# SH Ho Centre for Gerontology & Geriatrics

# Faculty of Medicine The Chinese University of Hong Kong

Annual Report for 2012 - 2013







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## S H Ho Fellowship

SH Ho Geriatrics Fellowship 2013-2014 continued awarded to Dr Yuk Ka Lok and Mr Chan Yu Hong for their second year study of the MSc in Clinical Gerontology. Dr Yuk graduated from the Medical School in the year 2005 and he is now residence in the Prince of Wales Hospital and Shatin Hospital. Mr Chan had worked as a registered nurse in the Hospital Authority for over 20 years and now working in an integrated complex of a NGO which is serving residents with mental illnesses or retardation, including psychogeriatric residents.

## **Public Activities**

- Dr Jenny Lee and Dr Au Yeung Tung Wai, as speakers for the public talk "Understanding Dementia and the prevention" on 2 March 2013 at Wan Chai Activities Centre.



- CADENZA Community Project: Cherish Our Life: Enhancing Psychological Well-being of Elders Press Conference cum Symposium on 3 September 2013 at The Cityview, Kowloon.



## Other activities

- Members of the Civic Party visited Tai Po CADENZA Hub in Fu Shin Estate on 7 March 2013



- Visit to CADENZA Hub, National University of Singapore visit to Cadenza Hub, 6 June 2013
- Professors and doctors from Chung Shan Medical University, National Taiwan University Hospital and Taichung City Government of Taiwan visited School of Public Health, Shatin Hospital and Jockey Club Centre for Positive Aging on 7 June 2013.



#### - Seminar

Lecture co-organized by S H Ho Centre for Gerontology and Geriatrics, The Chinese University of Hong Kong and Medical & Geriatric Unit, Shatin Hospital. Speaker: Dr Takanori Shibata, Senior Research Scientist, Human-Life Technology Research Institute, National Institute of Advanced Industrial Science and Technology (AIST), topic "Seal Robot, PARO, as Neurological Therapeutic Device" on 28 January 2013 at Shatin Hospital.



### - Workshop

Health Promotion Experience Sharing Workshop organized by JC School of Public Health and Primary Care on 25 July 2013. Prof Jean Woo and Dr Ruth Chan were the speakers of the workshop.

## **Research Grants**

#### Jean Woo

Research Fund for the Control of Infectious Disease / Health and Health Services Research Fund 2011\* (Lee TMC, Chan FHW, Chu LW, Kwok T, Lam LCW, Tam H, Woo J) *HKD945,048* (*From 1 April 2012 – 31 March 2015*) Effects of an auditory-based cognitive training program on attention and memory of older people at risk of progressive cognitive decline: A randomized controlled trial.

#### SK Yee Medical Foundation 2012\*

(Woo J, Chan R, Sea M, Leung PC, Kwok A) *HKD660,000* (*From 1 June 2012 – 30 November 2013*) Senior eat smart cook healthy program.

#### National Healthcare Group Clinician Scientist Career Scheme 2012\* (Chong MS, Chan M, Tay L, Lim WS, Woo J, Earnest Arul, Wan Gervais) SGD300,000

The influence of physical frailty, sarcopenia and Vitamin D status on disease progression on community-dwelling older persons with mild cognitive impairment and mild-moderate dementia.

#### Health and Medical Research Fund 2012\*

(Yu R, <u>Woo J</u>, Chan A, Sze S)

**HKD80,000** (From 21 September 2012 – 20 September 2013) Traditional Chinese mind body intervention in promoting health in older community-living adults.

(\* Co-investigator)

#### **Timothy Kwok**

Research Grant Council (RGC) *HKD1,133,900* (1/2011-12/2013) A randomized placebo controlled trial of vitamin B12 supplementation to prevent cognitive decline in cognitively normal older diabetic people with mild vitamin B12 deciciency

#### **Research Grant Council (RGC) \***

*HKD694,831* (9/2010 – 8/2013) Enhancing Quality of Life of Elders in Care and Attention Homes in Hong Kong through a

Facility Management Model

#### Health and Health Services Research Fund (HHSRF)

#### *HKD80,000* (1/1/2012 - 31/12/2012)

To Determine the Prevalence of Osteonecrosis of the Jaw in Patients Who Take Bisphosphonate for Osteoporosis Treatment

#### **Research Grants Council – General Research Fund \***

*HKD1,100,000* (1/1/2012 – 31/12/2014) Risk Index for Screening Subclinical Brain Lesions in Community-dwelling Elderly Persons in Hong Kong

