

INTERNATIONAL AND LOCAL PROFILE

International Professional Services and Consultancy

Member of Forum on Investing in Children Globally (iYCG), National **Academy of Medicine USA** (previously known as Institute of Medicine changing name from 1 July 2015) from 2013 and **co-Chair of Hong Kong Workshop** (*Theme: How to integrate/coordinate investments in young children globally using existing platforms? Bringing lessons from high, medium and low income countries?*) 14-16 March 2015

iYCG is a collaboration of experts working to ensure that investments in the world's children are deeply informed by science and are a top priority on the policy agenda, both globally and nationally. iYCG promotes integrative science and its translation to inform investments that will improve the lives and potential of young children around the world.

Themes for workshops in

- Washington DC- Investing in Young Children Globally: The Cost of Inaction, April 2015
- New Dehli, India- Financing Investments in Young Children Globally, August 2015
- Sao Paulo- Scaling Program Investments for Young Children Globally: Evidence from LAC and Other Developing Regions, November 2014
- Hong Kong- Using Existing Platforms to Integrate and Coordinate Services for Children, March 2015
- Ethiopia- Supporting Family and Community Investments for Young Children Globally, July 2015
- Prague, Czechoslovakia- Reaching and Investing in Marginalized Children: Refugees, Immigrants, November 2015
- Canada, June 2016 Moving from Evidence to implementation of early childhood programs: strategies for implementation
- Jordan, March 2016
- Ivory Coast, November 2016

Member of Executive Board of Journal Medicine and Law since 2017, and editor of 2018 March Issue on “Better Education and Training to prevent Medical Mishap”.

Senior Editor, Cogent Medicine since 2015-19

- Strategic development of public health and primary care perspectives of the journal
- To develop journal as focal point for sharing research and development in public health and primary care

Temporary Advisor for WHO on Healthy Cities, School Health, Health Promotion (2003, 2007, 2008, 2009, 2010, 2017)

Alliance for Healthy Cities (AFHC) since 2003

Temporary Advisor to WHO in 2003 in scaling up the development of Healthy Cities leading to establishment of AFHC. It is the first international network, founded on the international efforts on Healthy Cities in the Western-Pacific region. Members are from municipal governments, national governments, NGOs, private sectors, academic institutions, and international agencies that support the Healthy Cities approach. AFHC now has over 100 cities joining us members and over 100 members from NGOs, academic institutions and international agencies.

I have served as **Founding member of Steering Committee from 2003-2010 then re-elected in 2014 until 2023. I chaired the Healthy City Award Committee**

Responsible for development a model to evaluate cities for Healthy City award and strengthen the evidence base of Healthy City movement.

Chairman of Scientific Committee of AFHC Global Conference in Hong Kong, November 2014 with over 700 delegates attending, I was also responsible for drafting the **Hong Kong Declaration for Healthy Cities**. Albert is appointed as **Chairman of Scientific Committee** for AFHC Global Conference in Hong Kong, 2021.

Co-chairman of 60th Anniversary Symposium of Hong Kog Society of Rehabilitation in 2019 on the theme: ‘New Perspectives on Holistic Rehabilitation and Social Inclusion towards 2030’.

Global Consultation Meeting on Emerging issues of Adolescent Health organised by Johns Hopkins University Bloomberg School of Public Health supported by Johnson Foundation and Astra Community Support Programme 23-16 Oct 2011 and special issue of Journal of Adolescent Health in 2013.

Chairman of Organizing Committee of the *International Conference on Promoting Chronic Care: Towards a Community-based Chronic Care Model for Asia 2010*. Officiated by WHO Regional Director

Development of WHO manual as Lead author on “Community response to Flu pandemic in municipal setting” in 2009

Terms of Reference:

1. To produce a manual on enhancing community resilience within a schools /**municipalities** /workplaces setting, to influenza pandemic preparedness and response, by empowering communities to mitigate the impact of a pandemic.
2. To write a first draft of a manual, based on discussions with the working group of writers, the IUHPE review group, Global Influenza Program (GIP/WHO), Health Security and (HSE/WHO) and Health Promotion (HPR/WHO) by 15 July 2009

3. To participate in a writers' meeting 28 - 30 July 2009 to review drafts of all three manuals, and prepare final drafts based on comments received.
4. Finalise manual based on above reviews and submit final manuscript by November 2009

