt{\frac{\pi}{2\lambda}} \frac{3}{(4\lambda)^2}$$

$$\left(\int_{-\infty}^{\infty} x^{2n} e^{-\alpha x^2} dx = \sqrt{\frac{\pi}{\alpha}} \frac{(2n-1)(2n-3)\dots 1}{(2\alpha)^n} \right)$$

$$= \frac{3a}{16\lambda^2}$$

$$\langle \hat{H} \rangle = \frac{\hbar^2}{2m} \lambda + \frac{3a}{16\lambda^2}$$

Let $\lambda_{\min}$ be the optimal value of λ . To find the minimum of $\langle \hat{H} \rangle$,

$$\frac{\partial}{\partial \lambda} \langle \hat{H} \rangle \Big|_{\lambda=\lambda_{\min}} = 0$$

$$\frac{\hbar^2}{2m} - \frac{3a}{8\lambda_{\min}^3} = 0$$

$$\lambda_{\min} = \left(\frac{3ma}{4\hbar^2} \right)^{1/3}$$

1.5

The estimated G.S. energy

$$= \frac{\hbar^2}{2m} \left(\frac{3ma}{4\hbar^2} \right)^{1/3} + \frac{3a}{16} \left(\frac{4\hbar^2}{3ma} \right)^{2/3}$$

$$= \left[\frac{1}{2} \left(\frac{3}{4} \right)^{1/3} + \frac{3}{16} \left(\frac{4}{3} \right)^{2/3} \right] \left(\frac{\hbar^4 a}{m^2} \right)^{1/3}$$

$$\approx 0.6814 \left(\frac{\hbar^4 a}{m^2} \right)^{1/3}$$