#### Wyeth Pharmaceuticals, Inc.

*HKD546,921* (1/5/2010 – 31/12/2012)

A 78-week Noninterventional Longitudinal Study to Validate the Alzheimer's Disease Assessment Scale-Cognitive Subscale (ADAS-Cog), Disability Assessment for Dementia (DAD), and Neuropsychological Test Battery (NTB) in Asian Subjects with Mild to Moderate Alzheimer's Disease

#### Health and Health Services Research Fund (HHSRF)

*HKD554,600* (1/10/2009 - 30/6/2013)

A Randomized Placebo Controlled Trial of Low Dose Angiotensin Converting Enzyme Inhibitor to Prevent Pneumonia in Older People Who Require Nasogastric Tube Feeding because of Neurological Dysphagia

#### **Public Policy Research Funding Scheme\***

*HKD4,992,639* (1/6/2009 – 31/5/2014) A Benefit-finding Intervention for Family Caregivers of Persons with Alzheimer Disease

#### Merck & Co., Inc.\*

#### *HKD 997,410* (1/5/2009 - 28/2/2014)

A Sub-study to Explore Biomarkers of Physical Function in the Phase III Randomized, Placebo-controlled Clinical Trial to Assess the Safety and Efficacy of Odanacatib (MK-0822) to Reduce the Risk of Fracture in Osteoporotic Postmenopausal Women Treated with Vitamin D and Calcium

#### Merck & Co., Inc.\*

HKD 2,570,000 (20/12/2007 - 19/2/2014)

A Phase III Randomized, Placebo-controlled Clinical Trial to Assess the Safety and Efficacy of Odanacatib (MK-0822) to Reduce Risk of Fracture in Osteoporotic Postmenopausal Women Treated with Vitamin D and Calcium

(\* Co-investigator)

## **Publications**

- 1. Ma HM, Lee SWJ, <u>Woo J</u>. Should nursing home-acquired pneumonia be treated as nosocomial pneumonia? J Am Med Dir Assoc 2012; 13: 727-731.
- 2. Hui E, Chan WLS, Wong SK, Wong RP, Li SF, <u>Woo J</u>. Chronic disease self-Management: Do patient demographics and leader characteristics affect outcomes? Primary Health Care: Open Access 2012; 2:112. doi:10.4172/2167-1079.1000112.
- 3. Kwok CYT, Khoo CC, Leung CS, Kwok WLA, Qin L, <u>Woo J</u>, Leung PC. Predictive values of calcaneal quantitative ultrasound and dual energy X ray absorptiometry for non-vertebral fracture in older men: results from the MrOS study (Hong Kong). Osteoporos Int 2012; 23(3): 1001-1006.
- Chau PH, Wong M, <u>Woo J</u>. Challenge to long-term care for the elderly: cold weather impacts institutional population more than community-dwelling population. J Am Med Dir Assoc 2012; doi: 10.1016/j.jamda.2012.08.007.
- 5. Kwok TCY, Lam LCW, Sea MMM, Goggins W, <u>Woo J</u>. A randomized controlled trial of dietetic interventions to prevent cognitive decline in old age hostel residents. Eur J Clin Nutr 2012; 66:1135-1140.
- <u>Woo J</u>, Leung J, Morley JE. Comparison of frailty indicators based on clinical phenotype and the multiple deficit approach in predicting mortality and physical limitation. J Am Geriatr Soc 2012; 60(8): 1478-1486.
- Wong SYS, Wong CK, Chan FWK, Chan PKS, Ngai K, Mercer S, <u>Woo J</u>. Chronic psychosocial stress: does it modulate immunity to the influenza vaccine in Hong Kong Chinese elderly caregivers? Age 2012; doi: 10.1007/s11357-012-9449-z.
- 8. Auyeung TW, Lee JSW, Leung J, Kwok T, <u>Woo J</u>. Adiposity to muscle ratio predicts incident physical limitation in a cohort of 3,153 older adults an alternative measurement of sarcopenia and sarcopenic obesity. Age 2012; doi: 10.1007/s11357-012-9423-9.
- 9. Kwok T, Bai X, Chui MYP, Lai CKY, Ho DWH, Ho FKY, <u>Woo J</u>. Effect of physical restraint reduction on older patients' hospital length of stay. J Am Med Dir Assoc 2012; 13: 645-650.
- Chau PH, <u>Woo J</u>, Kwok T, Chan F, Hui E, Chan KC. Usage of community services and domestic helpers predicted institutionalization of elders having functional or cognitive impairments: a 12month longitudinal study in Hong Kong. J Am Med Dir Assoc 2012; 13(2): 169-175.