WHO consultancy to Malaysia May to June 2017

Capacity building and evaluate IMFree -anti tobacco programme in primary school

Expected outputs

- Assess and evaluate existing anti-tobacco education material for IMFree and the implementation process in 36 pilot primary schools;
- Analyze and review existing data/report;
- Engage in meetings or workshops or discussions or briefing sessions with Ministry of Health (MoH) team and interviewing key persons or stakeholders, this include site visit to selected pilot school;
- Relevant authorities and stakeholders may be invited to participate in these sessions
- Based on the findings; propose recommendations for educational material and implementation of the program
- Conduct a 5 days training session to MoH team and one of the topic cover in the training session is on
- Provide technical support to MoH

WHO Forum and Technical meeting for Obesity Prevention as speaker and drafting a group report in 2009

WHO consultant to Laos PDR on health promotion and report accepted by Ministry of Health, Laos PR (2008)

Terms of Reference

1. to meet with the ProLead team in the Lao People's Democratic Republic, review progress of work and provide technical support for improving the project strategy;
2. to meet with other stakeholders and advocate for stronger health promotion policies and programmes; and
3. to prepare a report on progress made and present this at the ProLead Plus second module in May 2008.

Expected Output

Report on progress made on health promotion projects of ProLead Team in the Lao People's Democratic Republic to be presented at the ProLead Plus Second Module training in May 2008.

Stakeholders Consultation meeting on Revision of Health Promoting School Guidelines for WHO Western Pacific Region, 2008

Its purpose is to support the countries and areas of the Region in developing their actions for health-promoting schools. It is not prescriptive and offers freedom of interpretation for different countries while upholding the cornerstones of health-promoting schools.

WHO Temporary Advisor on ‘Knowledge Network of Urban Health’ of WHO Commission on the Social Determinants of Health (2006)

The main focus of the Knowledge Networks is on synthesizing knowledge to inform the Commission of opportunities for improved action on social determinants of health. The KNUS will use the CSDH conceptual framework to organize knowledge:

1. On priority associations between urban settings and the social determinants of health and health inequities across different country contexts with attention to widespread cross-cutting determinants such as gender inequality;
2. On the extent to which prioritized social determinants of health in relation to urban settings can be acted upon, exemplified through successful national and global policies, programmes and institutional arrangements;
3. To inform and stimulate societal debate on the opportunities for acting on urban settings and the social determinants of health;
4. To inform and evaluate the application of policy proposals and programmes in relation to urban settings nationally, across regions and globally, assessing implications for both women and men; and
5. Identify implications for global policy and practice.

Author of thematic paper on “Improving Health and Building Human Capital through an effective primary care system and Healthy Setting approach.” The abridged version was published by Journal of Urban Health.

WHO International Workshops on Health Promoting School with participants from different parts of Asia including Middle East and also Pacific Islands (2004, 2006)

Consultant to Health Promotion Administration, Ministry of Health and Welfare, Hong Kong (Health Promotion Bureau) of Taiwan on implementation of accreditation system of Health Promoting School since early 2011

Consultancy study for Macao SAR Government on Diet and Nutrition, and Cardiovascular risk factors of Macao School Children, 2008-09 and brief report published in *International Journal of Childhood Obesity*, and follow on study in 2014-15

Consultancy study for Macao SAR Government to produce a manual guidelines for school health professionals and conducted training workshops 2010

Project Advisory Group of Canadian Consortium for Health Promotion Research on the project “Renewing our Commitment to the Ottawa Charter: The Way Forward.” 2006. A Report of ‘Health Promotion activities in China from Ottawa Charter to Bangkok Charter: Revolution to Evolution’ was published and abridged version was published by Global Health Promotion Journal

