

**Divinity School of Chung Chi College
The Chinese University of Hong Kong**

**Hong Kong Christian Service
Support Service for Church**

**Programme: Undergraduate and Postgraduate
Course: Counselling and Youth Ministry (THEO5946)
Academic Year: 2020-2021 (2nd Term)**

Course Description

This course provides students an understanding of the development of the youth and youth-related issues. It aims at giving an opportunity for students to critically examine the developmental contexts of our adolescents. Basic theoretical framework and micro-skills in youth counselling are covered. The current trend and major issues of youth problems in Hong Kong, such as emotional problems, suicide, mental illness, non-engaged youth, marginal youth, special educational needs, drug addiction, sexuality and collective trauma are covered. The course aimed at equipping students with tools and knowledge to provide effective counselling for the adolescents.

Course Objectives:

1. To raise student's sensitivity to new challenges and common youth problems in Hong Kong.
2. To help students acquire an overall understanding of the theories and practice of youth counselling.
3. To enable students to provide counselling for the youth with a variety of issues.
4. To facilitate students to have reflections on their own values, personal experiences and stance on different youth issues.

Course Format:

Methods of instruction include lecture, case presentation and discussion, experiential role-play and reflective assignments.

Course Duration:

Period: 13 January, 2021 – 7 April, 2021 (Wednesday)
Time: 7:00 pm – 9:15 pm
Teaching Mode: Online via Zoom

Course Outline:

Date	Topic
13.1.21	Introduction: Disconnected Generation in a Postmodern Society
20.1.21	Developmental Stages of Adolescence: Reciprocating Self and Developmental Crises
27.1.21	Context of Adolescent Development: Disconnected Self in a Dysfunctional Family
3.2.21	Counselling with Adolescents I: Basic Counselling Principles and Skills
10.2.21	Counselling with Adolescents II: Various Counselling Theories and Approaches
24.2.21	Counselling Youth with Emotional Problems Tutorial
3.3.21	Counselling Youth with Mental Health Problems Tutorial
10.3.21	Counselling Youth with Special Educational Needs Tutorial
17.3.21	Counselling Non-engaged Youth Tutorial
24.3.21	Counselling At-risk Youth Tutorial
31.3.21	Counselling Youth with Drug Addiction Tutorial
7.4.21	Counselling Youth with Sex-related Issues Tutorial
14.4.21	Counselling Youth with Involvement in Social Movement Tutorial

Course Requirements:

- ❖ **Attendance** (10% of the course mark)
- ❖ **Tutorial** (30% of the course mark)
 - Students should make a 15-minute individual case presentation with an attempt to integrate the theories discussed in the previous lessons into practice. case summary (10% of the tutorial mark), genogram (10% of the tutorial mark), case analysis and intervention (10% of the tutorial mark)
- ❖ **Written Assignment** (60% of the course mark)
 - Each student is required to write an essay of about 3,500 words on one of the course topics or any critical issues related to the youth.
 - Students are required to submit the paper outlines (10% of the written assignment mark) on or before 14 April, 2021.
 - The paper should demonstrate the following:

- Clarity of concepts (10% of the written assignment mark)
 - Integration of theory and practice (20% of the written assignment mark)
 - Critical thinking and personal reflection on the issues (15% of the written assignment mark)
 - Good organization and presentation (5% of the written assignment mark)
- References should be cited by using the A.P.A. guideline.

❖ All assignments should be submitted on or before **30 April, 2021**.

Policy and Regulations on Honesty:

Attention is drawn to University policy and regulations on honesty in academic work, and to the disciplinary guidelines and procedures applicable to breaches of such policy and regulations.

Details may be found at

<http://www.cuhk.edu.hk/policy/academichonesty/>.

With each assignment, students will be required to submit a signed declaration that they are aware of these policies, regulations, guidelines and procedures.

- In the case of group projects, all students of the same group should be asked to sign the declaration, each of whom is responsible and liable to disciplinary actions should there be any plagiarized contents in the group project, irrespective of whether he/she has signed the declaration and whether he/she has contributed directly or indirectly to the plagiarized contents.
- For assignments in the form of a computer-generated document that is principally text-based and submitted via VeriGuide, the statement, in the form of a receipt, will be issued by the system upon students' uploading of the soft copy of the assignment.

Assignments without the properly signed declaration will not be graded by teachers.

Only the final version of the assignment should be submitted via VeriGuide.

The submission of a piece of work, or a part of a piece of work, for more than one purpose (e.g. to satisfy the requirements in two different courses) without declaration to this effect shall be regarded as having committed undeclared multiple submission. It is common and acceptable to reuse a turn of phrase or a sentence or two from one's own work; but wholesale reuse is problematic. In any case, agreement from the course teacher(s) concerned should be obtained prior to the submission of the piece of work.

Basic Texts:

Vandegriff, S. & Vukich, L.(2002). *Timeless Youth Ministry: A Handbook for Successfully Reaching Today's Youth* Chicago, IL: Moody Publishers.