- Chan R, Chan D, Leung J, <u>Woo J</u>, Ohlsson C, Mellström D, Leung PC, Kwok T. Serum 25hydroxyvitamin D level and risk for incident stroke in Chinese community-dwelling older men. Journal of Aging Research & Clinical Practice 2012; 1(3): 202-208.
- 12. Sinclair A, Morley JE, Rodriguez- Mañas L, Paolisso G, Bayer T, Zeyfang A, Bourdel-Marchasson I, Vischer U, <u>Woo J</u>, Chapman I, Dunning T, Meneilly G, Rodriguez-Saldana J, Gutierrez Robledo LM, Cukierman-Yaffe T, Gadsby R, Schernthaner G, Lorig K. Diabetes mellitus in older people: position statement on behalf of the International Association of Gerontology and Geriatrics (IAGG), the European Diabetes Working Party for Older People (EDWPOP), and the International Task Force of Experts in Diabetes. J Am Med Dir Assoc 2012; 13(6): 497-502.
- 13. Woo J. China's response to population ageing. Chin J Geriatr 2012; 31(9): 737-740.
- 14. Cheng JOY, Lo RSK, <u>Woo J</u>. Anticipatory grief therapy for older persons nearing the end of life. Aging Health 2013; 9(1): 103-113.
- 15. <u>Woo J</u>. Meeting the needs of an aging population in China: Public health and policy implications. Journal of Clinical Gerontology & Geriatrics 2013; http://dx.doi.org/10.1016/j.jcgg.2013.02.001.
- 16. Ma HM, Ip M, Hui E, Chan PKS, Hui DSC, <u>Woo J</u>. Role of atypical pathogens in nursing homeacquired pneumonia. J Am Med Dir Assoc 2013; 14: 109-113.
- 17. Chau PH, Wong M, Lee A, Ling M, <u>Woo J</u>. Trends in hip fracture incidence and mortality in Chinese population from Hong Kong 2001-09. Age and Ageing 2013; 42(2): 229-233.
- 18. Ma HM, Lee KP, <u>Woo J</u>. Predictors of viral pneumonia: The need for viral testing in all patients hospitalized for nursing home-acquired pneumonia. Geriatr Gerontol Int 2013; 13(4): 949-957.
- 19. Chan R, Chan D, <u>Woo J</u>. The association of a priori and a posterior dietary patterns with the risk of incident stroke in Chinese older people in Hong Kong. J Nutr Health Aging 2013; 17(10): 866-874.
- Ma SL, Lau ESS, Suen EWC, Lam LCW, Leung PC, <u>Woo J</u>, Tang NLS. Telomere length and cognitive function in southern Chinese community-dwelling male elders. Age and Ageing 2013; 42:450-455.
- 21. <u>Woo J</u>, Mak B, Yeung F. Age-friendly primary health care: an assessment of current service provision for older adults in Hong Kong. Health Services Insights 2013; 6: 69-77.
- 22. Chan R, Chan D, <u>Woo J</u>. A cross sectional study to examine the association between dietary patterns and cognitive impairment in older Chinese people in Hong Kong. The Journal of Nutrition, Health & Aging 2013; 17(9): 757-765.