External Examiner/Assessor/Reviewer/Expert

- External Examiner for PhD, University of New Castle, Australia, “*Caring for Children with Disability Among Immigrant Parents: A Mixed Methods Study*” May 2020
- External Examiner for Conjoint Master of Family Medicine (Exit examination for family physicians), University of Malaysia, 2019.
- External Examiner for PhD, Hong Kong Polytechnic University. The Effects of a Nurse-Led Home-Based Health-Social Partnership Programme for the Community-Dwelling Elderly in Hong Kong: A Randomized Controlled Trial
- External Examiner of Malaysia International University, Medical Programme, July 2019
- External assessor for promotion to Grade A (top grade) Professor of Family Medicine of University of Malaysia April 2019
- External Examiner for PhD, University The Risk Factors for Non-Communicable Diseases in Malaysia. Faculty of Economics and Administration, University of Malaysia, Sept 2018.
- External Examiner for PhD, Hong Kong Polytechnic University: Evaluating the Efficacy of a School-Based Hand Hygiene Programme for Children in Malawi, Sub-Saharan Africa: A Cluster Randomised Controlled Trial. July 2018
- External Examiner for PhD, University of Melbourne, Australia, Dec 2017 “*Understanding and measuring health literacy among secondary student in Beijing in Melbourne*”
- External Reviewer of University Grant Committee-Public Policy Research Fund “*Comparative study on culture values, and perceived attitudes of health-care workers towards influenza vaccination in multiple cities*” UGC/FDS14/M02/17
- External Reviewer of University Grant Committee-Public Policy Research Fund. *Physical Activity, Cognitive Functioning and Quality of Life of Community-dwelling Older Adults in Hong Kong: What Role Physical Fitness May Play?* 2017.A2.024
- External Examiner for Doctoral Degree, University of Malaya, March 2017 *Factors influencing the public’s decision-making to undergo health checks for prevention of cardiovascular diseases*
- Examiner for PhD, Department of Medicine and Therapeutics, CUHK, July 2017 *Mixed Methods Study to Explore the Psycho-social Factors to Lifestyle Modification Programme Among Overweight and Obese Chinese Adults*

- Examiner for PhD, Department of Family Medicine and Primary Care, University of Hong Kong, March 2017 *What are the barriers to and facilitators of undertaking continuing professional education amongst private non-specialist primary care physicians in Hong Kong*
- External examiner of Doctor of Health Science, Hong Kong Polytechnic University, August 2016 *Dissemination and Transferability of Health Promotion in Hong Kong*
- External Examiner for Deakin University PhD thesis *The Health Promoting School Framework in an International School* July 2016
- Assessor for Faculty of Medicine, University of Malaya since 2015
- External examiner of Doctor of Health Science, Hong Kong Polytechnic University, June 2016 *Effects of a Facebook-based weight management programme for obese adults in Hong Kong*
- External Examiner for Doctor of Medicine thesis of University of Hong Kong *Childhood Injuries in Hong Kong: From epidemiology to community intervention* 2016
- Chairman of Panel for examination of PhD thesis: Wong YS. *To Explore the Associated Factors That Will Affect the Parental Stress with Children with Autistic Spectrum Disorders*. 18 March 2015
- External Reviewer of University Grant Committee-Inter-Institutional Development Scheme: *Enhancing capability in translational research for healthcare service in NPO settings* UGC/IIDS17/M03/14
- External examiner of Doctor of Health Science, Hong Kong Polytechnic University, May 2014. "Dietitian-led Intervention on Weight Loss and Quality of Life of Overweight and Obese patients in Primary Care, May-June 2014."
- External reviewer for Hong Kong Polytechnic University Departmental General Research Fund on project, "*The effectiveness of telephone follow-up and short message services on behavioural modifications for adults in the community with Type 2 diabetes: A randomised controlled trial*"
- Visiting Professor, University Sain Malaysia, June 2014
- Chairman of Non-antibiotic Management of Pharyngitis Advisory Board Meeting, May 2014
- Visiting Consultant to Ballarat Health Services, Victoria, Australia for Hospital Admission Risk Programme to reduce hospital admission. June to Aug 2013.
- External Examiner for Conjoint Master of Family Medicine (Exit examination for family physicians), University Sains Malaysia, 2009 and 2012, 2017.
- External Examiner for Dissertation for Master of Medical Science, University of Hong Kong on "Childhood Injury Prevention." and
- External Examiner for PhD of Hong Kong Baptist University School of Communication: "Promoting Healthy Eating among Children using Regulatory Drive Theory," May 2013
- External referee for appointment of Vice Dean, Lee Kong Chian School of Medicine, Imperial College London and Nanyang Technological University, Feb 2013.
- External review for advancement to Associate Professor, Qassim University