Recommended Readings:

- 李耀全(2011)《再思青少年牧養：現況、理念與策略》香港：崇基神學院。
- 袁天佑(2019)《走進時代的信仰2.0》香港：亮光文化。
- 陳韋安(2020)《那動人的時光：我在反送中運動的信仰記錄》香港：亮光文化。
- 梁永泰(2005)《第二曲線人生：聖經人物的生命逆轉》香港：突破出版社。
- 葉松茂(2004)《101間香港教會經驗分析》香港：基道出版社。
- 蔡元雲、謝文策(2013)《牧養新世代》香港：突破出版社。
- 駱玫玲(2008)《牧養主的Young》台北：華神出版社。
- 戴耀廷(2020)《愛與和平：未完的抗爭之旅》香港：進一步。
- Lo's Psychology (2019)《社運心理學》香港：蜂鳥出版
- Stakeholders in 2047：香港未來說明書團隊(2019)《Stakeholders in 2047：香港未來說明書(第1冊)》香港：新銳文創。
- Stakeholders in 2047：香港未來說明書團隊(2019)《Stakeholders in 2047：香港未來說明書(第2冊)》香港：新銳文創。
- Clark, C., (2016). *Adoptive Youth Ministry: Integrating Emerging Generations into the Family of Faith (Youth, Family, and Culture)*, Grand Rapids, MI: Baker Academic.
- Clark, C., Arzola, F., Cosby, B., Hunter, R. & Stier, G. (2015). *Youth Ministry in the 21st Century: Five Views (Youth, Family, and Culture)*, Grand Rapids, MI: Baker Academic.
- Clark, C., (2011). *Hurt 2.0: Inside the world of today's teenagers*. Grand Rapids, MI: Baker
- Dean, K.C. & Foster, R.(1998). *The Godbearing Life: The Art of Soul Tending for Youth Ministry* Nashville, TN: Upper Room Books. 中譯本《懷道的生命——青少年事工屬靈指導的藝術》，香港：基督徒學生福音團契。
- DeVries, M. & Palmer, E.F. (2004). *Family-Based Youth Ministry*. Downers Grove, IL: InterVarsity Press. 中譯本《以家庭為本的青少年事工》，香港：基督徒學生福音團契。
- DeVries, M. (2008). *Sustainable Youth Ministry: Why Most Youth Ministry Doesn't Last and What Your Church Can Do About It*. Downers Grove, IL: InterVarsity Press.
- Fields, D (2002). *Your First Two Years in Youth Ministry : A Personal and Practical Guide to Starting Right*. Grand Rapids, MI: Zondervan
- Fields, D & Warren, R. (2013). *Purpose Driven Youth Ministry: 9 Essential Foundations for Healthy Growth*. Grand Rapids, MI: Zondervan.
- Fields, D. (2000). *Purpose Driven Youth Ministry Training Kit Participant's Guide*. Grand Rapids, MI: Zondervan.
- Jones, T. (2001). *Postmodern Youth Ministry*. Grand Rapids, MI: Zondervan. 中譯本《後現代青少年事工》，香港：基督徒學生福音團契。
- McKoy, B.K., (2013), *Youth Ministry from the outside in: How relationships and stories shape identity*. IVP Books, Downers Grove, IL.
- Parrott III, L. (2000) *Helping the Struggling Adolescent: A Guide to Thirty-six Common Problems for Parents, Counselors & Youth Workers*. Grand Rapids, MI: Zondervan. 中譯本《伴青少年渡過掙扎期——完全輔導手冊》，台灣：橄欖。
- Rice, W., (2010). *Reinventing Youth Ministry (Again): From Bells and Whistles to Flesh and Blood*, Downers Grove, IL: InterVarsity Press.
- Senter, M.H. (ed.) with Black, W., Clark, C. & Nel, M. (2001). *Four Views of Youth Ministry and the Church*, Grand Rapids, MI: Zondervan.
- Vandegriff, S. & Brown, R. (2015). *Student Ministry Essentials: Reaching, Leading, Nurturing*. Chicago, IL: Moody Publishers.
- Weaver, A.J., Preston, J.D. & Jerome, L.W. (1999). *Counselling Troubled Teens and their Families*. Nashville Abingdon Press.

Training Staff from Hong Kong Christian Service:

Bill LO (RSW, MSW)

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Mr. Bill LO is currently working in Hong Kong Christian Service as a Service Head of the School Social Work Service. He received his Diploma in Social Work from the Hong Kong Shue Yan College and Master of Social Work from the University of Alabama. He also obtained Postgraduate Diploma in Family Therapy from the Yang-Ackerman Institute for Family. He has been in youth and family service works for more than 30 years, including community-based family service, counselling and family life education service. In addition to his continuous frontline clinical works, he has also actively involved in training for social workers, parents and teachers. He lectures the course “Counselling and Youth Ministry” at the Divinity School of Chung Chi College of CUHK.