- 23. Chu LW, So JC, Wong LC, Luk JKH, Chiu PKC, Chan CSY, Kwan FSM, Chau J, Hui E, <u>Woo J</u>, McGhee SM. Community end-of-life care among Chinese older adults living in nursing homes. Geriatr Gerontol Int 2013; doi: 10.1111/ggi.12090.
- 24. <u>Woo J</u>. Reducing health disparities: Health care reform must address issues raised by ageing populations. Health systems: Challenges, visions, and reforms from a comparative global perspective 2013; 15-38.
- 25. Chan R, Leung J, <u>Woo J</u>, Kwok T. Associations of dietary protein intake on subsequent decline in muscle mass and physical functions over four years in ambulant older Chinese people. J Nutr Health Aging 2013; doi: 10.1007/s12603-013-0379-y.
- Chung RY, Leung JCS, Chan DCC, <u>Woo J</u>, Wong CKM, Wong SYS. Lower urinary tract symptoms (LUTS) as a risk factor for depressive symptoms in elderly men: results from a large prospective study in southern Chinese men. PLoS ONE 2013; 8(9): e76017. doi:10.1371/journal.pone.0076017.
- 27. <u>Woo J</u>, Leung J. Multi-morbidity, dependency, and frailty singly or in combination have different impact on health outcomes. Age 2013; doi: 10.1007/s11357-013-9590-3.
- Lee J, Cheng J, Au KM, Yeung F, Leung MT, Ng J, Hui E, Lo R, <u>Woo J</u>. Improving the quality of end-of-life care in long-term care institutions. Journal of Palliative Medicine 2013; 16(10): 1268-1274.
- 29. Chau PH, Yeung F, Chan TW, <u>Woo J</u>. A quasi-experimental study on a new service option for short-term residential care of older stroke patients. Clinical Interventions in Aging 2013; 8: 1167-1175.
- 30. <u>Woo J</u>, Leung J. Does measurement of ankle-brachial index contribute to prediction of adverse health outcomes in older Chinese people. Internal Medicine Journal 2013; 43(9): 1017-1023.
- 31. Tolson D, Rolland Y, Katz PR, <u>Woo J</u>, Morley JE, Vellas B. An international survey of nursing homes. J Am Med Dir Assoc 2013; 14(7): 459-462.
- 32. Chan R, Leung J, <u>Woo J</u>. A prospective cohort study examining the associations of dietary calcium intake with all-cause and cardiovascular mortality in older Chinese community-dwelling people. PLoS ONE 2013; 8(11): e80895. doi:10.1371/journal.pone.0080895.
- 33. Ma HM, Yu RHY, <u>Woo J</u>. Recurrent hospitalisation with pneumonia is associated with higher 1year mortality in frail older people. Internal Medicine Journal 2013; 43(11): 1210-1215.

- <u>Woo J</u>, Leung J, Chan R, Chau PH. Influence of income and self-rated socio-economic position on lifestyle, and physical and psychological function in older Chinese adults aged 65 years and over. Public Health 2013; 127: 878-881.
- 35. Auyeung TW, Lee JSW, Leung J, Kwok T, <u>Woo J</u>. The selection of a screening test for frailty identification in community-dwelling older adults. J Nutr Health Aging 2013; doi: 10.1007/s12603-013-0365-4.
- 36. Wu SH, <u>Woo J</u>, Zhang XH. Worldwide socioeconomic status and stroke mortality: an ecological study. Int J Equity Health 2013; 12: 42.
- 37. Lam VKL, Ma RCW, Lee HM, Hu C, Park KS, Furuta H, Wang Y, Tam CHT, Sim XL, Ng DPK, Liu JJ, Wong TY, Tai ES, Morris AP, Tang NLS, Woo J, Leung PC, Kong APS, Ozaki R, Jia WP, Lee HK, Nanjo K, Xu G, Ng MCY, So WY, Chan JCN. Genetic associations of type 2 diabetes with islet amyloid polypeptide processing and degrading pathways in asian populations. PLoS One 2013; 8(6): e62378.
- Hyun KK, Huxley RR, Arima H, Woo J, Lam TH, Ueshima H, Fang X, Peters SAE, Jee SH, Giles GG, Barzi F, Woodward M. A comparative analysis of risk factors and stroke risk for Asian and non-Asian men: The Asia Pacific Cohort Studies Collaboration. International Journal of Stroke 2013; doi: 10.1111/ijs.12166.
- <u>Woo J</u> (ed). Aging in Hong Kong: A comparative perspective, International Perspectives on Aging 5. Springer 2013.
- 40. Eds Cheung FM, Woo J, Law CK. Health systems: Challenges, visions, and reforms from a comparative global perspective. Hong Kong Institute of Asia-Pacific Studies, The Chinese University of Hong Kong 2013.
- 41. Eds Leung PC, Woo J, Kofler Walter. Health, Wellbeing, Competence and Aging. Annals of Traditional Chinese Medicine Vol. 6. World Scientific Publishing Co. Pte. Ltd. 2013.
- Yu R, Woo J. The Hong Kong Cadenza Philosophy. Health, Wellbeing, Competence and Aging. Annals of Traditional Chinese Medicine – Vol. 6. World Scientific Publishing Co. Pte. Ltd. 2013; Chapter 3: 37-51.
- 43. Jean Woo. Perspectives Geriatrics and Gerontological Research: Past, Present and Future. The Hong Kong Geriatrics Society Newsletter June 2013.