- External Assessor for Portuguese Foundation for Science and Technology (PTDC/DTP-SAP/0256/2012- Title: Dynamic Model of Family Assessment and Intervention: innovative practices in Primary Health Care; PTDC/DTP-SAP/1030/2012- Title: PLADEV TELEMED: Development of tools for the PLanning, ADOption and EValuation of D2D (doctor-to-doctor) Telemedicine services in the context of international cooperation and development)
- External Assessor for Professorial advancement for University of Malaya, 2012, 2013
- External Assessor for Professorship appointment in Health Study for Hong Kong Institute of Education, 2012.
- Reviewer for Health Research Board of Ireland on research grant for Research Training Fellowships for Healthcare Professionals scheme (HPF/2012/11 Self Management of Chronic Illnesses by Adults) 2011
- External Assessor for Professorship appointment in Physical Education for Hong Kong Institute of Education, 2011.
- External Examiner for Doctor of Health Science of Hong Kong Polytechnic University on dissertation: "A Safety Culture Study in Elderly Homes, 2011
- Reviewers for Hong Kong Council for Accreditation of Academic and Vocational Qualifications on Bachelor of Health Science Programmes in Nursing and Gerontology of Tung Wah College, Aug to Dec 2011.
- PhD examiner for Faculty of Education, The Chinese University of Hong Kong on "The Efficacy of an Internet-based Behavioural Intervention for Physical Activity Promotion among University Students" on June 20, 2011
- External reviewer for Joint Indian Council for Medical Research and UK Medical Research Council Panel on proposal: Non-pharmacological treatment of chronic obstructive pulmonary disease - pulmonary rehabilitation, physical activity and Pranayama breathing for Indian and UK patients, 2011
- External Reviewer for advancement to Associate Professor in Department of Family Medicine and Public Health of College of Medicine & Health Sciences, Sultan Qaboos, Sultanate of Oman, 2011
- External Reviewer of Bachelor of Science Education (Honours) (Sports Science) of Hong Kong Institute of Education, 2011
- External Reviewer of Bachelor of Science Education (Honours) (Sports and Health Science) of Hong Kong Institute of Education, 2011
- External Reviewer of Associate Degree in School Health, Hong Kong Institute of Education, 2011
- External Examiner for Master of Public Health Dissertations, Macao University of Science and Technology Jan 2011: "Relationship between Hepatitis B virus serum markers and HBV-DNA in Macao", "Factors associated with Quality of Life of COPD patients (0809853A-HP20-0091)"
- External Assessor/Referee for advancement to Senior Lecturer post, King's College Medical School, University of London (Department of General Practice and Primary Care), 2010
- Chairman of PhD Examination Panel at the Chinese University of Hong Kong, 2010 "Association among Personal and Institutional Hygiene Factors with Acute Gastroenteritis in Hong Kong Elderly Home"

- External Assessor for appointment of Associate Professor, National University of Singapore, 2010
- External Assessor for advancement of academic position (Senior Lecturer to Associate Professor), University Sains Malaysia, 2010
- External Reviewer for Master in Health Promotion, University of Brighton, UK
- Expert reviewer for Promotion to Clinical Professor, Department of Applied Science, Indiana University, USA, 2009.
- External Examiner for PhD candidate at Hong Kong Polytechnic University, 2009 “A model of coalition capacity for effective public health interventions.”
- External Examiner for PhD candidate at Deakin University, 2007 “Evaluation of the Asthma Friendly Schools Program”
- External Examiner for M.Phil candidate at Hong Kong Polytechnic University, 2007 “Factors Influencing Changes in Participants in a Self Management Program for Chronic Disease in Hong Kong.”
- External Assessor for Tenure of Professorship in Family Medicine, University of Rochester, USA

Government Councils/Committees

- Member of Family Council, HKSAR (2019-)
- Member of Sub-committee of Ex-gratia Payment of AIDs Trust Fund from 1 Aug 2010
- Director of Board of Urban Renewal Fund, HKSAR (2014 – 2020)
- Member of Hong Kong Advisory Council on AIDs (2014 – 2018)
- Member of the Solicitors Disciplinary Tribunal Panel (2010 – 2016)
- Member of Advisory Council on the Environment, HKSAR (2015 – 2020)
- Member of Curriculum Development Council of Hong Kong SAR Government (2003-09) and Chairman of Committee of Health Management and Social Care (senior secondary subject) 2004-2015

I served as member of the Council during the period of curriculum reform from 7 years of secondary school education to 6 years and expansion of university education from 3 years to 4 years. My services as Chairman of the Committee has taken the responsible in developing the new senior secondary school subject (Health Management and Social Care) including teaching development, public seminars for parents and students, joint working with Examination Authority on assessment methods, liaison with academic institutions local and overseas for recognition.