## Invited conference speaker

#### **Prof Jean Woo**

- Asia Pacific Geriatric Conference, Hong Kong, 20-21 October 2012
- International Sarcopenia group meeting, Amsterdam, UK, 16-17 May 2013
- Second Asia-Pacific BUILD Educational Meeting, Taipei, Taiwan, 27-28 July 2013
- International Summit on Healthy Ageing, Hong Kong, 24-25 August, 2013
- Singapore Health & Biomedical Congress, Singapore, 27-28 September 2013
- IAGG Masterclass on Aging, Kyoto, Japan, 30 October 1 November 2013

## Other conference presentations

- 1. <u>Woo J</u>. On the fringe of society and other challenges in geriatric medicine. **Plenary lecture**. Asian Pacific Geriatrics Conference, Hong Kong, 20-21 October 2012.
- Tang M, Lee J, Hui E, <u>Woo J</u>. Reviewing an end of life care program from a geriatric persective: Did we adhere to guidelines and protocols. Asia Pacific Geriatrics Conference, 20-21 October 2012, Hong Kong. Poster presentation.
- <u>Woo J</u>, Hui E, Chan W. Chronic disease self-management: do patient demographics and leader characteristics affect outcomes? The Gerontological Society of America 65<sup>th</sup> Annual Scientific Meeting "Charting New Frontiers in Aging", 14-18 November 2012, San Diego, California, USA.
- Kong APS, Choi KC, Chan R, Lok A, Ozaki R, Ma R, Chow F, <u>Woo J</u>, Chan J. A Randomized Controlled Trial to Investigate the Impact of a Low Glycemic Index (GI) Diet on Body Mass Index in Chinese Adolescents. 9th IDF-WPR Congress & 4th AASD Scientific Meeting, 24 – 27 November 2012, Kyoto, Japan.
- Chau PH, Yeung F, Chan TW, <u>Woo J</u>. Evaluation of a new service option for stroke patients in Hong Kong. 19<sup>th</sup> Annual Congress of Gerontology, 24 November 2012, Hong Kong. Poster presentation.

- 6. Mak WWS, Pang IHY, Tang WK, Tang AKL, Cheng SKW, Chiang TP, Wong SYS, Lee DTF, Cheung FMC, <u>Woo J</u>, Lau JTF. Impact of discrimination and recovery-oriented care on service engagement, self-stigma and recovery of mental health consumers in Hong Kong. The Third Joint International Conference of the Hong Kong College of psychiatrists and the Royal College of Psychiatrists (UK), 8-10 December 2012, Hong Kong.
- 7. Lee JSW, Auyeung TW, Leung J, Kwok T, Leung PC, <u>Woo J</u>. The pre-frail status in community-living older Chinese: factors that influence its transitions into the frail and the robust states. 8<sup>th</sup> International Academy on Nutrition and Aging (IANA) Meeting: Nutrition and Physical & Cognitive Frailty Including Sarcopenia, 23 June 2013, Seoul, South Korea.
- Auyeung TW, Lee JSW, Leung J, Kwok T, <u>Woo J</u>. Frailty survey and the selection of a screening test for frailty identification in community-dwelling older Chinese adults. 8<sup>th</sup> International Academy on Nutrition and Aging (IANA) Meeting: Nutrition and Physical & Cognitive Frailty Including Sarcopenia, 23 June 2013, Seoul, South Korea.
- 9. Chan R, <u>Woo J</u>, Chan D. A cross sectional study to examine the association between dietary patterns and cognitive impairment in Chinese older people in Hong Kong. 8<sup>th</sup> International Academy on Nutrition and Aging (IANA) Meeting: Nutrition and Physical & Cognitive Frailty Including Sarcopenia, 23 June 2013, Seoul, South Korea.
- <u>Woo J</u>, Leung J, Chan R, Chau PH. Influence of income and self rated socioeconomic position on lifestyle, physical and psychological function in Chinese older adults aged 65 years and over. The 20<sup>th</sup> IAGG World Congress of Gerontology & Geriatrics, 23-27 June 2013, Seoul, Korea.
- Auyeung TW, Lee JSW, Kwok T, Leung J, <u>Woo J</u>. Obese and overweight men survive longer than the normal – weight and stably underweight men - a six-year prospective study in 3322 older persons. The 20<sup>th</sup> IAGG World Congress of Gerontology & Geriatrics, 23-27 June 2013, Seoul, Korea.
- Lee JSW, Auyeung TW, Leung J, Kwok T, <u>Woo J</u>. Blood pressure (BP) increase over 2 years is beneficial to survival in the oldest old: 7-year follow-up study in 3397 older adults. The 20<sup>th</sup> IAGG World Congress of Gerontology & Geriatrics, 23-27 June 2013, Seoul, Korea.
- Yu R, <u>Woo J</u>. Housework reduces all-cause and cancer mortality in Chinese men. The 20<sup>th</sup> IAGG World Congress of Gerontology & Geriatrics, 23-27 June 2013, Seoul, Korea.
- <u>Woo J</u>. Management of falls and fracture risk. Second Asia-Pacific BUILD Educational Meeting, 27-28 July 2013, Taipei, Taiwan. Invited Speaker.

- 15. <u>Woo J</u>. Preserving muscle mass, strength and function. International Summit on Healthy Ageing, 24-25 August 2013, Hong Kong. **Invited Speaker**.
- 16. Moses Wong. Exploring socio-geographical patterns of healthcare utilization in Hong Kong, 11-13 September 2013, Paris, France.
- 17. <u>Woo J</u>. Conducting research in frail older persons: challenges and strategies. Singapore Health & Biomedical Congress, 27-28 September 2013, Singapore. **Invited Speaker**.
- <u>Woo J</u>. Community interventions in the elderly. Singapore Health & Biomedical Congress, 27-28 September 2013, Singapore. **Invited Speaker**.
- <u>Woo J</u>. Depression in the Elderly. IAGG Masterclass on Aging, 30 October 1 November 2013, Kyoto, Japan. Invited Speaker.

## Interaction with media

- Newspaper interview about "人手餵食腦退合適" by 都市日報 on 16 January 2013
- Newspaper interview about "患晚期腦退化 親人可設指示 家屬餵食長者免插胃喉" by Apple Daily on 16 January 2013
- Newspaper interview about "末期腦退化患者 沙院推人手餵食" by Oriental Daily on 16 January 2013
- Newspaper interview about "「管飼」病人痛苦家屬難過" by Oriental Daily on 16 January 2013
- Newspaper interview about "長者轉移資產 多家嘈屋閉" by 東方日報 on 1 February 2013
- Newspaper interview about "學者倡長者立理財授權書" by 明報 on 1 February 2013
- Newspaper interview about "虐老個案 侵吞財產比例 5 年高" by 香港經濟日報 on 1 February 2013
- Newspaper interview about "助長者理財 法定授權僅 17%" by 新報 on 1 February 2013
- Newspaper interview about "46.9%人助長者處理財務遇困難" by AM730 on 1 February 2013
- Newspaper interview about "為長者處理財務 半數受訪者感困難" by 都市日報 on 1 February 2013
- Newspaper interview about "3 成長者不滿家人助理財" by 香港商報 on 1 February 2013
- Newspaper interview about "宜簽授權立遺囑 長者子女避糾紛" by 文匯報 on 1 February 2013
- Newspaper interview about "Taboo assets chat could help elderly" by South China Morning Post on 1 February 2013
- RTHK 1 Radio Programme: 21 Century Geriatrics 『21 世紀老人科醫學』, Topic 老 年醫學矛盾 on 19 February 2013
- RTHK Radio Programme: Strange Facts in Medicine. Topic: Beverages and health on 5 February 2013

- RTHK Radio Programme: Strange Facts in Medicine. Topic: Concerning memory on 19 February 2013
- RTHK Radio Programme: Strange Facts in Medicine. Topic: Interesting mortality predictors in old age on 26 February 2013
- RTHK Radio Programme: Strange Facts in Medicine. Topic: Exercise and nutrition in old age on 19 March 2013
- RTHK Radio Programme: Strange Facts in Medicine. Topic: Sleep in old age on 26 March 2013
- "Talk on Robot Therapy" news in CUHK Newsletter on 4 March 2013
- Articles "Brain training" and "Delaying dementia" in International Innovation on April 2013
- "Symposium to Promote Use of Gerontechnology" news in CUHK Newsletter on 19 November 2013

## **Press conference**

• Press Conference on Palliative Care for Advanced Dementia Patients with Swallowing Problems on 15 January 2013.



(From Left) Dr Jenny Shun Wah LEE and Dr Elsie HUI, Associate Consultant and Chief of Service, Department of Medicine and Geriatrics, Shatin Hospital, respectively; and Professor Timothy Chi Yui KWOK, Professor, Division of Geriatrics, Department of Medicine and Therapeutics, CUHK

• Press conference on Elderly Financial Management on 31 January 2013.



Speakers: (from left) Professor Jean woo, Dr. Eric Chui, Dr Rebecca Ong