- Member of School Allocation Committee of Hong Kong SAR Government from 2006-2012

Responsible in vetting proposal from School Sponsoring Bodies in bidding new sites for school development (new schools as well as re-location) and recommendations to Permanent Secretary for Education for allocation of land space

- Member of Community Inclusive Investment Fund Committee (Fund over HK\$200 million) from 2008 and Vice Chairman of Assessment and Evaluation Sub-committee since 2013
Vetting of funding proposals and approval of funding, strategic direction of the Fund, monitoring of funded projects, and dissemination of good practices in building social capitals
- Member of Sub-committee of Health Care Promotion Fund of Hong Kong SAR Government (2004-08)
Vetting of proposals
- Member of Hong Kong Beat Drug Fund Association and also the Governing Committee (Fund of HK\$3 billion~US\$400 million) from 2010
Strategic Direction of the Fund and Governance of the fund

Other Professional Duties

Chairman of Research Ethics Committee, Hong Kong Doctors' Union from Jan 2015
 Past Member of Clinical Research Ethics Committee of New Territory West and Kowloon West, Hong Kong
 Council member of Hong Kong College of Family Physicians and Chairman of Research Committee 1996-98
 Members of Clinical Research Ethics Committee of Macao University of Science and Technology 2011-13
 Experts for medico-legal cases from general practice

Global Professional Organizations

- Member of Board of Trustee of International Union of Health Promotion (IUHPE) 2004-10, 2010-16 by direct election globally and member of IUHPE Global Scientific Committee of IUHPE World Conference in 2004, 2007 and 2010.
Participated in Global Programme for Health Promotion Effectiveness and contributed book chapters and journal articles and member of Healthy Literacy Working Group
- Member of Scientific Advisory Council of International Obesity Task Force (IOTF) 2010-
- Member of Steering Committee of International School Health Network
Participated as speaker for School Health Symposium in 2007 as pre-conference for IUHPE World Conference in Vancouver and planning for similar event in 2013 in Thailand
- Member of Scientific Committee of the International Symposium on Health Promoting Schools on the occasion of the Annual Public Health Days in Quebec in November 2011

Academic Journals/Grant Review

- Member of Executive Committee of Journal Medicine and Law since 2018
- Member of Editorial Board of Health Promotion International since 2004-2015
- Member of Editorial Board of Australian Journal of Health Promotion since 2012
- Member of BMJPRIM-L mailing list (British Medical Journal editorial advisers for primary care). 2010-
- Guest Editor of *Asia Pacific Journal of Public Health* 2000; 12(suppl)
- Guest Editor of *Promotion and Education* 2002 Supplementary Issue No 1 (54 pages). Renamed as Global Health Promotion
- Reviewers of PLoS One, Social Science and Medicine, Preventive Medicine, Journal of Epidemiology and Community Health, Journal of School Health, Health Policy, Health Promotion International, Preventive Medicine, Promotion and Education, International Journal of Health Education, Australian Family Physician, British Journal of General Practice, Journal of Adolescence, BMC journals, Community Health and Social Care
- Grant Reviewer for UK Medical Research Council and Indian Council for Medical Research, New Zealand Health Research Council (09/101C), Research Grant Council, Hong Kong, Health Care Promotion Fund (Hong Kong), Health and Health Services research Fund (Hong Kong)
- Reviewer of New Journal Proposal for Emerald Publisher Group on “International Journal of Emergency Services Management” 2011

Other Community Services

Chairman of Childcare, Elderly and Community Services Discipline Advisory Board, Hong Kong Institute of Vocational Training, 2011-now

Member of Management Committee of Hong Kong Society of Rehabilitation 2009-2014 (Member of Advisory Board 2000-09)

Member of School Management Committee (Board of School Governors) of four high schools (St Teresa Secondary School, Valtorta College, Lam Tai Fai College, Cheung Sha Wan Secondary School) and one primary school (TWGHs Sin Chi Wan Primary School) in Hong Kong